Four celebrated Paralympic athletes are traveling to JMU to lead Paralympic Skill Lab experiences with Kinesiology 100 classes on April 21st and 22nd. Paralympic Skill Lab integrates the International Paralympic Committee’s Paralympic School Day curriculum, which combines Paralympic ideals and values with educational activities to create awareness and understanding of disabilities and disability sport.

**Goals of the Paralympic Skill Lab:**

1. To provide meaningful, personal contact between students and Paralympians, creating dialogue about inclusion and providing a realistic and holistic portrayal of disability sport.
2. To introduce students to new physical activities that they can enjoy and participate in for a lifetime.
3. To advance the diversity, inclusion, and access initiatives at JMU.
Adam Ballou is a 2015 JMU Graduate, and a member of the USA Paralympic Soccer Team. Adam played in the 2012 London Games, and is training full time for the 2016 Rio games.

Trevon Jenifer in a Paralympic Wheelchair Basketball player, who won bronze at the 2012 London games. Trey is a graduate of Edinboro University, is a two-time collegiate All-American, and recently played professionally in France for two years.

Eric Duda, a graduate of the University of Florida, is the captain of the USA Men’s Sitting Volleyball team. Eric played in the 2004 games in Athens, and was named the 2014 Male Sitting Volleyball Player of the Year.

John Kremer joined the USA Men’s Sitting Volleyball team in February 2015, and was named the 2015 most improved player of the year. John served nine years in the US Navy, and started his sitting volleyball career through the Warrior Games.

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