

Health

Immunization form

- ▶ The state of Virginia requires that every individual who is studying in the state receive all of the required vaccinations.
- ▶ Every JMU student must complete this [immunization form](#) before the first days of class.
- Complete your vaccinations back home. The corresponding [translated version](#) of the immunization form may come in handy as your health practitioner or doctor will need to sign the form.
- Once the form is completed and signed save the document as a pdf file and upload [MYJMUChart](#).

Health insurance

- ▶ By virtue of being on a (F-1 & J1) student visa, you must be insured.
- ▶ Our office works in conjunction with CISI- Cultural Insurance Services International health insurance company to ensure that you are insured with their plan. [Health Insurance](#)
- If you currently hold an insurance policy that provides equal levels of coverage and lasts for the entire academic year*, you may qualify to waive out of the JMU-sponsored health insurance plan through CISI. If you wish to apply for a waiver, you must complete an insurance waiver application. [health insurance waiver](#)

Covid Restrictions

- ▶ As per the US government you will need to be vaccinated to board planes to the U.S.
- ▶ JMU students who require testing upon arrival will be able to get vaccinated at the Health Center. There will be no charge for that test.
- If you are vaccinated make sure to upload you verification card/document on [MYJMUChart](#).