A FEW REMINDERS
FROM THE UNIVERSITY
HEALTH CENTER

Virginia law requires specific information about immunizations and a TB screening to be on file with the Health Center. JMU does not require a physical exam.

IMMUNIZATION FORMS ARE DUE
JULY 8

It is mandatory that you complete the following steps and that they are confirmed by UHC before you attend classes.

• Go to The One Book website and click on the Immunization Form step.

• Print the form and have it completed and signed by a health care professional. (If a different form is used by your health care provider or you have a completed one from another college, university or high school, it will be accepted in place of the JMU form.)

• The completed form must be uploaded to MyJMUChart.

• Complete the required TB screening and health history at that time (under the Forms tab in MyJMUChart).

• You will receive an email with confirmation if your information is complete, or with further instructions if needed.

You are not considered compliant until all information is verified.

If you cannot meet the July 8 deadline, please contact the Health Center at healthctr@jmu.edu.

See the UHC Incoming Students page for detailed instructions and a video.
HEALTH INSURANCE

We believe it is vital for all JMU students to have adequate health insurance. If you do not have health insurance, BB&T Insurance, in partnership with American Exchange, is available and qualified to provide insurance expertise for currently enrolled JMU students and their parents/guardians.

WHEN STUDENTS ARE SICK THEY HAVE OPTIONS:

• Self-care guides are available on the UHC website for many illnesses.
• Talk to a Nurse by calling 540-568-6178, option 2 for advice to determine the best course of care.
• General Medicine appointments are available for common illnesses.
• Urgent Care handles more urgent medical needs.
• Women’s Health provides evaluation and treatment for various medical concerns specific to females.
• Other services include Respiratory Clinic, Allergy Clinic, Nutrition Consultations, Labwork, X-ray, Pharmacy and International Travel Consultations.
• Online scheduling.