

## Packing List

### Cultural baggage:

- ▶ Even experienced travelers and people who have lived in other parts of the world go through a period of cultural adjustment when moving to a new place.
- ▶ You will experience many differences and many similarities that you may not have initially anticipated. Some of these experiences can be pleasant and funny, and at times irritating and frustrating.
- ▶ Distance and time differences have a huge impact on relationships, as such we urge you to spend and take time to say your goodbye to your loved ones but not simply as you are about to step into the plane.
- Refer yourself to our [↪ Cultural Adjustment](#) resources page

### Bed sheets & linen

- ▶ No, there will not be any bed sheets waiting for you in your room! You can [↪ purchase linens](#) through a vendor contracted by JMU, however they will deliver your order to a US address. You can however take advantage of our shopping trip during Transitions (or go to a place like Wal-Mart) to purchase linens and other necessities.
- Bring additional cash for the first few days of orientation in part for the shopping trip

### Mailing address

- ▶ By virtue of living on-campus, you are automatically assigned a campus mailbox. While a package or letter can be sent to your JMU mail- box, keep in mind:
  - ▶ Only items fitting in a “moving box” (roughly 60cm x 60cm x 60cm) will be accepted. Other sizes will be kept off-campus.
  - ▶ It may only be 2 or 3 days after your arrival on campus when you will be able to access your mailbox from the mail center.
  - ▶ Your mailing address is:  
First & LAST Name  
James Madison University  
800 South Main St., Box # (found in MyMadison)  
Harrisonburg, VA 22807 – USA

## Misc.

- ▶ Travel voltage Converter
- ▶ Medicine and prescription
- ▶ In your carry-on make sure you have your:  
Passport, I-20 (F-1) or DS-2019 (J-1)  
SEVIS fee receipt, admission letter,