

HOW TO HELP



What kinds of items does The Pantry need?

By partnering with the Blue Ridge Area Food Bank, The Pantry is able to ensure a consistent supply of quality food. However, there are some frequently requested items which are not available for purchase through the food bank. Please consider donating items from the list below.

KITCHEN BASICS

Oils and vinegars
Spices and herbs
Basic baking items: flour, baking soda, baking powder, sugar
Shelf-stable soy and almond milk



HOUSEHOLD PRODUCTS

Dish soap
Dishwasher pods
Laundry detergent
All-purpose cleaners



HYGIENE PRODUCTS

Shampoo/Conditioner
Toothbrush/Toothpaste
Deodorant
Body soap/hand soap
Period products: pads, tampons



SCHOOL SUPPLIES

Notebooks
Highlighters
Pens and pencils
Index cards
Loose-leaf paper



Want to arrange a donation drop-off?



Email
pantry@jmu.edu



For more info go to:
www.jmu.edu/ssh



Did you know?

Nearly 40% of college students report facing food insecurity within the last 30 days.

#RealCollegeSurvey

Thank you for helping JMU students succeed!

