

# Personal Mission Statement Sentence Templates

Here are some sample personal mission statement sentence templates to get you started (check out the [values list](#) for ideas on possible values you could use). Use these templates as seeds to get your creative juices flowing.

"To ... [what you want to achieve, do or become] ... so that ... [reasons why it is important]. I will do this by ... [specific behaviors or actions you can use to get there]."

"I value ...[\[choose one to three values\]](#)... because ...[reasons why these values are important to you]. Accordingly, I will ...[what you can do to live by these values]."

"To develop and cultivate the qualities of ...[\[two to three values/character traits\]](#)... that I admire in ...[an influential person in your life]... so that ...[why you want to develop these qualities]."

"To live each day with ...[\[choose one to three values or principles\]](#)... so that ...[what living by these values will give you]. I will do this by ...[specific behaviors you will use to live by these values]."

"To appreciate and enjoy ...[\[things you want to appreciate and enjoy more\]](#) by ...[what you can do to appreciate/enjoy these things]."

"To treasure above all else ...[\[most important things to you\]](#) by ...[what you can do to live your priorities]."

"To be known by ...[\[an important person/group\]](#)... as someone who is ...[\[qualities you want to have\]](#)...; by ...[\[some other person/group\]](#)... as someone who is ...[\[other qualities\]](#)...; ..."

Feel free to combine these sentences in any way to carve your own unique personal mission statement. Here is a part of a potential mission statement for the health & fitness area using the first sentence template:

"To be healthy, fit and energetic so that I can enjoy life to the fullest and have the energy to pursue all my goals. I will do this by exercising regularly, following a nutritious diet and eliminating negative habits that are impacting my health."

If you are having trouble getting started, choose one of the sentence templates (whichever one appeals to you the most) and copy it into your word processor; then erase the "...[ ]..." parts and read the sentence from the start.

When you get to a gap, pause for a moment, and then let your mind fill in the gap. Just write whatever pops into your head.

Repeat this a couple of times and then choose the sentences you like the most as your starting point. Later, you can add or refine your personal mission statement using more of the sentence templates.