

Health and Well-Being Panel

Presenting Departments

Counseling Center

Dean of Students

Office of Disability Services

University Health Center

Student Life



Calls from Campus

1. Orientation Student Staff Will “Call You”
2. The Audience Will Guess the Best JMU Resources to Assist Them
3. Our Campus Experts Will Confirm/Clarify the Best Course of Action



Scenario 1

Hey Mom, I know in Richmond I see Diane. I'd like to keep seeing her, but there is also a Counseling Center at JMU. Do you think it would be better to see Diane over Zoom or work with someone on campus?

Relevant Campus Experts

Counseling Center

Scenario 2

Hey Mom, do you know if at JMU my extra test time will be the same as it was in high school?

Relevant Campus Experts

Office of Disability Services

Scenario 3

Hey, I'm super sick. I've felt awful all week. What should I do?

Relevant Campus Experts

University Health Center

Scenario 4

Hey Dad, I really have been struggling since grandpa passed away. I just want to be with family, and it's hard for me to be here. I have been missing class, have no energy for my schoolwork, and just want to be home. I think I'll come back to JMU after working through this.

Relevant Campus Experts

Dean of Students Office

Scenario 5

Hey, I've been going to counseling on campus for a while. They just referred me to someone off-campus. I'm not sure about this because I like the therapist at JMU and starting with someone seems like a lot. I think I need to keep seeing someone but am not sure this is right.

Relevant Campus Experts

Counseling Center

Scenario 6

Hey Dad, There is something going on with my roommate. I think they are skipping a lot of their classes, it feels like they are always in bed, and they are just acting different then they were before. I have no idea what to do and I'm pretty worried about them.

Relevant Campus Experts

Dean of Students Office

Scenario 7

Hi Grandpa, Although I've been going to all my classes, I'm just not feeling connected to my roommate or anyone in my classes. I'm feeling homesick and just not sure JMU is the right place for me.

Relevant Campus Experts

Student Life

One Thing you Want Families to Know about Your Department

Counseling Center

Dean of Students

Office of Disability Services

University Health Center

Student Life



Questions