

# Resource List

## Emergency Services

**Harrisonburg Police Department**

[\(540\) 434-4436](tel:(540)434-4436)

**Poison Control**

[1-800-222-1222](tel:1-800-222-1222)

**Rockingham County Sheriff's Department**

[\(540\) 564-3800](tel:(540)564-3800)

**Runaway Safeline**

[1-800-RUNAWAY \(2929\)](tel:1-800-RUNAWAY(2929))

**Sentara RMH Medical Center**

[\(540\) 689-1000](tel:(540)689-1000)

**Virginia Child Abuse Hotline**

[\(804\) 786-8536](tel:(804)786-8536)

## Emergency Shelter

**Mercy House**

[\(540\) 271-1701](tel:(540)271-1701)

**New Directions (domestic violence)**

[\(540\) 886-6800](tel:(540)886-6800)

**First Step (domestic violence)**

[\(540\) 434-0295](tel:(540)434-0295)

**Salvation Army**

[\(540\) 434-4854](tel:(540)434-4854)

## Eating Disorders

**ANAD**

[\(888\) 375-7767](tel:(888)375-7767)

**Sentara RMH Behavioral Health**

[\(540\) 564-5100](tel:(540)564-5100)

## Drug and Alcohol Info

**Alcoholics Anonymous**

[\(540\) 432-7322](tel:(540)432-7322)

**Community Services Board**

[\(540\) 434.1766](tel:(540)434.1766)

**Futuro Latino Coalition**

[\(540\) 568-5284](tel:(540)568-5284)

**SAMHSA's National Helpline**

[1-800-662-HELP \(4357\)](tel:1-800-662-HELP(4357))

## Sexual Health

**AVA Care**

[\(540\) 434-7528](tel:(540)434-7528)

**Hand-in-Hand Resource**

**Mothers Program**

[\(540\) 564-7151](tel:(540)564-7151)

**Harrisonburg Community Health Center**

[\(540\) 433-4913](tel:(540)433-4913)

**Harrisonburg/Rockingham Health Dept.**

[1-866-531-3068](tel:1-866-531-3068)

**VA Disease Prevention Hotline**

[\(800\) 533-4148](tel:(800)533-4148)

## Rape/Sexual Assault/ Violence

**Department of Social Services**

[\(804\) 726-7000](tel:(804)726-7000)

**National Domestic Violence Hotline**

[\(800\) 799-7233](tel:(800)799-7233)

**Stop it Now, VA Dept. of Health**

[1-888-PREVENT \(7738368\)](tel:1-888-PREVENT(7738368))

**The Collins Center**

[\(540\) 432-6430](tel:(540)432-6430)

## Food Pantries

**Hope Distributed**

[\(540\) 434-1092](tel:(540)434-1092)

**Patchwork Pantry**

[\(540\) 564-3800](tel:(540)564-3800)

**Valley Mission**

[1-800-RUNAWAY \(1-800-786-2929\)](tel:1-800-RUNAWAY(1-800-786-2929))

## LGBTQ+ Support

**LGBT Youth Talkline**

[\(800\) 246-7743](tel:(800)246-7743)

**Shenandoah LGBTQ Youth Center**

[\(540\) 466-3320](tel:(540)466-3320)

**Side By Side**

[\(804\) 644-4800](tel:(804)644-4800)

**The Trevor Project**

[\(212\) 695-8650](tel:(212)695-8650)

**Trans Lifeline**

[\(877\) 565-8860](tel:(877)565-8860)

**VA 24/7 LGBTQ+ Helpline**

[\(866\) 356-6998](tel:(866)356-6998)

## Crisis Counseling and Suicide Prevention

**Community Service Board**

[\(540\) 434-1766](tel:(540)434-1766)

**Covenant House 9-Line**

[\(800\) 999-9999](tel:(800)999-9999)

**Suicide Prevention Lifeline**

[988](tel:988)

Institute for

**INNOVATION**

in Health and Human Services

JAMES MADISON UNIVERSITY