# 2013

# YOUTH DATA SURVEY

8th, 10th, and 12th grade students from Harrisonburg City and Rockingham County Schools



# Youth Data Survey 2013

8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grade students from Harrisonburg City and Rockingham County

A project supporting the Healthy Community Council's community assessment mission.

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Surveys
PRIDE Survey
Rockingham County/Harrisonburg Youth Survey

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James Madison University

United Way of Harrisonburg and Rockingham

Sentara RMH Medical Center – Strong Families Great Youth Coalition

Futuro Latino Coalition

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#### Introduction

#### Background

The Office on Children and Youth (OCY) at James Madison University's Institute for Innovation in Health and Human Services (IIHHS) is pleased to present the Youth Data Survey 2013 for Harrisonburg and Rockingham County. The OCY has been working with the community since 1996 to provide key data about local youth risk behaviors and produce data which enables the community to develop priority areas around youth issues. Administered by the OCY, the Youth Data Survey (YDS) is a collaborative effort between many community partners including: United Way, Harrisonburg City and Rockingham County Public Schools, Eastern Mennonite High School, James Madison University, Healthy Community Council, Rockingham Memorial Hospital Community Health, the Strong Families-Great Youth Coalition, Blue Ridge Area Health Education Center, and the Futuro Latino Coalition. Over 50 agency representatives and community volunteers assist with the administration of the survey every two years. The goal of the YDS is to examine the current as well as longitudinal trends around local youth risk behaviors with an approach that taps into the larger community question of what assets we need in our community to help people successfully navigate from infancy to adulthood. The objectives of the YDS for the community are the following: produce reliable information on risk behaviors; assess needs; ascertain gaps in service; assist in determining priority areas; allow agencies access to local data in order to write successful state, federal, and foundation grant applications to address the identified needs; and evaluate progress over time on the impact agency programs have on the local youth. The ultimate goal is to improve the quality of life for the children and youth in Harrisonburg and Rockingham County.

Every two years in October the survey is administered to approximately half of all 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders in Harrisonburg City and Rockingham County. The students complete two surveys: one is the nationally recognized Pride Survey; and the other is the locally created Youth Data Survey based in part on the national Youth Risk Behavior Survey. Every 10 years a committee comprised of local agency representatives and interested community members evaluate the survey and make any necessary additions and revisions. JMU students assist OCY staff and help secure and train agency representatives and community volunteers to administer the survey. This report would not be possible without the support of our local schools, community organizations and many dedicated volunteers.

The survey was administered during the week of October 21, 2013 to youth in Harrisonburg City and Rockingham County. Surveys were completed by 1,778 students (approximately 833 females and 724 males) between the ages of 13 and 19.

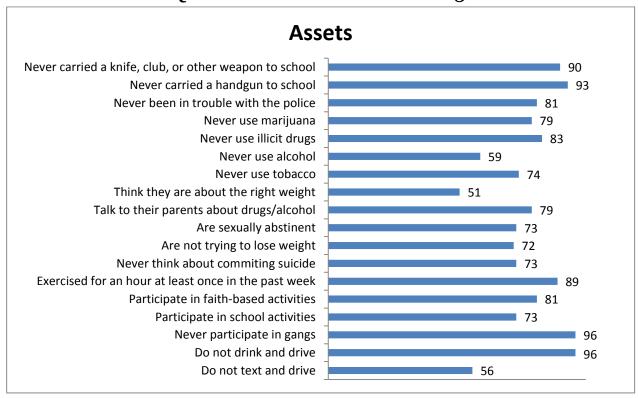
#### Navigation

This report presents information on key issues affecting the youth in our community. The Quick Facts section gives an overview of the assets and risk factors present in our youth. The data is then presented by categories for a more detailed investigation of assets and risk factors. Following the categories you will find some supporting data on parents. The final section includes Topical Fact Sheets that provide at-a-glance information on selected risk factors. The surveys are included in the appendix for your reference.

#### **Additional Information**

In addition to the data presented in this report, the OCY is available to make specialized presentations or reports for any interested group. Please contact Kim Hartzler-Weakley at 568-7083 or hartzlkm@jmu.edu with requests. Also, archived data from all administrations of the Youth Data Survey (1997-2011) is available on the OCY web site (theocy.org).

#### Quick Facts on Our Youth 2013



#### **Risk Factors**

#### **Sexual Activity**

Of sexually active youth (25.2%)

51.2% Use condoms

15.2% No method

6.1% Use withdrawal

20.4% Use birth control pill

4.8% Use birth control shot

#### **Tobacco Use**

6.0% Daily

10.2% Weekly

12.6% Monthly

26.1% Annually

#### **Gang Activity**

0.4% Participate a lot

0.4% often

0.7% Sometimes

1.5% Seldom

#### **Alcohol Use**

0.6% Daily

7.5% Weekly

17.9% Monthly

40.6% Annually

#### **Illicit Drug Use**

5.9% Daily

11.0% Weekly

16.6% Monthly

27.1% Annually

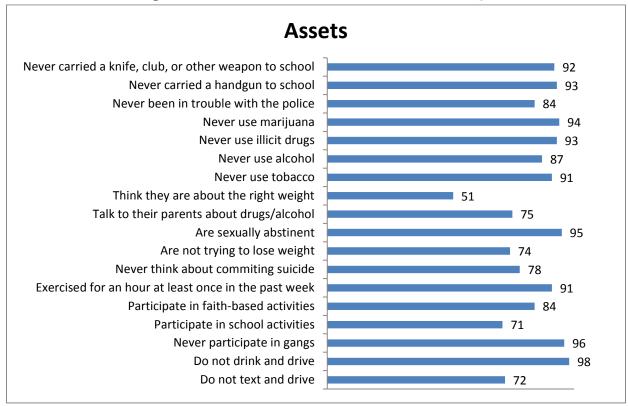
#### **Dangerous Weight Loss**

0.8% Vomit

1.0% Use Pills

0.4% Both Vomiting and Pills

## Quick Facts on Our 8th Graders 2013



#### **Risk Factors**

#### **Sexual Activity**

Of sexually active 8<sup>th</sup> Graders (6.4% of total) 50.0% - Use condoms

32.3%- Use no method 2.9%- Use withdrawal

8.8% - Use birth control

5.8%- Use birth control shot

#### **Alcohol Use**

0.2% - Daily

1.5% - Weekly

3.5% - Monthly

14.0%- Annually

#### **Gang Activity**

0.3% - Participate a lot

0.3% - Often

0.5% - Sometimes

1.3% - Seldom

#### **Tobacco Use**

0.7% - Daily

1.7% - Weekly

3.2% - Monthly

11.7% - Annually

#### **Illicit Drug Use**

0.6% - Daily

1.2% - Weekly

4.5% - Monthly

5.1% - Annually

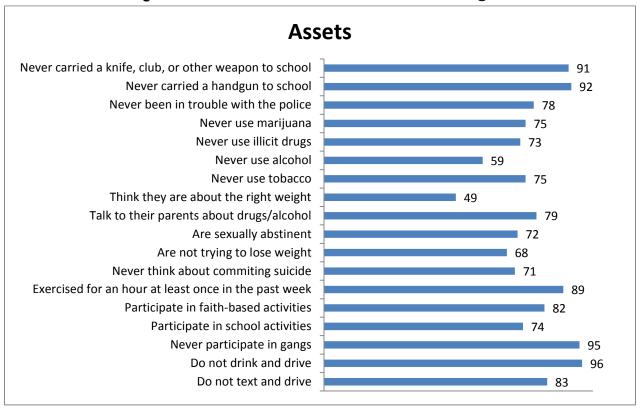
#### **Dangerous Weight Loss**

0.3% - Vomit

0.3% - Use Pills

0.3% - Both Vomiting and Pills

### Quick Facts on Our 10th Graders 2013



#### **Risk Factors**

#### **Sexual Activity**

Of sexually active 10<sup>th</sup> graders (27.4% of total)

61.5% - Use condoms

14.6% - Use no method

7.3% - Use withdrawal

12.8% - Use birth control pill

1.8% - Use birth control shot

#### **Alcohol Use**

1.0% - Daily

6.6% - Weekly

17.2% - Monthly

41.6% - Annually

#### **Gang Activity**

0.5% - Participate a lot

0.5% - Often

1.2% - Sometimes

1.5% - Seldom

#### **Tobacco Use**

5.7% - Daily

10.5% - Weekly

14.0% - Monthly

25.6% - Annually

#### **Illicit Drug Use**

3.7% - Daily

9.4% - Weekly

13.9% - Monthly

21.1% - Annually

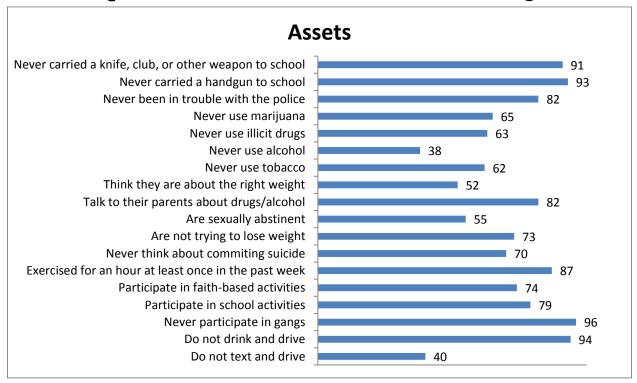
#### **Dangerous Weight Loss**

0.7% -Vomit

1.0% - Use Pills

0.3% - Both Vomiting and Pills

# Quick Facts on Our 12th Graders 2013



#### **Risk Factors**

#### **Sexual Activity**

Of sexually active 12th graders (44.9% of total)

45.9% - Use condoms

12.1% - Use no method

6.0% - Use withdrawal

27.4% - Use birth control pill

6.5% - Use birth control shot

#### **Alcohol Use**

0.5% -Daily

9.3%- Weekly

38.6% - Monthly

62.5% - Annually

#### **Gang Activity**

0.5% - Participate a lot

0.4% - Often

0.4% - Sometimes

1.8% - Seldom

#### **Tobacco Use**

15.3% - Daily

23.1% - Weekly

30.6% - Monthly

38.4% - Annually

#### **Illicit Drug Use**

8.0% - Daily

13.8% - Weekly

17.5% - Monthly

32.1% - Annually

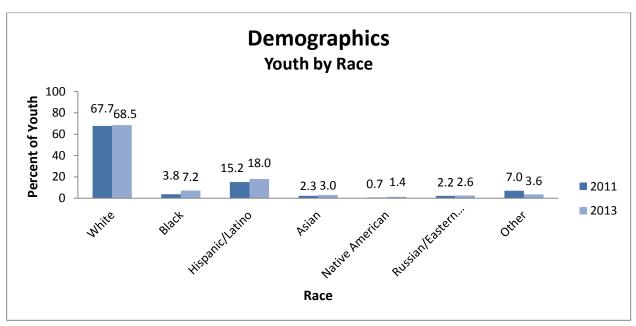
#### **Dangerous Weight Loss**

1.4% - Vomit

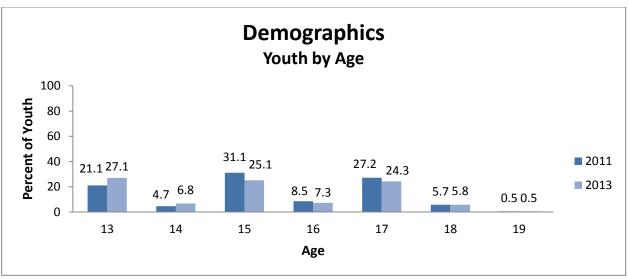
1.8% - Use Pills

0.5% - Both Vomiting and Pills

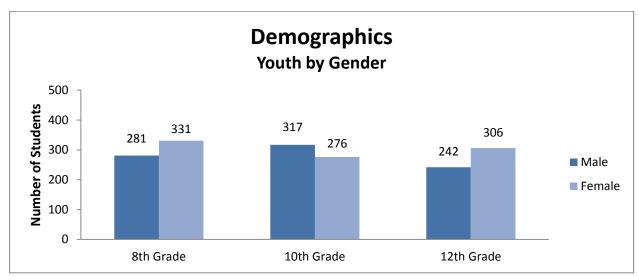
# Demographics 2013



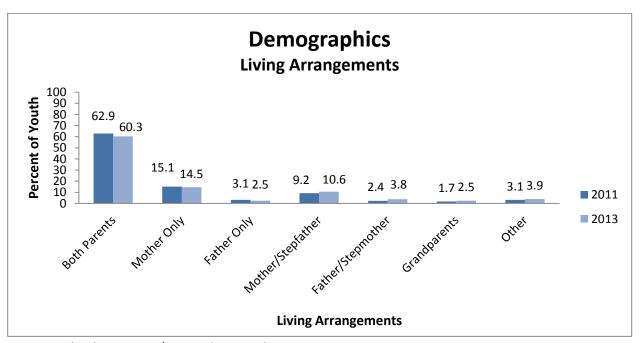
Source: Rockingham County/Harrisonburg Youth Survey



Source: Rockingham County/Harrisonburg Youth Survey



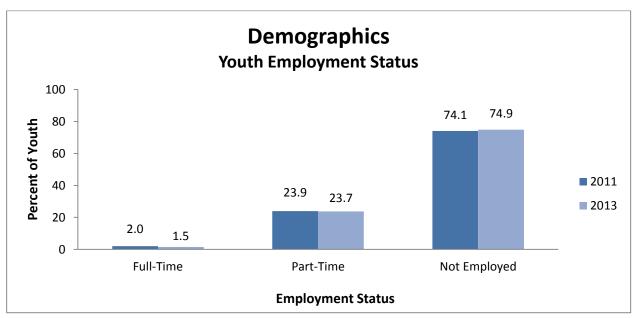
Source: PRIDE Survey



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

The majority of teens still live with both parents, although the number has decreased by 2.6% since 2011.

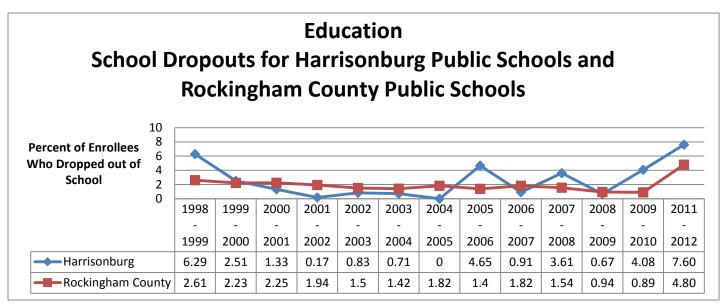


Source: PRIDE Survey

#### What the numbers and other information told us:

The majority of youth are not employed (74.9%), a slight increase from 2011. 25.2% of youth are employed (full or part time), a slight decrease from 25.9% in 2011.

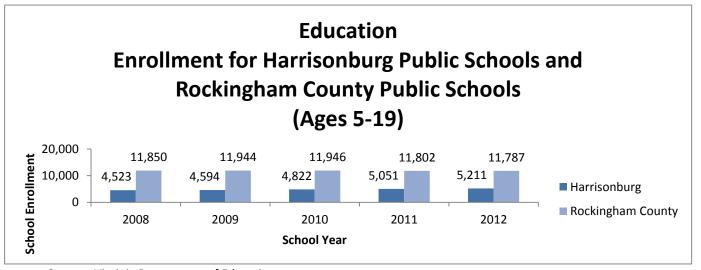
## Education 2013



Source: Virginia Department of Education

#### What the numbers and other information told us:

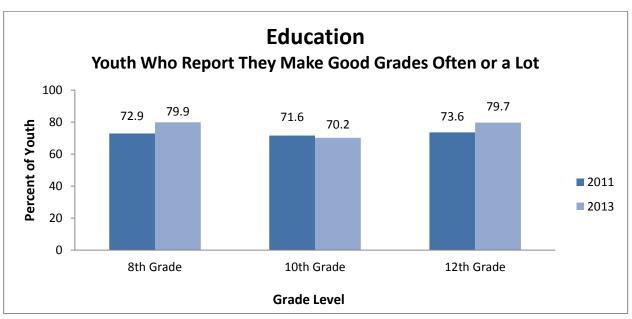
Both Harrisonburg's and Rockingham County's dropout rate rose sharply for the 2011-2012 school year.



Source: Virginia Department of Education

#### What the numbers and other information told us:

Since 2009 Rockingham County has seen a slight but steady decline in the number of students enrolled in public schools. Harrisonburg has seen a steady incline in enrollment since 2008.



Source: PRIDE survey

#### What the numbers and other information told us:

Students in  $8^{th}$  and  $12^{th}$  grades show an increase in percentage of who make good grades often or a lot, while  $10^{th}$  graders show a small decrease.





51.2%

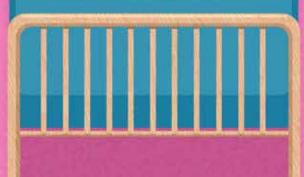
OF TEENS WHO ARE
SEXUALLY ACTIVE SAY
THAT THEY USE
CONDOMS— THE MOST
POPULAR BIRTH CONTROL
CONTRACEPTIVE.

73%

OF TEENS SAY THAT THEY ARE SEXUALLY ABSTINENT.

#### -

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13.1%

OF TEENS SAY THEY DRANK ALCOHOL OR USED DRUGS BEFORE THE LAST TIME THEY HAD SEXUAL INTERCOURSE.

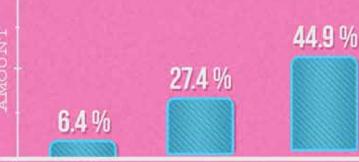


THE RATE OF TEEN" PREGNANCY IN HARRISONBURG MORE THAN DOUBLES THE TEEN PREGNANCY RATE IN ALL OF VIRGINIA.

33.2 PER LOGO TEEN PREGNAMIVITATE

14.3 PER 1,000 TEEN PREGNANCY RATE

PERCENTAGE OF YOUTH WHO HAVE HAD SEXUAL INTERCOURSE



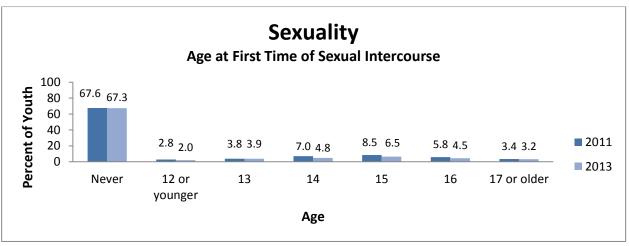
10TH GRADE 12TH



8TH

TEEN CHILDBEARING IN VIRGINIA COST TAXPAYERS AT LEAST \$183 MILLION IN 2010. NATIONALLY, TEEN CHILDBEARING COSTS TAXPAYERS AT LEAST \$9.4 BILLION EACH YEAR.

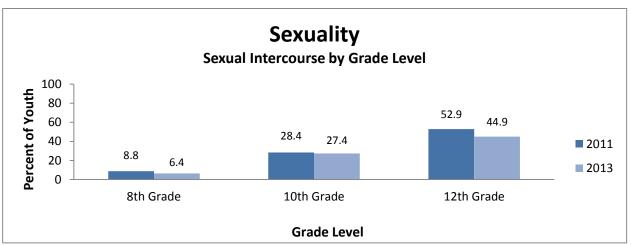
# Sexuality 2013



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

The number of youth remaining abstinent is fairly equivalent to that reported in 2011, with only a 0.3% decrease.

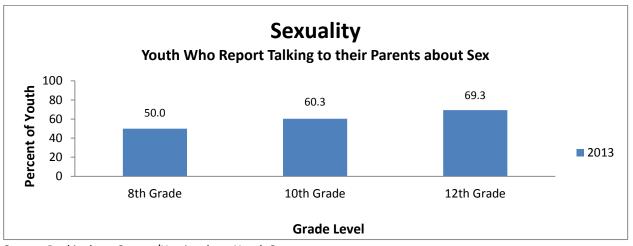


Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

Sexual activity has decreased in 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders. The most significant decrease is seen in 12<sup>th</sup> graders (8.0%).

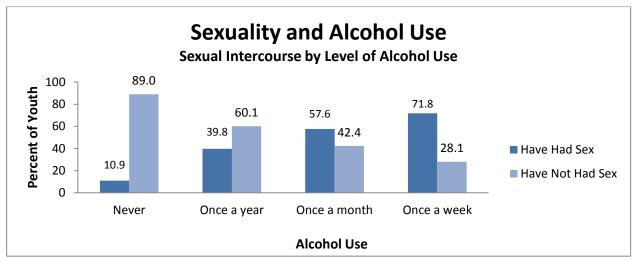
In 2013, 73.1% of teens say that they are sexually abstinent. 74.9% of youth agree that abstinence is the only 100% effective way to prevent pregnancy and the spread of sexually transmitted infection(s). This number has increased slightly from 2011 (74.1%).



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

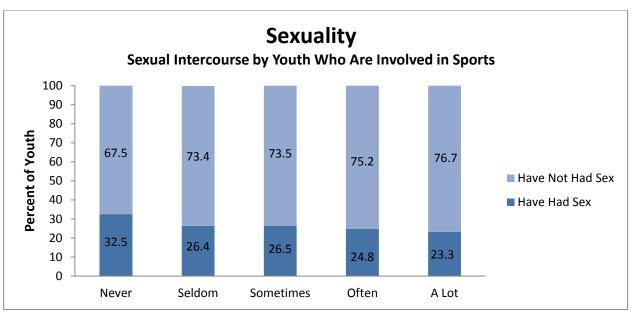
There is a steady increase in the amount that youth talk to their parents about sex, reaching 69.3% by the time they are in 12<sup>th</sup> grade.



Source: Rockingham County/Harrisonburg Youth Survey

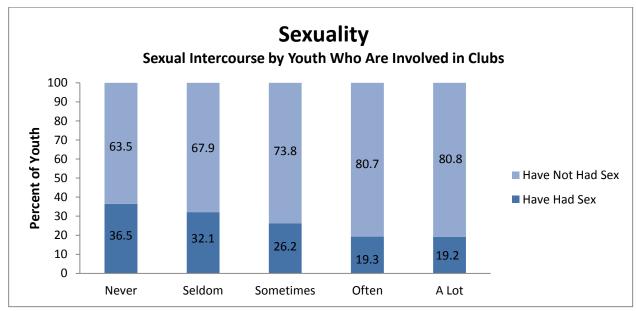
#### What the numbers and other information told us:

Of youth that do not use alcohol, only 10.9% report having had intercourse. Conversely, of youth that use alcohol once a week, 71.8% report having had intercourse.



#### What the numbers and other information told us:

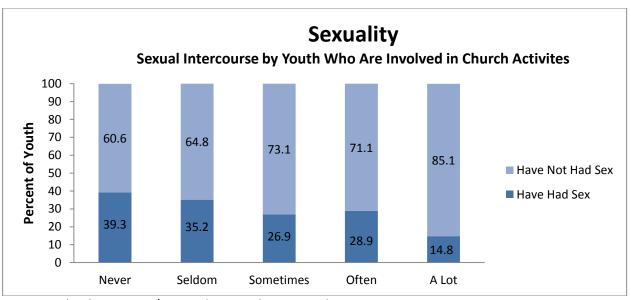
Of youth who are never involved in sports, there is a higher proportion (32.5%) that are sexually active than those that are involved in sports a lot (23.3%).



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

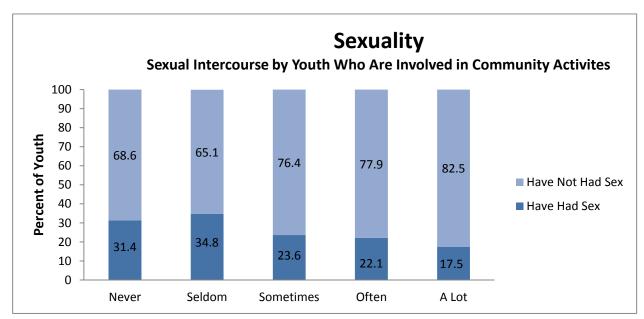
#### What the numbers and other information told us:

The proportion of sexually active youth who are never involved in clubs is almost double that of those that are involved in clubs a lot.



#### What the numbers and other information told us:

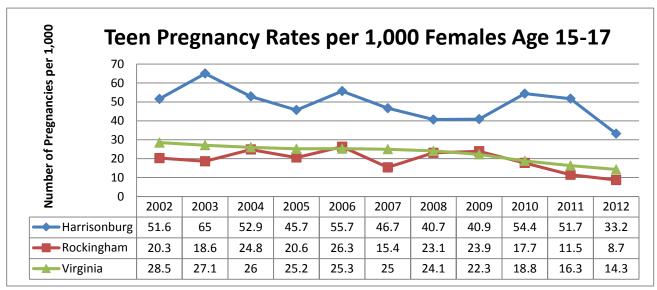
Of youth who are never involved in church activities, there is a higher proportion (39.3%) that are sexually active than those that are involved in church activities a lot (14.8%).



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

The proportion of sexually active youth who are never involved in community activities is almost double that of those that are involved in community activities a lot.

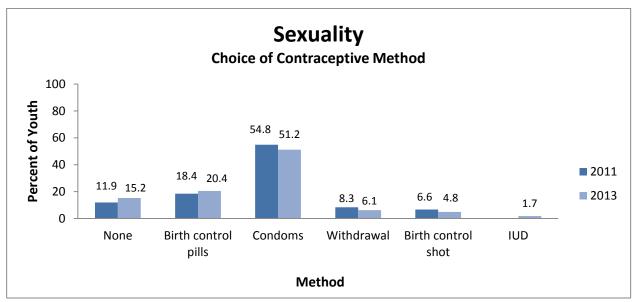


Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

In 2012, the rate of teen pregnancy among females age 15-17 in Harrisonburg (33.2 per 1,000) was more than double the teen pregnancy rate among females age 15-17 in Virginia (14.3 per 1,000). However, this was a large decrease from the Harrisonburg rate in 2011 (51.7).

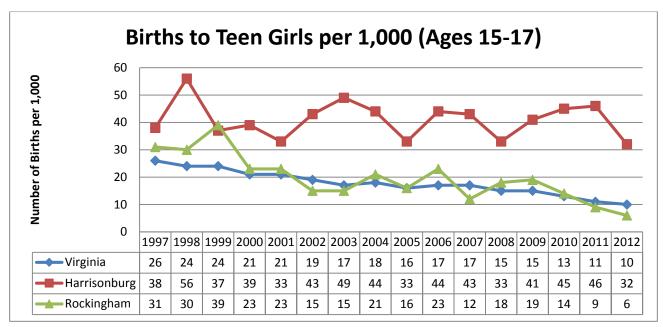
There was a decrease in this rate in Rockingham County beginning in 2009, but it has been dropping in Virginia since 2006.



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

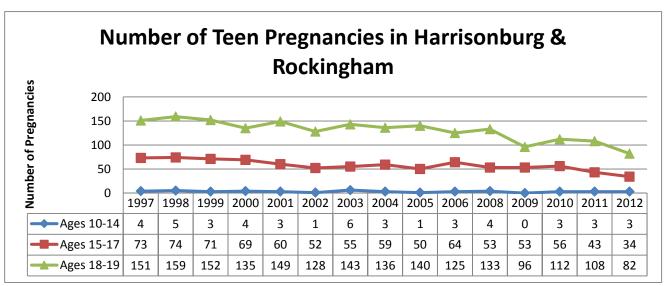
In 2013, 15.2% of teens who are sexually active say that they do not use any form of protection. This is a 3.3% increase since 2011. There was a 3.6% decrease in the use of condoms and a 2.0% increase in the use of birth control pills.



Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

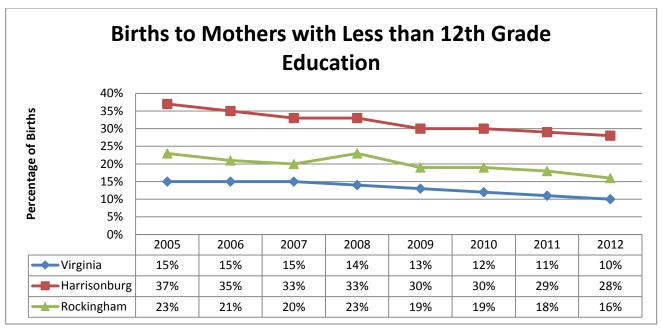
In 2012, the rate of births to teen girls age 15-17 in Harrisonburg (32 per 1,000) was more than triple the birth rate among teen girls age 15-17 in Virginia (10 per 1,000).



Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

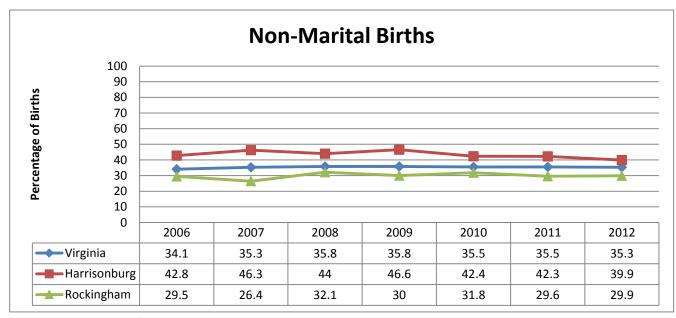
Harrisonburg and Rockingham County experienced a decrease in teen pregnancies in all age groups between 2010, 2011, and 2012.



Source: Kids Count Data Center, Annie E. Casey Foundation

#### What the numbers and other information told us:

In 2012, the percentage of births to mothers with less than 12<sup>th</sup> grade education in Harrisonburg (28%) is almost triple the percentage for Virginia. The same statistic in Rockingham County is 6% higher than the percentage for the state of Virginia. All births to mothers with less than 12<sup>th</sup> grade education for Virginia, Harrisonburg and Rockingham have slightly decreased since 2008.



Source: Virginia Center for Health Statistics

#### What the numbers and other information told us:

The non-marital birth rate in Harrisonburg has consistently been above the non-marital birth rate of Virginia since 2004. Note: the figures provided for non-marital births should not be used as a proxy for unplanned pregnancies.



20.6%

OF TEENS FEEL IT IS VERY EASY TO GET ALCOHOL PRODUCTS.



TEENS SAY THAT THEIR FRIENDS DRINK ALCOHOL A LOT.

THE AVERAGE AGE AT FIRST DRINK IS



17.9%

OF TEENS REPORT THEY USE ALCOHOL MONTHLY.





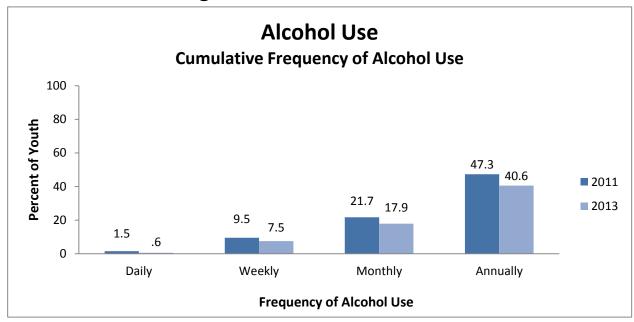
OF TEENS FEEL THAT THEIR PARENTS WOULD THINK THAT IT WOULD BE VERY WRONG IF THEY USED ALCOHOL.



SERVICES

- 2013 YOUTH DATA SURVEY (WWW.THEOCY.ORG)

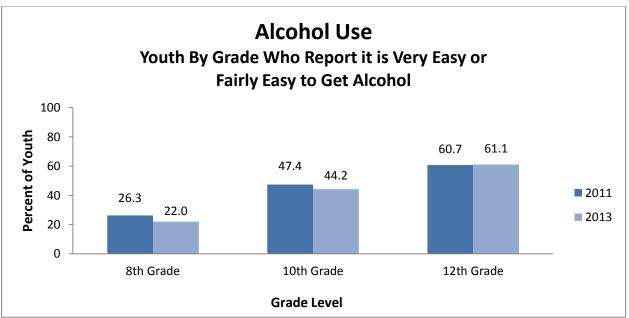
# Alcohol Use 2013



Source: PRIDE Survey

#### What the numbers and other information told us:

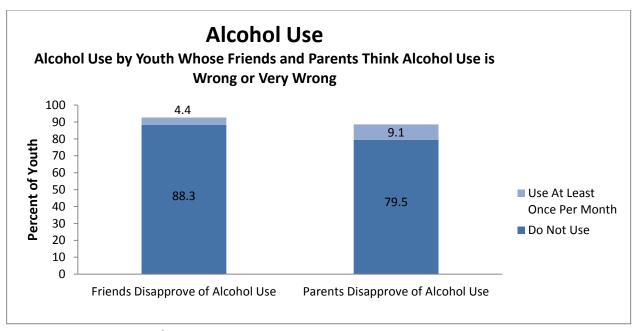
There has been a drop in the daily, weekly, monthly and annual use of alcohol since 2011.



Source: PRIDE Survey

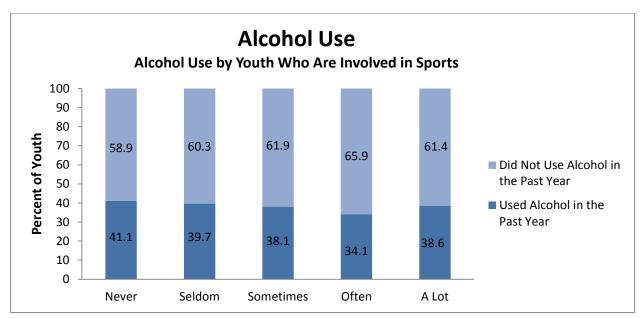
#### What the numbers and other information told us:

The number of youth reporting that it is very easy or fairly easy to get alcohol decreased by approximately 3% in  $8^{th}$  and  $10^{th}$  graders, but increased slightly for  $12^{th}$  graders.



#### What the numbers and other information told us:

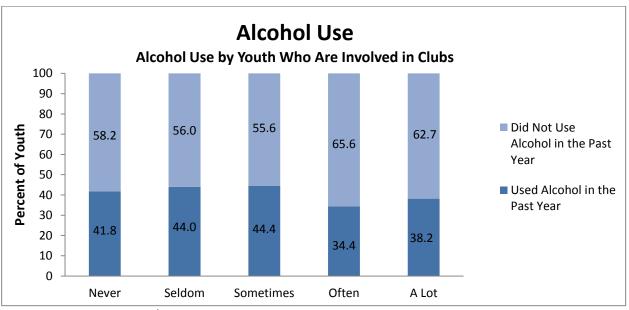
Only 4.4% of students whose friends disapprove of alcohol use drink at least once per month. Similarly, only 9.1% of youth whose parents disapprove of alcohol use drink at least once per month.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

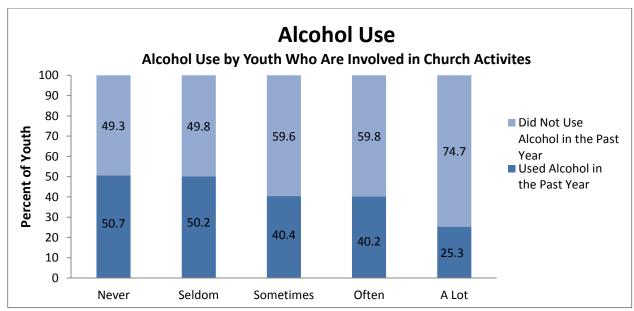
#### What the numbers and other information told us:

A lower proportion of youth (34.1% and 38.6%) who are involved in sports often and a lot used alcohol than those that are never involved in sports (41.1%).



#### What the numbers and other information told us:

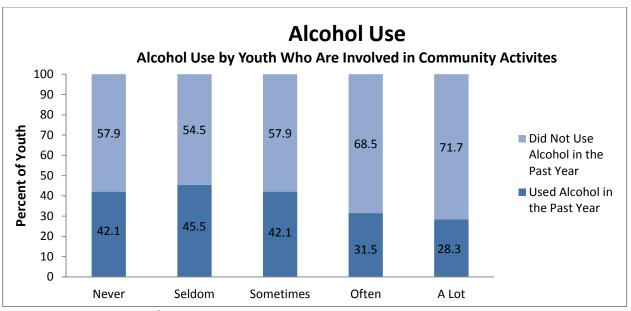
A lower proportion of youth (34.4% and 38.2%) who are involved in clubs often and a lot used alcohol than those that are never involved in clubs (41.8%).



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

Of youth who participate in church activities a lot, only 25.3% have used alcohol in the past year. This is half the portion of youth (50.7%) who never participate in church activities and have used alcohol in the past year.



#### What the numbers and other information told us:

Of youth who are never involved in community activities, there is a higher proportion (42.1%) that used alcohol in the past year than those that are involved in community activities a lot (28.3%).

S M T W T F S

10.2%

OF TEENS REPORT THEY USE TOBACCO WEEKLY.

10%

OF TEENS REPORT THEY HAVE USED SYNTHETIC MARIJUANA

# IS IT HARMFUL?

THIS MANY TEENS THINK MARLUANA IS:



32.4%

24.1%

OF TEENS REPORT THEY HAVE USED TOBACCO.

21.5%

OF TEENS REPORT THEY HAVE USED MARIJUANA.



22.2%

OF STUDENTS REPORT IS IS VERY EASY TO GET TOBACCO PRODUCTS

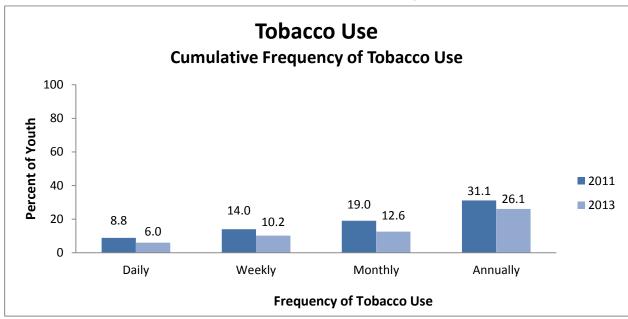
THE FACTS ON

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SOUTHCES:

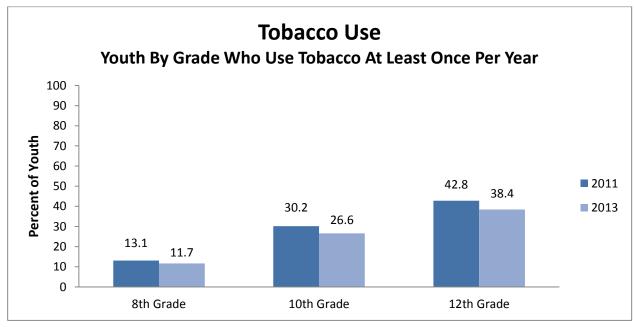
- 2013 YOUTH DATA SURVEY YWWW.THEOCY.ORGI

Tobacco Use 2013



#### What the number and other information told us:

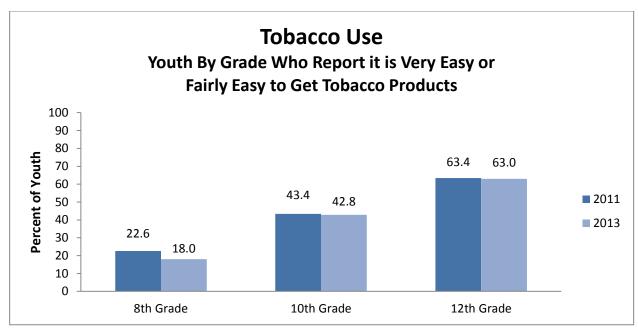
There has been a decrease in the overall use of tobacco in all grades from 2011.



Source: PRIDE Survey

#### What the numbers and other information told us:

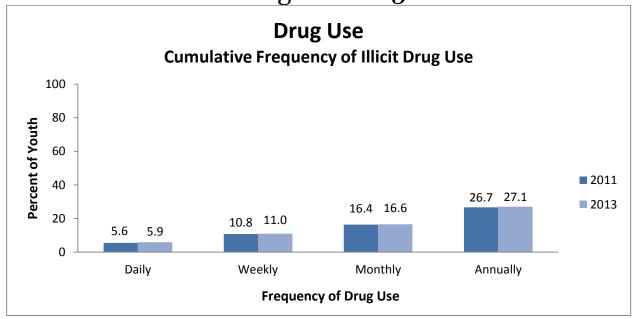
All grades have seen a significant decrease in the use of tobacco annually since 2011.



#### What the numbers and other information told us:

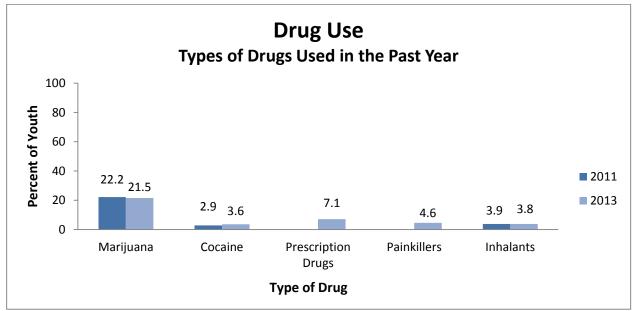
The ease of access to all types of tobacco products has slightly decreased among all grades. 83.3% of youth feel that tobacco use is harmful or very harmful.

Drug Use 2013



#### What the numbers and other information told us:

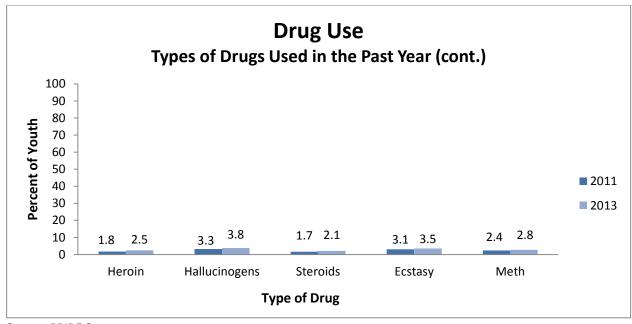
There were slight increases in the daily, weekly, and monthly, and annual frequency of drug use since 2011.



Source: PRIDE Survey

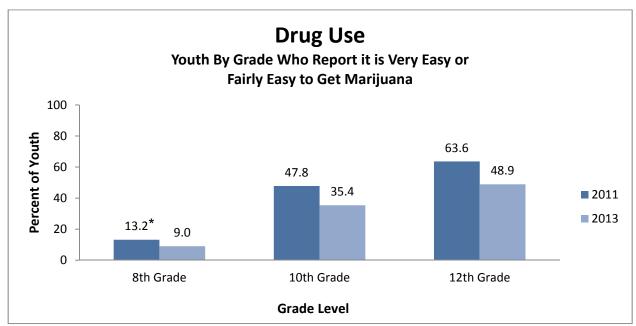
#### What the numbers and other information told us:

Marijuana remained the most used drug and its usage decreased slightly from 2011.



#### What the numbers and other information told us:

There has been a slight increase in the use of Heroin, Hallucinogens, Steroids, Ecstasy, and Meth since 2011.

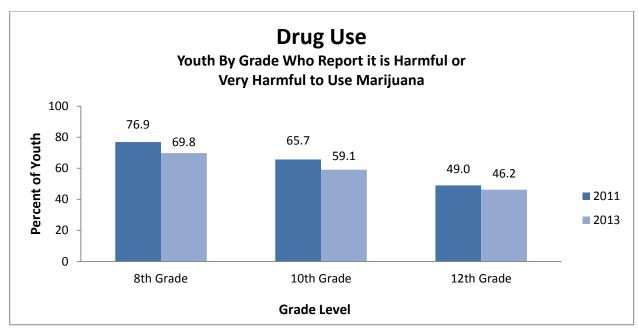


\*This statistic is revised since the 2011 report.

Source: PRIDE Survey

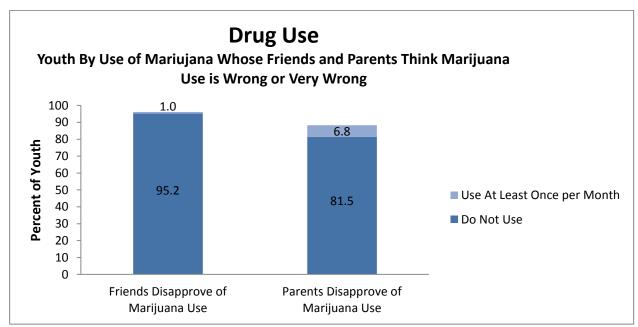
#### What the numbers and other information told us:

There has been a decrease in the number of students reporting that it is very easy or fairly easy to get marijuana.



#### What the numbers and other information told us:

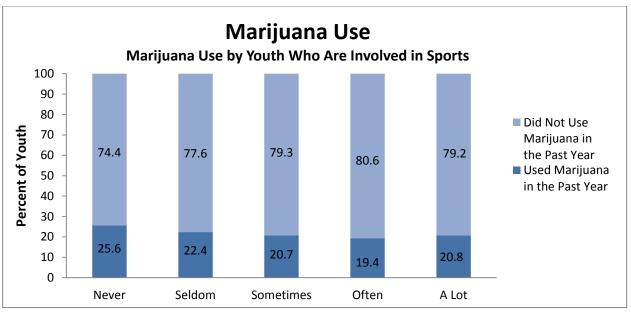
There was a drop in the percentage among all grade levels who view marijuana as harmful or very harmful. 32.4% of youth feel that using marijuana is very harmful to their health.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

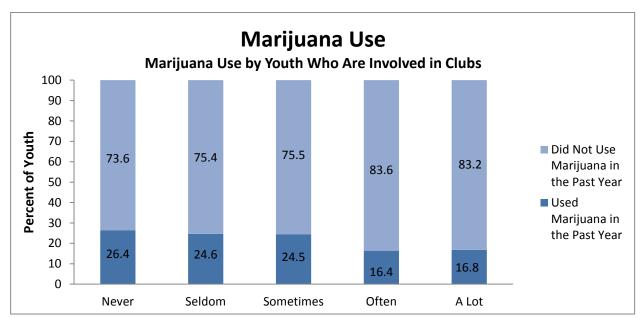
Of youth whose friends disapprove of marijuana use, only 1% use the drug at least once per month. Similarly, of youth whose parents disapprove of marijuana use, only 6.8% use the drug at least once per month.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

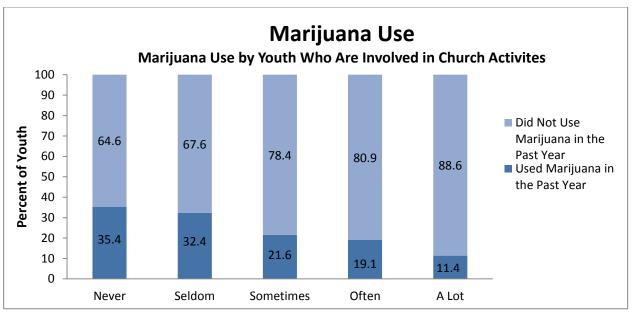
Of youth who are never involved in sports, there is a higher proportion (26.6%) that used marijuana in the past year than those that are involved in sports a lot (20.8%).



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

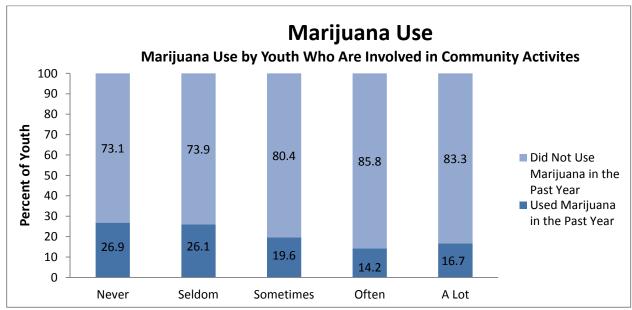
Of youth who participate in clubs a lot, only 16.8% have used marijuana in the past year. This is 10% less than the portion of youth who never participate in clubs and have used marijuana in the past year.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

Of youth who participate in church activities a lot, only 11.4% have used marijuana in the past year. This is about one third the portion of youth (35.4%) who never participate in church activities and have used marijuana in the past year.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

Of youth who participate in community activities a lot, only 16.7% have used marijuana in the past year. This is 10% less than the portion of youth who never participate in community activities and have used marijuana in the past year.

## Drug Use 2013

### Youth Nationwide Who Use Illicit Drugs

PRIDE	Daily	Weekly	Monthly	Annually
2011	5.6%	10.7%	16.3%	26.7%
2013	5.2%	9.2%	14.6%	22.2%

Source: PRIDE National Survey

## Harrisonburg/Rockingham Youth Data Survey

PRIDE	Daily	Weekly	Monthly	Annually
2011	5.6%	10.8%	16.4%	26.7%
2013	5.9%	11.0%	16.6%	27.1%

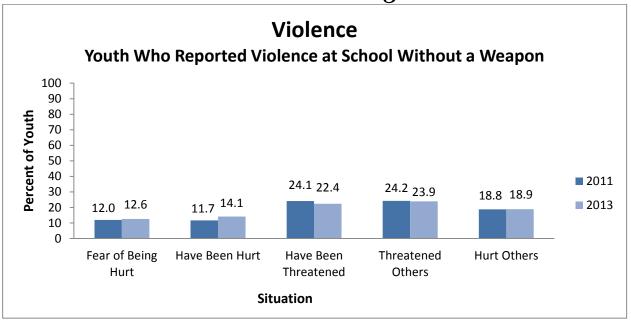
Source: PRIDE Survey

#### What the numbers and other information told us:

Illicit drug use has increased slightly in Harrisonburg City/Rockingham County as well as nationally.

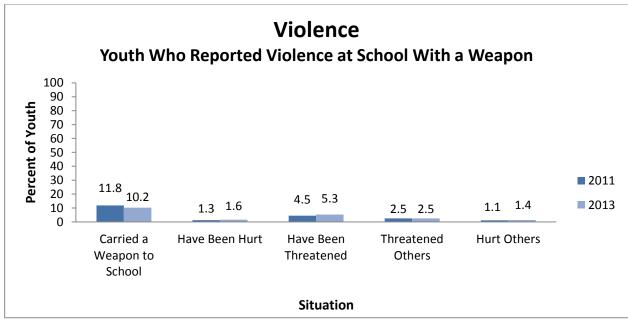
The Harrisonburg/ Rockingham use of illicit drugs is slightly higher than the national average for weekly, monthly, and annual use of illicit drugs.

Violence 2013



#### What the numbers and other information told us:

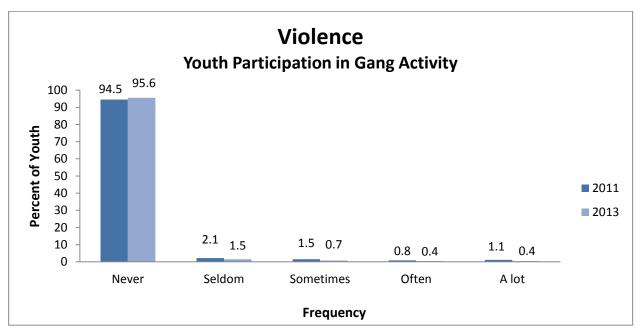
There was an increase in students reporting a fear of being hurt and being hurt at school without a weapon.



Source: PRIDE Survey

#### What the numbers and other information told us:

There was a 1.6% decrease in students who reported having carried a weapon to school.



#### What the numbers and other information told us:

The majority of teens still do not report participating in gang activity. The numbers have stayed relatively the same since 2011.

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59.7%

OF TEENS SAY THEY HAVE EXERCISED AT LEAST 4 DAYS IN THE PAST WEEK



50.7%

OF TEENS SAY THEY ARE ABOUT THE RIGHT SIZE

29.4%

OF TEENS SAY THEY ARE SLIGHTLY OVERWEIGHT

#### WHAT TEENS REPORT EATING IN THE LAST WEEK

COOKIES, CANDY, DOUGHNUTS OR PIZZA 7898

FRENCH FRIES OR POTATO CHIPS 71%

SODA 6296
COOKED VEGETABLES 6296
OREEN SALAD 4796
WATER 9096



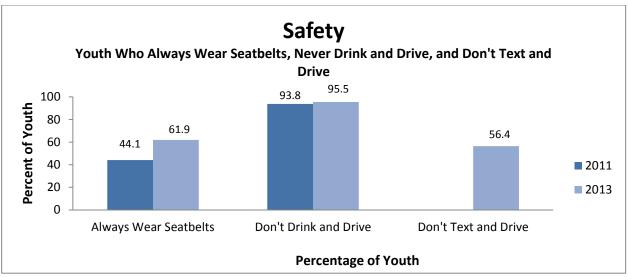
73.1%

OF TEENS SAY THEY HAVE NEVER THOUGHT ABOUT COMMITTING SUICIDE.

29.9%

OF TEENS SAY THEY WOULD NOT TELL ANYONE IF THEY
WERE SERIOUSLY THINKING ABOUT SUICIDE.

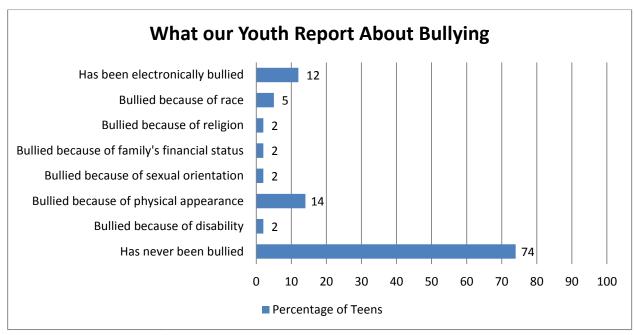
## Safety 2013



Source: Rockingham County / Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

The percentage of teens who always wear a seatbelt increased significantly (17.8%), and those that don't drink and drive also increased (1.7%). A new question revealed that 56.4% of teenagers don't text while driving.

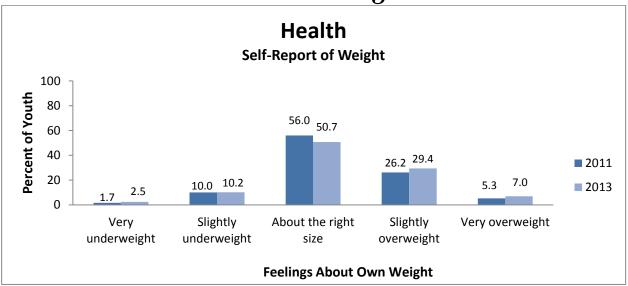


Source: Rockingham County / Harrisonburg Youth Survey

#### What the numbers and other information told us:

Although most students report they have never been bullied, 14% of been bullied because of their physical appearance, and 12% have been electronically bullied. This is a new question added in 2013.

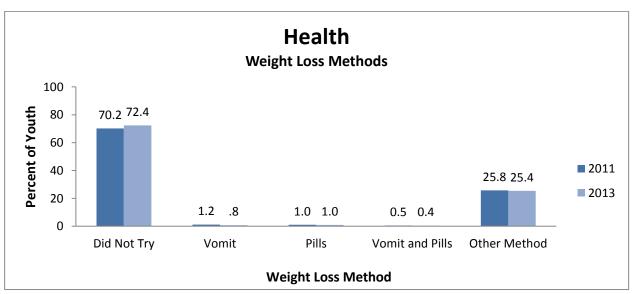
# Health 2013



Source: Rockingham County/ Harrisonburg Youth Survey

#### What the numbers and other information told us:

There was a decrease (5.3%) from 2011 in the number of youth who feel that they are about the right weight. There was a slight increase in the number of youth who feel that they are very underweight and slightly underweight, and a 3.2% increase in those that reported feeling slightly overweight.



Source: Rockingham/Harrisonburg Youth Survey

#### What the numbers and other information told us:

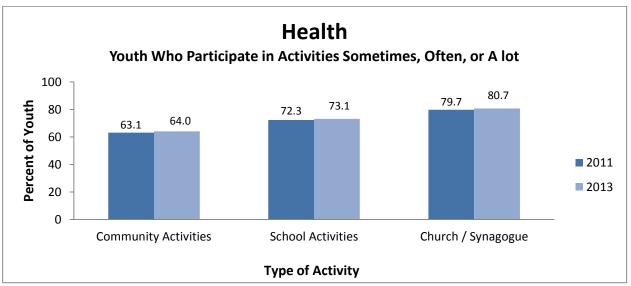
Weight loss methods remained relatively consistent from 2011 to 2013.



Source: Rockingham County/Harrisonburg Youth Survey

#### What the numbers and other information told us:

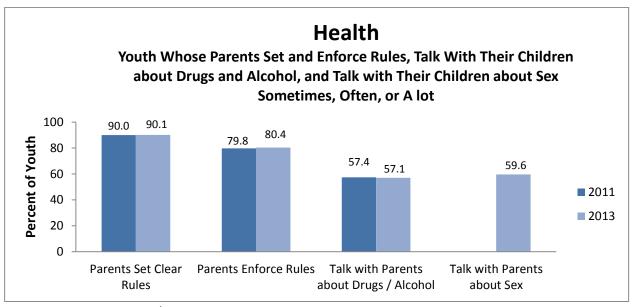
Over a quarter (28.1%) of students report having exercised all seven days of the prior week. However, 12.1% report having not exercised at all during that time period. This is a new question added in 2013.



Source: PRIDE Survey

#### What the numbers and other information told us:

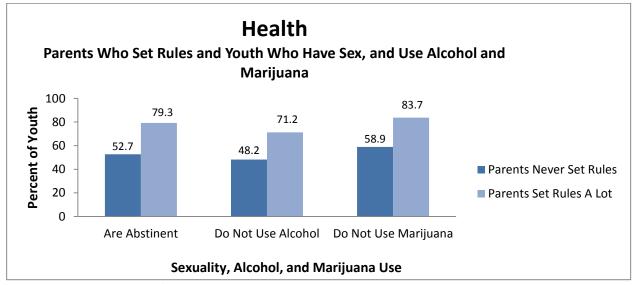
There were increases in the teens who participate in (community, school, and church) activities sometimes, often, or a lot.



Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

The reported rate at which parents set and enforce rules, and discuss drugs and alcohol with their children remained relatively consistent from 2011 to 2013. A new question on the 2013 survey revealed that, overall, 59.6% of youth report having discussions about sex with their parents.

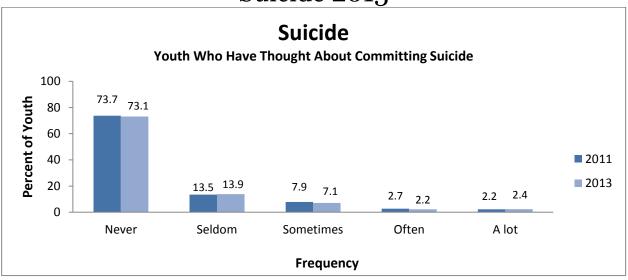


Source: Rockingham County/Harrisonburg Youth Survey and PRIDE Survey

#### What the numbers and other information told us:

Children of parents who never set rules are less likely to abstain from sex, alcohol use, and marijuana use than children of parents who set rules a lot.

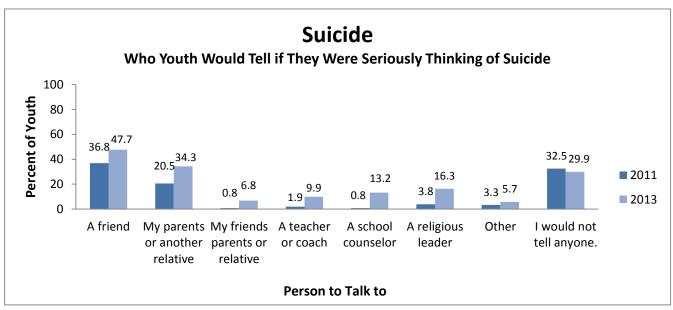
# Suicide 2013



Source: PRIDE Survey

#### What the numbers and other information told us:

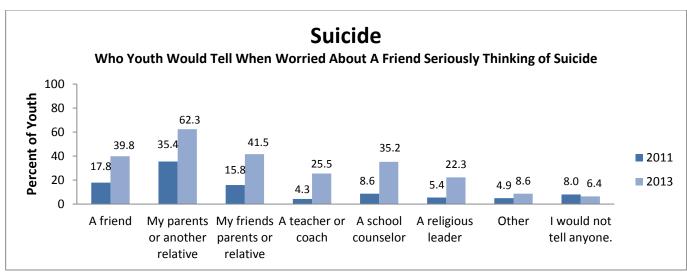
The number of students who have never thought about committing suicide slightly decreased by 0.6% from 2011.



Source: Rockingham County/ Harrisonburg Youth survey

#### What the numbers and other information told us:

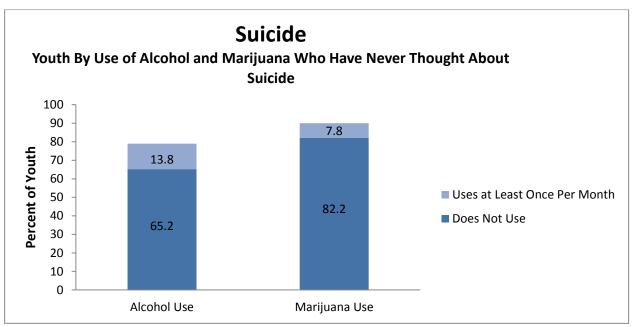
29.9% of teens say they would not tell anyone if they were seriously thinking of suicide (a decrease of 2.6% from 2011). The significant increases in the other results may be due to respondents' ability to select more than one option for the 2013 survey.



Source: Rockingham County/ Harrisonburg Youth Survey

#### What the numbers and other information told us:

A low portion (6.4%) of youth would not tell anyone if their friend was seriously thinking about suicide, which is a 1.6% decrease from 2011. Most teens (62.3%) would tell a parent or relative if they were worried about a friend committing suicide. The significant increases in the other results may be due to respondents' ability to select more than one option for the 2013 survey.



Source: Rockingham County/ Harrisonburg Youth Survey

#### What the numbers and other information told us:

Of youth that have never thought about suicide, 13.8% use alcohol at least once per month and 7.8% use marijuana at least once per month. These statistics are lower than those for the overall population (17.9% for monthly alcohol use and 9.9% for monthly marijuana use).

# **Parental Information**

Reported by Youth

### **Parent's Employment Status**

	Full-Time	Part - Time	Not Employed
Father	79.0%	6.5%	6.6%
Mother	62.7%	16.8%	14.7%

#### **Education Level of Parents**

	Some High	High school	Some College	College Graduate
	School	Graduate		
Father	15.5%	28.9%	9.3%	29.9%
Mother	15.5%	24.4%	13.2%	37.6%

Source: Harrisonburg/Rockingham County Youth Survey

# Youth Data Survey 2013

### **Alcohol Use**

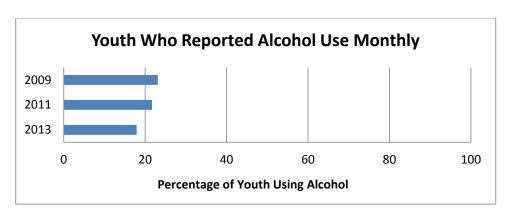
**20.6%** of teens feel it is very easy to get alcohol products.

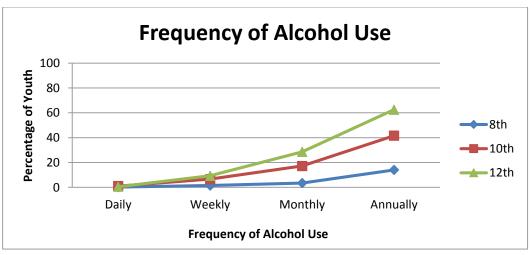
**67.2%** of teens feel that their parents would think that it would be very wrong if they used alcohol.

**10.2%** of teens say that their friends drink alcohol a lot.

**59%** of teens have never had alcohol.

**59.7%** of teens feel that drinking beer is very harmful to their health.





# Youth Data Survey 2013

### **Depression and Suicide**

**37.7%** of teens would tell a parent or relative if they were worried about a friend committing suicide.

**73.1%** of say that they never have thought about committing suicide.

**81.3%** of teens say that they have not

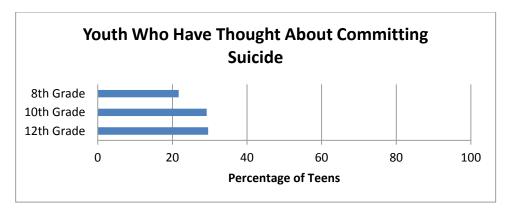
intentionally hurt their bodies in the last six months.

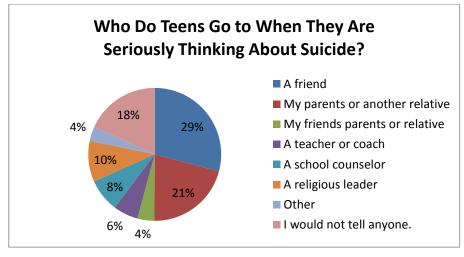
**47.7%** of teens

would tell a friend if they were seriously thinking about committing suicide.

**6.4** % of teens say

they would not tell anyone if they were seriously thinking about suicide.





# Youth Data Survey 2013 Drug Use

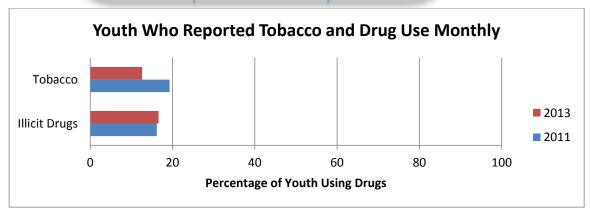
74.1% of teens have never used tobacco.

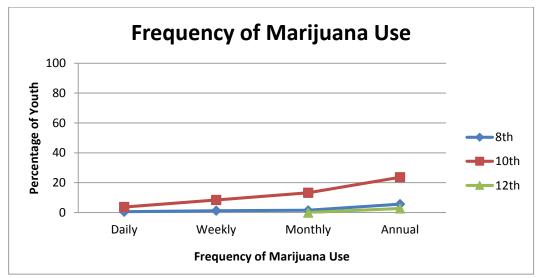
21% of teens report they have used marijuana.

10.2% of teens report they use tobacco weekly.

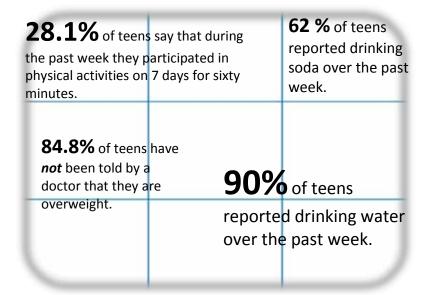
32.4% of teens feel
that using marijuana is very harmful to health.

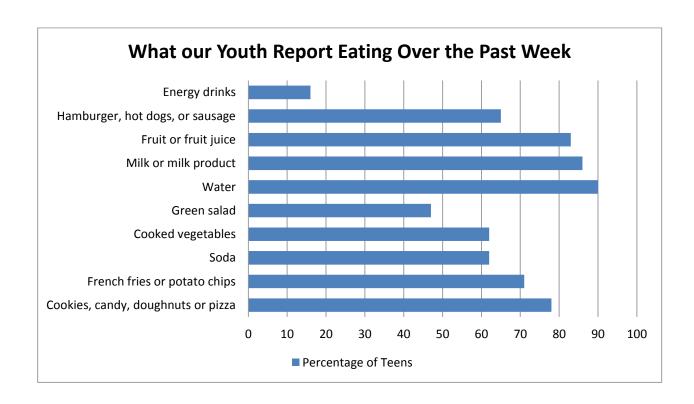
31.1% of teens say it is very easy to get tobacco products.





# Youth Data Survey 2013 Exercise and Nutrition





# Youth Data Survey 2013 Safety

**61.9%** of teens say they always wear a seatbelt when riding in somebody else's vehicle.

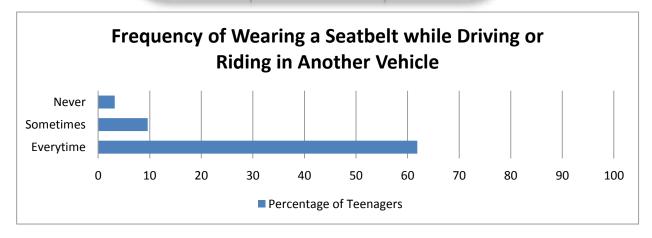
64% of teens say they rarely wear a helmet while riding a bicycle.

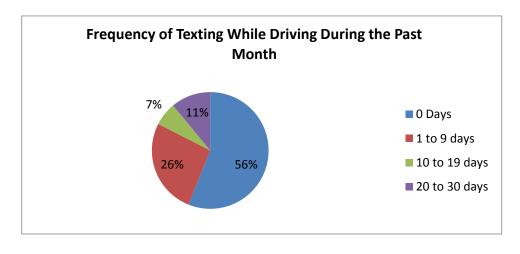
**92.9%** of teens say they feel safe in their neighborhoods.

**95.5%** of teens say they do not drink and drive.

**58.4%** of teens say they feel safe on the school bus.

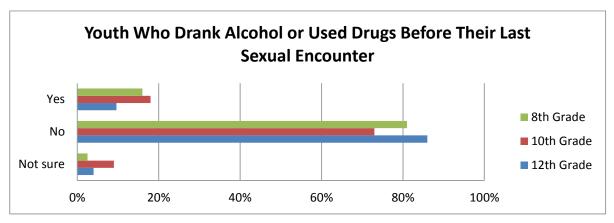
**57.3%** of teens say they feel safe in the hallways at school.

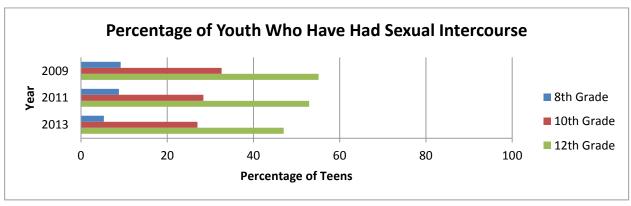




# Youth Data Survey 2013 Sexuality

73% of teens **13.1%** of teens say they drank say that they are alcohol or used drugs before the last time they had sexual sexually abstinent. intercourse. **51.8%** of teens who are sexually active say that they use condoms. **74.9%** of teens 15.2% of teens who are agree that abstinence sexually active say that they do is the only 100% not use any form of protection. effective way to prevent pregnancy.





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· Use a No. 2 pencil only

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# THE PRIDE QUESTIONNAIRE FOR GRADES 6-12 May not be used without permission of Pride Surveys.

I. PERSONAL AND I	FAMILY INFORMATION	N			
1. Ethnic Origin:	3. Age:	4. Grade:	5. Do you live with	7. Do your parents have a job	?
White	☐ 10 years old or less	O6	oboth parents	father?	mother?
African American	11 years old	07	omother only	<ul> <li>Yes, full-time</li> </ul>	0
Hispanic/Latino	12 years old	08	ofather only	O Yes, part-time	0
Asian/Pacific	13 years old	O9	omother & stepfather	O No	0
Slslander	14 years old	O10	Ofather & stepmother	8. What is the educational level of	
Native American	15 years old	011	Oother	father?	mother?
Mixed Origin	16 years old	O12	6. Do you have a job?	o some high school	0
2. Sex:	O17 years old		Yes, full-time	<ul> <li>high school graduate</li> </ul>	0
Male	18 years old		Yes, part-time	o some college	0
Female	19 years old or more		ONo	o college graduate	0
O' O	0.00,000		0	0	
II. STUDENT INFORMATION  1. Do you make good grade	Alega Para Para Para Para Para Para Para Pa		13. Do your parents pu	1, 1	
Do you get into trouble at		0000			0000
3. Do you take part in school		0000			0000
4. Do you take part in school		0000			0000
band, clubs, etc?	or delivings sport as	0000			0000
5. Do you take part in comm	nunity activities such	0000			0000
as scouts, rec. teams, yo		0000			0000
6. Do you attend church, sy		0000		e prescription drugs not	
7. Do your parents talk with		F-10	prescribed to them	?	0000
tobacco, alcohol and dru		0000	21. Have you had 5 or	more glasses of beer, coolers,	
8. Do your teachers talk wit	h you about the problems of	100	breezers or liquor	within a few hours?	0000
tobacco, alcohol and dru	g use?	0000	0	-	YES NO
9. Have you skipped school	without your	100	22. Does your school a	ask any students to take a drug test?	(A) (B)
parents' permission in the	e past year?	0000	<ul> <li>23. Do you think that y</li> </ul>	ou are overweight?	(A) (B)
10. Does your school set cle	ar rules on	199		ou that you are overweight?	(Y) (D)
using drugs at school?		0000	All Administration promises on sections of	r sold drugs AT school?	(A) (B)
11. Does your school set cle	ar rules on		Children and Children and Children and Children	r sold drugs when NOT at school?	(A) (B)
<ul> <li>bullying or threatening ot</li> </ul>		0000		gun for protection or as a weapon	188
12. Do your parents set clear		0000		ol in the past year?	0 0
1. Used tobacco (cigarettes 2. Drunk alcohol (beer, coo 3. Smoked marijuana (pot, 4. Used cocaine (crack, etc.	s, cigars, dip, etc.)?		IN OTHER W  1. Smoke one or more 2. Have five or more d		0000
5. Used inhalants (glue, gas		0000		nks of an alcoholic beverage	
6. Used hallucinogens (PCI		0000		r) nearly every day?	0000
7. Used heroin (opiates)?		0000			0000
8. Used steroids?	The state of the s	0000		igs that are not prescribed	
9. Used ecstasy (MDMA)?		0000			0000
10. Used meth (crystal, ice,	The state of the s	0000			
11. Used prescription drugs	The state of the s			- DAGT 00 DAVO	
you (such as Ritalin, Xar		0000	O VI. DURING THE	E PAST 30 DAYS:	18/18/
12. Used over-the-counter d		0000			
	18/2/2		Did you smoke part		00
IV. HOW EASY IS	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	EL TIPLES		more drinks of an alcoholic beverage	
II IO GET	The state of the s	E TO CO	3. Have you used mar	Total Control	00
-	Y	4 12 16 1 ST 12	4. Have you used pres	cription drugs not prescribed to you?	00
1. Tobacco (cigarettes, cig		0000	The state of the s		
<ol> <li>Alcohol (beer, coolers, li</li> </ol>	1933	0000			
<ul> <li>3. Marijuana (pot, hash, etc.)</li> </ul>		0000			
<ol> <li>Prescription drugs not p</li> </ol>	rescribed to you?	0000			

II. AT WHAT AGE DID YOU FIRST		XIII. WHAT EFFECT DO YOU MOST OFTEN GET WHEN YOU	
1. Use tobacco?		1. Drink alcohol?	
2. Drink alcohol?	00000000	2. Smoke marijuana (pot, hash, etc.)?	00000
3. Smoke marijuana (pot, hash, etc.)?			00000
4. Use cocaine (crack, etc.)?	00000000		
5. Use inhalants (glue, gas, etc.)?	00000000	XIV. VEHICLE SAFETY	3 22
S. Use hallucinogens (PCP, LSD, etc.)		1. During the past 30 days, how many times did	10.30.30
7. Use heroin (opiates)?			18 (17 (18 (18 (18 (18)
3. Use steroids?	00000000		
9. Use ecstasy (MDMA)?	00000000		0000
D. Use meth (crystal, ice, crank, etc.)?			
. Use prescription drugs not prescribe	the state of the s	had been drinking alcohol?	00000
you?		The state of the s	
3. Use over-the-counter drugs (to get I	000000000000000000000000000000000000	Part and the second sec	
s, ose over-line-counter drags (to get i	high)? 00000000	Seldom Most of the time of don't di	rive
		4. How often do you wear a seat belt when riding in a car	driven
III. HOW WRONG DO YOU	JR GIZ	by someone else?	
PARENTS FEEL IT WO BE FOR YOU TO	ULD STATE OF THE PARTY OF THE P	Never Sometimes Always Seldom Most of the time	
1. Smoke tobacco?	100000	YV WHILE AT SCHOOL	
2. Have one or two drinks of an alcoho	olic	XV. WHILE AT SCHOOL HAVE YOU(Past Year)	19
beverage nearly every day?	(10)	TIAVE TOO(I dot Todi)	102 3 102
3. Smoke marijuana?	0000		CE THE PROPERTY.
Use prescription drugs not prescrib	ped to you?	1. Carried a handgun?	0000
e. Ose prescription drugs not prescrib	0000	Carried a knife, club or other weapon?	0000
		2. Odinou a kino, ciab of other weapont	
LION MECNIC DO VOLI	D MAIN	3. Threatened a student with a handgun, knife or club?	0000
		Threatened a student with a handgun, knife or club?      Threatened to but a student by hitting stanning or kicking?	
FRIENDS FEEL IT WOUL		4. Threatened to hurt a student by hitting, slapping or kicking?	0000
		Threatened to hurt a student by hitting, slapping or kicking?     Hurt a student by using a handgun, knife or club?	0000
FRIENDS FEEL IT WOUL FOR YOU TO		4. Threatened to hurt a student by hitting, slapping or kicking?  5. Hurt a student by using a handgun, knife or club?  6. Hurt a student by hitting, slapping or kicking?	0000
FRIENDS FEEL IT WOULFOR YOU TO  1. Smoke tobacco?	LD BE	4. Threatened to hurt a student by hitting, slapping or kicking?  5. Hurt a student by using a handgun, knife or club?  6. Hurt a student by hitting, slapping or kicking?  7. Been threatened with a handgun, knife or club by a student?	0000
FRIENDS FEEL IT WOULFOR YOU TO  1. Smoke tobacco?  2. Have one or two drinks of an alcohology.	LD BE	4. Threatened to hurt a student by hitting, slapping or kicking?  5. Hurt a student by using a handgun, knife or club?  6. Hurt a student by hitting, slapping or kicking?  7. Been threatened with a handgun, knife or club by a student?  8. Had a student threaten to hit, slap or kick you?	
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#### **ROCKINGHAM COUNTY - HARRISONBURG YOUTH SURVEY**

INSTRUCTIONS	USE NO 2 PENCIL	ONLY	RIGHT	WRONG	USE A NO. 2 PENCIL FILL THE OVAL COMF DO NOT MAKE ANY S	PLETELY STRAY MARKS	No. 1000
1. Ethnic Origin: 2		0 1: 0 1: 0 1: 0 1: 0 1:	is your age 3 years old 4 years old 5 years old 6 years old 7 years old 8 years old 9 years old	<ul><li>8</li><li>9</li><li>10</li><li>11</li><li>12</li></ul>	our grade:	0 0 0 0 0 0	you live with: Both parents Mother only Father only Mother and Stepfather Father and Stepmother Grandparents Other
Write in School Code	e:						
0 days	le in the past 12 months et re a helmet et on how many days did you	text or email	! while	13. The LAST TIME your partner use to P  I have never  No method v  Birth Control  Condoms  Withdrawal  Birth Control  IUD	REVENT PREGI had sexual inter was used to prevo pills	NANCY? course	e, what ONE method did you or (Select only ONE response) ancy
1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days All 30 days			!	spread of sexually tra	ansmitted infectio	n(s) (ST	to prevent pregnancy and the I/STD's)?  s did someone you were dating
8. If you were being physical (Select all that apply)  Parent/family memb Friend(s) Church leader School teacher School counselor Other No one		ıld you tell?		or going out with phy hit, slammed into sor	sically hurt you o nething, or injure e or go out with a	n purpos d with an	e? (Count such things as being
9. If you have intentionally has select each method you have of the last of th	e used: (Select all that app. chally tried to harm myself self d myself		il disc	or going out with force (Count such things a sexual intercourse.)  I did not date  0 times  1 time  2 or 3 times  4 or 5 times	e you to do sexu s kissing, touchin e or go out with a	al things g, or bei	es did someone you were dating that you did not want to do? ng physically forced to have uring the past 12 months
10. Have you ever talked to y (sexually transmitted infection sexual activity?  Yes  No			ices of	weight or keep from g	0 days, which Of gaining weight? ( to lose weight elf vomit		following did you do to lose ally ONE response)
11. Have you ever had sexual  No No Yes → If yes, how of had sexual ir  12 or 13 14 15	ld were you when you ntercourse for the first time	?	1	18. During the past 7 total of at least 60 mi	elf vomit and took other method bu days, on how m nutes per day? (	t did not any days Add up a	vomit or take diet pills were you physically active for a Il the time you spent in any kind te and made you breathe hard
12. Did you drink alcohol or u LAST TIME?  I have never had se. Yes No Not sure		exual interco	urse the	1 day 2 days 3 days 4 days 5 days 6 days 7 days			

19. I feel comfortable with my body size:  Yes No	30. When I am not at home, one of my parents/guardians knows where I am and who I am with.  Yes No
20. How do you think of yourself?  Very underweight Slightly underweight About the right weight Slightly overweight Very overweight	31. My parents/guardians ask if I've gotten my homework done.  Yes No
The next question asks about food you ate in the past 7 days. Think about all meals and snacks you ate over the past week. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.  21. During the past seven days, did you eat or drink: (Select all that apply)  Fruit or Fruit Juice  Milk products (milk, cheese, yogurt)  Water  Soda  Energy drinks	32. Who would you tell if you were worried that a friend is seriously thinking of suicide? (Select all that apply)  A friend  My parent or another relative  My friends parent or relative  A teacher or coach  A school counselor  A religious leader (my minister, priest, rabbi, or youth leader)  Other  I would not tell anyone
Green salad Cooked vegetables Hamburger, hot dogs or sausage French fries or potato chips Cookies, candy, doughnuts or pizza	33. If you were seriously thinking of suicide who would you tell?  (Select all that apply)  A friend  My parent or another relative  My friends parent or relative  A teacher or coach
22. During the past 7 days, how many times did you eat <a href="fruit">fruit</a> ? (Do <a href="note">not</a> count fruit juice.)  I did not eat fruit during the past 7 days  1 to 3 times during the past 7 days  4 to 6 times during the past 7 days	<ul> <li>A school counselor</li> <li>A religious leader (my minister, priest, rabbi, or youth leader)</li> <li>Other</li> <li>I would not tell anyone</li> </ul>
1 time per day 2 times per day 3 times per day 4 or more times per day	34. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?  Yes No
23. Are there gangs in your: (Select all that apply)  School Neighborhood Community	35. Over the past 12 months I have lived with: (Select all that apply)  I have lived in the same place all 12 months  Parents or guardian  A friend
24. Have you ever seen gang activity in your: (Select all that apply)  Have never seen gang activity School Neighborhood The community	Another relative A shelter A foster home I had nowhere to live Other
25. Have you ever been asked to join a gang?  Yes  No	36. During the past 12 months, have you ever been electronically bullied?  (Count being bullied through email, chat rooms, instant messaging, websites or texting.)  Yes  No
26. Have you ever felt threatened or harmed by a gang member(s)?  Yes No	37. In the past year I have been bullied (verbally and/or physically) because of: (Select all that apply)
27. What is the language you use most often at home?  English Spanish Another language	I have not been bullied in the past year  My race  My religion  My family's financial status  My sexual orientation  My physical appearance
28. Have you ever been suspended from school?  Yes No	My disability Other:
29. I feel safe in my neighborhood.  Yes No	<ul> <li>38. Have you ever used the following: (Select all that apply)</li> <li>Synthetic marijuana (K-2, Spice)</li> <li>The drug known as "bath salts"</li> <li>No, I have never used these drugs</li> </ul>