

Dr. Karin Tollefson-Hall | June-July 2025



## **Session Overview**

- Introductions and Concentric Circles activity
- About CVPA
- Creating your path
- Academics and Expectations
- Building a supportive house at JMU activity
- Resources and getting involved
- Questions?

## My JMU Journey

- 28<sup>th</sup> year teaching, 16<sup>th</sup> year at JMU
- Professor of Art Education and Book Arts
- Associate Dean of CVPA
- Faculty Advisor and First Year Advisor
- Love the Shen. Valley outdoor activities and arts downtown







## Intro Activity

- Divide into two equal groups
- Group 1 form a circle and turn yourself facing out
- Group 2 make a circle around group 1 so that you are facing a partner
  - Introduce yourself (name, where from, major)
  - Talk about prompt for 1 minute
- Outside circle (group 2) move one person to your right
- Repeat introduction, follow new prompt...

# About CVPA

### Schools & Facilities







School of Art, Design, and Art History



## Facilities

- Duke Hall
- Studio Design Center
- Memorial Hall Arts Complex





## Galleries

- Duke Hall Gallery of Fine Art
- Lisanby Museum
  - Madison Art Collection
- ArtWorks









School of Music



## Facilities

## **Music Building**





Shirley Hanson Roberts Center for Music Performance (Forbes Center)

## Performance Halls

- Concert Hall (600 seats)
- Recital Hall (198 seats)







School of Theatre and Dance



## Facilities



## Dorothy Thomasson Estes Center for Theatre and Dance (Forbes Center)

## Performance Halls

- Mainstage Theatre (450 seats)
- Studio Theatre (168 seats)
- Earlynn J. Miller Dance Theatre (200 seats)











## How to plan your path



## You!







# Academics & Expectations

Degree components Engaging with Faculty



## **Graduation Requirements**





## JMU Values a *Strong* Commitment to...

- A foundational liberal arts education
  - Broad knowledge of the wider world will prepare you to deal with complexity, diversity & change
- Engagement during your time here
  - Civic, community & learning
- Applying learning in the real world
  - E.g., internships, service learning, study abroad, student research







## Skills that Employers Value

National Association of Colleges and Employers (NACE) list of **most valued career-readiness skills** (in order of importance):

- 1. Problem solving skills
- 2. Ability to work in a team structure
- **3.** Strong work ethic
- 4. Analytical/quantitative skills
- 5. Communication skills (written)
- 6. Leadership

- 7. Communication skills (verbal)
- 8. Initiative
- 9. Detail-oriented
- 10. Technical skills
- 11. Flexibility/adaptability
- 12. Interpersonal skills

## **Transition to College Coursework**

The expectations regarding course work will be different from what you are used to in high school

- Increased independence
- Fewer (to no) reminders of assignment deadlines
- Learning strategies will need to change
  - $_{\odot}$  Less emphasis on memorization
  - $_{\odot}$  Will need to retain information beyond the first test
- Requires time management to balance time and studying
- Get yourself organized
- Ask for assistance!
- Assume responsibility for your own education



## Tips for Engaging with Faculty

- Ask questions during class for clarification
- Seek assistance before it's too late
- Demonstrate professional behavior, both in person and in emails
- Don't be shy
- Learn about their teaching and research
- Consider their research and professional development opportunities
- Maintain the relationship
- Seek face-to-face interactions

### How to Handle Academic Issues that Arise



#### Contact Faculty member directly

- Questions about assignments
- Strategies for success in a class
- When having difficulty in a class



#### Contact Academic Advisor

- Questions about your course schedule
- 4-year plan
- Changing majors
- Adding/dropping a major or minor



#### Contact Academic Unit Head

 Concerns with a faculty or staff member

## Secret to Success at JMU





#### Cultivate the higher ed academic mindset

- Plan when to study (multiply classroom time by 2)
- Identify each professor's specific expectations
- Reflect midway through (midterm grades in October)
- Strategize about managing email
- Think ahead ex: study abroad; career planning
- Engage both inside AND outside of class

#### Engage in class

- Attend regularly
- Be prepared for class
- Read materials prior to coming to class
- Develop good study habits
- Track all due dates (planner, calendar, etc.)



## More Secrets to Success



#### Seek out relationships with faculty and staff

- Find a mentor(s)
- Use your advisor as a resource
- Go to faculty office hours
- Participate in faculty research



#### Find belonging by getting involved on campus

- Get to know your faculty and staff
- Attend events in your college and school
- Balance fun and learning
- Take advantage of the campus recreation center
- Look into student organizations/clubs

### Student Insight

"The goal of group discussions is not to agree, but to learn something new. This principle revolutionized how I related to my peers."



# Hannah

**Elementary Education** 

"Try new things and do not be afraid to explore on your own! You never know what you may learn or who you may meet from a new experience."





# Building a Supportive House Activity

• List inside your house who/what will be your supports while at JMU for that category.



# **Resources and Getting Involved**

JMU Support Resources CVPA Grants and Scholarships Student Organizations Study Abroad



## Where to find lists of Support Services

- Online listings of services
  - Advising and Support Center
  - Student Support Hub
  - JMU Student Gateway
- Locations with multiple services
  - Student Success Center
  - Rose Library
  - UREC

## **CVPA** Professional Growth Opportunities



## **CVPA Resources & Opportunities**

- Career Liaison University Career Center college specific events
- Office of Creative Propulsion internships, fellowships, outreach events
- Arts Administration internships
- Music Library (SoM)
- Historic Costume Collection (STAD)

## Student Organizations in CVPA - SADAH

- Madison Chapter of the National Art Education Association
- Kappa Pi (national art honors fraternity)
- American Institute of Graphic Arts
- American Institute for Architecture Students
- National Organization of Minority Architects
- Industrial Design Society of America
- Madison Art History Student Association



# Student Organizations in CVPA - SoM

- American String Teachers Association
- Music Teachers National Association
- National Association of Teachers of Singing
- Collegiate Virginia Music Educators Association
- Brass Band Club
- Club Music Composition

- Double Reed Society
- Flute Club
- International Trumpet Guild
- Bass Club
- Club Orchestra
- International Tuba Euphonium Association
- Madison Saxophone Society
- Music Industry Association



## Student Organizations in CVPA - STAD

- Stratford Players
- APO (Alpha Psi Omega national theatre society)
- Dance Theatre
- National Honor Society for Dance Arts
- United States Institute for Theatre Technology



## CVPA – Study Abroad examples

- JMU offers long term programs that are usually not major specific.
- Faculty/ departments offer short term programs that include major courses.
  - Locations change frequently -may not be offered more than once
  - 3-9 credits total, can include gen ed
  - Don't require language proficiency



### Music- Arts and Culture of Montreal



#### Dance, Art, & Music in Spain

#### Graphic Design in Amsterdam



#### **Museum Studies in NYC**



### Art History in Italy





# Questions?

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