



**Department of Kinesiology**  
College of Integrated Science and Technology



# Update

April 2007

## **Dominion Lecture—“How Much Difference Can One Voice Make?”**

On April 19 and 20, 2007, Catie Curtis will make two appearances for the Dominion Lecture Series. Catie will perform songs and discuss her work, her politics and the effect that musician-singers can have on social justice issues.

The event on Thursday April 19th will begin at 7pm and on Friday April 20th at 8pm. Both nights will be free and open to the public and in the Auditorium in Memorial Hall.

For more information on the Dominion Lecture Series, click this link:

<http://www.jmu.edu/orgs/fwc/dominionlectures.shtml>

## **The Morrison Bruce Center for the Promotion of Physical Activity for Girls and Women**

was created through the James Madison University Kinesiology Department to develop and provide activities to promote physical activity for girls and women and enhance their knowledge of health issues.

Spring Events Update:

### **Movin' and Groovin' a Success!**

Movin' and Groovin' Day was hosted by the Morrison-Bruce Center on Saturday, March 24th. Local boys and girls from the ages of 8 - 11 participated in a number of stations that taught them about cardiovascular endurance, muscular strength and endurance, flexibility, body composition, and nutrition. PEK, various varsity athletes, the Duke Dog, and JMU's Break Dance Club all volunteered their time and helped make this year's program a success. Special thanks to Kara Dunston who did a great job coordinating the event!

### **Faculty/Staff Health and Fitness Program: SPRING INTO GOOD HEALTH!**

The 2007 Faculty/Staff Health and Fitness Program will take place on April 13th and 14th in the Human Performance Lab and Godwin 208. 18 women are signed up to participate in fitness testing, attend workshops and lectures about nutrition and health topics specific to women, and get a personalized exercise prescription created. Feel free to stop by the lab on Friday, April 13th between 8 am and 3 pm to check out the event!

*For more information on The Center's events, contact Molly Whittaker, Assistant Director, at [whittamb@jmu.edu](mailto:whittamb@jmu.edu).*

*This newsletter is compiled monthly by Jana Walters.  
For more information, contact Jana at [walterjr@jmu.edu](mailto:walterjr@jmu.edu).*

**Physical Education Teacher Education News**

Graduate PHETE students will be presenting their portfolios on Wednesday, April 18th from 4-6:30 in the Ntelos Room 259, ISAT. All interested faculty and students are invited.

Senior PHETE students will be displaying their portfolios on Thursday, April 26th from 4-6:00 in the Alleghany Room at the Festival. All interested faculty and students are invited.

The second Annual PHETE Cup Golf Tournament is scheduled for April 28th at 8:00am at Woodstone Meadows Golf Course.



## Second Annual PHETE Golf Tournament

At Woodstone Meadows Golf Course  
 Located in Massanutten's Four Season Resort  
 Saturday, April 28, 2007

The format will be a four person captain's choice consisting of eighteen holes of golf. The entry fee is \$50 per player, \$200 per team. Current JMU students may register for \$40. The field will be limited to the first thirty teams. Rental clubs will be available for \$10.45 on a first come first serve basis. Pizza and drinks will be provided following the tournament. **All registration forms must be received by March 30, 2007.**

Tournament play will begin at 8:00 am with a shotgun start. The winning team will be awarded the second annual PHETE cup trophies. There will be mulligans available for \$5 with a limit of two per person (8 per team).

The tournament will feature a long drive contest, closest to the pin challenge, mulligans, and door prizes from local businesses, and a three day two night vacation at Massanutten Resort. The tournament will be held rain or shine.

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Second Annual PHETE Cup Golf Tournament Entry Form (please print and return)

Player's Name \_\_\_\_\_ Email & Phone Number \_\_\_\_\_

Player's Name \_\_\_\_\_ Email & Phone Number \_\_\_\_\_

Player's Name \_\_\_\_\_ Email & Phone Number \_\_\_\_\_

Player's Name \_\_\_\_\_ Email & Phone Number \_\_\_\_\_

One team per entry form

**Please make checks payable to: Phi Epsilon Kappa**

Mail to:

Jacqueline Williams

Department of Kinesiology, MSC 2302

James Madison University

Harrisonburg VA, 22890

For further information contact

Jacqueline Williams, [williaja@jmu.edu](mailto:williaja@jmu.edu)

*This newsletter is compiled monthly by Jana Walters.  
 For more information, contact Jana at [walterjr@jmu.edu](mailto:walterjr@jmu.edu).*

Are you interested in donating to JMU? Would you like to see your funds go to a specific purpose? The Kinesiology department has a number of different accounts available. Checks should be made payable to the JMU Foundation with a note designating the fund name and number.

- Kinesiology Department - 14682
- Recreation Studies - 14734
- Crawford Kinesiology Graduate Scholarship (Endowment Fund) - 25313
- Dorothy V. Harris Lecture Series (Endowment Fund) - 24513
- Caroline Sinclair Scholarship - 25787
- Thomas W. Bilello Memorial Internship Fund (Endowment Fund) - 25220
- Physical & Health Education Teacher Education (Endowment Fund) – 14683
- Morrison-Bruce Center for the Promotion of Physical Activity  
for Girls and Women (Operating Fund) - 14292
- Morrison-Bruce Endowment for the Center for the Promotion of  
Physical Activity for Girls and Women (Endowment Fund) - 24640

2nd Annual PHETE Cup Golf Tournament  
Benefiting The Physical & Health Education Teacher Education Program at JMU

Saturday, April 28, 2007  
Woodstone Meadows Golf Course, McGaheysville, VA  
At  
Massanutten Four Seasons Resort

Dear Sponsor:

The students of the PHETE program at JMU will be holding the 2nd annual fundraising golf tournament at Massanutten's Woodstone Meadows Golf Course on April 28, 2007. Monies raised from the event will provide scholarships and support for the program of educating future leaders in the profession of teaching physical and health education. The tournament will feature sponsors, door prizes, a raffle, and mulligans. Each sponsor will be recognized at the tournament by displaying the company's name, address, phone number, website, and type of sponsorship. All sponsors will be recognized during the tournament reception.

**(Return portion with sponsorship)**

**Sponsor Information:**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Website: \_\_\_\_\_

**Please Check appropriate box:**

- Gold sponsor \$100.00  
 Silver sponsor \$75.00  
 Bronze sponsor \$50.00  
 Door prize sponsor

Statement: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please make checks payable to: Phi Epsilon Kappa  
Please mail to: Jacqueline Williams  
Department of Kinesiology, MSC 2302  
James Madison University  
Harrisonburg VA 22807**

**All proceeds will benefit the PHETE program.**