



**Department of Kinesiology**  
College of Integrated Science and Technology



# Update

November 2006

## **Diversity Initiative**

Dr. Larry Ham submitted a grant application to JMU for the Innovative Diversity Efforts Award (Idea) Program sponsored by the Office on Diversity. If awarded he will receive a \$4000 grant to complete his research on diversity. The grant was submitted for funding to validate the methodology he developed to analyze the department diversity plans that were submitted to the Dean's office in CISAT.

During the summer of 2006, the Dean's office provided a \$1500 stipend for Dr. Ham so that he could complete the analysis of each department diversity plan. Dr. Ham also was asked to develop a 5-year plan for CISAT with goals and objectives and a timeline for completion. The analysis of the department diversity plans has been completed but the 5-year plan recommendations is being reworked by the CISAT Diversity Council. He is in the process now of writing an article on the research to be submitted for publication.

## **Conference Participation**

Dr. Mike Goldberger will be presenting a two-day seminar at Smith College in Massachusetts in early November. He is also the conference manager for a national meeting on Dr. Mosston's theories, sponsored by the Spectrum Teaching Institute in Dickerson Maryland on March 11 and 12. Also this spring he will be serving on a panel at the AAHPERD national convention and is working on a chapter for the eighth edition of Teaching Physical Education by Mosston and Ashworth.

## **PHETE Program**

Returning Home: The theme of the second annual PHETE tailgate gathering at Homecoming on Saturday, October 21st. Many alumni returned home with family and friends, while others sent messages that were posted at the site. We were also joined by current PHETE students and many of their family members and friends. It was fun catching up with former students, meeting spouses and children!

## **Honor Thesis**

Judi Flohr, Kent Todd and Carrie Albright are working with Carolyn Schubert on her undergraduate honor thesis titled "The influence of menopausal status, physical activity and hormone replacement therapy on a woman's level of C-reactive protein."

## **Health and Fitness Research**

Dr. Judi Flohr will be measuring health and fitness levels of senior JMU athletes starting in November. This will be an on going project and is an extension of the Morrison-Bruce Center's research agenda. Becca Moore, Mary Hammer, Alicia Powell (graduate students) and Krista Landing (undergraduate) will be helping with data collection.

*This newsletter is compiled monthly by Jana Walters.  
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### **“Women Bound to be Active” Bookclub**

The "Women Bound to be Active" Bookclub sponsored by the Morrison-Bruce Center in partnership with Jennifer L. White, Ph.D from the University of Nebraska-Omaha (Masters JMU 2000) has started and will continue to run through May. The program will be coordinated by Rebecca Tweel (current MA student) and the purpose of Women Bound to Be Active is to teach women: a) cognitive behavior change strategies, b) strategies to enhance their self-worth, c) techniques for enhancing enjoyment of physical activity, and d) participation in different modes of activity through an educational, social support setting.

### **Annual Honors Dinner April 10, 2007**

Please mark your calendar now for the Harris Lecture and Honors Dinner scheduled for April 10, 2007, in the Festival Ballroom.

Are you interested in donating to JMU? Would you like to see your funds go to a specific purpose? The Kinesiology department has a number of different accounts available. Checks should be made payable to the JMU Foundation with a note designating the fund name and number.

- Kinesiology Department - 14682
- Recreation Studies - 14734
- Crawford Kinesiology Graduate Scholarship (Endowment Fund) - 25313
- Dorothy V. Harris Lecture Series (Endowment Fund) - 24513
- Caroline Sinclair Scholarship - 25787
- Thomas W. Bilello Memorial Internship Fund (Endowment Fund) - 25220
- Physical & Health Education Teacher Education (Endowment Fund) – 14683
- Morrison-Bruce Center for the Promotion of Physical Activity  
for Girls and Women (Operating Fund) - 14292
- Morrison-Bruce Endowment for the Center for the Promotion of  
Physical Activity for Girls and Women (Endowment Fund) - 24640