

Packing List

Cultural baggage:

- ▶ Even experienced travelers and people who have lived in other parts of the world go through a period of cultural adjustment when moving to a new place.
- ▶ You will experience many differences and many similarities that you may not have initially anticipated. Some of these experiences can be pleasant and funny, and at times irritating and frustrating.
- ▶ Distance and time differences have a huge impact on relationships, as such we urge you to spend and take time to say your goodbye to your loved ones but not simply as you are about to step into the plane.
- Refer yourself to our ☺ [Cultural Adjustment](#) resources page

Bed sheets & linen

- ▶ No, there will not be any bed sheets waiting for you in your room! You can ☺ [purchase linens](#) through a vendor contracted by JMU, however they will deliver your order to a US address. You can however take advantage of our shopping trip during Transitions (or go to a place like Wal-Mart) to purchase linens and other necessities.
- Bring additional cash for the first few days of orientation in part for the shopping trip

Mailing address

- ▶ By virtue of living on-campus, you are automatically assigned a campus mailbox. While a package or letter can be sent to your JMU mail- box, keep in mind:
 - ▶ Only items fitting in a “moving box” (roughly 60cm x 60cm x 60cm) will be accepted. Other sizes will be kept off-campus.
 - ▶ It may only be 2 or 3 days after your arrival on campus when you will be able to access your mailbox from the mail center.
 - ▶ Your mailing address is:
First & LAST Name
James Madison University
800 South Main St., Box # (found in MyMadison)
Harrisonburg, VA 22807 – USA

Phone-

- ▶ Will your phone plan be working in the US? How will you initially communicate with your family and friends to reassure them that you have arrived safely? What if you need an uber or taxi?
- ▶ Consider obtaining a US sim card prior to your trip.
- With ☺ [CampusSIMS](#) you can request to have it sent to your home address, and configure your new card prior to leaving your country, so that you can use your phone as soon as you arrive in the U.S

Misc.

- ▶ Travel voltage Converter (for the first few days)
- ▶ Medicine and prescription
- ▶ In your carry on make sure you have your:
 - ▶ Boarding pass
 - ▶ Passport
 - ▶ I-20 (F-1) or DS-2019 (J-1)
 - ▶ SEVIS fee receipt,
 - ▶ admission letter,
 - ▶ evidence of financial resources