

backward PLANNING

FIVE DAYS BEFORE Chapter/Lecture 1-2	FOUR DAYS BEFORE Chapter/Lecture 3	THREE DAYS BEFORE Chapter/Lecture 4	TWO DAYS BEFORE Chapter/Lecture 5	DAY BEFORE TEST REVIEW DAY
<ul style="list-style-type: none"> - Create study aids - Utilize study cycle 	<ul style="list-style-type: none"> - Create study aids - Review study aids for chapter/lecture 1-2 - Utilize study cycle 	<ul style="list-style-type: none"> - Create study aids - Review study aids for chapter/lectures 1-3 - Utilize study cycle 	<ul style="list-style-type: none"> - Create study aids - Review study aids for chapter/lectures 1-4 - Utilize study cycle 	<ul style="list-style-type: none"> - Review all test material - Self-testing/self-talk - Utilize study cycle

Questions to ask yourself **BEFORE** you study:

- What commitments do you have that will get in the way of this plan?
- What chapters are most difficult?
- Can some chapters be combined in one day?
- How many days do you actually need?

ALWAYS think about how to...

- **Question:** create your own questions and ask them along the way
- **Rewrite/Recite:** important information or information you don't know well should be cited out loud or be rewritten
- **Recall:** It's not enough to recognize the information, but you must be able to produce it verbally or on paper

CHOOSE YOUR STUDY AIDS

HINT: You should use more than one study aid for each set of information. Overlap is key!

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|--|---|
| <input type="checkbox"/> Flash Cards | <input type="checkbox"/> Compare/Contrast Chart |
| <input type="checkbox"/> Quizlet | <input type="checkbox"/> Outlines |
| <input type="checkbox"/> Charting | <input type="checkbox"/> Timelines |
| <input type="checkbox"/> Cornell Notes | <input type="checkbox"/> Venn Diagram |
| <input type="checkbox"/> Study guides | <input type="checkbox"/> Practice Problems |
| <input type="checkbox"/> Flow Charts | <input type="checkbox"/> Concept Maps |



Date							
	7 days	6 days	5 days	4 days	3 days	2 days	1 day
Chapter Topic Section Lecture							
When & Where to study							
Study aid to use							
Things to focus on							
I didn't get to or need extra review on...							

