## **Sport Clubs Phased Return to Play Guidelines**

### Note to Officers and Players:

### Dear Club Officers and Participants,

Welcome back to JMU, I look forward to working with all of you as we navigate this year. What will no doubt be a challenge, I hope we can turn into a positive experience and give us opportunities we may not have head previously.

I understand how important club sports are to the college experience and we are working hard to be able to create a plan to allow for club activities that can be done safely. Below you will find our phased approach to returning to play this semester. Clubs will begin the semester in the **Red Phase**, at this time; our goal is to move out of the **Red Phase** in two – three weeks. It is important to understand that at any point we could be required to move back a phase if the environment dictates that. It is also important to understand that some sports may be allowed to move into a different phase based solely on their type of activity. This is not a one size fits all scenario.

That being said, there will be changes and challenges for all of our student activities on campus. Sport Clubs are no different in that aspect. We already know that indoor space is going to be very limited due to changes departments must make to accommodate academics as well as physical distancing measures. This is very true at UREC as we opened for three weeks in the summer to pilot our opening plans with reduced capacities and changes in the facility layout. This will make securing those spaces for club activities much more challenging and will require flexibility from all clubs to make this work.

Sport Clubs will not be allowed to compete on campus or travel for competitions during the Red, Yellow and Purple phases.

As student leaders, I would be remiss if I did not mention off campus activities and behaviors. To make this year work, everyone needs to do their part and make decisions that support the COVID-19 response plan. Our Sport Club officers and participants can be leaders in the decisions we make and how we not only represent our individual club, but the greater JMU community. One way you all can immediately show leadership is by downloading and using the JMU LiveSafe app.

Lastly, I understand this is a lot of information and that clubs may be frustrated and concerned about this year. Please know I share in the same concerns and will advocate for our clubs to have a fun, successful and safe year. Continuing on you will find our Phased Return to Play Guidelines and goals for each phase.

Thank You!

Chris R Jones Assistant Director for Sport Clubs and Inclusive Recreation Aaron Elder Graduate Assistant for Sport Clubs and Inclusive Recreation

When school begins, club sports will be in the **Red Phase** of return to play guidelines, goals of **Red Phase**:

- Clubs will be able to meet in accordance with JMU In-Person Events guidelines.
- Club Officers will finalize return to play protocols with the support of University Recreation office and the Sport Club Council. Must be able to articulate this plan to full roster.
- Each club will be given the option to host a recruitment/informational meeting at an outdoor space or a large gymnasium on campus. This is to help clubs recruit new members but should not replace the option for virtual Student Org Night.
- Club Officers will develop multiple conditioning/practice plans to use through the fall semester.

### Goals of **Yellow Phase**:

- Clubs will be able to meet in accordance with JMU In-Person Events guidelines.
- Club participants will be able to condition and stay sharp in certain skills.
- Clubs will be able to give potentially new players an idea of how they function and their expectations.
- Clubs will have time to develop tryout plans.
- Clubs will develop potential schedules of competitions as we approach Purple Phase.

### Goals of Purple Phase:

- Clubs will be able to develop their competitive roster.
- Clubs anticipating return to competition, contacting other schools recommended.

### **Practice Phased Guidelines**

	Red Phase	Yellow Phase	Purple Phase	Green Phase
Sport Club Practices	No sport club practices allowed.	Allow sport club conditioning where 6-10 feet distance (depending on activity) can be maintained and JMU established capacities can be regulated. Masks must be worn at all times. Carpooling is only allowed with housemates and wearing a mask is required. Club officers are required to clean shared equipment regularly throughout practice. Club officers must track attendance for each conditioning session. No tryouts permitted. No contact drills permitted. No scrimmages permitted.	Reservations for tryouts permitted. Tryouts permitted to take place. Contact drills permitted. Scrimmages permitted. Carpooling allowed.	All club practices allowed to resume in normal capacity.

\*\*For a club to be considered for Yellow Phase they must have a conditioning plan that has been submitted to UREC and approved in writing\*\*

\*\*For a club to be considered for the Purple Phase they must have a tryout plan that has been submitted to UREC and approved in writing\*\*

# **Competition Phased Guidelines**

	Red Phase	Yellow Phase	Purple Phase	Green Phase
d no	No sport club	No sport club competitions allowed.	Submitting	Competition on
Club tition	competitions		reservations for	campus allowed.
ort	allowed.		competitions on	
Spi			campus allowed.	
	No travel	No travel allowed.		Club travel allowed for
	allowed.			competition.

# **In-Person Events**

When a virtual meeting is not possible, the following policies must be followed:

- 1. All in-person events must take place on campus (excluding competitions, fundraising tournaments, etc.)
  - Student organizations are required to follow Event Management Services Protocols and Guidelines at all times. This Includes:
    - Limit of 50% of Max Capacity of space OR up to 250 people (whichever is LESS)
    - Face coverings must be worn at all times indoors and outdoors when in the presence of others.
    - Physical/Social Distancing
  - All food must be catered through Aramark
    - Buffet self-service and/or potluck style meals are not allowed
    - No "homemade" sales are allowed (i.e. Bake Sales) including food purchases from other retailers
  - All in person events/activities must have an accurate attendance list that can be produced when requested for COVID-19 contact tracing purposes
  - Alcohol is not permitted at any event
  - Anyone confirmed of having COVID-19, who has symptoms of COVID-19 or had symptoms within the previous 14 days, is not allowed within the space
    - Event organizers should utilize the JMU LiveSafe app to confirm those in attendance have tracked symptoms on the day of the event and are clear to participate
- 2. Any in-person meeting or event should also have a virtual option for those students who are uncomfortable/unable to attend in person
  - A Member who has been quarantined/isolated because of symptoms or diagnosis should still be given the opportunity to participate virtually
    - Including these members in activities through a virtual option is an important way that student organizations can continue to build community for those students who cannot attend in person.

Note: These guidelines may change based on University and/or Commonwealth of Virginia requirements. Always check with Event Management before an in-person event for the most up to date guidance.

## Travel

1. No travel for club competition is allowed, please direct any travel questions to the Assistant Director for Sport Clubs and Inclusive Recreation.

# **Community Service**

1. Clubs are not allowed to require community service by their members and will not use the choice to participate or not participate in service as a judging factor towards membership standing.

- Community service should be an individual choice and not performed in large groups.
- Carpooling is only allowed with housemates and must wear a mask.