



Department of Kinesiology
College of Integrated Science and Technology



Update

October 2007

Morrison Bruce Center Program Development

Dr. Judith A. Flohr is on educational leave (sabbatical) for the fall semester. During her educational leave she will have the opportunity to study and interact with faculty at Smith College who are involved in the Smith College Summer Science and Engineering Research Program. The purpose of the leave will be to develop a Girls Physical Activity and Science pilot program to be offered in the future by the Morrison Bruce Center. Dr. Flohr intends to interact with faculty at Smith College and the University of Massachusetts in order to develop the curriculum, assess the support staff needs (undergraduate and graduate students) facility requirements, potential budget and funding sources. Dr. Flohr is hopeful that the Center will be able to initiate a pilot program and enroll participants within a year or two.

The Morrison Bruce Center for the Promotion of Physical Activity for Girls and Women

was created through the James Madison University Kinesiology Department to develop and provide activities to promote physical activity for girls and women and enhance their knowledge of health issues.

JMU faculty and staff are invited to attend the **Morrison-Bruce Center's Faculty / Staff Health and Fitness Program!** The program is for women over the age of 18. Attendees will participate in fitness testing, get a DEXA (bone) scan, attend short lectures and workshops, and receive a personal exercise prescription. The goal of the Health and Fitness Program is to help participants learn more about their own levels of health and fitness and to educate participants about issues specific to women's health.

The program will run on Saturday, October 13th from 7:30 am – 4:30 pm. Feel free to stop by the lab or Godwin 208 to check out the event!

For more information on The Center's events, contact Molly Whittaker, Assistant Director, at whittamb@jmu.edu.

2007 Health and Physical Activity Institute

The 2007 Health and Physical Activity Institute held at JMU this past July continues to be successful with almost 200 VA teachers participating. There were six student ambassadors who were essential in making it a success. Susan Nye and Samantha Winters presented *I like to move it MOVE it!* Susan presented again with Pam Mason, *Fitness Testing: Do We Have To?* While, Bobby Lifka presented *WHISPER as Loud as You Can to Help your Kids Learn*. The graduate course, Technology in Physical Education and Health offered by Dr. Nye also received great reviews. For more information regarding the institute and future information check the website at www.jmu.edu/kinesiology/hpainstitute.

*This newsletter is compiled monthly by Jana Walters.
For more information, contact Jana at walterjr@jmu.edu.*

Graduate Students Teach Physical Education at EMES

The PHETE program is also pleased to continue the partnership between the Department of Kinesiology and Eastern Mennonite Elementary School. This partnership enables a JMU graduate assistant to conduct the school's physical education. John Weeks and Jessica Smith are filling this role and are receiving much praise for their teaching.

Drs. Williams and Nye Present at Conference

In October Drs. Susan Nye and Jacqueline Williams will be presenting *Do PETE programs need a vaccination?* at the History & Future Directions of Research on Teaching PETE conference in Pittsburg, PA.

Congratulations to Dr. Judith Flohr

Dr. Judith Flohr was elected President of the Southeast Regional Chapter of the American College of Sports Medicine at their most recent meeting in Charlotte, NC.

Are you interested in donating to JMU? Would you like to see your funds go to a specific purpose? The Kinesiology department has a number of different accounts available. Checks should be made payable to the JMU Foundation with a note designating the fund name and number.

- Kinesiology Department - 14682
- Recreation Studies - 14734
- Crawford Kinesiology Graduate Scholarship (Endowment Fund) - 25313
- Dorothy V. Harris Lecture Series (Endowment Fund) - 24513
- Caroline Sinclair Scholarship - 25787
- Thomas W. Bilello Memorial Internship Fund (Endowment Fund) - 25220
- Physical & Health Education Teacher Education (Endowment Fund) – 14683
- Morrison-Bruce Center for the Promotion of Physical Activity
for Girls and Women (Operating Fund) - 14292
- Morrison-Bruce Endowment for the Center for the Promotion of
Physical Activity for Girls and Women (Endowment Fund) - 24640