

Report on Our Youth

2007-2008

8th, 10th and 12th grade students

From Harrisonburg City and
Rockingham County Schools

A Project Supporting the Healthy Community Council's
Community Assessment Mission

Project Design and Management

Institute for Innovation in Health and Human Services (IIHHS), JMU,
The Office on Children and Youth

Data Compilation

SRI (Stanford Research Institute) International
Pride Surveys

Data Collection Facilitation

Harrisonburg City Schools
Rockingham County Schools
Eastern Mennonite High School

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Data Collection

Many dedicated volunteers

Surveys

Pride Surveys
Rockingham County/Harrisonburg Youth Survey

We would also like to thank JMU, United Way of Harrisonburg and Rockingham County, and Rockingham Memorial Hospitals, Strong Families, Great Youth Coalition of Harrisonburg and Rockingham County for their generous support of this project

For additional copies of this report or information, contact The Office on Children and Youth at James Madison University (540) 568-2558 or email, hubbeljx@jmu.edu



Office on Children and Youth

Harrisonburg and Rockingham County

June 8, 2006

A Letter to the Community,

The Office on Children and Youth at James Madison University's Institute for Innovation in Health and Human Services (IIHHS), is pleased to present the sixth annual edition of the Youth Data Survey for Harrisonburg and Rockingham County. This report is a collaboration between many community organizations, including the Harrisonburg City and Rockingham County Schools, Eastern Mennonite High School, James Madison University, Rockingham Memorial Hospital and United Way. This presentation is in graphic format and represents 6 separate survey administrations over the last 12 years. The data has been drawn from the PRIDE and Harrisonburg/Rockingham YRBS surveys which were administered to over 1,600 Harrisonburg and Rockingham County students in eighth, tenth and twelfth grade. In some cases we have altered the format from previous editions to standardize the statistical analysis of the data and to accommodate the addition of a new school (Eastern Mennonite High School) into the 2000-2001 data pool.

Having six rounds of survey data completed we now have enough data to begin examining trends. Because of graph limitations we have represented 3 graphs for each question. These bar graphs represent 2005 and 2007 data. With each graph we have provided explanatory information to help the reader know where the information has come from and to better understand the data. In some cases we have cross-tabulated the data to draw new conclusions.

On the first 4 pages we have summarized the survey data using the Search Institutes Asset Model of Youth Development. You will see how well the majority of our youth are doing in a variety of areas. Providing the data in two formats allows us to examine the needs of our

youth while celebrating the positive accomplishments they have achieved. This dual approach will also allow our community to build on existing programs that promote assets and examine the critical needs and developing initiatives to address them.

Our goal in issuing this report is three fold. First, our goal is to provide our community with current data around youth behaviors by examining needs and assets. Secondly, we want to continue to build the longitudinal data to track the behavior of our youth that we can evaluate in light of new programming. The final point of our goal is to stimulate community discussions around our youth issues using quantitative as well as qualitative measurements. The Office on Children and Youth is committed to promoting positive youth development through collaboration and the coordinated examination of needs and assets in the Harrisonburg and Rockingham County community. We appreciate everyone's time and energy in making these 2007 data survey results possible.

Sincerely,

The Office on Children and Youth Board

Quick Facts on Our Youth, 2007-2008

Who did we survey?

Students: 1608

Female: 744 *

Male: 844 *

Between the ages of 13 and 19

Assets

- 94.5% - Do not drink and drive
- 92.9% - Never participate in gangs
- 73.3% - Participate in school activities
- 65.6% - Participate in community activities
- 82.2% - Participate in faith-based activities
- 57.6% - Exercise 9+ days out of the month
- 76.6% - Never think about committing suicide
- 68.4% - Are not trying to lose weight
- 72.2% - Are sexually abstinent
- 80.6% - Talk to their parents about drugs/alcohol
- 56.9% - Think they are about the right weight
- 71.1% - Never use tobacco
- 52.4% - Never use alcohol
- 80.1% - Never use illicit drugs
- 84.9% - Never use marijuana
- 75.8% - Never been in trouble with the police
- 2.2% - Carried a handgun to school
- 13.7% - Carried a knife, club, or other weapon to school

Risk Factors

Sexual Activity

- Of sexually active students (27% of total):
- 17.2% - Use condoms
 - 3.5% - Use no method
 - 2.6% - Use withdrawal
 - 4.7% - Use birth control pill
 - 1.7% - Use birth control shot

Tobacco Use

- 7.5% - Daily
- 12.9% - Weekly
- 17.7% - Monthly
- 28.9% - Annually

Alcohol Use

- 1.6% - Daily
- 10.3% - Weekly
- 23.0% - Monthly
- 47.6% - Annually

Illicit Drug Use

- 3.5% - Daily
- 7.2% - Weekly
- 11.1% - Monthly
- 19.9% - Annually

Gang Activity

- 1.0% - Participate a lot
- 1.0% - Often
- 1.7% - Sometimes
- 3.3% - Seldom

Dangerous Weight Loss

- 0.9% - Vomit
- 0.8% - Use pills
- 0.5% - Both vomiting and pills

*20 students for which there is no gender information

Quick Facts on our Eighth Graders, 2007-2008

Who did we survey?

8th Graders: 552 *

Female: 269

Male: 278

Between the ages of 13 and 15

Assets

- 97.8% - Do not drink and drive
- 92.0% - Never participate in gangs
- 65.8% - Participate in school activities
- 65.7% - Participate in community activities
- 87.5% - Participate in faith-based activities
- 59.6% - Exercise 9+ days out of the month
- 80.2% - Never think about committing suicide
- 70.7% - Are not trying to lose weight
- 89.9% - Are sexually abstinent
- 87.8% - Talk to their parents about drugs/alcohol
- 55.8% - Think they are about the right weight
- 85.7% - Never use Tobacco
- 71.8% - Never use alcohol
- 86.7% - Never use illicit drugs
- 94.2% - Never use marijuana
- 78.7% - Never been in trouble with the police
- 2.4% - Carried a handgun to school
- 12.1% - Carried a knife, club, or other weapon to school

Risk Factors

Sexual Activity

- Of sexually active 8th Graders (10% of total)
- 6.5% - Use condoms
 - 2.0% - Use no method
 - 0.7% - Use withdrawal
 - 1.1% - Use birth control pill
 - 0.5% - Use birth control shot

Tobacco Use

- 2.8% - Daily
- 6.2% - Weekly
- 8.1% - Monthly
- 14.3% - Annually

Alcohol Use

- 0.9% - Daily
- 4.5% - Weekly
- 10.5% - Monthly
- 28.2% - Annually

Illicit Drug Use

- 1.7% - Daily
- 3.9% - Weekly
- 6.4% - Monthly
- 13.3% - Annually

Gang Activity

- 0.9% - Participate a lot
- 0.9% - Often
- 1.3% - Sometimes
- 4.8% - Seldom

Dangerous Weight Loss

- 0.9% - Vomit
- 0.4% - Use Pills
- 0.4% - Both Vomiting and Pills

*23 students in other grades and 11 students for which there is no information on their grade level

Quick Facts on Our Tenth Graders, 2007-2008

Who did we survey?

10th Graders: 548 *

Female: 247

Male: 298

Between the ages of 14 and 17

Assets

- 96.6% - Do not drink and drive
- 91.5% - Never participate in gangs
- 70.2% - Participate in school activities
- 61.4% - Participate in community activities
- 79.4% - Participate in faith-based activities
- 59.7% - Exercise 9+ days out of the month
- 75.4% - Never think about committing suicide
- 67.9% - Are not trying to lose weight
- 68.3% - Are sexually abstinent
- 77.4% - Talk to their parents about drugs/alcohol
- 56.8% - Think they are about the right weight
- 66.2% - Never use tobacco
- 47.2% - Never use alcohol
- 77.8% - Never use illicit drugs
- 81.2% - Never use marijuana
- 70.6% - Never been in trouble with the police
- 2.1% - Carried a handgun to school
- 14.2% - Carried a knife, club, or other weapon to school

Risk Factors

Sexual Activity

- Of sexually active 10th Graders (31% of total)
- 21.0% - Use Condoms
- 5.1% - Use no method
- 2.7% - Use withdrawal
- 4.0% - Use birth control pills
- 1.6% - Use birth control shot

Tobacco Use

- 7.8% - Daily
- 13.7% - Weekly
- 19.7% - Monthly
- 33.8% - Annually

Alcohol Use

- 1.1% - Daily
- 12.1% - Weekly
- 25.8% - Monthly
- 52.8% - Annually

Illicit Drug Use

- 3.4% - Daily
- 8.5% - Weekly
- 13.1% - Monthly
- 22.2% - Annually

Gang Activity

- 1.1% - Participate a Lot
- 1.3% - Often
- 2.3% - Sometimes
- 3.8% - Seldom

Dangerous Weight Loss

- 0.6% - Vomit
- 1.1% - Use pills
- 0.6% - Both vomiting and pills

*23 students in other grades and 11 students for which there is no information on their grade level

Quick Facts on Our Twelfth Graders, 2007-2008

Who did we survey?

12th Graders: 474 *

Female: 222

Male: 251

Between the ages of 16 and 19

Assets

- 88.5% - Do not drink and drive
- 95.5% - Never participate in gangs
- 82.5% - Participate in school activities
- 70.5% - Participate in community activities
- 79.3% - Participate in faith-based activities
- 54.0% - Exercise 9+ days out of the month
- 74.0% - Never think about committing suicide
- 66.5% - Are not trying to lose weight
- 57.0% - Are sexually abstinent
- 76.1% - Talk to their parents about drugs/alcohol
- 59.3% - Think they are about the right weight
- 59.8% - Never use tobacco
- 36.2% - Never use alcohol
- 78.6% - Never use marijuana
- 75.0% - Never use illicit drugs
- 78.5% - Never been in trouble with the police
- 2.1% - Carried a handgun to school
- 15.1% - Carried a knife, club, or other weapon to school

Risk Factors

Sexual Activity

- Of sexually active 12th Graders (42% of total)
- 24.7% - Use condoms
- 3.4% - Use no method
- 4.6% - Use withdrawal
- 9.9% - Use birth control pills
- 3.2% - Use birth control shot

Tobacco Use

- 12.5% - Daily
- 19.6% - Weekly
- 26.5% - Monthly
- 40.2% - Annually

Alcohol Use

- 3.0% - Daily
- 14.9% - Weekly
- 34.1% - Monthly
- 63.8% - Annually

Illicit Drug Use

- 5.8% - Daily
- 3.9% - Weekly
- 14.2% - Monthly
- 25.0% - Annually

Gang Activity

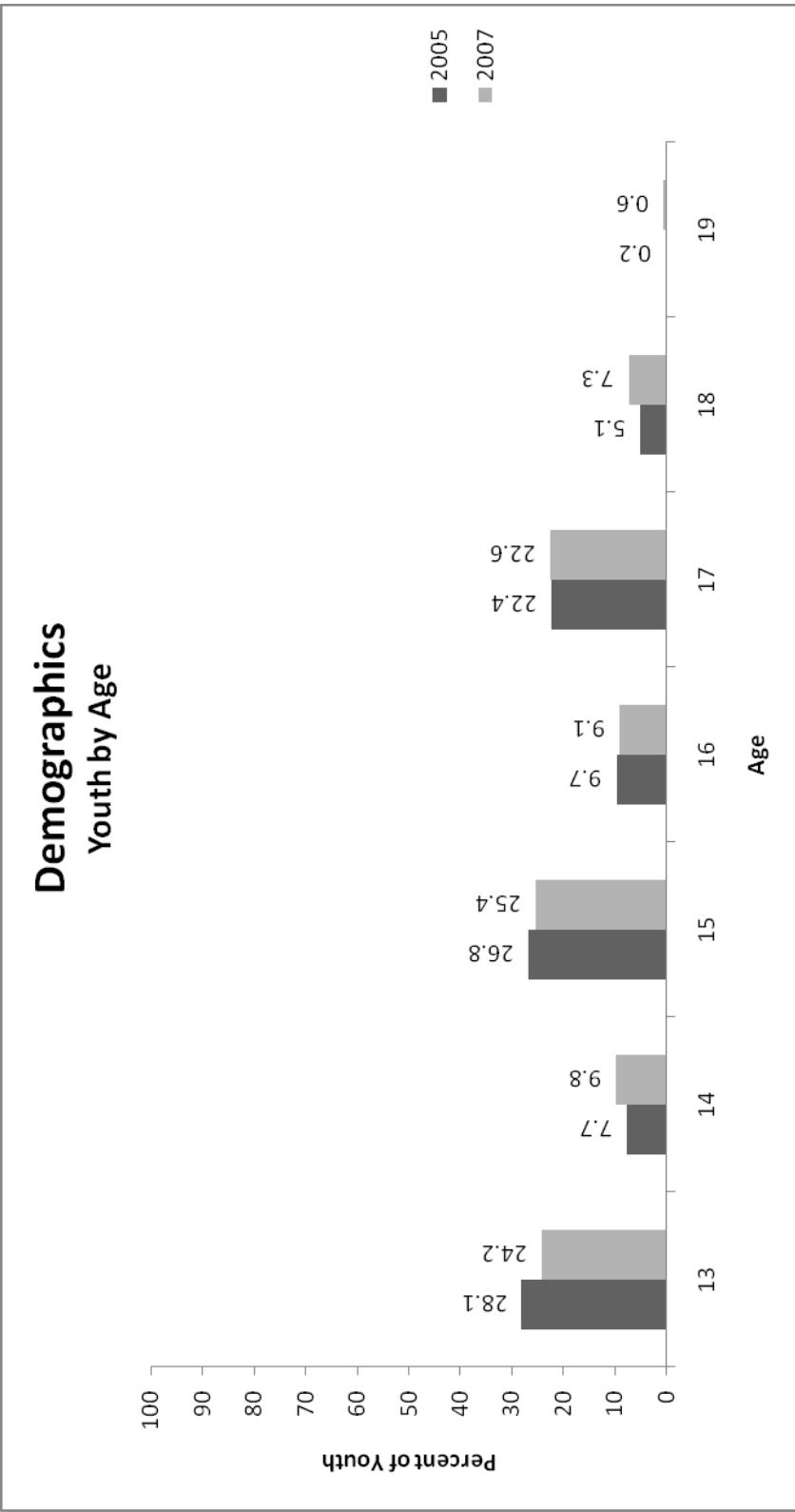
- 1.1% - Participate a lot
- 0.8% - Often
- 1.5% - Sometimes
- 1.1% - Seldom

Dangerous Weight Loss

- 0.8% - Vomit
- 1.1% - Use pills
- 0.6% - Both vomiting and pills

*23 students in other grades and 11 students for which there is no information on their grade level

Demographics Youth by Age

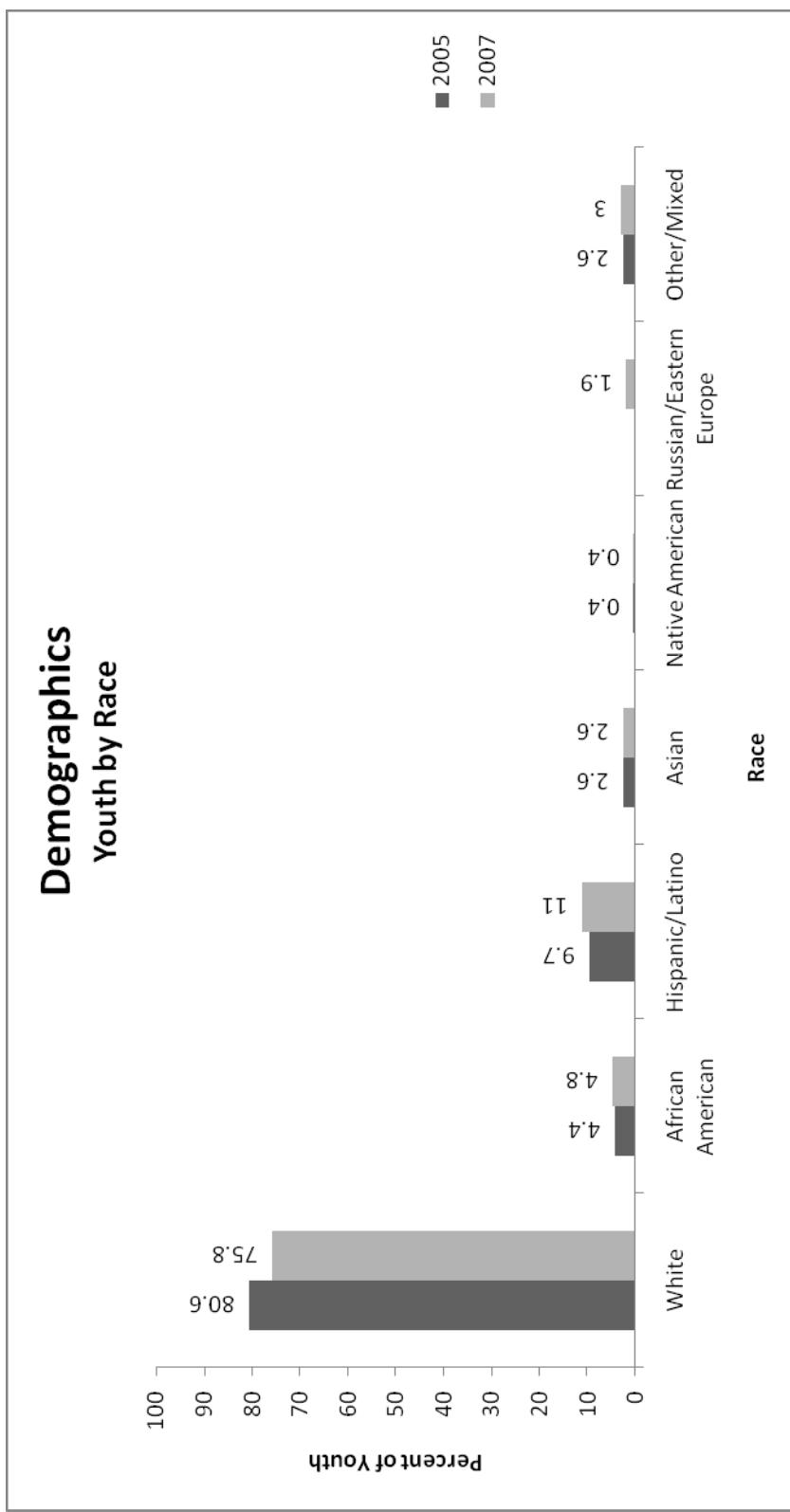


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Surveys were conducted by a random sample of 1608 students (34.3% 8th graders, 34.1% 10th graders and 29.5% 12th graders) from the City of Harrisonburg, Rockingham County and Eastern Mennonite schools in 2007.

91% of youth surveyed were between the ages of 13 and 17.



Source: Rockingham County/Harrisonburg Youth Survey

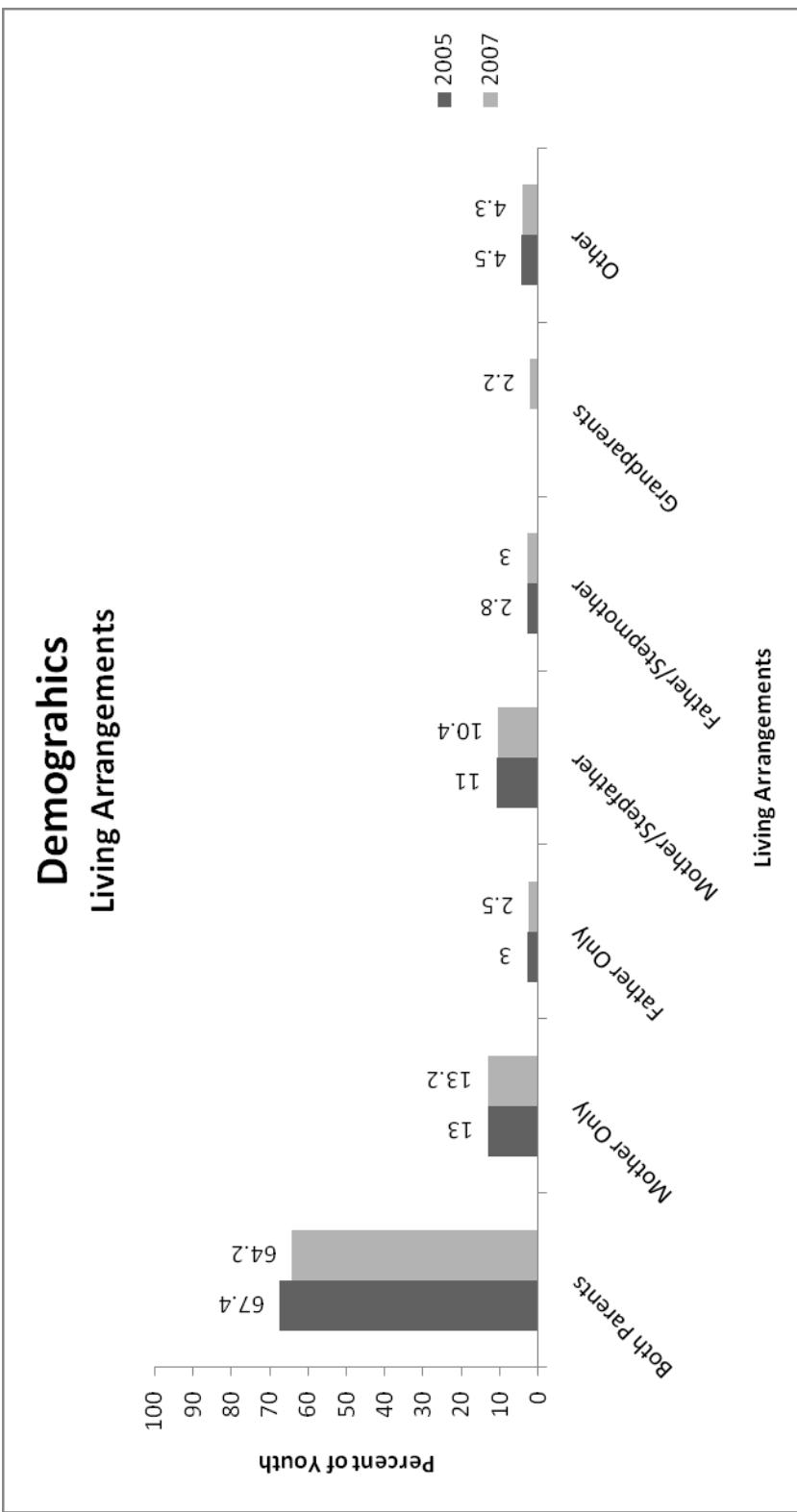
What the numbers and other information told us:

While the Caucasian population continues to decrease, the other races have leveled off or have slightly increased in the area.

A new category for Russian/Eastern Europeans was created for the 2007 survey.

Demographics

Living Arrangements



Source: Rockingham County/Harrisonburg Youth Survey

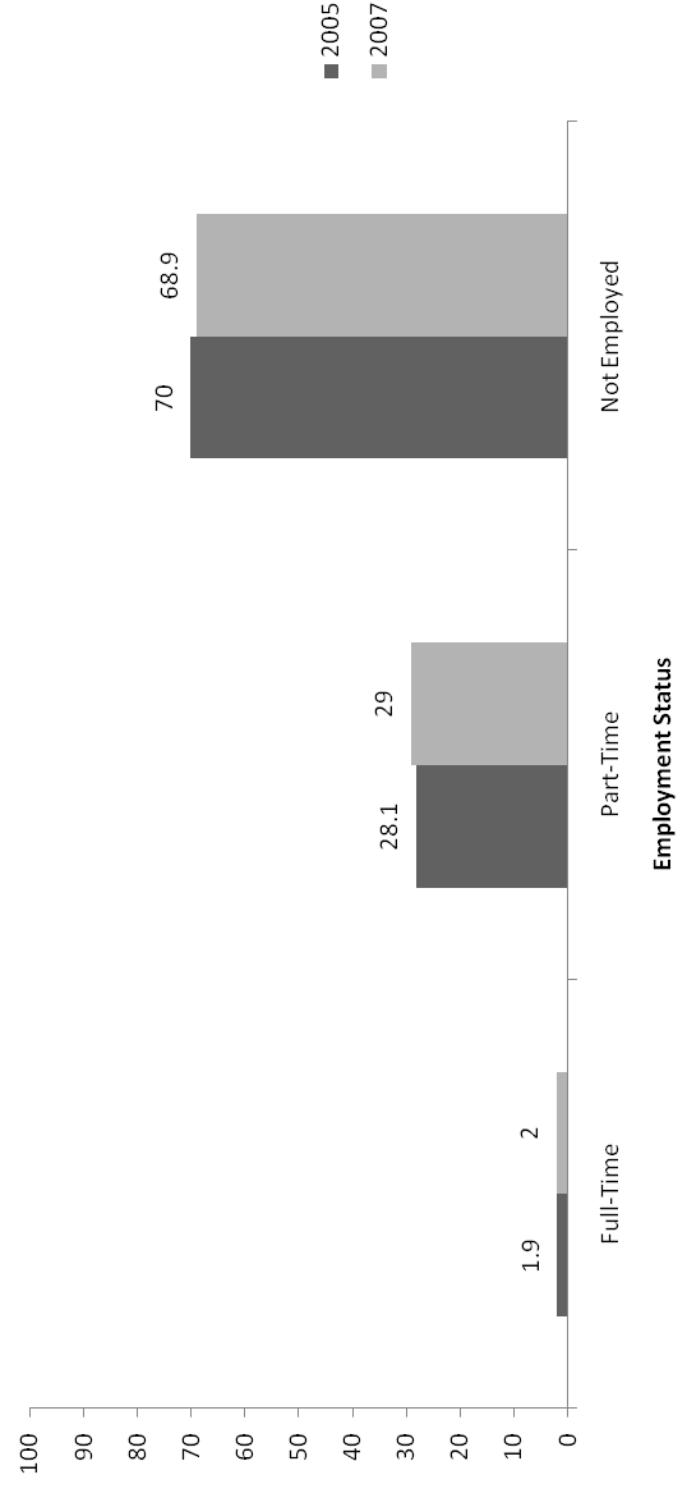
What the numbers and other information told us:

The number of youth living with both parents is decreasing while the number living with the mother has slightly increased. The other living arrangements generally stayed the same.

Living with a grandparent was a living arrangement that was newly introduced for the 2007 survey.

Demographics

Youth Employment Status



Source: PRIDE Survey

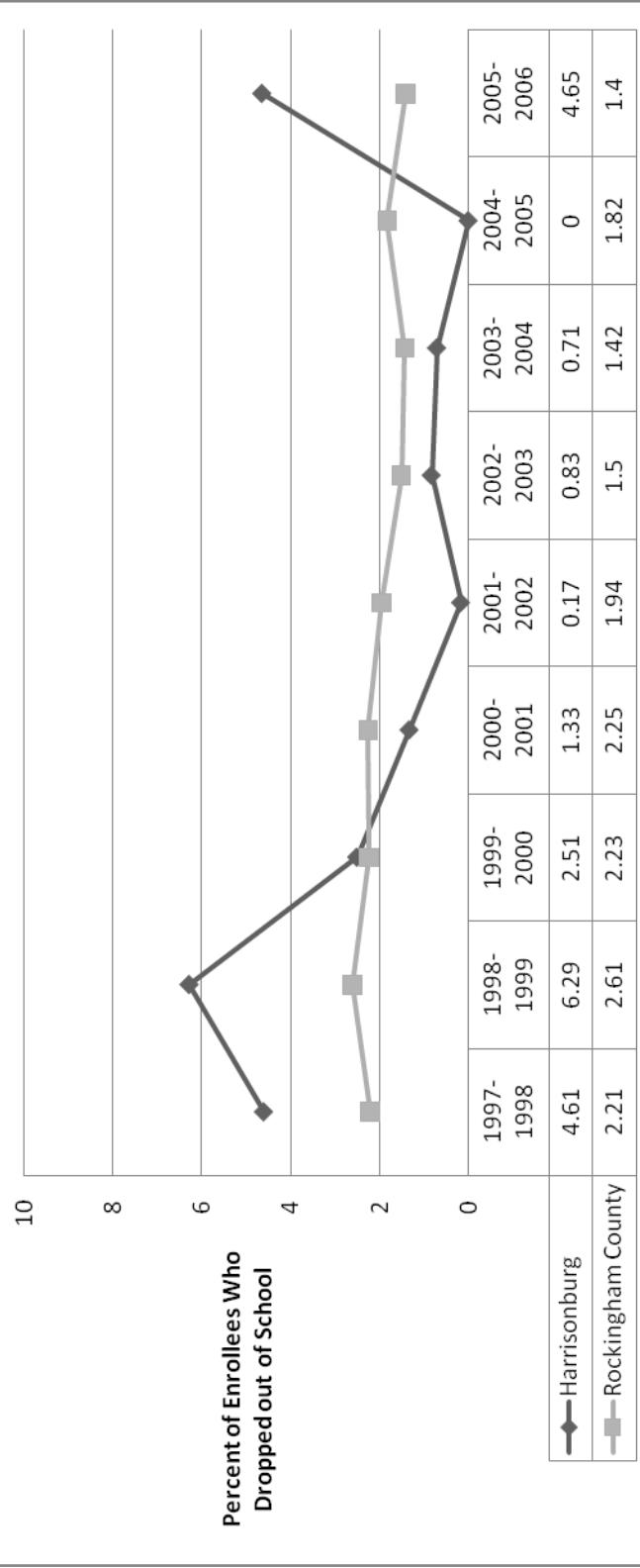
What the numbers and other information told us:

The majority of youth is not employed (68.9%), a slight decrease since 2005.

31% of youth are employed, a slight increase from 30% in 2005 (30%)

Education

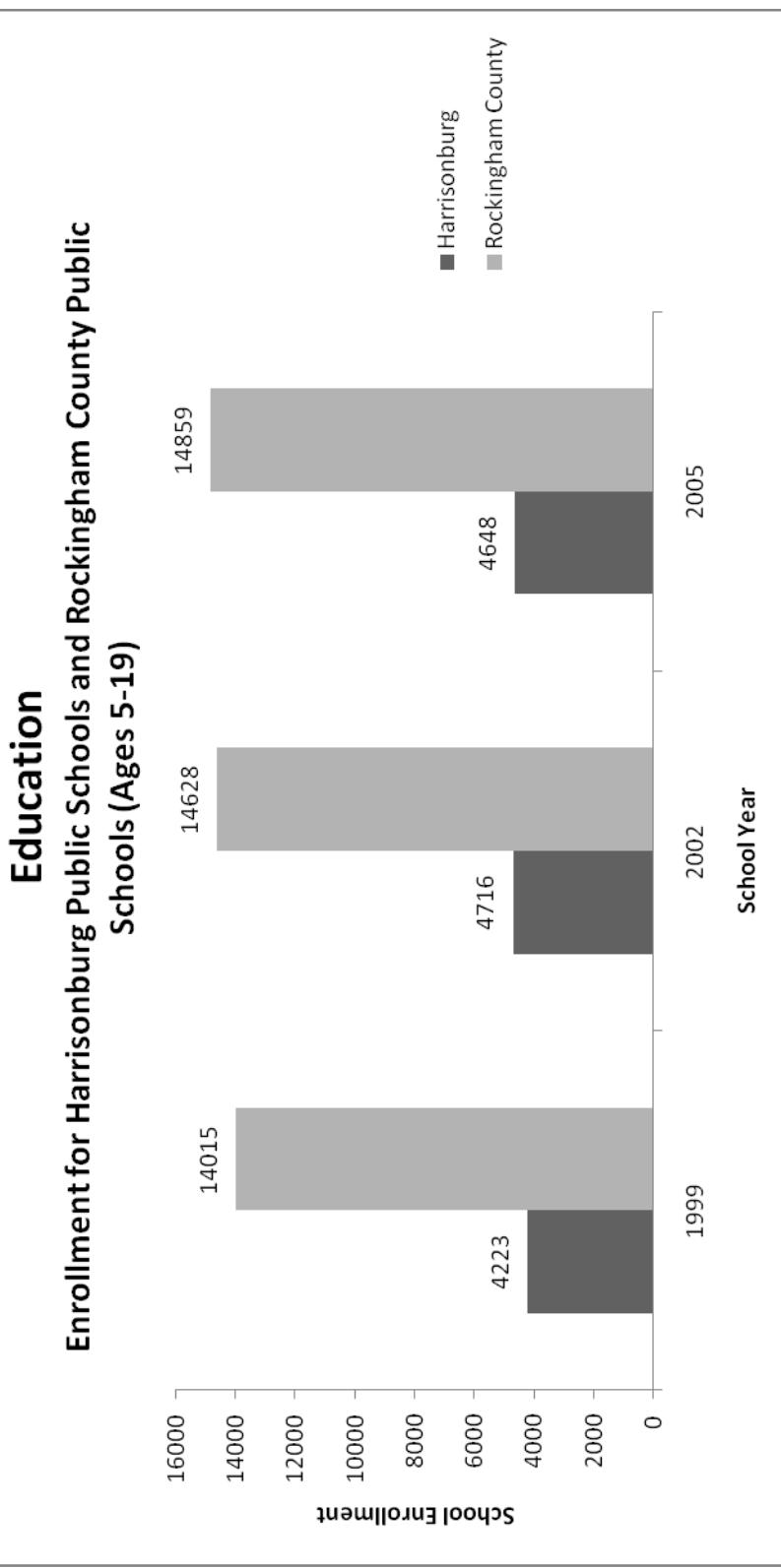
School Dropouts for Harrisonburg Public Schools and Rockingham County Public Schools



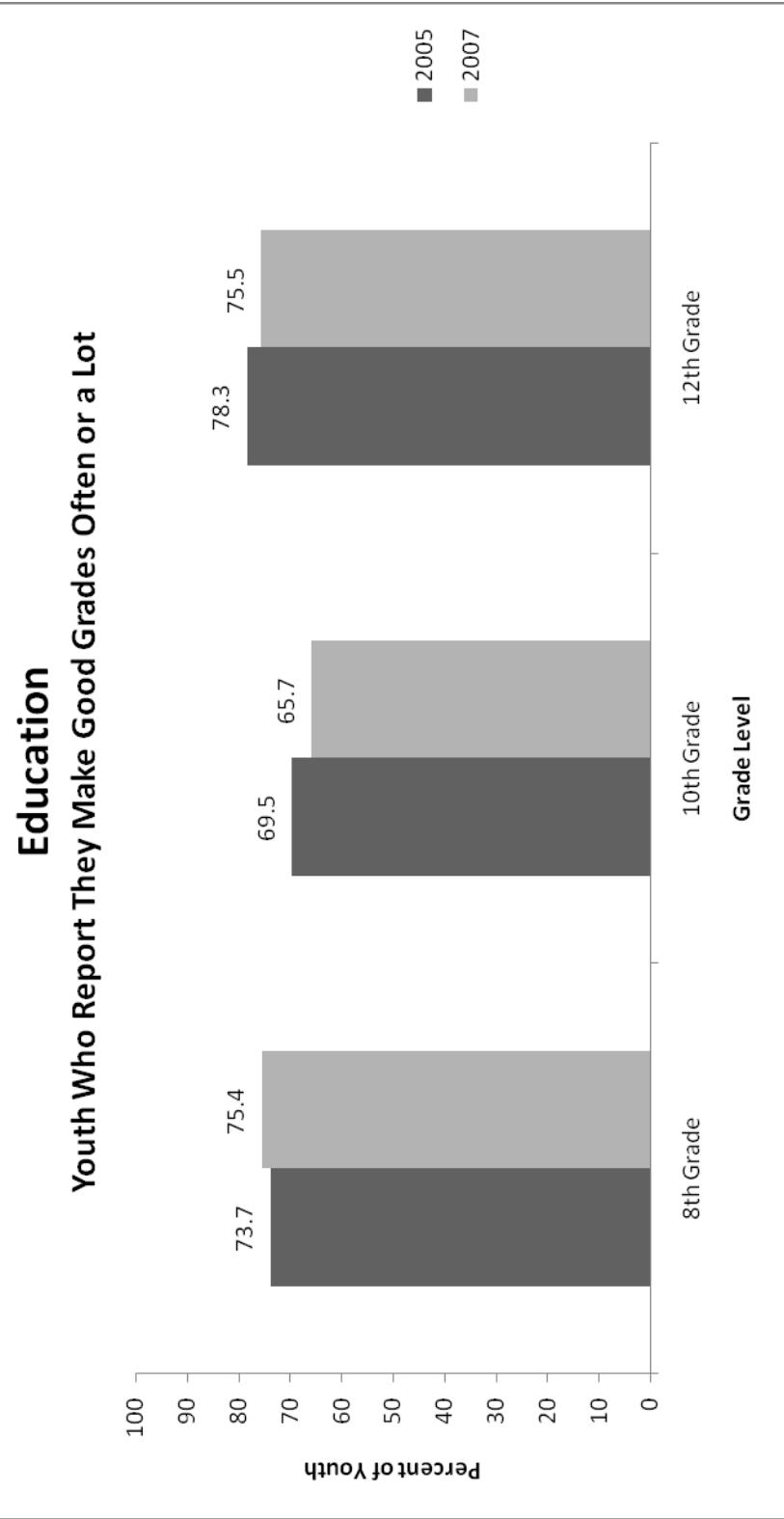
Source: Virginia Department of Education

What the numbers and other information told us:

Although dropout rates have been decreasing over the years, Harrisonburg had a sharp increase from 2005-2006 of 0% to 4.65%. Rockingham County saw a slight increase in 2005 but is back down to a 1.4% rate.



Source: Virginia Department of Education



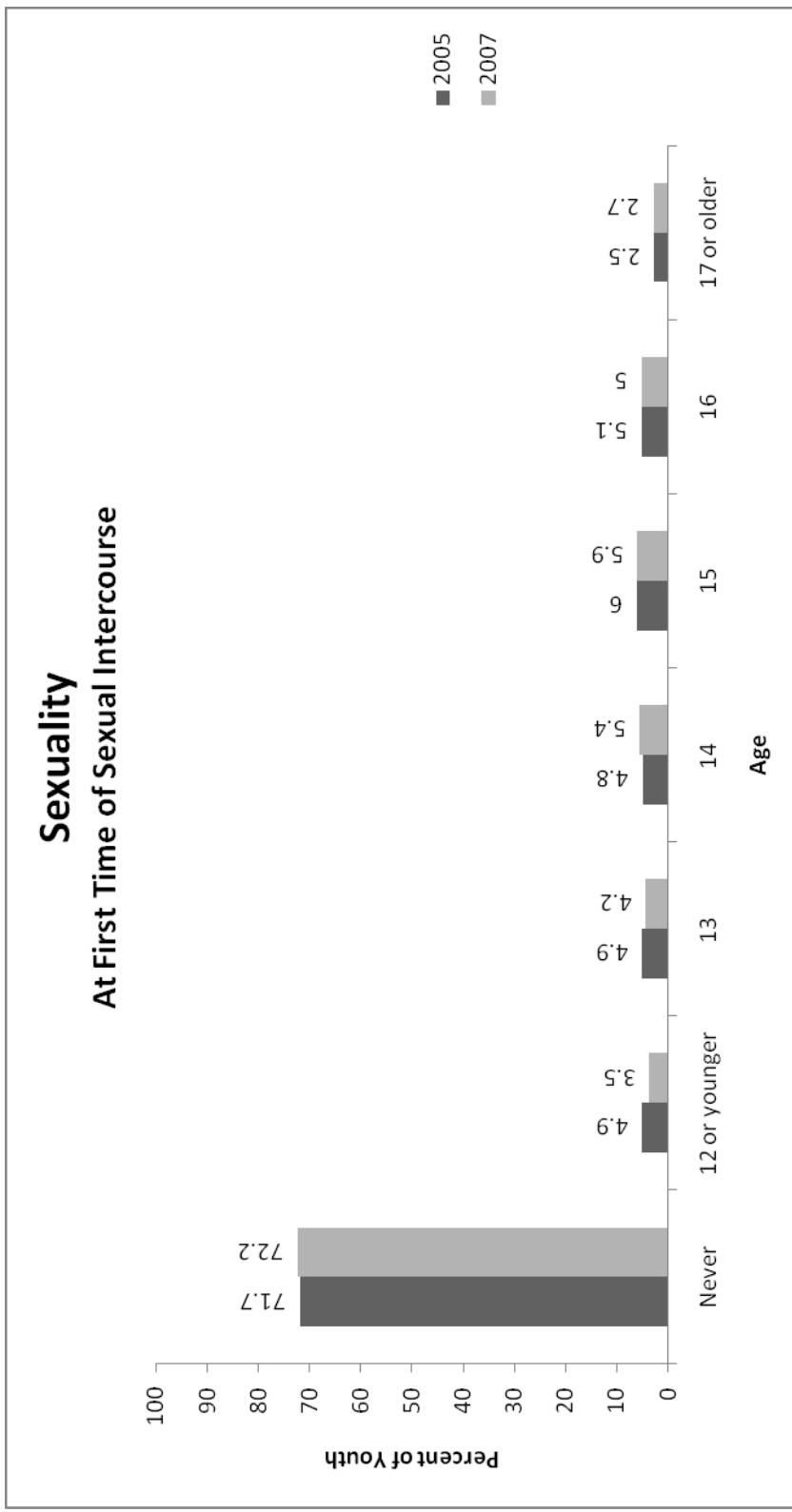
Source: PRIDE Survey

What the numbers and other information told us:

72% of youth report making good grades often or a lot, a decrease from 2005 (73.5%)

8th grade youth show an increase in percentage who make good grades often or a lot, while 10th and 12th graders show slight decreases.

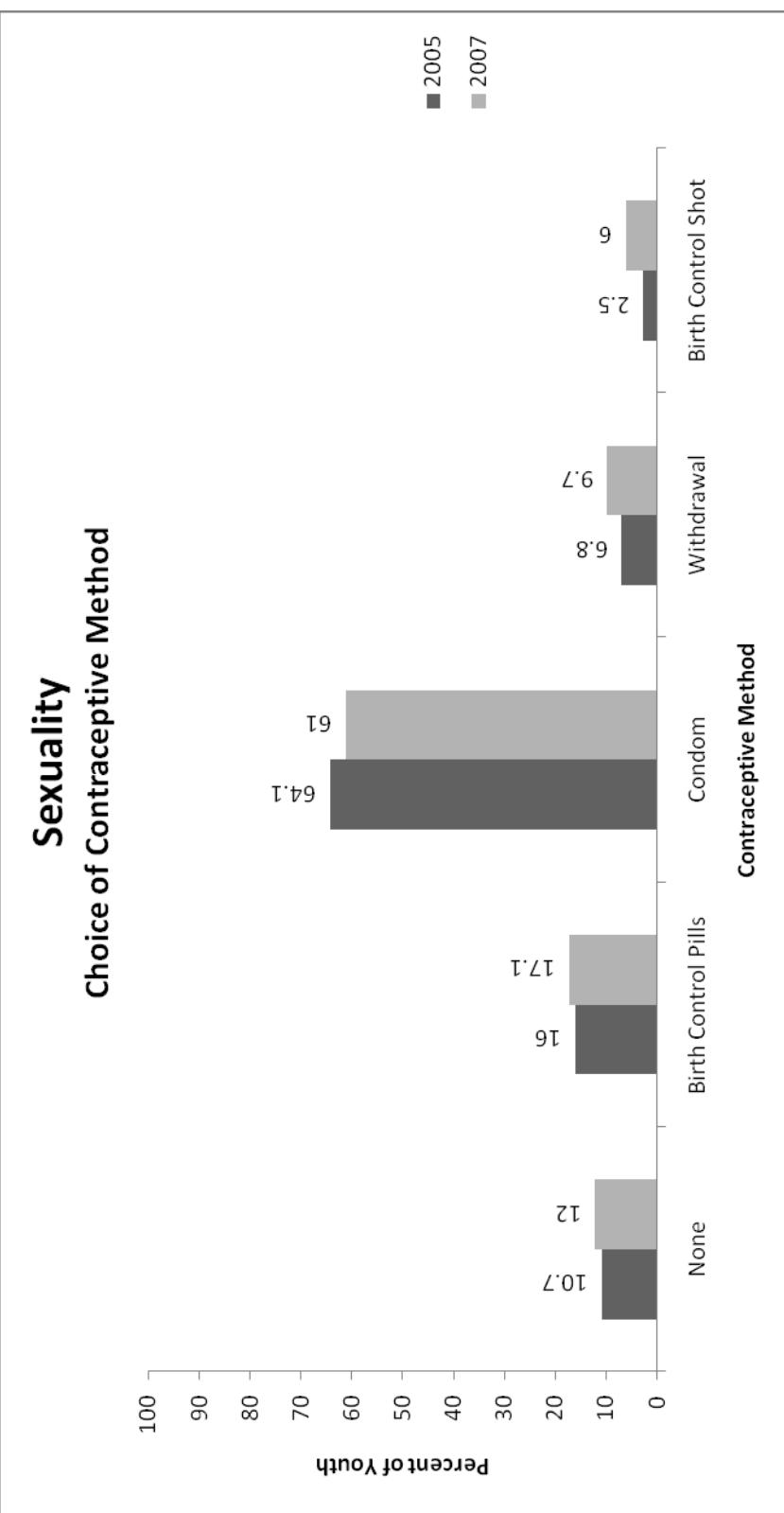
Sexuality At First Time of Sexual Intercourse



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The number of youth remaining abstinent has increased slightly from 2005 to 2007 of 71.7% to 72.2%. This increase has been steady since 1996 (62.4%) when the survey was first conducted.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

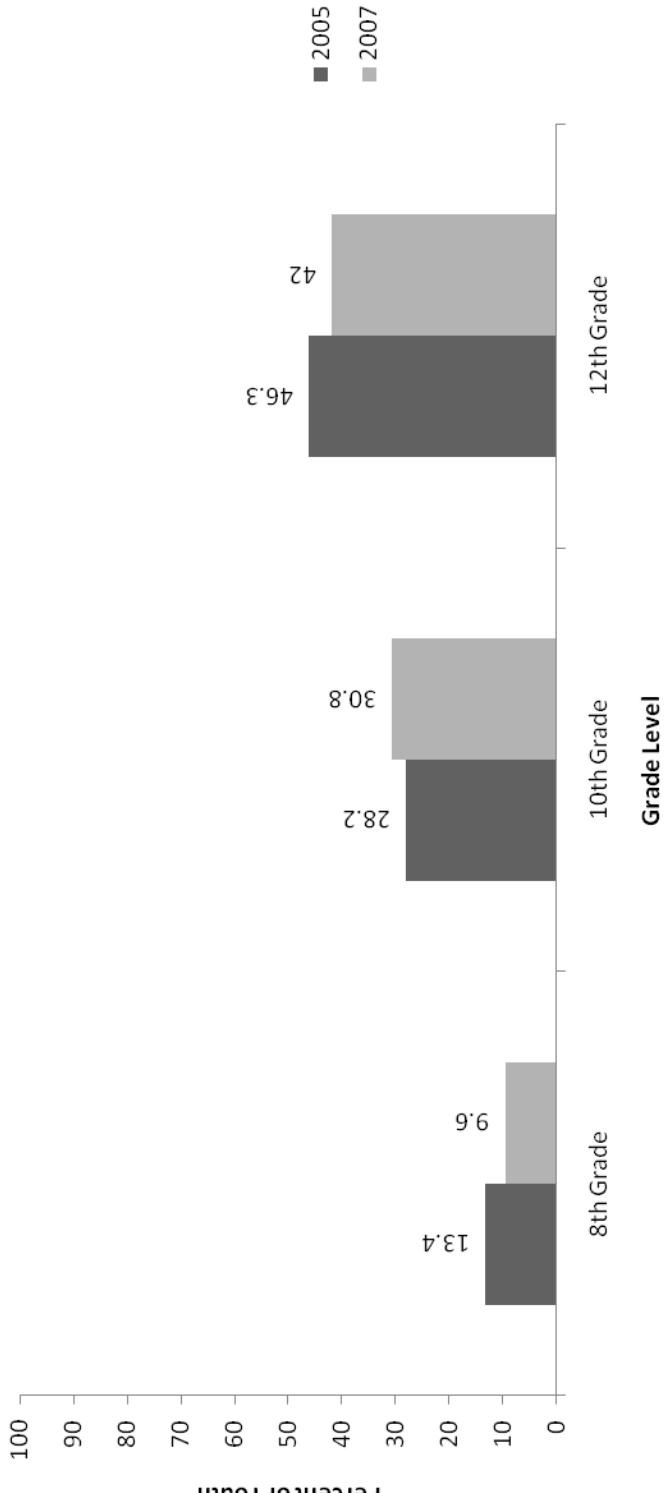
Of the youth that are sexually active, a majority (93.8%) use some method of contraceptive, including withdrawal.

Condoms are the most used method of contraceptive.

There was a slight decrease in the use of condoms since 2005 (by 3.1%) while all other methods saw an increase in use.

Sexuality

Sexual Intercourse by Grade Level



Source: Rockingham County/Harrisonburg Youth Survey

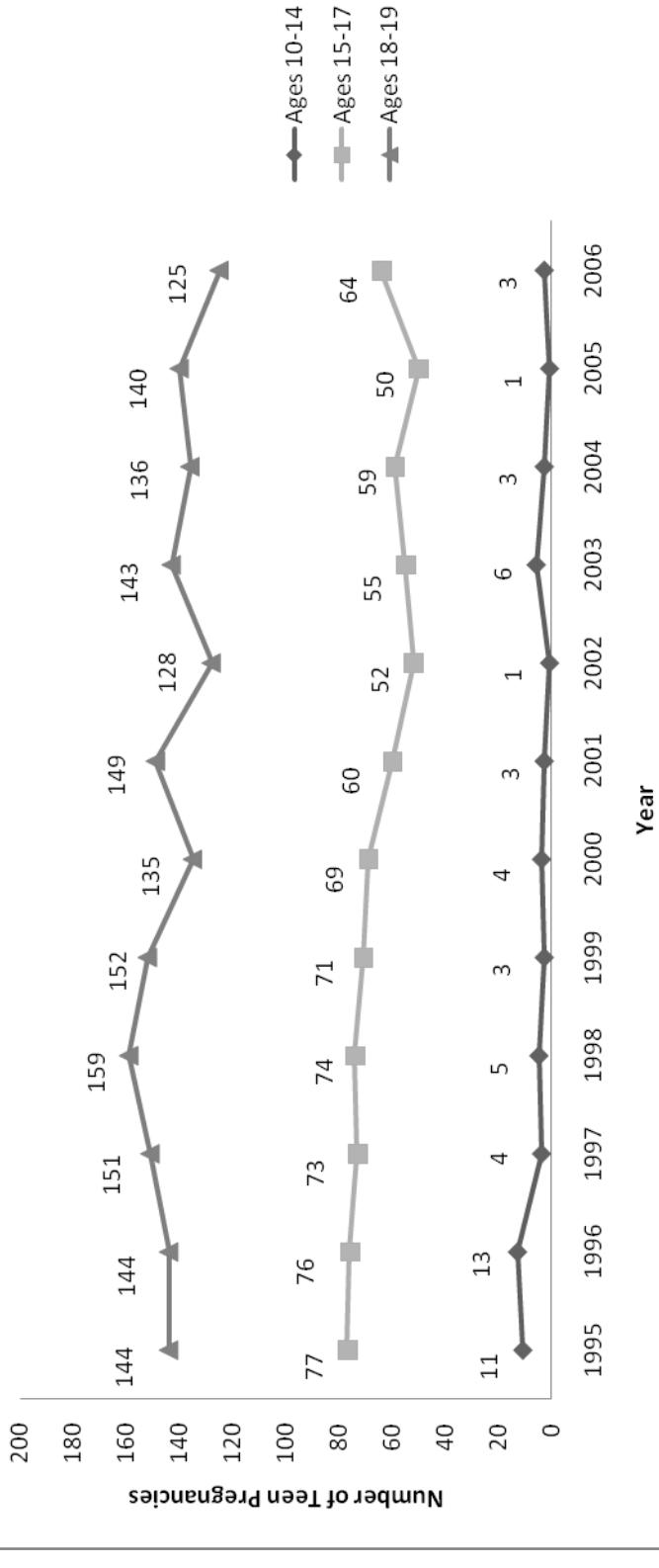
What the numbers and other information told us:

Sexual activity has decreased in both 8th and 12th graders, with a slight increase in 10th graders.

74.8% of youth agree that abstinence is the only 100% effective way to prevent pregnancy and the spread of sexually transmitted infection(s).

Birth Facts

Teen Pregnancies in Harrisonburg and Rockingham County

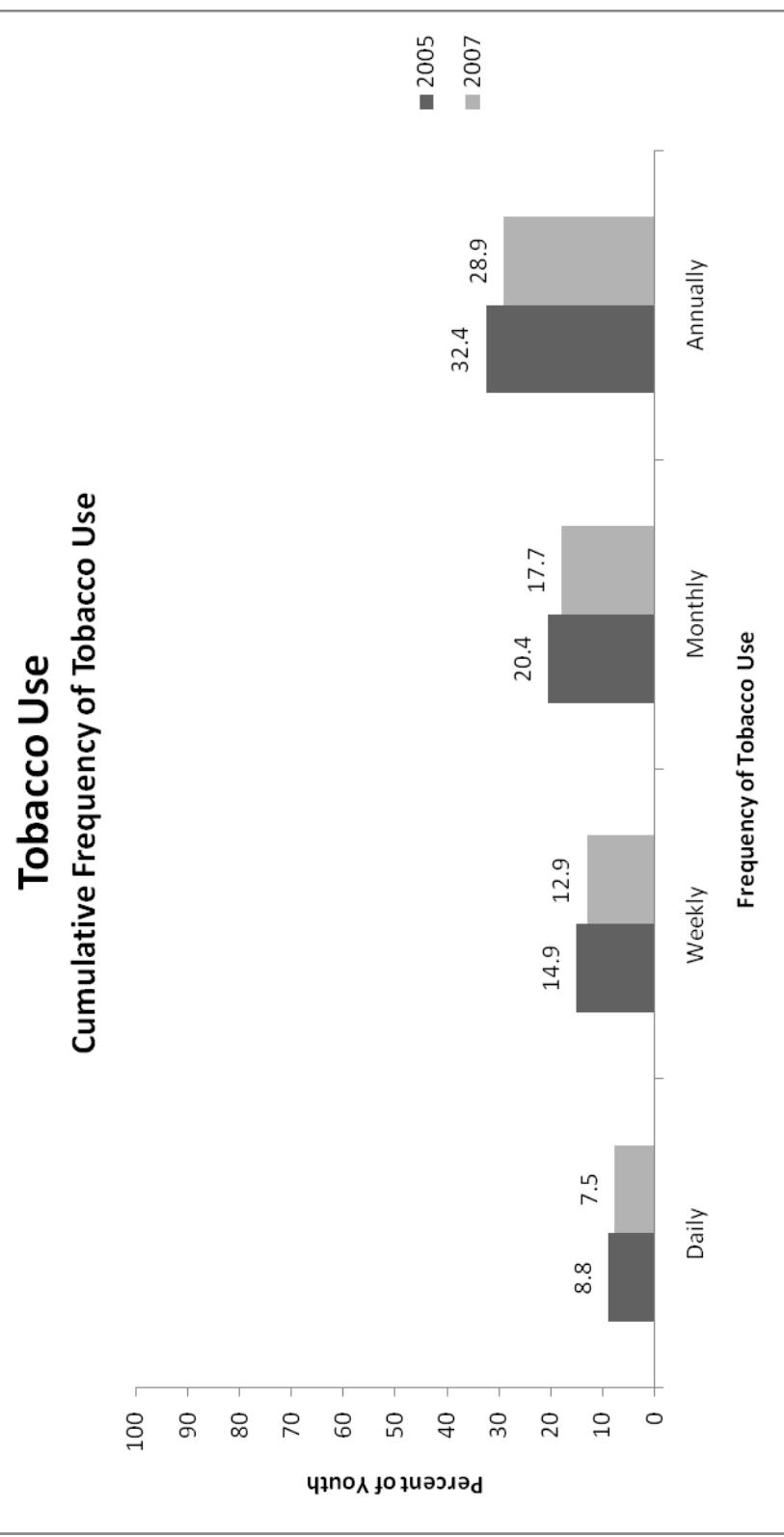


Source: Virginia Center for Health Services

What the numbers and other information told us:

The rate of pregnancies among older teenagers has slightly increased while the rate for younger teens has relatively remained the same. Among teenagers 15-17, there was an increase from 2005-2006 of 50 to 64 pregnancies. Although the number of low weight births nearly doubled from 2000 (69) to 2004 (108), there was no sharp incline in 2006 (110).

In 2006, the number of induced termination has risen since 2004 from 126 to 158 but is still significantly lower than 2000's number of 245.



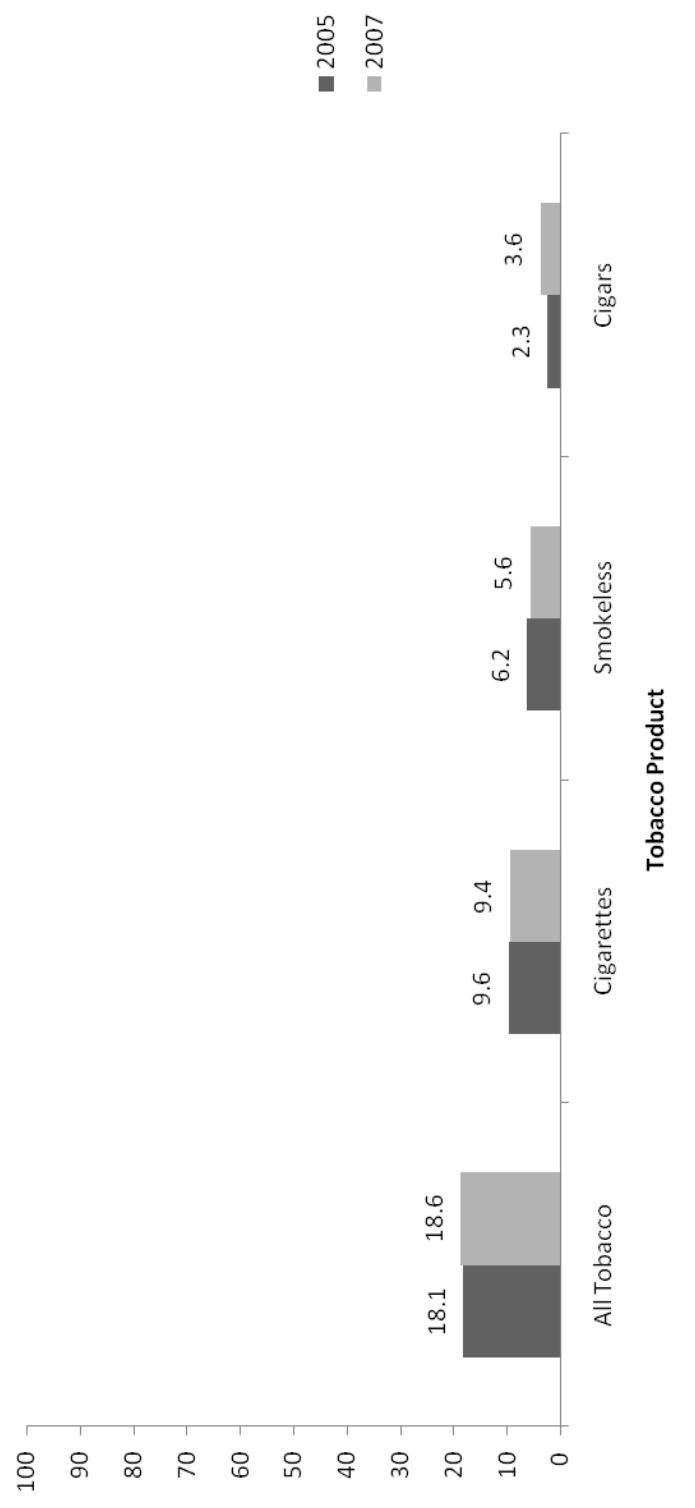
What the numbers and other information told us:

71.1% of youth have not used any tobacco products in the last year, an increase from the 67.7% of youth in 2005.

73% of youth report never having smoked a cigarette.

Tobacco Use

Youth Who Use Tobacco Weekly

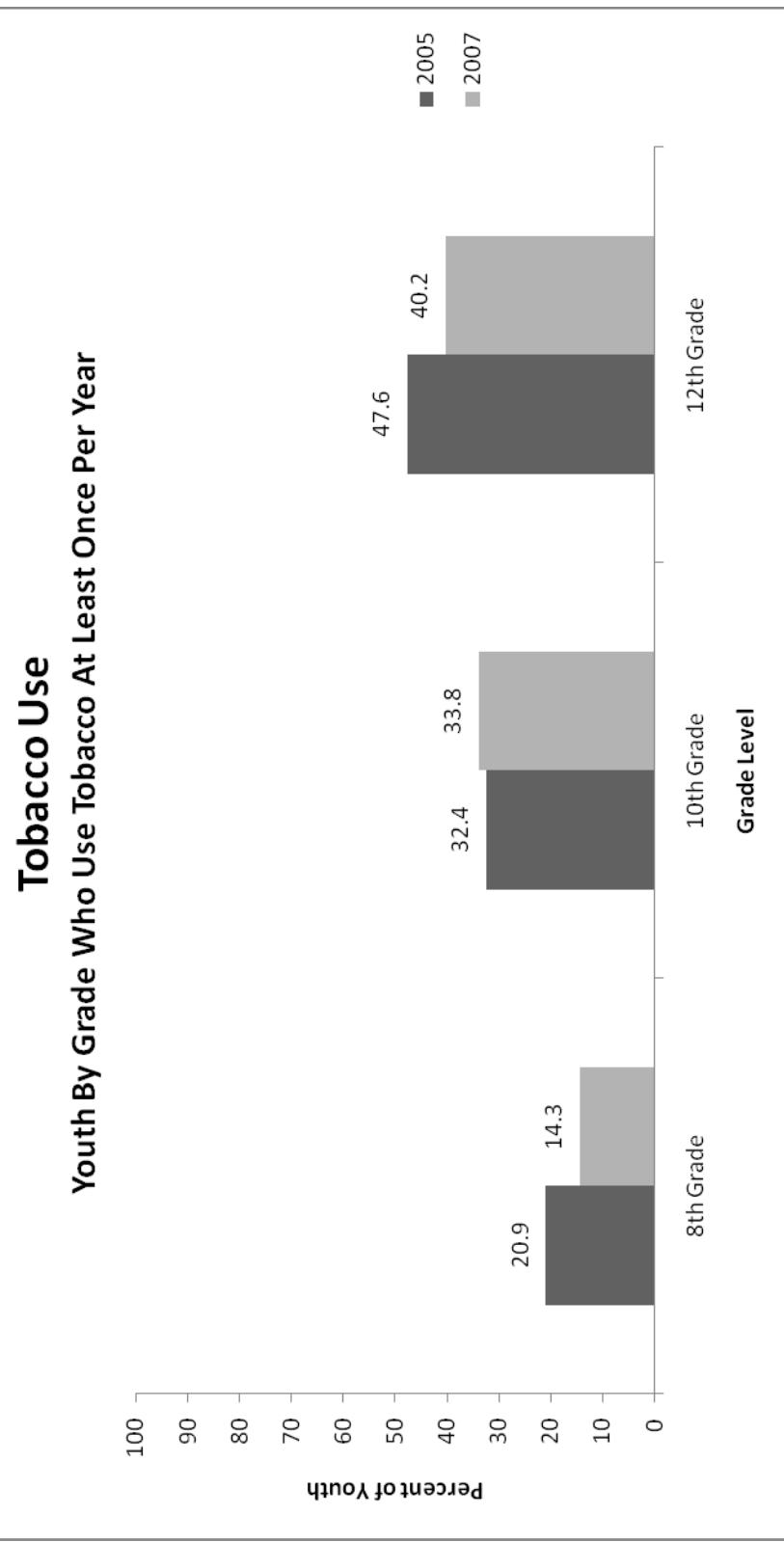


Source: PRIDE Survey

What the numbers and other information told us:

Cigarettes are the most popular form of tobacco use.

Most youth (33%) use tobacco products on the weekends.



Source: PRIDE Survey

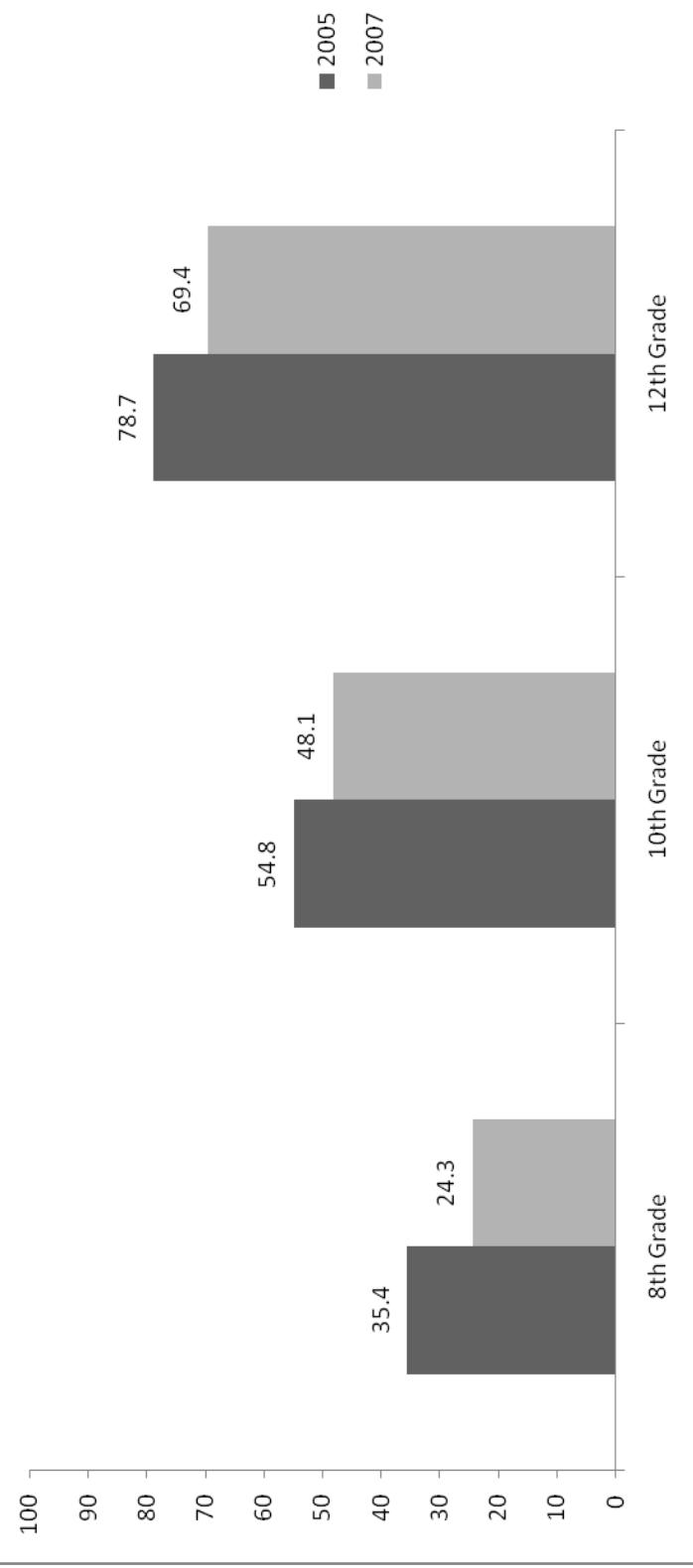
What the numbers and other information told us:

A majority of our youth uses tobacco products at a friend's house but still use tobacco products in the car and at home.

Tobacco use of at least once per year barely rose from 2005 (7.4%) to 2007 (7.6%)

Tobacco Use

Youth by Grade Who Report it is Fairly Easy or Very Easy to Get Tobacco Products



Source: PRIDE Survey

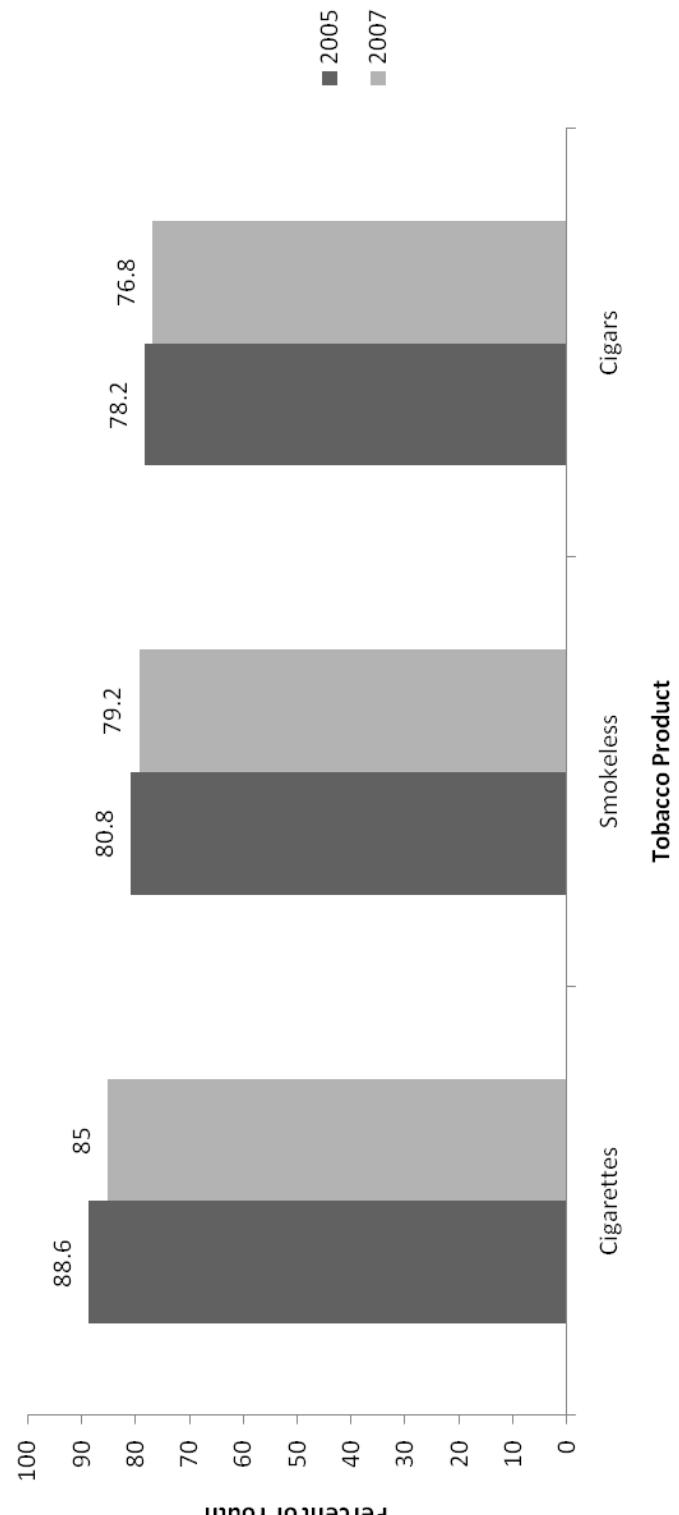
What the numbers and other information told us:

The ease of access to all types of tobacco products has significantly decreased since 2005 across all grades.

The 2005 report broke the types of tobacco down into cigarettes, smokeless and cigars, but the 2007 survey grouped this information together.

Tobacco Use

Youth Who Report it is Very Harmful or Harmful to Use Tobacco

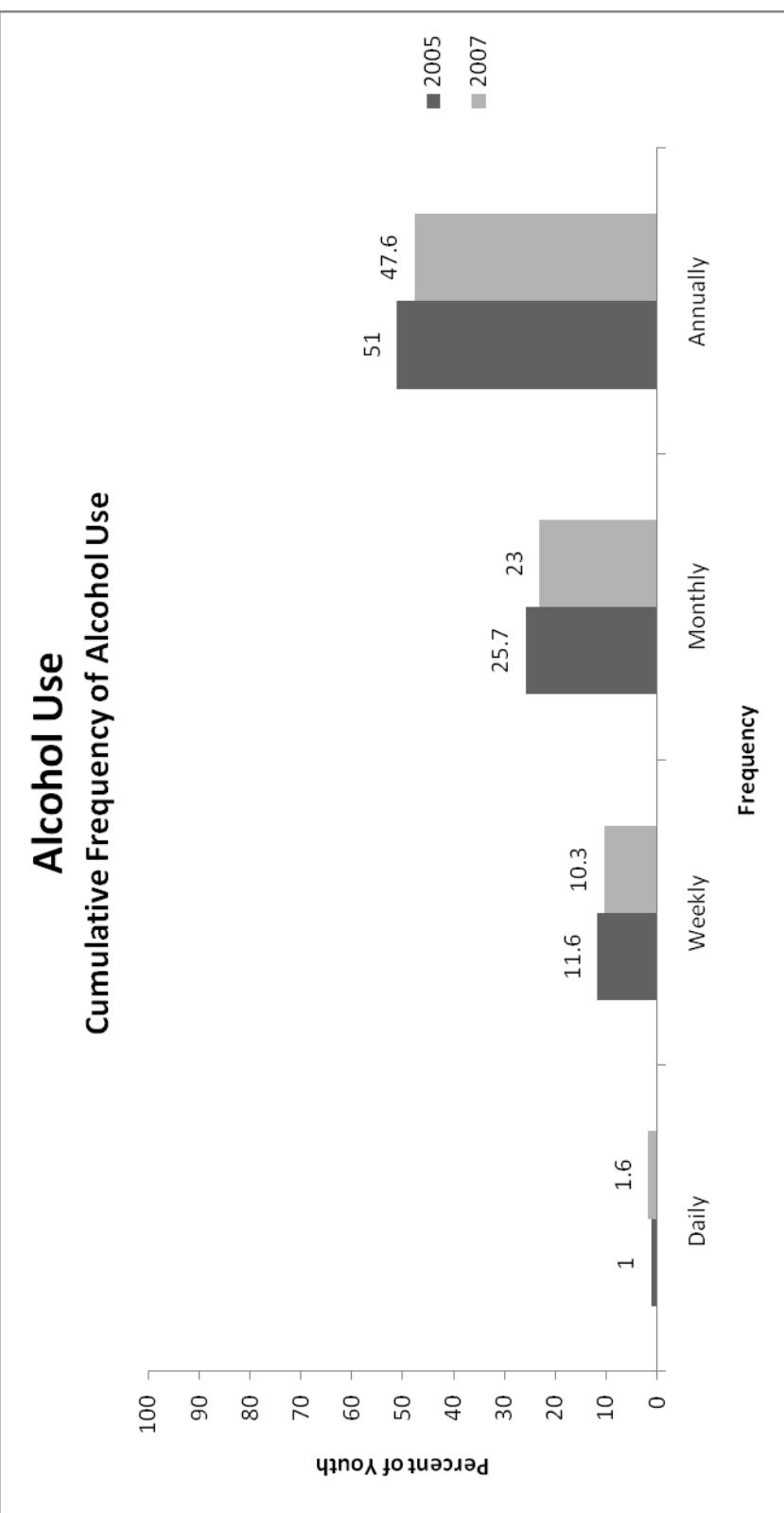


Source: PRIDE survey

What the numbers and other information told us:

The majority of youth perceive tobacco as harmful or very harmful to your health. The findings have dropped slightly in 2007 than in 2005.

6.2% of youth in 2007 report that there is no harm in smoking cigarettes, up from 2.3% in 2005



Source: PRIDE Survey

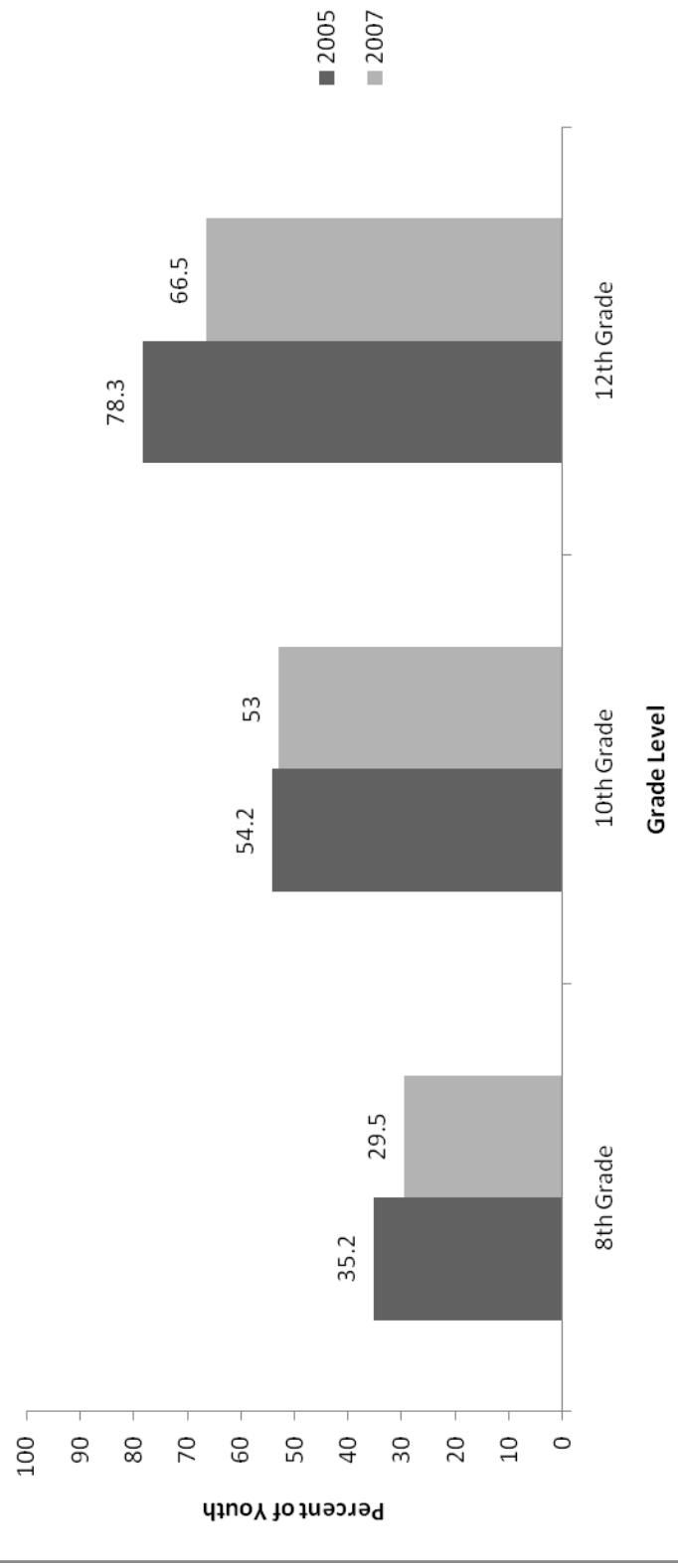
What the numbers and other information told us:

Annually more students drank beer (36.9%) than wine coolers (35%) and liquor (34.5%). These numbers are lower than the year 2005: annually, 42.2% drank beer, 39.6% drank wine coolers and 35.1% drank liquor.

The majority of youth use alcohol on the weekends and at a friend's house.

Alcohol Use

Youth by Grade Who Report it is Fairly Easy or Very Easy to Get Alcohol



Source: PRIDE Survey

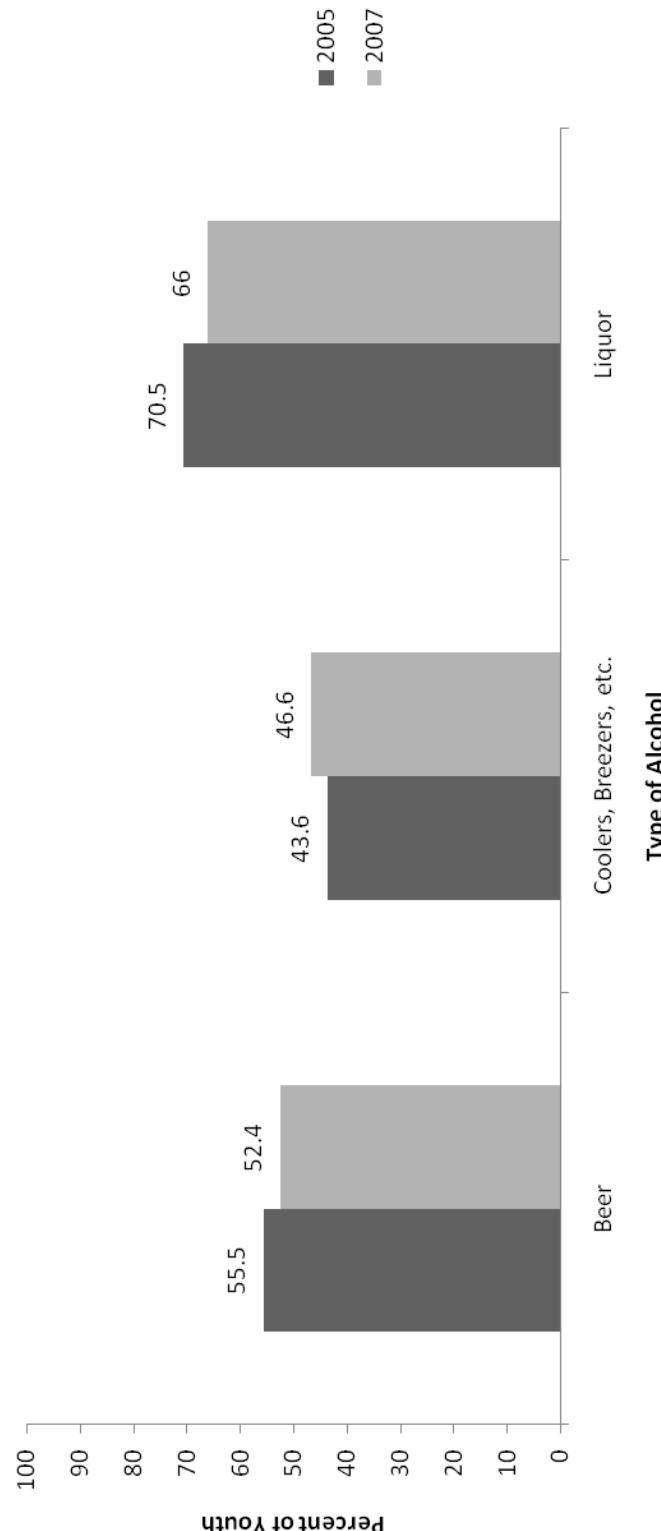
What the numbers and other information told us:

The decreasing numbers across the grade levels show that it is still difficult from previous years for our youth to acquire alcohol.

In the last survey, the question was broken down into how easy was it to obtain beer, or wine coolers or liquor. This year there was no specificity among the beverages, only asking how easy it was for youth to get any kind of alcohol.

Alcohol Use

Youth Who Report it is Harmful or Very Harmful to Use Alcohol



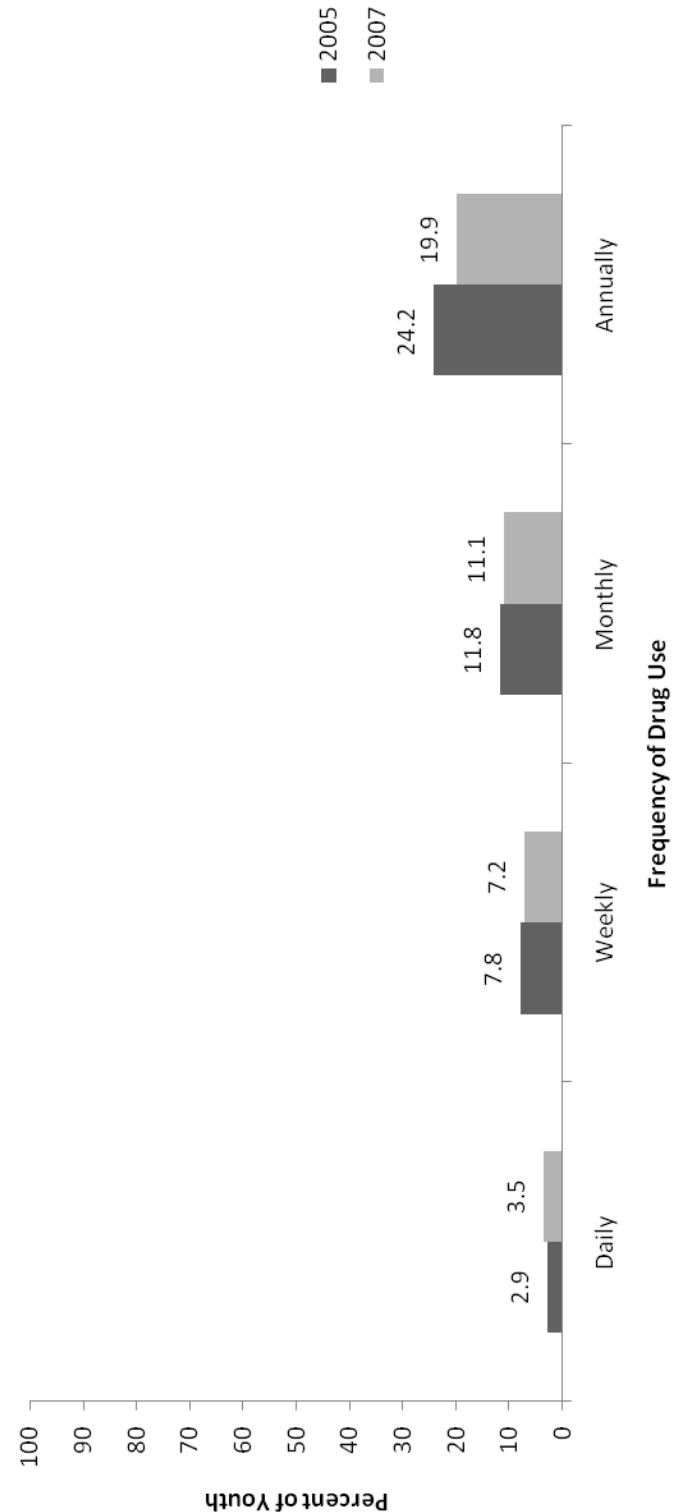
Source: PRIDE Survey

What the numbers and other information told us:

The perceived risk of alcohol has decreased slightly in beer and liquor from 2005, while the perception of risk in coolers has increased. Coolers are still thought to be the least harmful of the three types of alcohol.

Drug Use

Cumulative Frequency of Illicit Drug Use



Source: PRIDE Survey

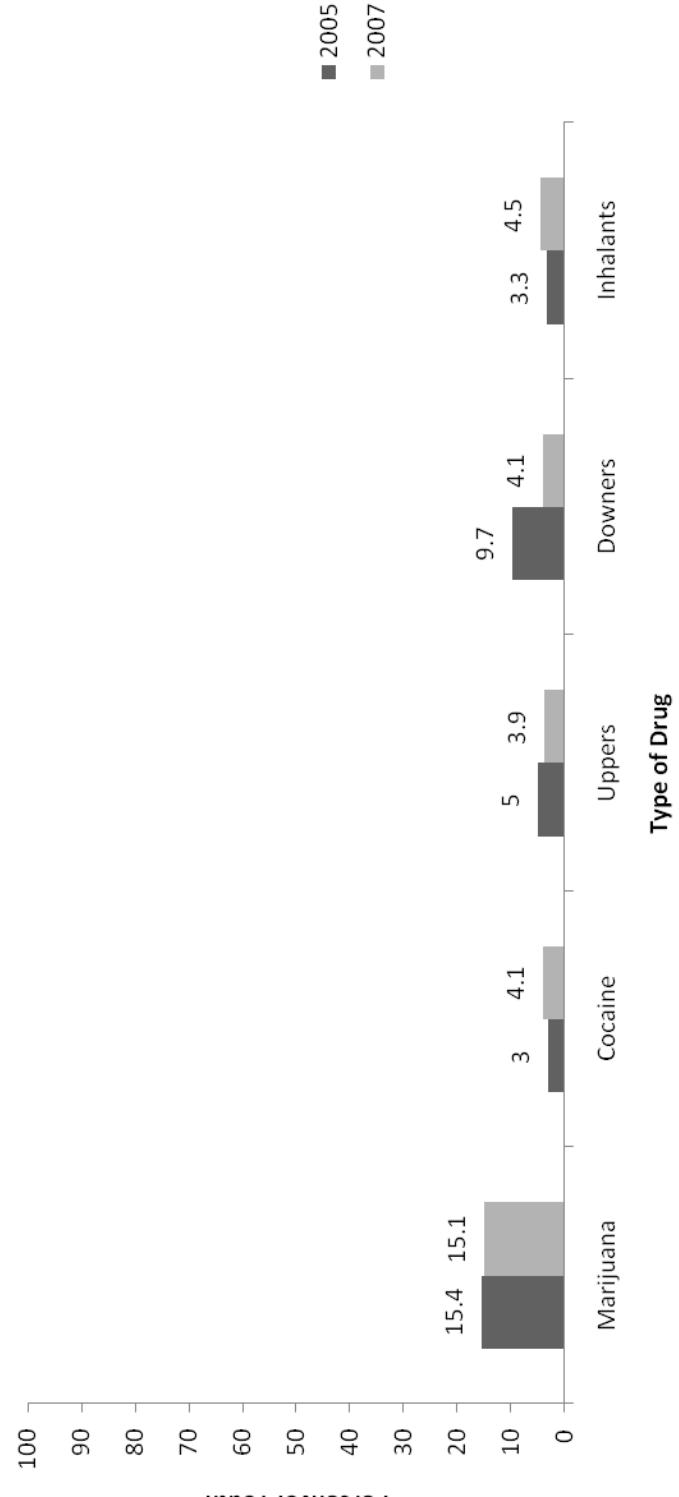
What the numbers and other information told us:

There was a slight increase in the daily usage of illicit drugs since 2005 but a continuous decrease within the weekly, monthly, and annual frequency of drug use.

7.8% of 8th graders, 20.8% of 10th graders and 15.4% of 12th graders report that their friends use marijuana often or a lot.

Drug Use

Youth Who Used Drugs Within the Past Year



Source: PRIDE Survey

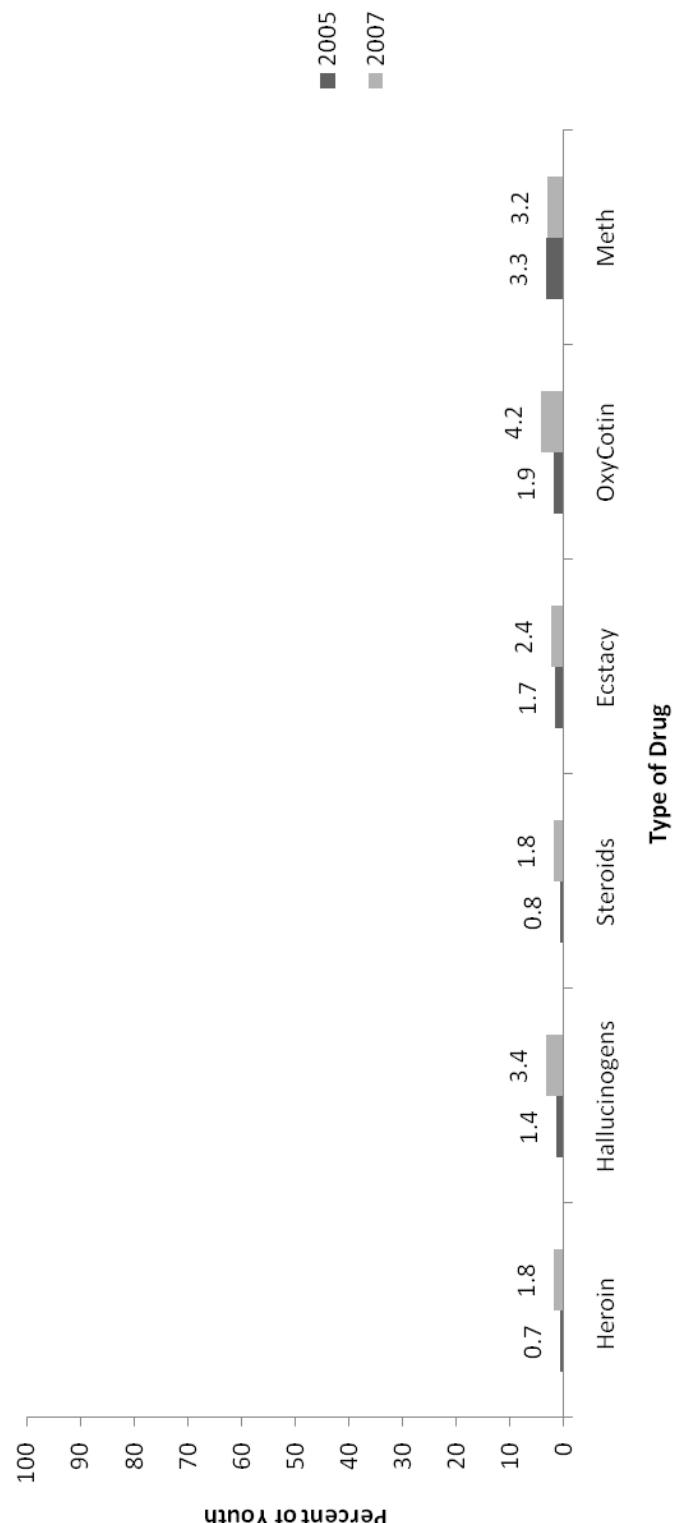
What the numbers and other information told us:

The amount of cocaine and inhalant use has increased in the past year while the use of uppers and downers has decreased.

The use of marijuana has stayed about the same since 2005.

Drug Use

Youth Who Used Drugs Within the Past Year (cont.)



Source: PRIDE Surveys

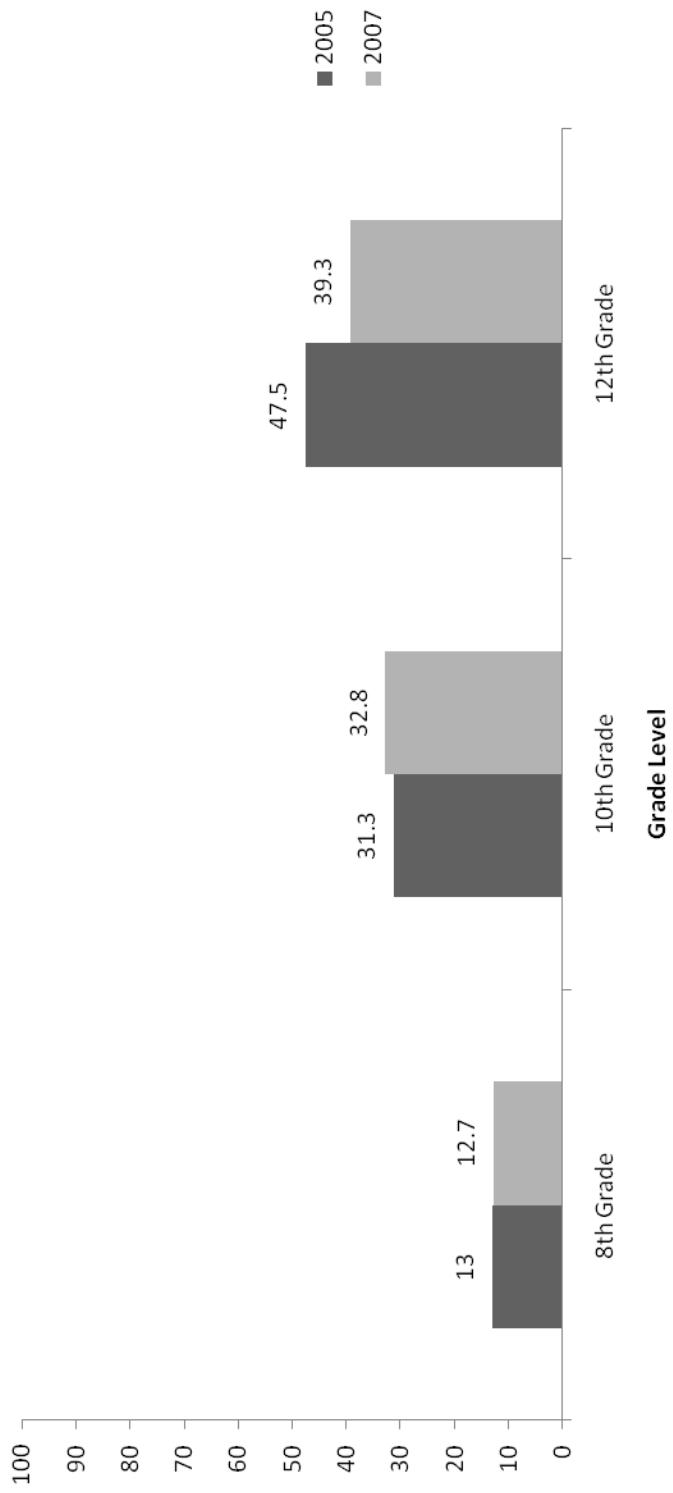
What the numbers and other information told us:

There has been a slight increase of all drugs surveyed since 2005 with the exception of Meth which stayed about the same.

Increase in Heroin by 1.1%, hallucinogens by 2%, steroids by 1%, Ecstasy by 0.7% and Oxycontin by 2.3%.

Drug Use

Youth by Grade Who Report it is Very Easy or Fairly Easy to Get Marijuana



Source: PRIDE Survey

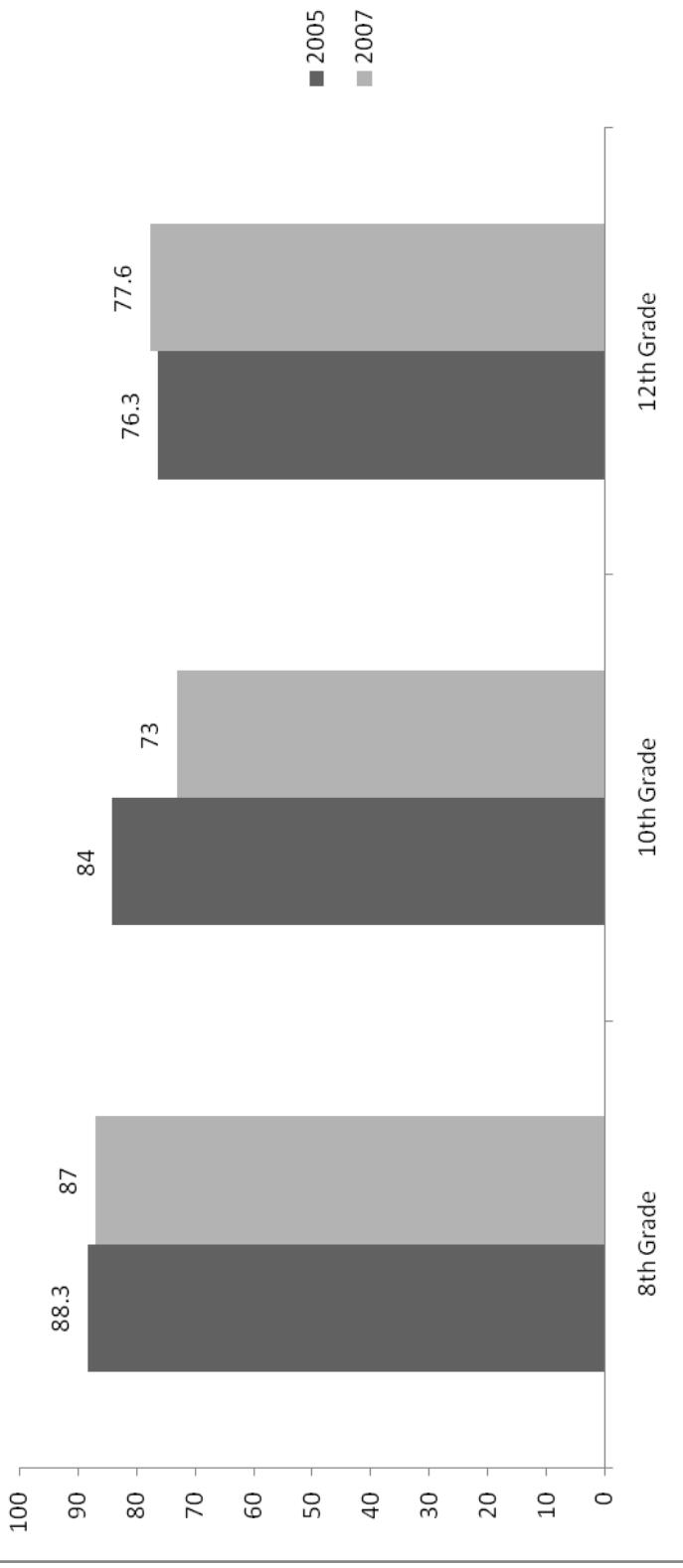
What the numbers and other information told us:

In the past, the youth were asked if obtaining different types of illicit drugs were fairly easy or very easy. In 2007, the only question asked by the PRIDE survey was whether or not marijuana was fairly easy or very easy to obtain. Therefore, the only comparison between 2005 and 2007 available is marijuana.

Between 8th and 10th graders, the rate has stayed almost the same. In 12th grade, there was an 8.2% drop in youth who felt marijuana was fairly easy or very easy to obtain.

Drug Use

Youth by Grade Who Report it is Harmful or Very Harmful to Use Marijuana



Source: PRIDE Survey

What the numbers and other information told us:

In the past, the youth were asked if different types of illicit drugs were harmful or very harmful. In 2007, the only question asked by PRIDE survey was whether or not marijuana was harmful or very harmful. Therefore, the only comparison between 2005 and 2007 available is marijuana.

While 8th and 12th graders steadily view marijuana use as being harmful or very harmful, there was a drop in percentage among 10th graders who view marijuana as harmful or very harmful from 84% in 2005 to 73% in 2007.

Drug Use

Youth Nationwide who use Illicit Drugs

Source: PRIDE National Survey

PRIDE	Daily	Weekly	Monthly	Annually
2005	5.1%	9.9%	13.7%	22.3%
2007	4.6%	8.8%	12.2%	20.1%

Harrisonburg/Rockingham Youth Data Survey

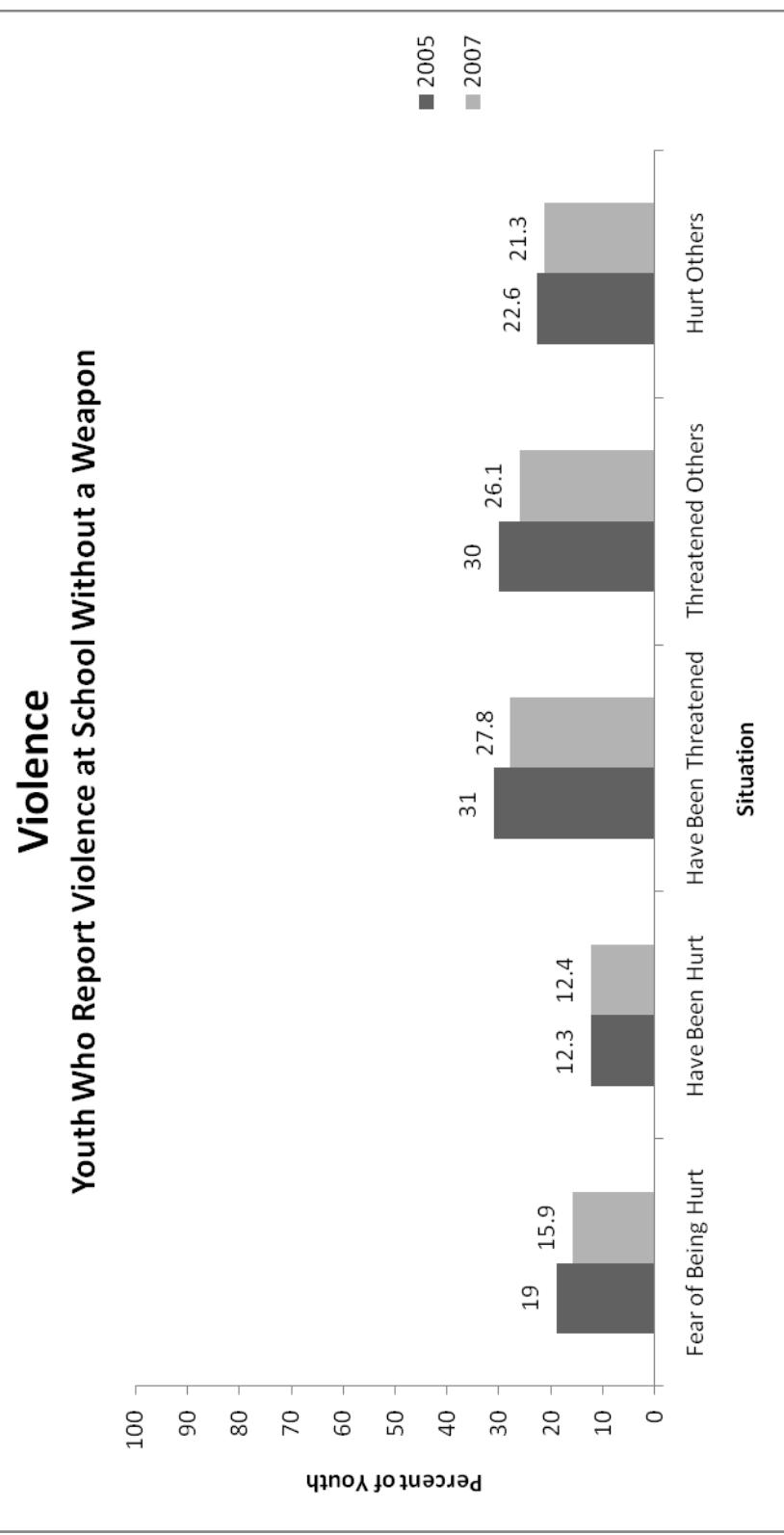
Source: PRIDE Survey

PRIDE	Daily	Weekly	Monthly	Annually
2005	2.9%	7.8%	11.8%	24.2%
2007	3.5%	7.2%	11.1%	19.9%

What the numbers and other information told us:

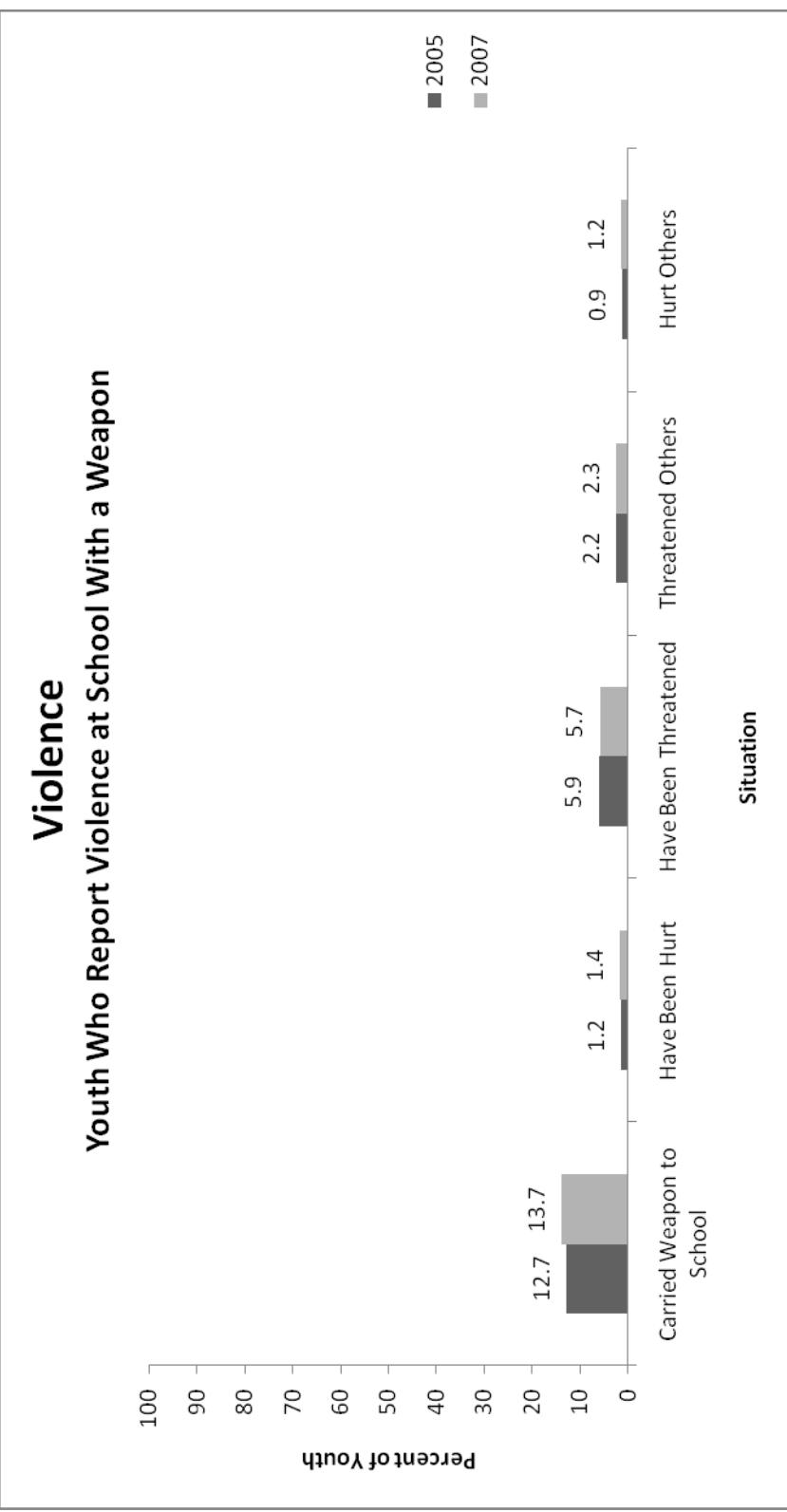
Although the numbers of daily illicit drug use has risen slightly by 0.6% in Harrisonburg City/Rockingham County, it is still lower than the nationwide daily use of illicit drugs (as well as in all other categories).

Illicit drug use has lowered in weekly, monthly and annual use in the Harrisonburg City/Rockingham County area.



What the numbers and other information told us:

The youth report shows a slight decrease among students reporting violence at school without a weapon.
Of responses given, 27.8% of the students indicated they had been put in a threatening position at school.

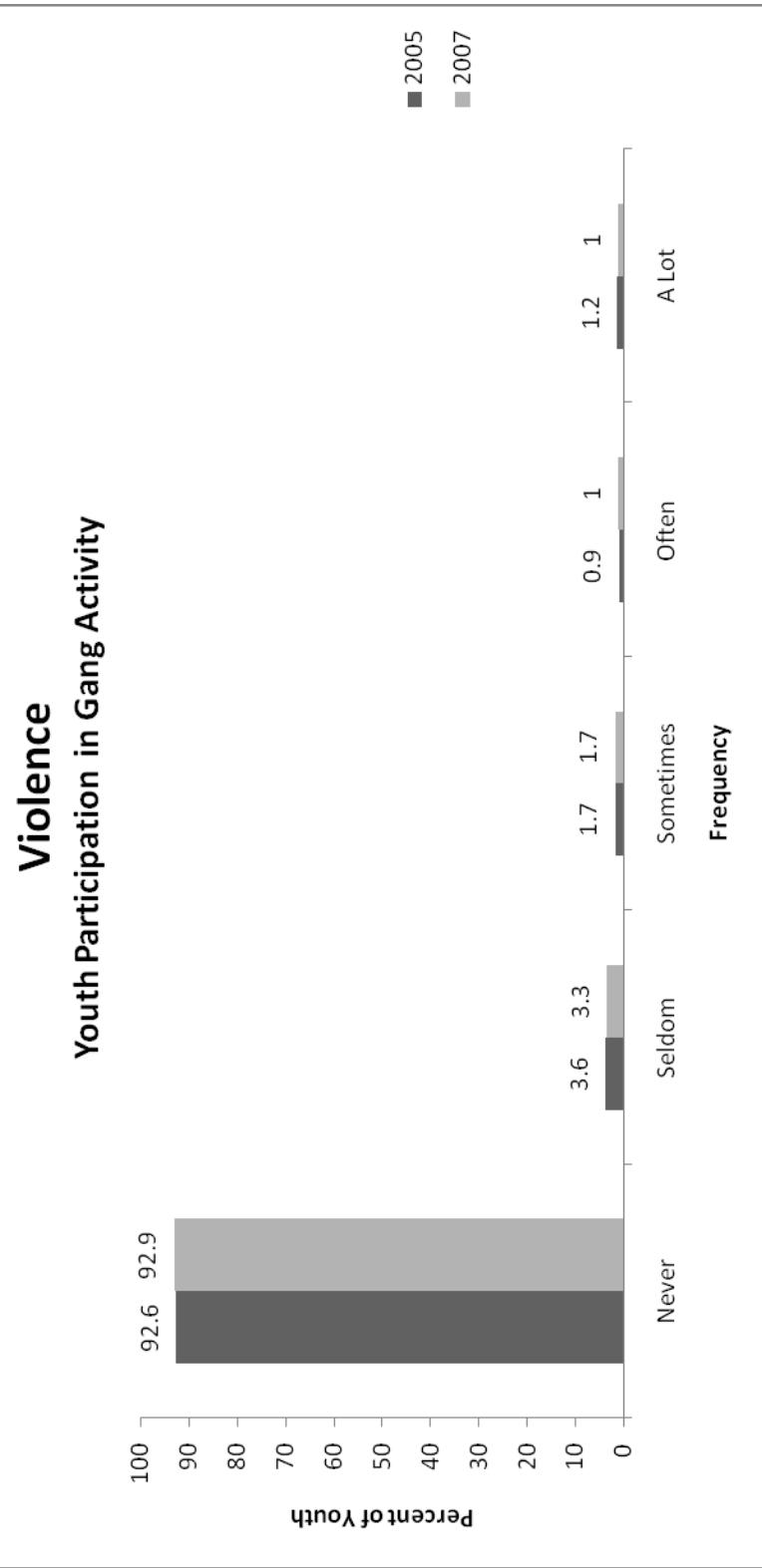


Source: PRIDE Survey

What the numbers and other information told us:

There was a slight increase in violence situations when students reported carrying a weapon to school (1%).

The other situations show little change from 2005.



Source: PRIDE Survey

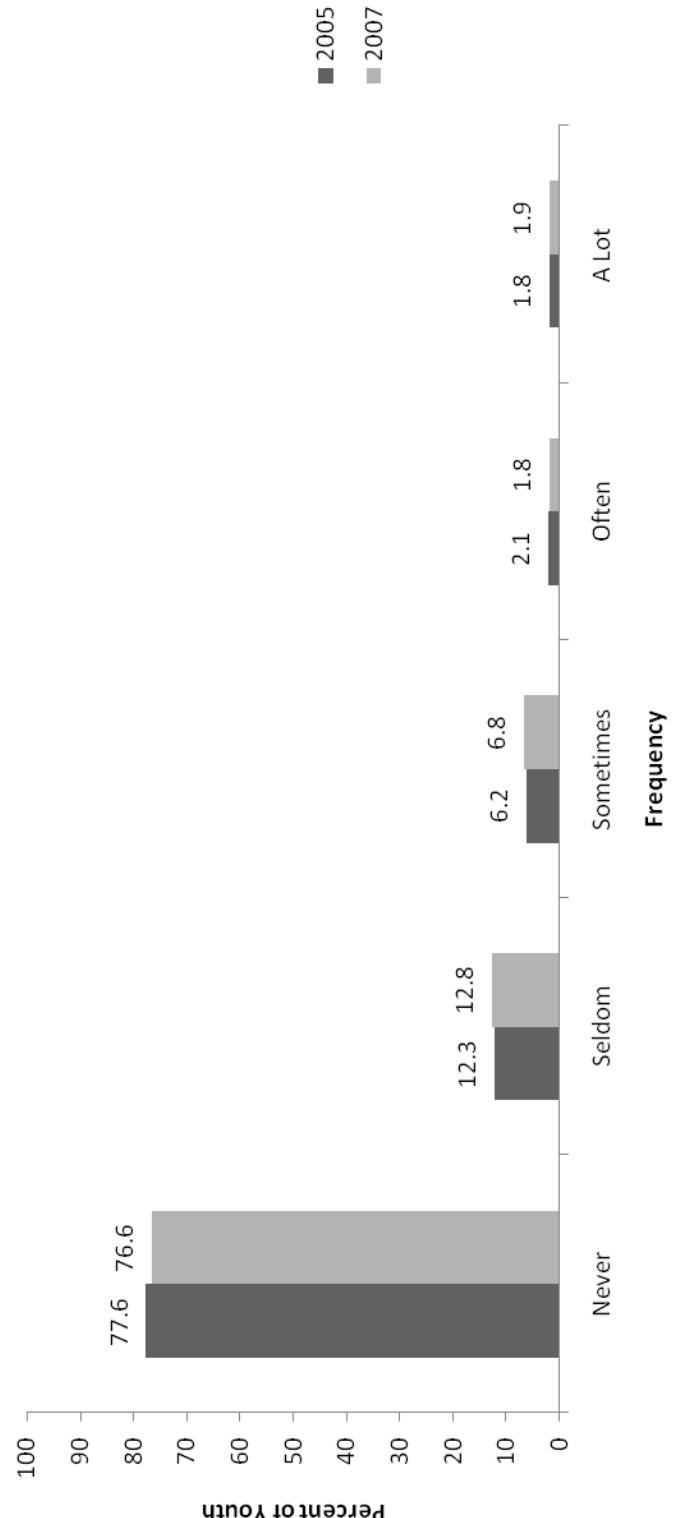
What the numbers and other information told us:

Most youth (92.9%) reported never participating in gang activities, which is about the same as 2005.

There is a small decrease in students reporting gang participation, most notably in Seldom (by 0.3%).

Suicide

Youth Who Have Thought About Committing Suicide



Source: PRIDE Survey

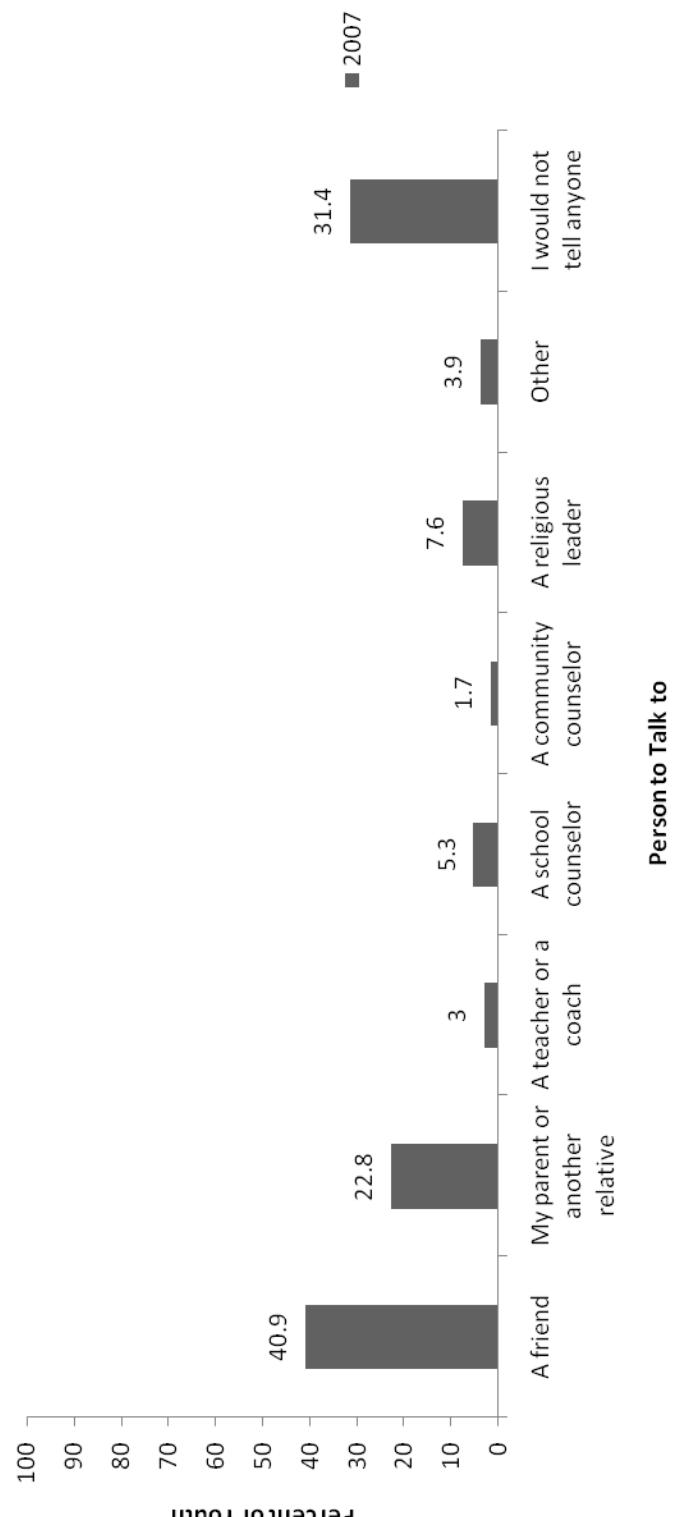
What the numbers and other information told us:

76.6% of youth have never thought of committing suicide, a small decrease from 2005 by 1%.

The youth report shows an increase in students who have thought about committing suicide in Seldom (by 0.5%), Sometimes (by 0.6%) and in A Lot (by 0.1%).

Suicide

Who Youth Would Tell if They were Seriously Thinking of Suicide



Source: Rockingham County/Harrisonburg Youth Survey

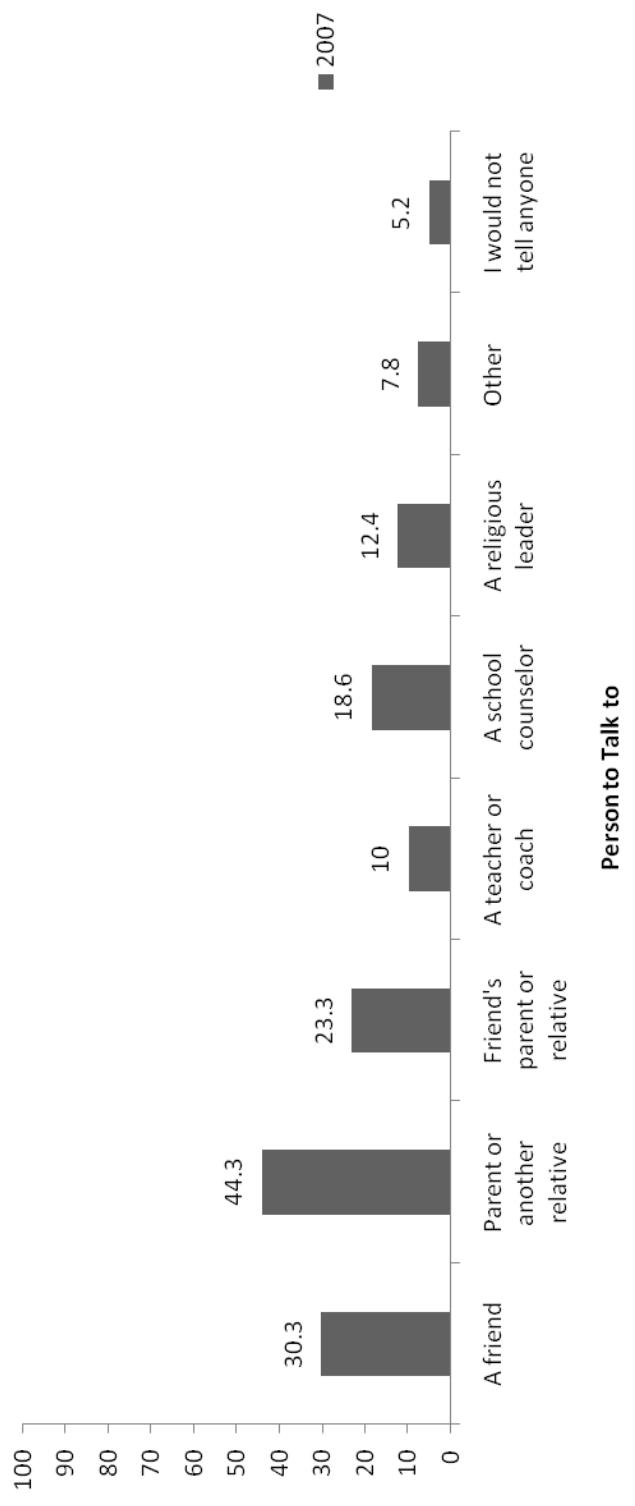
What the numbers and other information told us:

This question was not asked in previous years, therefore there is no 2005 data to compare.

31.4% of youth said that they would not tell anyone if they were considering suicide.

Suicide

Who Youth Would Tell When Worried About A Friend Seriously Thinking of Suicide



Source: Rockingham County/Harrisonburg Youth Survey

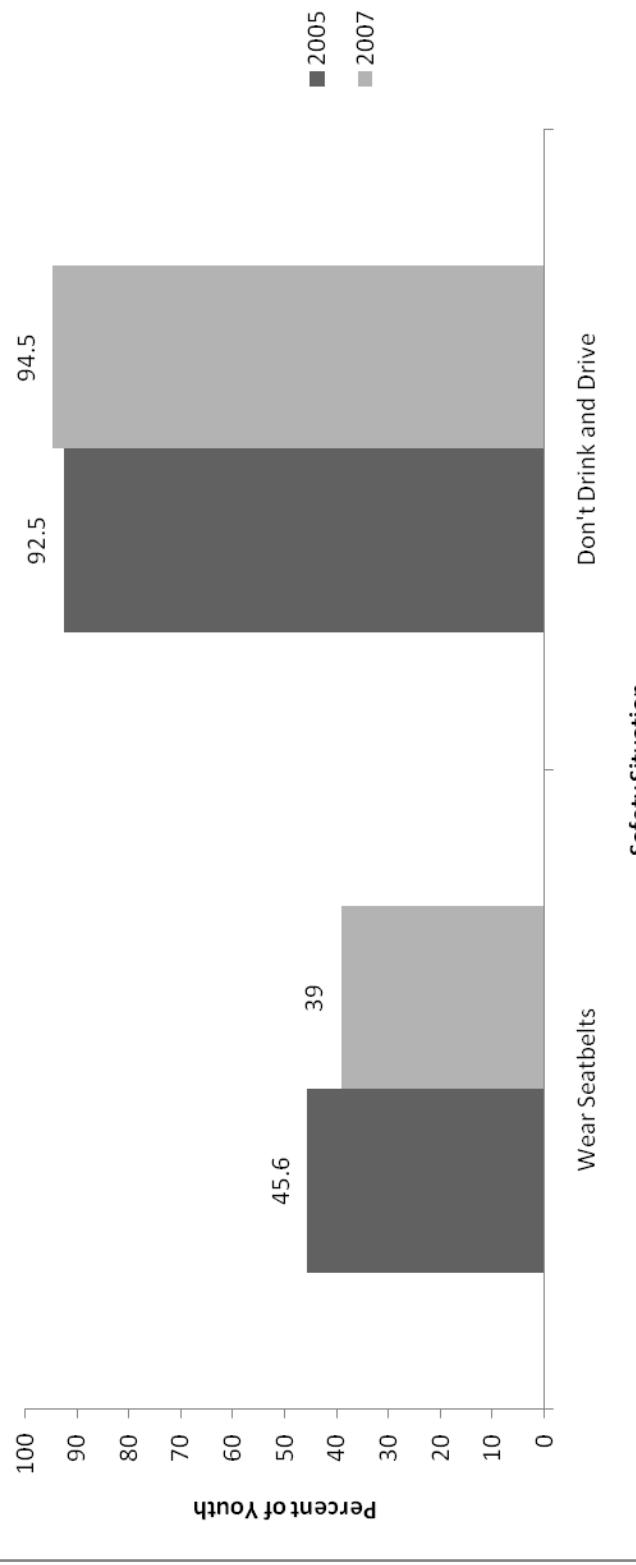
What the numbers and other information told us:

This question was not asked in previous years, therefore there is no 2005 data to compare.

The majority of youth would tell their parent or another relative (44.3%) if worried their friend was seriously thinking of suicide.

Safety

Youth Who Always Wear Seatbelts and Never Drink and Drive



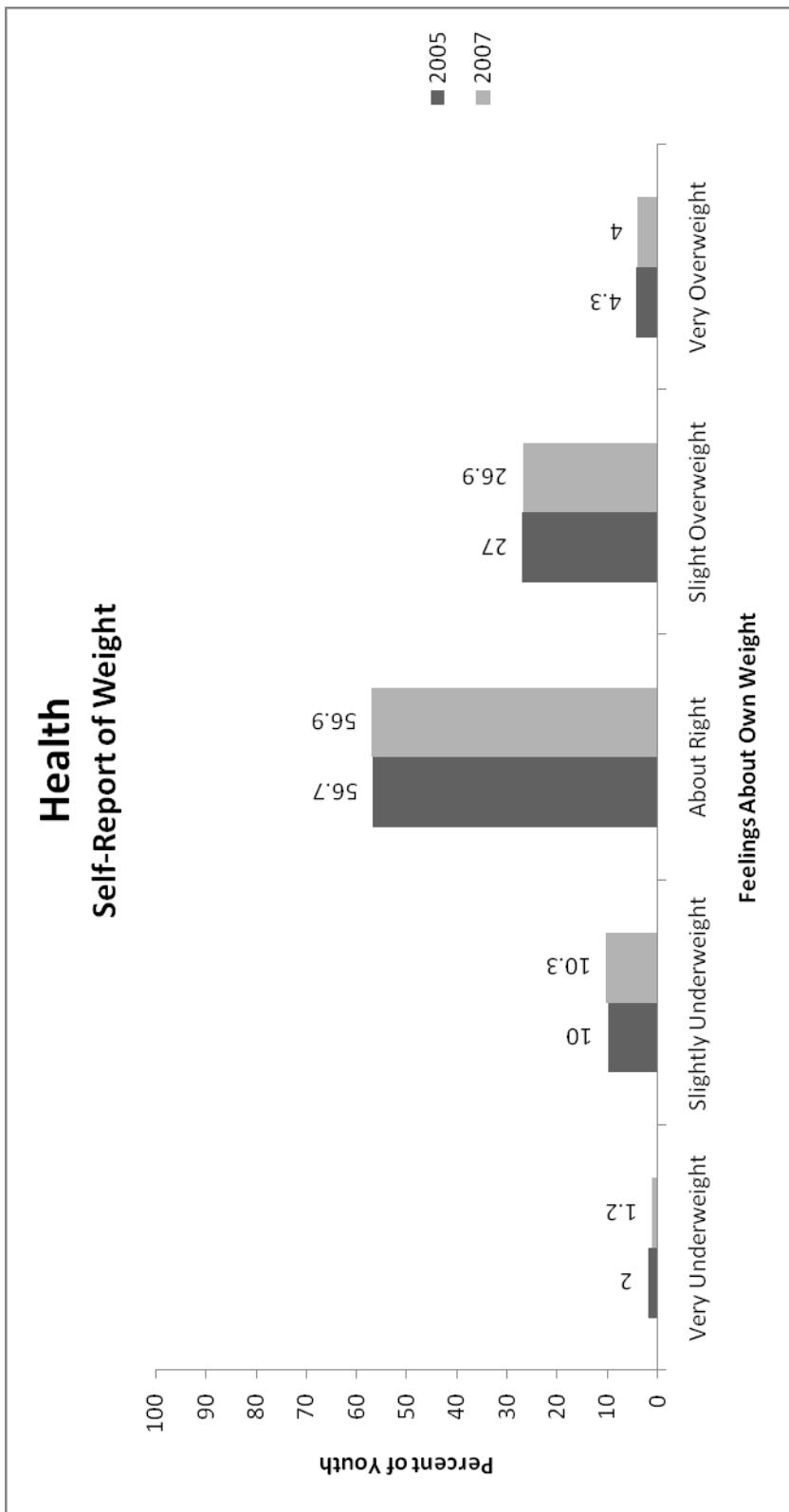
Source: PRIDE Survey

What the numbers and information told us:

There is a 6.6% decrease in youth who wear seatbelts and a 2% increase in youth who do not drink and drive.

Health

Self-Report of Weight

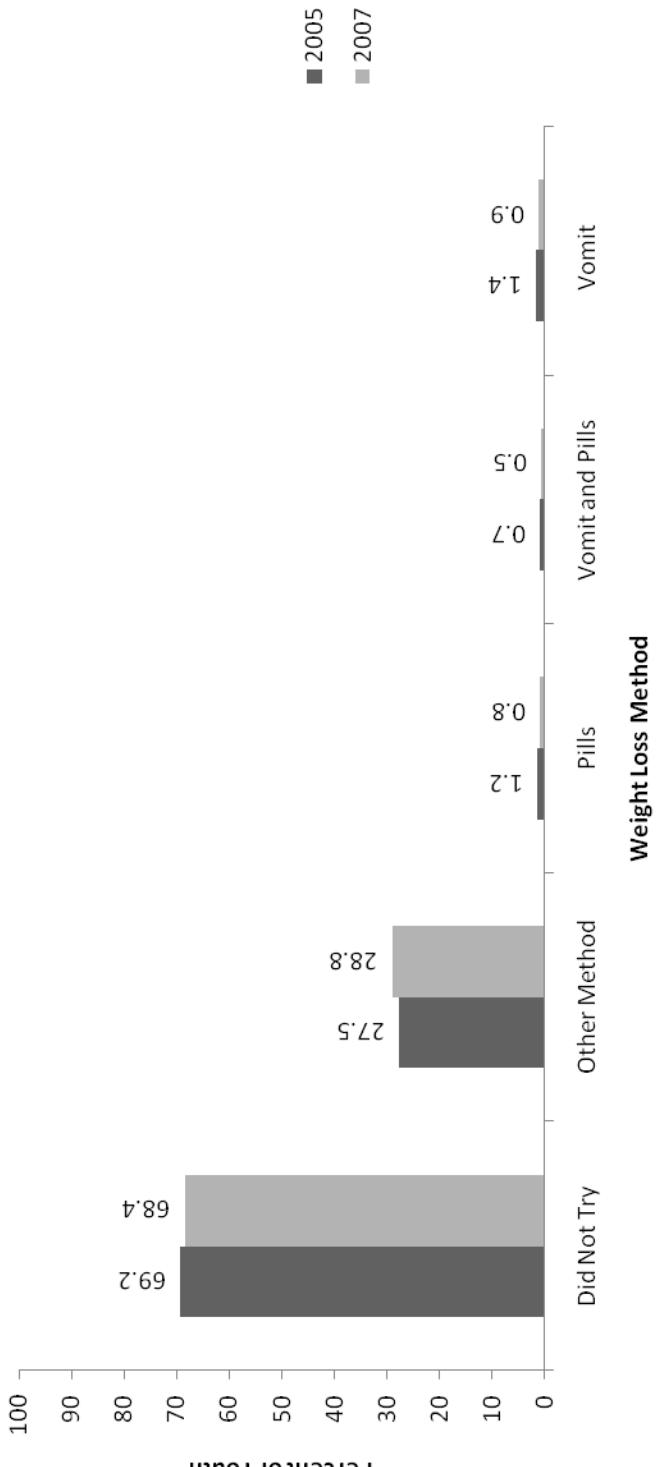


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Since 2005, there has not been much change in the way youth feel about their weight.

Health Weight Loss Method



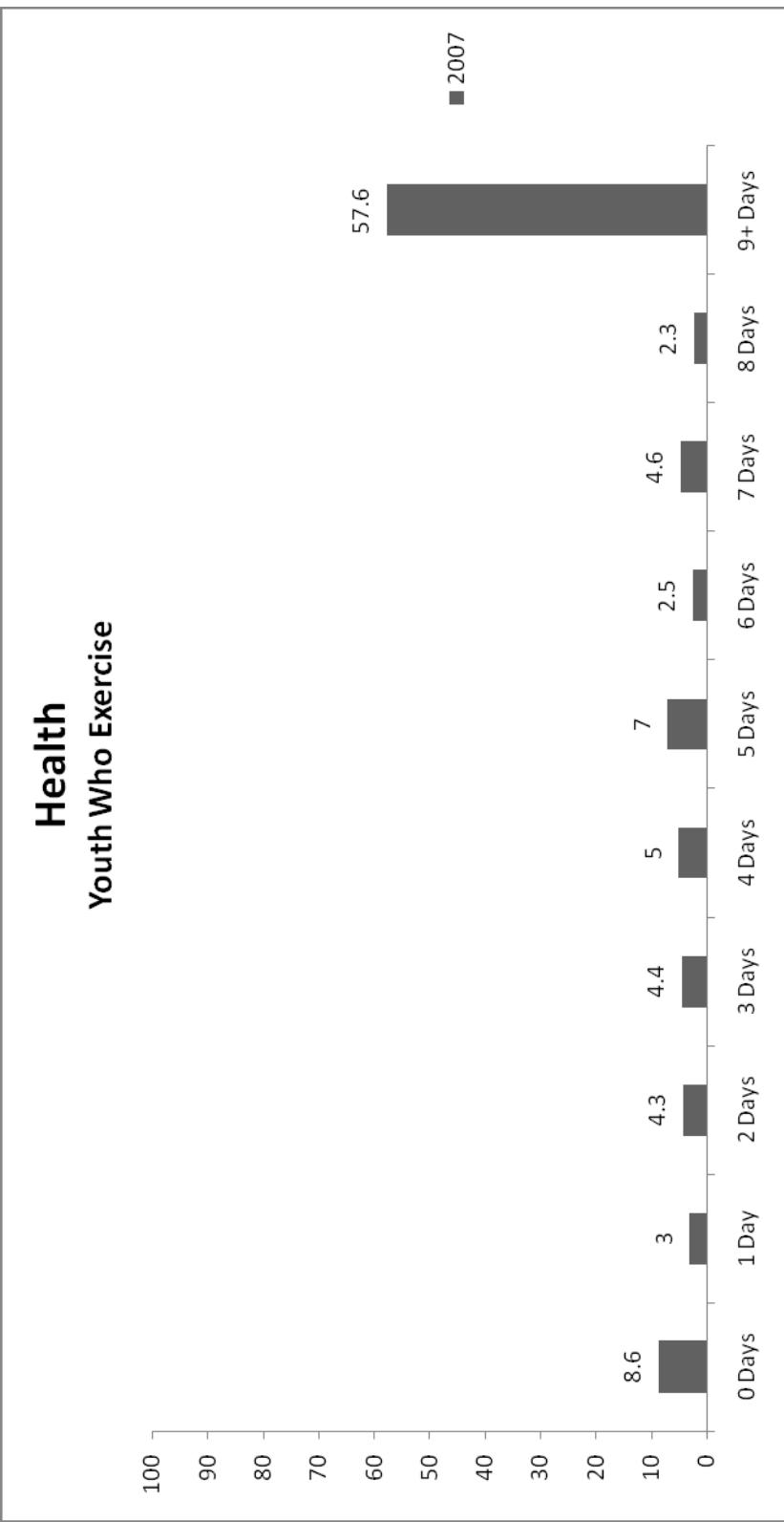
Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and information told us:

31% of our youth are using some method to lose or keep from gaining weight, a 0.8% increase from 2005.

There was a slight decrease in the percentage of youth who have not tried a weight loss method by 0.8%.

Health Youth Who Exercise



Source: Rockingham County/Harrisonburg Youth Survey

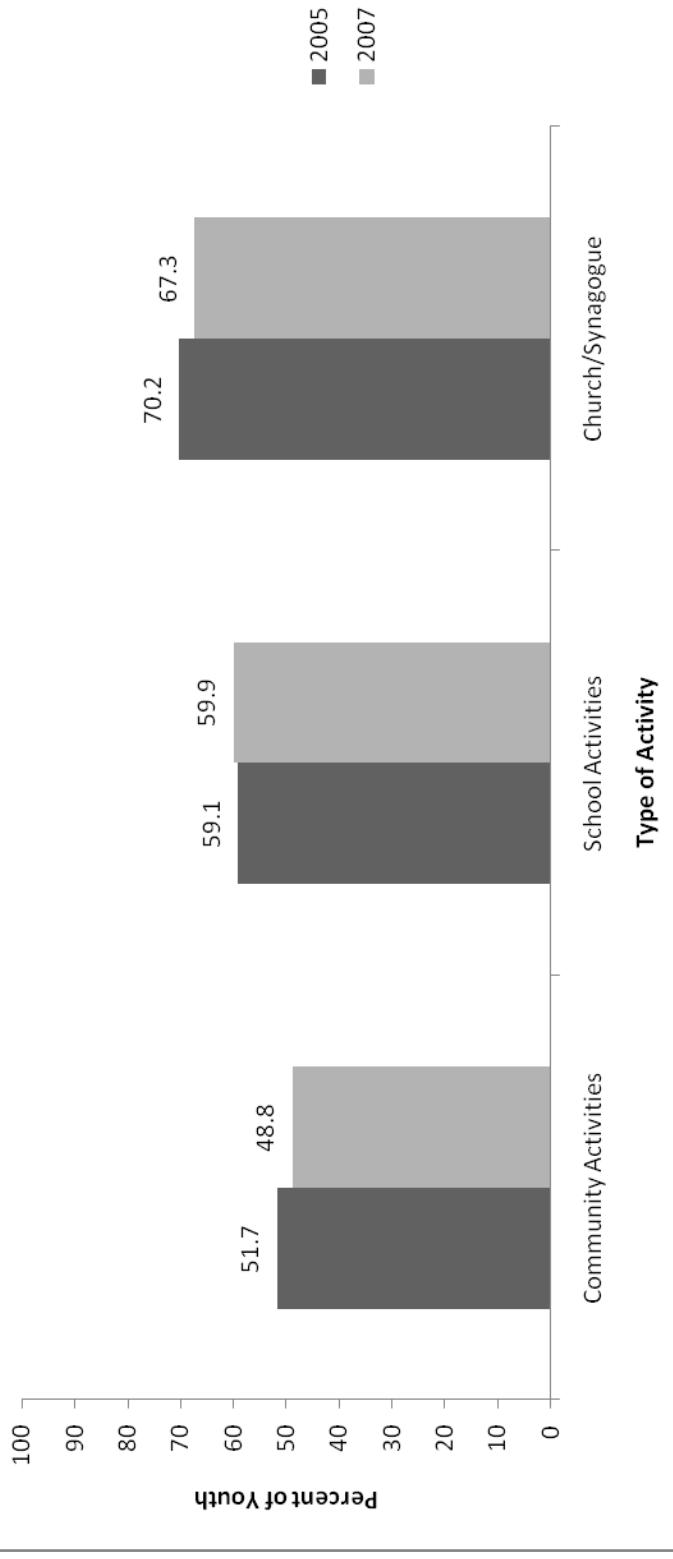
What the numbers and other information told us:

A comparison is not provided because in 2005, the question asked about numbers of times youth exercised PER WEEK, and in 2007, the question asked youth the number of times they exercised PER 30 DAYS.

Over half the youth (57.6%) report exercising more than 9 days throughout the month.

Health

Youth Who Participate Sometimes, Often, or A Lot in Activities



Source: PRIDE Survey

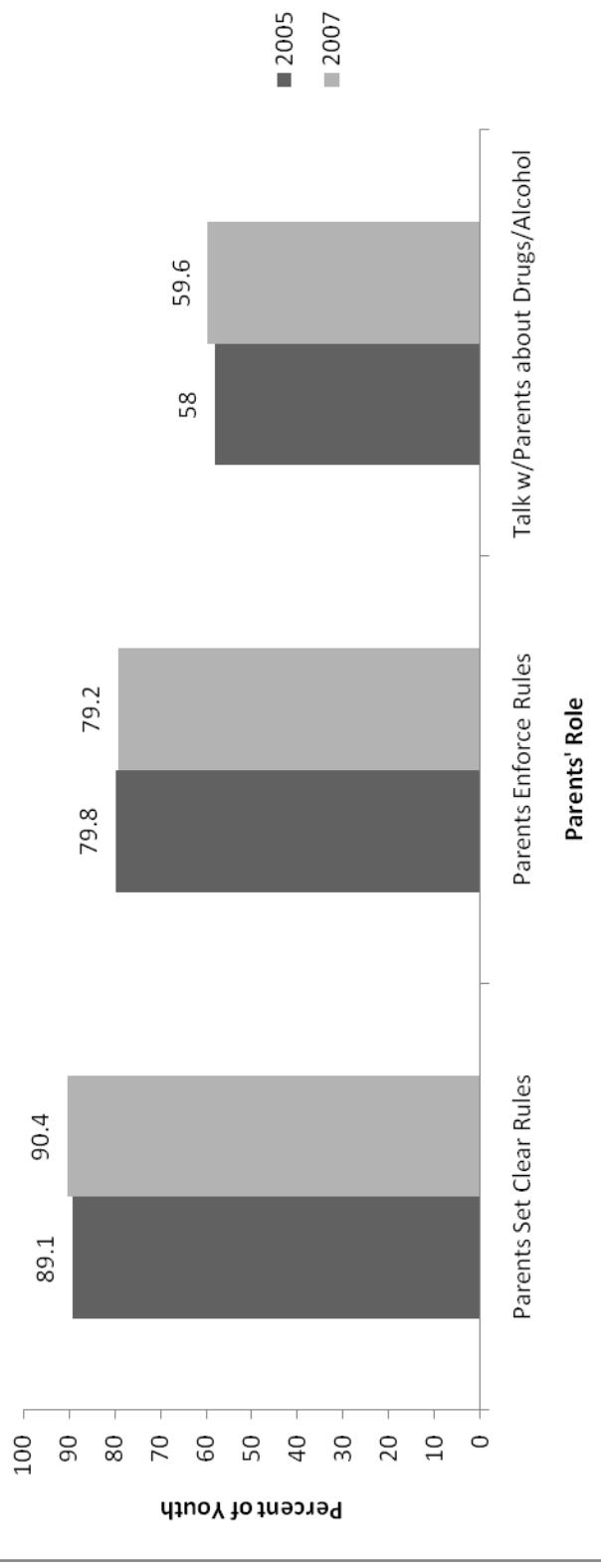
What the numbers and other information told us:

Most youth reported going to church or synagogue the most (67.3%).

There was a decrease in youth participating in community activities (2.9%) and church/synagogue (2.9%) while there was an increase in school activities (0.8%).

Health

Youth Whose Parents Set and Enforce Rules and Talk with Their Children about Drugs and Alcohol Sometimes, Often, or A Lot



Source: PRIDE Survey

What the numbers and other information told us:

The majority of parents set clear rules for youth (90.4%), a 1.3% increase from 2005.

The youth report shows an increase in parents talking to their children about rules and drugs/alcohol.

Parental Information
Reported by Youth

Parent's Employment Status

	Full-Time	Part-Time	Not Employed
Father	89.7%	5.9%	4.4%
Mother	65%	20.3%	14.7%

Education Level of Parents

	Some High School Graduate	High School Graduate	Some College	College Graduate
Father	18%	35.6%	11.9%	34.5%
Mother	13.9%	30.4%	15.1%	40.6%

ROCKINGHAM COUNTY - HARRISONBURG YOUTH SURVEY

SCHOOL CODE

①	②	③	④	⑤	⑥	⑦	⑧	⑨
⑩	⑪	⑫	⑬	⑭	⑮	⑯	⑰	⑲
⑳	㉑	㉒	㉓	㉔	㉕	㉖	㉗	㉘
㉙	㉚	㉛	㉜	㉝	㉞	㉟	㉟	㉟

FORM 3532 (10/07) 0987654321

Page 1

INSTRUCTIONS

USE NO. 2 PENCIL ONLY

RIGHT



WRONG



- USE A NO. 2 PENCIL
- FILL THE OVAL COMPLETELY
- DO NOT MAKE ANY STRAY MARKS

1. Ethnic Origin: 2. What is your sex? 3. What is your age? 4. What is your grade? 5. Do you live with?
- White Male 13 years old 8
 Black Female 14 years old 9
 Hispanic/Latino 15 years old 10
 Asian 16 years old 11
 Native American 17 years old 12
 Russian/Eastern 18 years old
European 19 years old or older
 Other
6. When you rode a bike in the last 12 Months, did you wear a helmet?
 I did not ride a bicycle during the past 12 months
 Rarely wore a helmet
 Most of the time wore a helmet
 Always wore a helmet
7. If you were being physically harmed or hurt, who would you tell?
 Parent/family member or relative
 Friend(s)
 Church leader
 School teacher
 School Counselor
 Other
 No one
8. Have you ever been pressured by anyone to take part in a sexual act against your will?
 Yes
 No
9. If you have intentionally harmed your body in the past 6 months, please select each method you have used: (Select all that apply)
 I have never intentionally tried to harm myself
 I have cut myself
 I have scratched myself
 I have hit or punched myself
 I have carved names/symbols into my skin
 Other
10. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
 I do not drive
 0 times
 1 time
 2 or 3 times
 4 or 5 times
 6 or more times
11. During your life, how many times have you taken PRESCRIPTION medication that WAS NOT prescribed for you?
 0 times
 1 time
 2 or 3 times
 4 or 5 times
 6 or more times
12. Do you wear a seatbelt when driving or riding in another vehicle?
 Every time
 Sometimes
 Never
13. Have you ever talked about HIV/AIDS infection with your parents/guardians or other adults in your family?
 Yes
 No
14. Have you ever had sexual intercourse?
 Yes If yes, how old were you when you had sexual intercourse for the first time?
 No 12 or younger
 13
 14
 15
 16
 17
 18
15. Did you drink alcohol or use drugs before you had sexual intercourse the LAST TIME?
 I have never had sexual intercourse
 Yes
 No
 Not sure
16. The LAST TIME you had sexual intercourse, what ONE method did you or your partner use to PREVENT PREGNANCY? (Select only ONE response)
 I have never had sexual intercourse
 No method was used to prevent pregnancy
 Birth Control pills
 Condoms
 Withdrawal
 Birth Control Shot
17. Do you agree that abstinence is the only 100% effective way to prevent pregnancy and the spread of sexually transmitted infection(s) (STI/STD's)?
 Yes
 No
18. I feel comfortable with my body size:
 Yes
 No
19. How do you think of yourself?
 Very underweight
 Slightly underweight
 About the right weight
 Slightly overweight
 Very overweight
20. During the past 30 days, which ONE of the following did you do to lose weight or keep from gaining weight?
 I did not try to lose weight
 I made myself vomit
 I took diet pills
 I made myself vomit and took diet pills
 I used some other method but did not vomit or take diet pills

ROCKINGHAM COUNTY - HARRISONBURG YOUTH SURVEY

Page 2

21. On how many of the past 30 days did you exercise or participate in sports activities for at least 20 minutes THAT MADE YOU SWEAT AND BREATHE HARD, such as basketball, jogging, fast dancing, swimming laps, tennis, fast bicycling, or similar aerobic activities?

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days
- 8 days
- 9 days +

The next question asks about food you ate in the past 7 days. Think about all meals and snacks you ate over the past week. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

22. Over the past week did you eat or drink:

- Fruit or Fruit Juice
- Milk products (milk, cheese, yogurt)
- Water
- Soda
- Energy Drinks
- Green salad
- Cooked Vegetables
- Hamburger, hot dogs or sausage
- French fries or potato chips
- Cookies, candy, doughnuts or pizza

23. Are there gangs in your: (Select all that apply)

- School
- Neighborhood
- Community

24. Have you ever seen gang activity in your:
(Select all that apply)

- Have never seen gang activity
- School
- Neighborhood
- The community

25. Have you ever been asked to join a gang?

- Yes
- No

26. Have you ever felt threatened or harmed by a gang member(s)?

- Yes
- No

27. Are you, or have you ever been a member of a gang?

- Yes If yes, do any of the following describe your gang? (Select all that apply)
 - You can join before age 13
 - There are initiation rites
 - The gang has established leaders
 - The gang has regular meetings
 - The gang has specific rules or codes
 - Gang members have specific roles
 - There are roles for each age group
 - The gang has symbols or colors
 - There are specific roles for girls
- No

28. What is the language you use most often at home?

- English
- Spanish
- Another Language

29. Have you ever been suspended from school?

- Yes
- No

30. If you are in a gang, does your gang do the following things? (Select all that apply)

- Get in fights with other gangs
- Provide protection for each other
- Steal things or rob people
- Tagging or Graffiti
- Steal cars
- Sell marijuana
- Sell other illegal drugs
- Damage or destroy property
- I am not in a gang

31. I feel safe in my neighborhood.

- Yes
- No

32. When I am not at home, one of my parents/guardians knows where I am and who I am with.

- Yes
- No

33. My parents/guardians ask if I've gotten my homework done.

- Yes
- No

34. Who would you tell if you were worried that a friend is seriously thinking of suicide?

- A friend
- My parent or another relative
- My friends parents or relative
- A teacher or coach
- A school counselor
- A religious leader (my minister, priest, rabbi, or youth leader)
- Other
- I would not tell anyone

35. If you were seriously thinking of suicide, who would you tell?

- A friend
- My parents or another relative
- A teacher or coach
- A school counselor
- A community counselor
- A religious leader (my minister, priest, rabbi, or church youth leader)
- Other
- I would not tell anyone

36. Over the last 12 months I have lived with:
(Select all that apply)

- I have lived in the same place all 12 months
- Parents or guardian
- A friend
- Another relative
- A shelter
- A foster home
- I had no where to live
- Other

I. PERSONAL AND FAMILY INFORMATION

1. Ethnic Origin:	3. Age:	4. Grade:	5. Do you live with...	7. Do your parents have a job?
<input type="checkbox"/> White	<input type="checkbox"/> 10 years old or less	<input type="checkbox"/> 6	<input type="checkbox"/> both parents	<input type="checkbox"/> father? <input type="checkbox"/> Yes, full-time
<input type="checkbox"/> African American	<input type="checkbox"/> 11 years old	<input type="checkbox"/> 7	<input type="checkbox"/> mother only	<input type="checkbox"/> mother? <input type="checkbox"/> Yes, part-time
<input type="checkbox"/> Hispanic/Latino	<input type="checkbox"/> 12 years old	<input type="checkbox"/> 8	<input type="checkbox"/> father only	<input type="checkbox"/> No
<input type="checkbox"/> Asian/Pacific Islander	<input type="checkbox"/> 13 years old	<input type="checkbox"/> 9	<input type="checkbox"/> mother & stepfather	
<input type="checkbox"/> Native American	<input type="checkbox"/> 14 years old	<input type="checkbox"/> 10	<input type="checkbox"/> father & stepmother	
<input type="checkbox"/> Mixed Origin	<input type="checkbox"/> 15 years old	<input type="checkbox"/> 11	<input type="checkbox"/> other	
<input type="checkbox"/> Other	<input type="checkbox"/> 16 years old	<input type="checkbox"/> 12		
2. Sex:	<input type="checkbox"/> 17 years old		6. Do you have a job?	<input type="checkbox"/> some high school
<input type="checkbox"/> Male	<input type="checkbox"/> 18 years old		<input type="checkbox"/> Yes, full-time	<input type="checkbox"/> high school graduate
<input type="checkbox"/> Female	<input type="checkbox"/> 19 years old or more		<input type="checkbox"/> Yes, part-time	<input type="checkbox"/> some college
			<input type="checkbox"/> No	<input type="checkbox"/> college graduate

II. STUDENT INFORMATION

1. Do you make good grades?	SOMETIMES NEVER	OFTEN	A LOT	13. Do your parents punish you when you break the rules?	SOMETIMES NEVER	OFTEN	A LOT
2. Do you get into trouble at school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	14. Have you been in trouble with the police?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you take part in school sports teams?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	15. Do you take part in gang activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you take part in school activities such as band, clubs, etc?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	16. Have you thought about committing suicide?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Do you take part in community activities such as scouts, rec. teams, youth clubs, etc.?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	17. Do your friends use tobacco (cigarettes, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Do you attend church, synagogue, etc.?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	18. Do your friends use alcohol (beer, liquor, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Do your parents talk with you about the problems of tobacco, alcohol and drug use?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	19. Do your friends use marijuana (pot, hash, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Do your teachers talk with you about the problems of tobacco, alcohol and drug use?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	20. Have you had 5 or more glasses of beer, coolers, breezers or liquor within a few hours?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Have you skipped school without your parents' permission in the past year?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
10. Does your school set clear rules on using drugs at school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
11. Does your school set clear rules on bullying or threatening other students at school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
12. Do your parents set clear rules for you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

YES NO

III. WITHIN THE PAST YEAR HOW OFTEN HAVE YOU...

1. Smoked cigarettes?	DID NOT USE	ONCE/YEAR	6 TIMES/YEAR	ONCE/MONTH	3 TIMES/WEEK	EVERY DAY
2. Used smokeless tobacco (chew, etc.)?	<input type="checkbox"/>					
3. Smoked cigars?	<input type="checkbox"/>					
4. Drank beer?	<input type="checkbox"/>					
5. Drank coolers, breezers, hard lemonade, etc.?	<input type="checkbox"/>					
6. Drank liquor (whiskey, vodka, rum, etc.?)	<input type="checkbox"/>					
7. Smoked marijuana (pot, hash, etc.)?	<input type="checkbox"/>					
8. Used cocaine (crack, etc.)?	<input type="checkbox"/>					
9. Used uppers (stimulants, etc.)?	<input type="checkbox"/>					
10. Used downers (depressants, etc.)?	<input type="checkbox"/>					
11. Used inhalants (glue, gas, etc.)?	<input type="checkbox"/>					
12. Used hallucinogens (PCP, LSD, etc.)?	<input type="checkbox"/>					
13. Used heroin (opiates)?	<input type="checkbox"/>					
14. Used steroids?	<input type="checkbox"/>					
15. Used ecstasy (MDMA)?	<input type="checkbox"/>					
16. Used OxyContin?	<input type="checkbox"/>					
17. Used Derbisol?	<input type="checkbox"/>					
18. Used meth (crystal, ice, crank, etc.)?	<input type="checkbox"/>					

IV. WHAT EFFECT DO YOU MOST OFTEN GET WHEN YOU...

1. Drink beer?	DO NOT USE	A LITTLE HIGH	VERY HIGH
2. Drink coolers, breezers, etc.?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Drink liquor (whiskey, vodka, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Smoke marijuana (pot, hash, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

V. DO YOU FEEL THE FOLLOWING ARE HARMFUL TO YOUR HEALTH?

1. Smoking cigarettes?	NO HARM	SOME HARM	VERY HARMFUL
2. Using smokeless tobacco (chew, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Smoking cigars?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Drinking beer?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Drinking coolers, breezers, hard lemonade, etc.?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Drinking liquor (whiskey, vodka, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Smoking marijuana (pot, hash, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

AGE DID YOU FIRST...

NEVER USED	10 OR UNDER	11	12	13	14	15	16	17 OR OLDER
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○
○	○	○	○	○	○	○	○	○

1. Smoke cigarettes?
2. Use smokeless tobacco (chew, etc.)?
3. Smoke cigars?
4. Drink beer?
5. Drink coolers, breezers, hard lemonade, etc.?
6. Drink liquor (whiskey, vodka, rum, etc.)?
7. Smoke marijuana (pot, hash, etc.)?
8. Use cocaine (crack, etc.)?
9. Use meth (crystal, ice, crank, etc.)?
10. Use other illegal drugs?

VII. WHERE DO YOU USUALLY...

(You may mark more than 1 response for each question)

DO NOT USE	AT HOME	AT SCHOOL	FRIEND'S HOME	IN A CAR	OTHER
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○

VIII. WHEN DO YOU USUALLY...

(You may mark more than 1 response for each question)

DO NOT USE	BEFORE SCHOOL	DURING SCHOOL	AFTER SCHOOL	WEEK NIGHTS	WEEKENDS
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○

IX. NON-MEDICAL USE

1. During your life, how many times have you taken a prescription drug such as Ritalin, Adderall or Xanax without a doctor's prescription?
2. During your life, how many times have you taken over-the-counter drugs to get high?
3. During the past 30 days, how many times have you taken over-the-counter drugs to get high?

0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 or more times
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○

X. VEHICLE SAFETY

1. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
2. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?
3. How often do you wear a seatbelt when driving a car?

<input type="radio"/> Never	<input type="radio"/> Sometimes	<input type="radio"/> Always
<input type="radio"/> Seldom	<input type="radio"/> Most of the time	<input type="radio"/> I don't drive
4. How often do you wear a seat belt when riding in a car driven by someone else?

<input type="radio"/> Never	<input type="radio"/> Sometimes	<input type="radio"/> Always
<input type="radio"/> Seldom	<input type="radio"/> Most of the time	

0 times	1 time	2 or 3 times	4 or 5 times	6 or more times
○	○	○	○	○
○	○	○	○	○
○	○	○	○	○
○	○	○	○	○
○	○	○	○	○
○	○	○	○	○
○	○	○	○	○
○	○	○	○	○

FRIENDS FEEL IT WOULD BE FOR YOU TO...

Parents	Friends
A LITTLE BIT WRONG AT ALL	NOT WRONG
NOT WRONG AT ALL	VERY WRONG
VERY WRONG	WRONG
WRONG	VERY WRONG

1. Use tobacco (cigarettes, etc.)?
2. Use alcohol (beer, wine, liquor, etc.)?
3. Use marijuana (pot, hash, etc.)?

XII. HOW EASY IS IT TO GET...

DON'T KNOW/CAN'T GET	VERY DIFFICULT	FAIRLY EASY	VERY EASY
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○

XIII. WHILE AT SCHOOL HAVE YOU...(Past Year)

NEVER	ONE TIME	2-5 TIMES	8 OR MORE TIMES
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○
○	○	○	○

XIV. IN MY SCHOOL, I FEEL SAFE...

NEVER	SELDOM	SOMETIMES	OFTEN	A LOT
○	○	○	○	○
○	○	○	○	○
○	○	○	○	○
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XV. ADDITIONAL QUESTIONS

1. A B C D E F G H
2. A B C D E F G H
3. A B C D E F G H
4. A B C D E F G H
5. A B C D E F G H
6. A B C D E F G H
7. A B C D E F G H
8. A B C D E F G H
9. A B C D E F G H
10. A B C D E F G H

THANK YOU FOR YOUR PARTICIPATION