Resources for Dependents





- <u>City of Harrisonburg</u>
- Shenandoah Valley Living
- Driver's license

Find a supportive community

- English Language Improvement for adults <u>Skyline Literacy</u> offers speaking, listening, reading, writing, and survival skills classes organized by literacy levels.
- Faith & Spirituality- Many religious organizations tend to support its members, outside the constraints of the place of service and will at times provide English conversation hours
- Find an organization which you could personally benefit from or which you could volunteer for with this <u>online database</u>

Explore the area

- Harrisonburg: Tourism & Visiting Details
- Harrisonburg News & Events
- Guide to Downtown Harrisonburg
- JMU (interactive) Campus Map
- Local & regional cultural attractions
- <u>VA Online Travel Planner</u>

Spouses are welcome here!



- JMU's Recreation Center (<u>UREC</u>) is the place to work out to take part in many activities ranging from pickleball, to swimming or whatever else you want to explore. Register for a <u>UREC Spouse Membership</u> to take full advantage of their many resources and activities, especially during <u>Family Hours</u>
- <u>JMU's arboretum</u>- Go there if you like the outdoors, beautiful garden areas, forest land and you enjoy walking, and/or if you are looking for volunteer opportunities
- <u>Parks and Playgrounds</u>- Free areas where adults and children can enjoy the outdoors together. The parks and playgrounds offer many fun play areas
- <u>Massanutten Resort</u> is located about 40 minutes away from Harrisonburg. They have a waterpark and snow activities for all ages

For your children

- Childcare/Caregivers (for children 0-5 years old)
- Childcare and Education
- <u>Childcare Aware of Virginia</u>
- Young Children's Program



Public Education in Harrisonburg (for children 5-18 years old) Call (540) 433-3644, or <u>email</u> the Harrisonburg City Public Schools Family Resource Center (located at 640 South Main Street, Harrisonburg) to make an appointment to learn the necessary procedures and what to keep in mind for registering your child(ren) to schools in Harrisonburg.



Contact ISSS for more information isss@jmu.edu | (540) 568-5209 www.jmu.edu/global/isss/index.shtml

