Cr[r]edibl Chronicle

FOR, ABOUT, AND BY THE DIVISION OF STUDENT AFFAIRS AND UNIVERSITY PLANNING

Fall 2012

Grow your Spirit!

GROW YOUR SPIRIT
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Grow Your Spirit

A note from our Senior VP

Dr. Mark Warner

I love this edition's theme of growing your spirit. It got me thinking. The architecture of people is interesting: composed of mind, body, and spirit. Think about how much time you spend working on the physical structure – exercising, dieting, coloring your hair (if you have hair), and decorating your frame with fabrics. You also spend a lot of time cultivating your mind – reading, discovering, questioning, and learning.

For many of us though, the spirit remains a mystery waiting to be unleashed so that it can serve as a force to guide our lives. Why are we reluctant to search for self, which is really searching for spirit? There are many, many riches to uncover when we discover our spirit.

In order for each of us to live a fulfilling life, we must seek, explore and discover ourselves. We need to ask difficult questions such as:

Who am I?
What is my purpose in life?
What are my values?
How can I make a difference in my family, my work, and my community?
What guides my daily living?

When we truly ask these questions, we solidify our sense of self and enrich our sense of spirit. And we all know, that the better we know ourselves and nourish our spirits, the better we serve others.

Thank you so much for unselfishly serving others and transforming lives.

Create a great day!

Mark

Departmental Updates

Career and Academic Planning

Sarah Kohut Brearly joined CAP in July as an academic and career advisor as well as liaison to the science and math departments. She came to us from Gwynedd-Mercy College Philadelphia, PA where she served as associate director in Career Services.

Emma Maynard joined CAP in July as a recruiting assistant. She came to us from Rosetta Stone where she worked in Human Resources.

Community Service-Learning

Recent Alternative Break Programs (ABP) accomplishments include preparing two fall weekend breaks, three Thanksgiving breaks, and preparation for 30 spring break trips (8 are international and 3 are course-based). If you are still interested in partnering with the Alternative Break Program, students will be confirming learning partners for spring break at the beginning of November and applications for May break small group leaders are due November 12. *We would love for you to join us!*

Misty Newman, Assistant Director for Alternative Break Programs, Community Service-Learning

Counseling and Student Development Center

Since the time of the last Chronicle, **Patricia Crocker, Ph.D.,** has moved from being employed as a part-time staff psychologist to a full-time, permanent position. Additionally, she recently passed her licensure exam, so she is working under the title of Staff Psychologist and will be the CSDC's liaison to JMU Athletics.

Congratulations to **Dr. Rachel Friendly** who recently passed the Examination for Professional Practice in Psychology, allowing her to use the title of Licensed Clinical Psychologist.

Office of Judicial Affairs

RJ Ohgren, a JMU alum, has returned to JMU to serve as the Coordinator for Substance Education. After spending two years in Boone, NC completing his Master's Degree in College Student Development at Appalachian State University, he's glad to be back at a place that feels like home. He'll have oversight of the substance related sanctioned programs, manage edits and changes to the student handbook, and meet with students in Administrative Option Hearings.

Taylor Logan has joined the Judicial Affairs team to serve as the Interim Coordinator of Civic Learning. Originally from Greensboro, North Carolina and an alum of Appalachian State, she and her husband have been in the Harrisonburg area for over 4 years now. She is passionate about seeing students grow and succeed –which is why she fits so well into the Civic Learning Program and JMU in general. She'll have oversight of the Civic Learning sanctioned programs, the mentorship and site experience opportunities, and meet with students in Administrative Option Hearings.

Residence Life

Ms. Kari Talik, Skyline Area Director, has left JMU for a position at Southeast Missouri State University as the Coordinator for Student Leadership and Residential Experiences. Kari's move not only supports her career goals but also allows her to live closer to family. All of ORL wishes her the best!

Mr. Cover Heishman has been appointed the new Area Director for the Village Area Residence Halls. Formerly the full-time Hall Director in Shenandoah Hall, Cover has been a member of ORL full-time staff for the past 3 1/2 years. Congratulations to Cover!

Ms. Beth Manella has been selected as the new full-time Hall Director for Shenandoah Hall. A former JMU undergraduate Hall Director, Beth is a JMU graduate who is happy to be back in the Valley. We are excited to have Beth back on our team!

Ms. Martha Kent has left the Office of Residence Life and is now working in the main office of The Breeze. We wish Martha the best as she embarks on her new adventure!

Ms. Brenda Smith joined the Office of Residence Life this past summer as our new Assignments Technician. Brenda and her family have lived in the area for many years and she previously worked at the Blue Ridge Christian School.

UREC

Matt Lovesky joined UREC in 2012 as the Coordinator of Aquatics and Safety. Matt is responsible for hiring, training, and leading a comprehensive aquatic and EMT staff and is a member of the UREC programming and Risk Management team.

Keala Mason is the Coordinator of Sport Clubs and Youth Programs at UREC and her role is to help manage the 42+ sport clubs on JMU's campus, facilitate UREC's Summer Camp and Kid's Night Out programs, as well as manage the Informal Recreation staff. Her favorite thing about UREC is the people because she has met her best friends here and truly became part of the UREC family.

Scott Mersiovsky joined UREC in 2012 as the Technology Manager. He makes sure all the hardware and software needs of UREC's professional and student staff are met so that they can do their jobs well. He loves the positive environment that UREC offers.

Kelli Peterson joined the UREC team in 2012 as the Coordinator of Intramural Sports and Special Events. Some of her main responsibilities include the hiring, training and developing of student officials, the facilitation and implementation of special events, and scheduling a wide variety of intramural sports leagues and tournaments. Kelli also serves as the advisor for the Student Officials Association. Kelli's favorite thing about UREC is their dedication to developing JMU students by providing them great learning and leading opportunities.

Jason Ritter joined UREC as the Facilities Manager in 2012. He oversees the day-to-day operations and maintenance of University Park, East Campus Fields, Long Field Mauck Stadium, Godwin Hall, Memorial Hall, and the Roller Hockey Courts.

University Health Center

Tia Mann is now the Assistant Director for Substance Abuse Prevention.

Paige Hawkins has moved into the role of Prevention Specialist.

University Unions

Announcing new staff in Office of Student Activities and Involvement:

Raymond Brown, Coordinator for Student Organization Development

Anna Lehnen, University Program Board

Awards and Recognitions

JMU Service Awards Fall 2012 for Student Affairs

Cheryl Buel, CAP – 10 years

Julie Slifer, Community Service-Learning – 5 years

Wilda Dove, UREC – 25 years

Vickie Elyard, UREC – 10 years

Lori Hornick, UREC – 10 years

Deborah Selmon, University Unions – 25 years

Sue Bauer, University Unions – 15 years

Mark Cline, Events & Conferences – 20 years

Debra Kauffman, Festival Conf & Student Center – 20 years

Debra Miller, Events & Conferences – 20 years

Mary Lynne Smith, University Unions – 25 years

Sandra Gulliver, Disability Services – 5 years

Deborah Pine, Orientation – 20 years

Rosie McArthur, Residence Life – 20 years

Karen Sampson, Residence Life – 15 years

Leslie Beam, VP Student Affairs/Univ Planning – 15 years

Barbara Bailey, Health Center – 5 years

Janice Garrison, Health Center – 15 years

Elizabeth Gentry, Health Center – 10 years

Terri Knicely, Health Center – 15 years

Rebecca Plogger, Health Center – 5 years

Ann Simmons – Health Center – 25 years

Mary Tennyson, Health Center – 5 years

Kathryn Whitten, Health Center – 5 years

William Brown, Student Affairs, AVP Student Success – 5 years

Heather Reid, UREC – 10 years

Carolyn Wallace, UREC – 25 years

Cindy Chiarello, AVP University Planning and Analysis - 5 years

Career and Academic Planning

Renee Herrell was one of the recipients of the SAUP Crredibl Award in September.

IS 202 was awarded the SAUP Program of the Year Award in September. **Heather Patterson,** IS 202 coordinator, accepted the award on behalf of all the course instructors.

Office of Judicial Affairs

Associate Director Wendy Young, former Assistant Director Greg Myer, and Coordinator Chris Ehrhart will have their article *Big Change Through Small Action, an article talking about how to integrate small acts of professional development into your day to day as a professional, in the November-December issue of* About Campus, ACPA's bi-monthly magazine.

University Health Center

SAUP Grant Award: Veronica Jones, Mouline Etre and Dr. Stephen Rodgers.
Body in Balance *is a multi-faceted mind-body wellness program that will provide education, support, and physical activity for students who feel they are seriously overweight/obese. The program includes a weekly small group discussion and twice weekly physical activity sessions, such as walking or yoga. All meetings take place outside of the gym.*

2012 Values in Action Award Recipients

The Student Affairs and University Planning "Crredibl" Award

This award recognizes at least two staff members who demonstrate a commitment to the core values (collaboration, responsibility, respect, excellence, diversity, integrity, balance, and learning) in an exemplary manner. This award will be given for outstanding demonstration of two or more of the core values.
Bryan Brown, Student Affairs Technical Service
Sam Butler, Office of Residence Life
Renee Herrell, Career & Academic Planning

The Student Affairs and University Planning "Program of the Year" Award

This award is given to a department that experienced large growth and/or demonstrated improvement in a pre-existing program or created an outstanding new program.

IS 202 - Career and Life Planning Course, Career & Academic Planning

The Student Affairs and University Planning "Together We Stand" Award

This award recognizes effective partnership between individuals/groups outside of the division of Student Affairs and University Planning with individuals/groups inside the division to enhance student learning, development, and/or success. The individuals/groups from within and beyond the division will share this award.

"Representing Disabilities", Office of Disability Services and Institute for Visual Studies

Community Outreach

Community Service-Learning

Rich Harris, Director of Community Service-Learning, is serving on the Shenandoah Valley Bicycle Coalition (SVBC) Board www.svbcoalition.org . SVBC recent accomplishments include sponsorship of Harrisonburg City Council Candidate Forums on September 17th and October 2nd, working with Harrisonburg City Council to commit 1 million dollars to build bike paths in Harrisonburg and receiving a $250,000 grant to build mountain bike trails in the George Washington National Forest.

Counseling and Student Development Center

David Onestak has been serving as the chairman of the Commonwealth of Virginia Campaign this semester. Pictured here is Amisha Pierce, Administrative Assistant and member of the committee, after assembling 4,000 CVC packets for JMU employees! Picture right:

Office of Judicial Affairs

On September 28th, all OJA Staff participated in a service project at The Arc of Harrisonburg and Rockingham on September 28th. We spent an afternoon helping them clean, organize, and set up some new projects and activities for their clients.

In December, **Director Josh Bacon** and **Coordinator Chris Ehrhart** will be conducting a restorative justice workshop and training for all staff members in the Harrisonburg City Schools. The schools have heard how beneficial restorative practices can be in repairing a community and have turned to us to lay the foundation of their training.

Throughout the semester, OJA staff members have represented JMU and the OJA office at the Harrisonburg/Rockingham Student Court Days, explaining the judicial process and policies to the students as they begin their court proceedings, processes, and consequences

UREC

Each year UREC sponsors a program called Warm A Winter Wish. The concept is similar to an "Angel Tree." UREC receives wish lists of individuals and families from **First Step, Mercy House and Crossroads to Brain Injury Recovery.** Their wishes are hung on a tree in UREC for faculty, staff, and students to fulfill.

University Unions

Lisa Mathews-Ailsworth, Off Campus Life, is the Alternative Fall Break Learning Partner going to the New England Center for Homeless Veterans, coaches a Harrisonburg's Rec Department girls basketball team, is heading down this weekend to assist with a Special Olympics ASB event, and is a volunteer for both Big Brothers Big Sisters and the Boys and Girls Club.

Jeremy Hawkins, Festival Conferences, was appointed to the Harrisonburg/Rockingham Social Services Advisory Board, took over as the head coordinator for Safe Zone on campus, is a Learning Partner for the Alternative Fall Break trip to Project Lazarus in New Orleans, is a member of the Harrisonburg Community Band(French Horn), and is stubbornly holding off a "Jeremy for Mayor" grass roots effort.

Get involved...

There are involvement opportunities for individuals, organizations and departments.

» Take a Wish from the UREC Holiday Tree
You simply need to come to UREC, remove a wish from the tree, purchase the gift and return it unwrapped to UREC with the wish tag on the present (this way we know what family and individual the gift goes to). *The Warm a Winter Wish Tree will be stocked with wishes* ***November 11, 2011*** *in the UREC Lobby.* ***Gifts are due December 14 at Noon.***

» Attend the Annual UREC Wrapping Party
Come to UREC and help wrap gifts with UREC student and professional employees! *The annual wrapping party will take place* ***Wednesday, December 14, 2011 at 1pm in the UREC MAC Gym.***

» Donate Wrapping Supplies
It takes a lot of wrapping paper and tape to wrap over 1000 gifts!

» Perform at the Wrapping Party
Encourage our volunteer wrappers as they work through performing if you are an acapella or dance group.

» Donate in Other Ways
Delivering gifts, promoting the event, preparing gift tags, other ways you can think of.

Wedding & Engagement Announcements

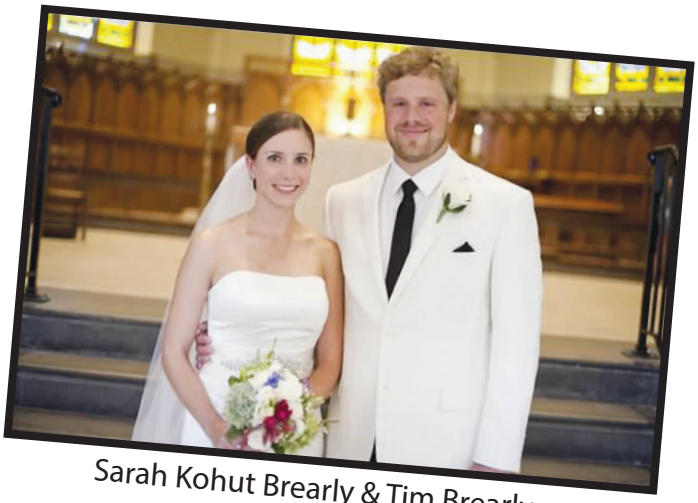
Weddings

Career and Academic Planning

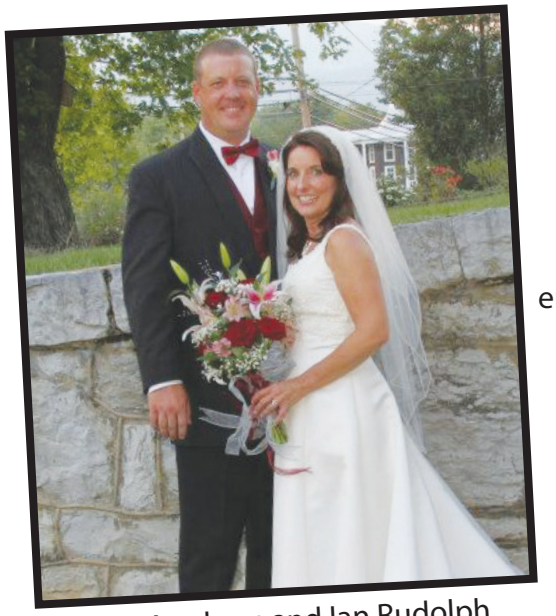
Chad Gensel married **Stephanie Buck**, a social worker, on June 4th in Corolla, NC.

Sarah Kohut Brearly married **Tim Brearly**, a student in the Clinical and School Psychology PsyD program at JMU, on August 18th in Bethlehem, PA.

Denise Meadows (soon to be changed to Rudolph) married **Ian Rudolph**, a firefighter for the City of Harrisonburg, on September 7th in Shenandoah, VA.



Sarah Kohut Brearly & Tim Brearly



Denise Meadows and Ian Rudolph

Engagement:

University Health Center

Ashley Woolfolk (University Health Center) and **John Skelly** were engaged on May 8, 2012 in St. John, US Virgin Islands. They plan to be married on May 16, 2013 at Keswick Vineyards in Keswick, Virginia.

University Unions

Sean Maher, Off-Campus Life, got engaged to, believe it or not, a lovely young lady named **Hannah Garst.**

Chad Gensel and Stephanie Buck

Ashley Woolfolk and John Skelly

Personal Updates

Amelia Slifer, trick-or-treating on Greek Row on Friday evening, October 26th. (What a little angel J)

Amelia is the daughter of Kevin and Julie Slifer. Kevin is employed by Aramark at Dukes Hall and Julie is the Fiscal Technician for Community Service-Learning.

Amelia is 7 years old and is in Second Grade at Smithland Elementary School.

Office of Judicial Affairs

Taylor Logan will be running a Half-Marathon in Raleigh, NC on November 4th. She's put in a lot of training for it this semester and is really excited for it.

University Health Center

After a competitive application process, **Beau Dooley** has been accepted into the Rotary District 7570 Group Study Exchange (GSE) program under the sponsorship of the Rockingham County Rotary Club. The GSE program (a part of The Rotary Foundation of Rotary International) is a unique cultural and vocational exchange opportunity for young business and professional men and women. The program provides travel grants for teams of participants to exchange visits between paired areas in different countries. For four weeks, team members study the host country's institutions and ways of life, observe their own vocations as practiced abroad, develop personal and professional relationships, and exchange ideas. Beau and his three teammates will be traveling to Taiwan during the spring 2013 semester.

A group of 19 traveled to Ft. Liberte, Haiti from October 26 – November 3 for mission work. **Dr. Andrew Guertler,** team leader, and **Julie Shiflet**, both staff members at the University Health Center, were part of the group who assisted in continued construction of an orphanage, completing a roof on a church, distributing clothes, working in the local school and orphanage, setting up a computer lab, and, provided money for the completion of two wells for clean water. The trip was a rewarding experience for everyone.

1st grade school children in Haiti we helped to make a butterfly out of coffee filters and food coloring

Personal Updates

Beau Dooley has been certified as a Master Certified Health Education Specialist (MCHES) through the National Commission for Health Education Credentialing in November 2012.

University Unions

Bonnie Powell, Festival Conferences, wins a trip to Mexico answering a trivia question for the Live with Kelly television show on NBC.

Dawn Womack, Dux Center, did some acting gigs over the summer. She played the mother in Harrisonburg's Valley Playhouse's production of *Messiah on the Frigidaire*. She also debuted as a background actor for TV shows and Film including *Political Animals* with Sigourney Weaver; *House of Cards* with Kevin Spacey; and *Better Living With Chemistry* with Sam Rockwell and Michelle Monaghan.

Future Dukes

Counseling and Student Development Center

Patricia Crocker, along with her husband **Sean Crocker**, is excited to announce that they are expecting a child who is due in February of 2013!

University Unions

Dave Barnes, University Unions, **father of Sarah Orem**, is soon to be a grandfather for the first time.

Dean of Students

Susan Linn's identical twin granddaughters **Harper and Hannah Linn**, born July 27, 2012

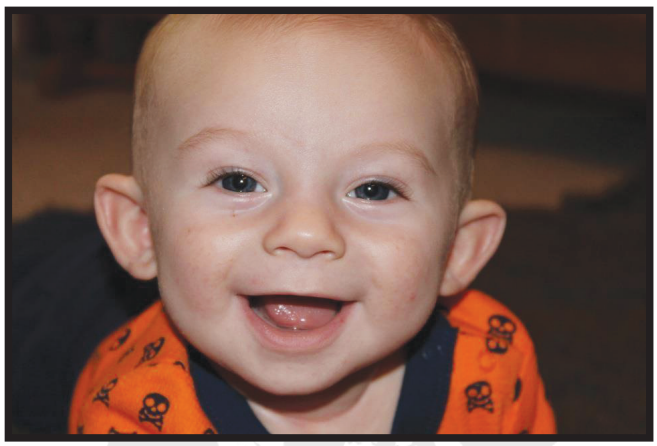
University Health Center

Shannon and Julianne Secrist
Connor William Secrist
May 1, 2012 at 1:27pm, 7lb 15 oz, 19"

Steve (FM) and **Colleen(CSDC) Slipka Tennyson**, announce the birth of their son,
Thomas Martin Slipka Tennyson
Born Nov 5, 2012 at 8:40pm
7lb. 6oz.

Michael McCleve, The Dux Center and wife, Koni announce the birth of their first grandchild: Samuel Aaron Moore born September 28th at 9:20 pm

8 lbs. 12 oz; 21 inches
Parents: BreeAnn (Michael's daughter) and Tyler Moore



Megan Driver, Event Management and husband, Brent announce the birth of their first child:

Ryker Wayne Driver (above) born June 28th at 10:41am, 7lbs 1oz; 19" long

Other news

Career and Academic Planning

Lee Ward's work on first generation students, co-authored with Michael J. Siegel and Zebulun Davenport, was published in July. *First-Generation College Students: Understanding and Improving the Experience from Recruitment to Commencement.* http://www.josseybass.com/WileyCDA/WileyTitle/productCd-0470474440,descCd-description.html

Counseling and Student Development Center

Varner House, once again, has uninvited visitors! Here's an action shot of one of our furry interlopers scaling a waiting room partition.

Office of Judicial Affairs

In the beginning of December, Coordinator **Chris Ehrhart** and former Assistant Director of Judicial Affairs **Greg Meyer** will be conducting a full-day training at Northwest Vista College in San Antonio Texas. The training will include an introduction to restorative practices, as well as an opportunity to explore how they may use restorative practice at their given institution.

Director **Josh Bacon** has been consulting with colleges across the country in the field of restorative justice. So far this semester he's conducted a training on restorative justice with students, faculty, and administrators at Antioch College in Yellow Springs, Ohio, as well as a training with residence life staff and students at Salisbury University in Salisbury, Maryland. He's currently working to conduct a training and consultation with our colleagues at Radford University in Blacksburg.

About The Cr'edibl Chronicle

The Crredibl Chronicle is your bi-annual newsletter. We welcome any comments and suggestions you might have.

To submit an article, share photographs or announcements, please contact any of the Crredibl Chronicle committee members.

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We look forward to hearing from you!