

REACH

REACH's Mission

The REACH program is committed to educating and motivating the JMU and surrounding community by offering information and resources for developing and maintaining healthy lifestyles.

University Health Center's Mission

The University Health Center partners with students to encourage personal responsibility for their well-being by providing primary care and education in a professional and collaborative manner.

James Madison University's Mission

We are a community committed to preparing students to be educated and enlightened citizens who lead productive and meaningful lives

Goals

- To reach a large portion of the student body with current information on pertinent college issues.
- To encourage students to examine their attitudes concerning these issues and to encourage them to pursue positive behavioral changes.
- To help students understand the roles of assertiveness, self-esteem, and communication in connection with their wellness.

Qualifications

Students must have the following qualifications when applying for the REACH program.

- Be of freshman, sophomore, or junior status when applying.
- Must plan to be enrolled as a full-time or part-time student at JMU (not abroad) for at least 3 semesters after the semester in which you have applied. This includes training during the spring 2007 semester.
- A cumulative grade point average of 2.0 or higher

Characteristics

Current and potential peer educators should have the following characteristics.

- Genuine interest in health prevention, education and promotion programs offered by the Health Center
- Demonstrate the ability to balance academic and co-curricular work.
- Serve as a responsible role model both on and off campus representing JMU and the University Health Center.
- Ability to relate, in a significant way, to other individuals.
- Willingness to work within the framework and policies of James Madison University and the University Health Center.
- Understanding and acceptance of responsibility
- Emotional stability and mature judgment.
- An attitude that will promote healthy lifestyle choices for self and others.

Expectations

- Attend all training classes and successfully complete the Certified Peer Educator (CPE) Training Program.
- Remain an active and valuable member to the REACH organization.
 - Commit to one semester of training and at least two semesters of programming.
 - Attend all meetings, training sessions and retreats.
 - Facilitate a minimum of two programs a month.
 - Participate in the planning, administration or implementation of OHP campaigns and or events.
- Assume an active role in keeping channels of communication open between yourself, the student coordinator and the advisor.
- Accept and abide by the responsibilities and limits of confidentiality.
- Maintain the highest level of professionalism.
- Continually work to improve your level of knowledge in the field of health and wellness by seeking out learning opportunities.
- Support principles of health, wellness and positive lifestyle choices in spirit and practice.

