



## **fit20 Internship – Fredericksburg/Stafford VA**

Do you have excellent interpersonal skills and a passion for fitness? We are looking for a self-motivated intern to build strong relationships with clients and local communities. If you think you have what it takes to motivate, train clients, build, and be an active networker in the community to drive our studio to high levels of success, we want to meet with you. In addition to performing day-to-day studio operations, you will have the opportunity to bring your energy and enthusiasm to the plate and play a key role in establishing and growing this new, cutting-edge personal training studio. We are looking for someone with a natural affinity for hospitality, an entrepreneurial spirit, and some business experience. We look forward to interviewing you! Please note that fit20 is a personal training franchise that targets a niche market. We offer clients a very specific evidence-based training method from which we do not deviate. You will receive training to ensure being able to train clients in the “fit20 way.”

### **Job Responsibilities**

- Provide clients with a great "training experience" every time, every day.
- Execute the fit20 training method flawlessly with all clients.
- Network in the local market to educate and attract more clients.
- Perfect daily lead management to bring in more clients
- Execute the brand standards flawlessly
- Keep the studio exceptionally clean

### **Job Skills & Qualifications**

#### **Required:**

- High school diploma or GED
- Currently be enrolled in an undergraduate or graduate course that is eligible for credit
- Strong attention to detail
- Good customer service skills
- Proficiency in Google Docs/Drive
- Ability to pass a standard background check

#### **Preferred:**

- Previous sales experience
- Personal Training Certification
- CPR/AED certified (we will provide access to a class if necessary)

*If interested, contact Tony Plath at [tonyplath@fit20usa.com](mailto:tonyplath@fit20usa.com)*