

S8: SMART Goal

Specific	<ul style="list-style-type: none">▪ What do I want to accomplish?▪ Why do I want to accomplish this?▪ What are the requirements?▪ What are the constraints?	
Measurable	<ul style="list-style-type: none">▪ How will I measure my progress?▪ How will I know when the goal is accomplished?	
Achievable	<ul style="list-style-type: none">▪ How can the goal be accomplished?▪ What are the logical steps I should take?	
Relevant	<ul style="list-style-type: none">▪ Is this a worthwhile goal?▪ Do I have the necessary resources to accomplish this goal?▪ Does this goal align with my long-term objectives?	
Time-Bound	<ul style="list-style-type: none">▪ How long will it take to accomplish this goal?▪ When is the completion of this goal due?▪ When am I going to work on this goal?	