HOW TO HELP

What kinds of items does The Pantry need?

By partnering with the Blue Ridge Area Food Bank, The Pantry is able to ensure a consistent supply of quality food. However, there are some frequently requested items which are not available for purchase through the food bank. Please consider donating items from the list below.

KITCHEN BASICS
- Oils and vinegars
- Spices and herbs
- Basic baking items: flour, baking soda, baking powder, sugar
- Shelf-stable soy and almond milk

HOUSEHOLD PRODUCTS
- Dish soap
- Dishwasher pods
- Laundry detergent
- All-purpose cleaners

HYGIENE PRODUCTS
- Shampoo/Conditioner
- Toothbrush/Toothpaste
- Deodorant
- Body soap/hand soap
- Period products: pads, tampons

SCHOOL SUPPLIES
- Notebooks
- Highlighters
- Pens and pencils
- Index cards
- Loose-leaf paper

Want to arrange a donation drop-off?

Email pantry@jmu.edu

For more info go to: www.jmu.edu/ssh

Did you know?
Nearly 40% of college students report facing food insecurity within the last 30 days.
#RealCollegeSurvey
Thank you for helping JMU students succeed!