ePortfolio Reflective Writing

In addition to descriptions of your skills, experiences, and knowledge, your ePortfolio should also include reflective writing. Reflective writing allows you to articulate why an experience is important, what you learned during the process, and how you plan to apply your skills to future projects or endeavors. Below are examples of topics you could discuss in your reflective writing. As you craft your reflective writing, try to answer at least one question from each category.

What?

- What context/background information is important or relevant to your audience?
- What happened? What did you do? What were the results?

So What?

- How does this skill, experience, or knowledge matter? What insights did you gain?
- How does this relate to your education? Career aspirations? Personal interests?
- What did you learn about yourself? Your goals, values, or perceptions? Your environment, subject matter, or community?
- How does this connect to other skills, experience or knowledge?
- What skills did you use or acquire?
- What challenges did you encounter? How did you overcome them?
- What are you most proud of? Why?
- What would you do differently?
- How was your experience different from what you expected?

Now What?

- How might you use this skill, experience, or knowledge in the future?
- How will this influence the way you approach future projects or endeavors?
- What will change as a result of this?
- What would you like to learn more about?