



Guidelines & Commonly Asked Questions for all Camps

At Camp, we are diligently following all local and federal recommendations to promote health behaviors, environments, and operations.

At the time of registration, parents will need to have completed a COVID-19 Risk Assessment Form.

For children in day camps, consider strongly encouraging a parent or caregiver to monitor their children daily at home for signs of infectious illnesses, including COVID-19.

Unless are fully vaccinated, we will limit any nonessential visitors, volunteers, and activities involving external groups or organizations as much as possible.

WHAT HAPPENS IF A CHILD OR STAFF MEMBER DEVELOPS SYMPTOMS DURING THE DAY?

If a child or staff member develops symptoms, they will be isolated immediately and required to go home until they are cleared by a doctor to return.

WILL MY CHILDREN BE REQUIRED TO WEAR FACE MASKS?

WE WEAR MASKS WHEN:

- Arriving and departing
- During and between all indoor activities

WE DON'T WEAR MASKS WHEN:

- Eating or sleeping
- Participating in water activities
- Outdoor activities with adequate spacing and those who have been vaccinated

We require that all campers and staff have a mask with them at all times.

WHAT ABOUT HAND WASHING AND IMPROVED HYGIENE/SANITATION?

All youth camp programs shall implement the following prevention and mitigation strategies to slow and limit COVID-19 exposure and spread:

- Physical distancing
- Practice recommended regular and routine handwashing practices
- Practice proper use, removal, and washing of cloth face coverings

- Provide policies and education on COVID-19 symptoms and response
- Avoid use of items that are not easily cleaned and disinfected
- Ensure adequate disinfecting supplies and cleaning products and surfaces

We will have increased, routine cleaning and disinfection. Staff will be disinfecting frequently touched surfaces (e.g., door handles, sink handles, etc.) throughout the day. Signs are posted throughout the campus to inform and remind campers and staff about best practices for preventing illness.

WHAT IF SOMEONE IS DIAGNOSED WITH A CONFIRMED OR PROBABLE CASE OF COVID-19?

Any staff or child exposed to a person diagnosed with a confirmed or probable case of COVID-19 may not work or attend camp until they have completed self-quarantine following the CDC guidelines. Persons who have recovered from COVID-19, must be cleared for release from isolation by a health care professional.

The local health department, as well as the parents of children in the group, will be notified immediately, and the group shall quarantine following the CDC guidelines.

Individuals may not work at or attend until completing self-quarantine and obtaining clearance from the individual's primary care physician.

More on what you can expect from us:

[ACA Field Guide for Camps](#)

[CDC Suggestions for Youth & Summer Camps](#)

Additional Guidelines for Residential camps:

- Campers will need to either have a negative COVID test within 3 days prior to arriving or have been fully vaccinated
- Campers will share a room with one other camper.
- Avoid sharing common bathroom supplies (towels, soap, toothpaste, etc.). Instruct campers to bring their own bathroom supplies and a container for toiletries to be stored in for the duration of camp (for example, a bathroom tote or a 1-quart clear plastic bag labeled with their name).
- Keep all clothing and belongs in bags in room, do not unpack items. Bring your own bedding.
- If possible, create at least six feet of space between beds. If utilizing head-to-toe orientation (see below) four feet of space between beds is acceptable.

:-For bunk beds, position the head of the camper in the top bunk opposite the position of the camper in the bottom bunk.

–For side-by-side beds, position the head of the camper in one bed opposite the position of the camper in the adjacent bunk.

Before camp

- CDC recommends everyone 12 years and older should get a COVID-19 vaccine to help protect against COVID-19.
- If eligible, staff, volunteers, campers, and family members **should get fully vaccinated for COVID-19**. Ideally, wait 2 weeks after completing vaccination for COVID-19 before traveling to camp.
- Request that campers, their families, and camp staff follow [guidance for travelers](#) in the 14 days before camp arrival to reduce exposure to COVID-19. Ask unvaccinated campers and staff members to engage in a 2-week pre-arrival quarantine that includes physical distancing, mask-wearing when not at home, avoiding unnecessary travel, and refraining from indoor social gatherings with people outside of their households.
- Ask campers and staff who are not fully vaccinated to provide proof of a negative viral test taken no more than 1–3 days before arriving at camp. Delay arrival for campers or staff with confirmed positive test results.

THIS IS A LOT OF INFO AND I STILL HAVE QUESTIONS!

Please email us at youthprograms@jmu.edu and we'd love to answer your questions!