

# FIRST FOUR WEEKS GUIDE

## WEEK TWO:

# Getting Involved

THERE ARE MANY DIFFERENT WAYS TO GET INVOLVED AT JMU!

- Check out [beinvolved.jmu.edu](http://beinvolved.jmu.edu) to explore the hundreds of clubs and organizations JMU offers! **Tip:** You can sort possible organizations you'd want to join by area of interest to make searching easier!
- Looking for academic involvement? Many JMU professors offer research opportunities to students! Talk to your professors about projects you could help with!
- Do you miss playing a sport or being active? UREC offers intramural sports and group exercise classes!
- The University Program Board (UPB) also offers events throughout the semester for students to participate in such as Late Night Breakfast, movies, trivia and more!
- For more ideas on how to get involved or events to participate in, download the Guidebook app or ask your OPA/TOPA for suggestions.