JMU KIN alumnus (MS ‘77) Carries Olympic Torch
Dr. Jim Pivarnik was part of the Olympic torch relay for the 2010 Winter Olympics. He was given this honor as he is the current ACSM president. Dr. Pivarnik currently works at Michigan State University in the Departments of Kinesiology and Epidemiology.

Don G. Creamer Research Award
Cara McFadden (SRM) received the Don G. Creamer Research Award for her study titled, Development and Validation of the Sense of Competence Scale-Revised (SCS-R) from the Don G. Creamer Fund for Excellence and the Higher Education Program at Virginia Tech.

SRM Faculty Present at Region II NIRSA Meeting
Julie Wallace-Carr and Cara McFadden presented at the Region II National Intramural-Recreational Sports Association conference held at the University of Georgia. The presentation was entitled, "Difficult Conversations."

SRM Program Update
The School of Hospitality, Sport and Recreation Management is almost there. During this year, Dr. Larry Ham has been preparing the SCHEV report to be filed in Richmond, which will allow Sport and Recreation Management to be become its own major. This is the final step for completion of the merger between Hospitality and Tourism Management and Sport and Recreation Management. The new School of Hospitality, Sport and Recreation Management is planned to begin operations in the fall of 2010. Faculty from both programs are working diligently to get the new curriculum completed and all paperwork filed to complete the new major and the new School this semester. It is anticipated that the Sport and Recreation Management major and the new School will receive approval in May from the State Council on Higher Education in Virginia (SCHEV). The new School will be under the guidance of the Dean of the College of Business but it will be a free-standing school and will not be under the College of Business.
Exercise Science Program News
Dr. Flohr will be taking a contingent of students to the SEACSM meeting in Greenville, South Carolina, on February 11-13. Some of the highlights include:

Christine Nicewonger’s abstract has been selected as one of the top ten student abstracts in the Student Research Award Posters in Masters/Undergraduate category. Her research poster is from her senior honors thesis The Effect of Iron Supplementation during Menses on Iron Markers and Performance.

JMU will have a team competing in the “Student Bowl”. The team members are Christine Nicewonger, Kate Guerriere, Mike Bronez and alternate Cash Dewitt. The Student Bowl is a fun and friendly competition consisting of “Jeopardy” style play with categories and questions from an exercise science curriculum. Teams must consist of 3 students (consisting of at least 2 undergraduates) and one alternate. The winner will represent the Southeast Region in the National Student Bowl Competition.

PHETE Program News
Teaching
This spring we are offering an independent study course – KIN 490 – Special Topics in Adapted Physical Education – to see if there is an interest in a minor in adapted PE. The course has 19 UG students enrolled from various majors across the university (PHETE, Exercise Science, Pre-PT, Pre-OT, Speech Pathology, Psychology, and others). The college students taking the class have an opportunity to gain hands-on experience working with children and adults with disabilities in a variety of settings. The topics covered in the class are adapted aquatics, fitness, dance, sports & games and inclusive outdoor education (we will take a group of individuals with disabilities on a day long camping trip).

Service
In the fall, we also established our community based adapted physical education program. In collaboration with Just for Kicks, Inc., this program provides one on one and small group services to individuals with disabilities in the community. Last fall, we provided services to over 50 children and adults with disabilities in a variety of settings within the community. Our small group programs allow us to provide individualized instruction designed to work on specific goals that each individual may have while still providing opportunities to teach appropriate social interaction and cooperation. We also offer a “Helping Hands” program that provides a one on one instructor who will accompany individuals to an existing community program and allow them to participate successfully. In the fall, we had “helping hands” assist individuals in youth soccer, ballet, women’s golf, Staunton YMCA, and Kids Night Out. This spring, in addition to our small group sessions that focus on motor skill development, we will be offering adapted aquatics sessions as well as bike riding sessions. It is also our goal this semester to have at least 30 individuals utilizing our helping hands program. Increasing the number of individuals who use helping hands means we are “bridging the gap” and allowing more individuals with disabilities to participate within the community. All of these programs are coordinated and run by undergraduate and graduate students. I would like to acknowledge the directors, Emily
Stewart and Shannon Dougherty who have done a tremendous job getting these programs up and running. In addition, we are excited to have Greg Tidd join us this semester as he is doing his internship with Just for Kicks, Inc.

Scholarship
Dr. Thomas Moran had two manuscripts accepted in the last two months:

Block, M.E., Moran, T.E. (accepted), Strategies to overcoming barriers in general physical education, *Teaching Exceptional Children*.


Community Service Learning in KIN 436: Facilities Planning and Management in Sport and Recreation
Dr. Robert Zullo implemented Community Service Learning into his two KIN 436 classes to better facilitate knowledge about facilities and events through applied learning that benefitted the regional community. Students were engaged in projects that supported the local Boys & Girls Club, Hunters for Hungry, Special Olympics, Harrisonburg Parks & Recreation wheelchair basketball, United Way, First Tee program, and Toys for Tots.

SRM Faculty Presentation at NCAA Colloquium
Dr. Zullo also presented at the NCAA Convention’s Scholarly Colloquium on College Sports in January. He collaborated with Dr. Barbara Osborne from the University of North Carolina to present research on “Outsourced Marketing Professionals Perceptions on Women’s Sports.”

SRM Faculty Publication
Dr. Zullo also published in collaboration with Dr. David Ridpath of Ohio University in the Academic Athletic Journal. Their article was titled “Gender as an Indicator of Academic Progress and Graduation for NCAA Division I Athletes.”

Morrison-Bruce Center News
The Morrison-Bruce Center’s Movin’ and Groovin’ program was highlighted in the LPGA Links publication for 2009.

There are many programs coming this semester in the Center. A brief description and dates are included below:

Movin' and Groovin'
Children from the Harrisonburg/Rockingham community will be invited to attend a one-day
workshop on JMU's campus. The children will be involved in educational activities designed to enhance their knowledge of health and fitness. In addition, they will participate in a variety of physical activities to show them how they can incorporate physical activity into their everyday lives. This program will be held on Saturday, March 20.

Alumnae Health and Fitness Program
A weekend in which female alumni return to JMU to participate in assessments of their cardiovascular health, bone health, and physical fitness; work with JMU students to design an exercise prescription to improve health and fitness; and attend lectures and workshops on topics related to nutrition and the importance of physical activity for women's health. This program will be held on Wednesday April 28-Friday April 30.

Girls Golf
The Girls' Golf Program - Harrisonburg Chapter is a unique program offered in collaboration between JMU's Morrison Bruce Center for the Promotion of Physical Activity for Girls and Women, Mulligan's Golf Center, and the USGA-LPGA. The unique part of the Girls Golf program in Harrisonburg compared to other Girls Golf programs throughout the nation is the fitness & wellness component. Not only do girls learn the game of golf, but they also learn fitness and wellness, understanding how to relate it to golf and how to live a healthy lifestyle. Additionally, teambuilding activities are preformed in order to encourage the young girls to form a strong social connection with one another. The Harrisonburg Chapter of Girls Golf was awarded the Champion Award from the US Surgeon General in the fall of 2008. This award highlights prevention programs and recognizes “Champions” for their commitment to building partnerships and implementing programs to help kids stay active, encourage kids’ healthy eating habits, and promote healthy choices. The dates for this program are: Saturday, January 23, February 6, February 20, Saturday, April 3, Saturday, April 17.

For more information about these programs, visit http://www.jmu.edu/kinesiology/cppagw/index.html or email morrisonbrucecenter@jmu.edu.

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<th>Are you interested in donating to JMU? Would you like to see your funds go to a specific purpose? The Kinesiology department has a number of different accounts available. Checks should be made payable to the JMU Foundation with a note designating the fund name and number.</th>
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This newsletter is compiled by Jana Walters.
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