GENERAL EDUCATION
the human community

NOTE: This area must be completed before the end of your first year at JMU.

CRITICAL THINKING: C1CT (choose one)
BUS 160 Business Decision Making in a Modern Society
HIST 150 Critical Issues in Recent Global History
ISAT 160 Problem Solving Approaches in Science and Technology
PHIL 120 Critical Thinking
PHIL 150 Ethical Reasoning
SMAD 150 Mediated Communication: Issues and Skills
UNST 300 & Other Integrative Options Juniors/seniors who still need C1CT may enroll in an Integrative course. More information here.

HUMAN COMMUNICATION: CHC (choose one)
SCOM 121 Fundamental Human Communication: Presentations
SCOM 122 Fundamental Human Communication: Individual Presentations
SCOM 123 Fundamental Human Communication: Group Presentations
WRITING: CW (choose one)
WRTC 103 Rhetorical Reading and Writing

sociocultural and wellness area

WELLNESS DOMAIN: C5WD (choose one)
HTH 100 Personal Wellness
KIN 100 Lifetime Fitness and Wellness

SOCIOCULTURAL DOMAIN: C5SD (choose one)
PSYC 101 General Psychology
PSYC 160 Life Span Human Development
SOCL 140 Microsociology: The Individual in Society
WGSS 200 Introduction to Women’s, Gender, and Sexuality Studies

arts and humanities

HUMAN QUESTIONS AND CONTEXTS: C2HQC (choose one)
AMST 200 Introduction to American Studies
ANTH 205 Buried Cities and Lost Tribes
HIST 101 World History to 1500
HIST 102 World History since 1500
HUM 250 Foundations of Western Culture
HUM 251 Modern Perspectives
HUM 252 Global Cultures
LAXC 252 Introduction to Latin American, Latinx and Caribbean Studies
PHIL 101 Introduction to Philosophy
REL 101 Religions of the World
REL 102 Religion, Spirituality, and the Meaning of Life

VISUAL AND PERFORMING ARTS: C2VPA (choose one)
ART 200 Art in General Culture
ARTH 205 Survey of World Art I: Prehistoric to Renaissance
ARTH 206 Survey of World Art II: Renaissance to Modern
DANC 215 The Dance Experience
MUS 200 Music and Culture
MUS 203 Music in America
MUS 206 Introduction to Global Music
THEA 210 Introduction to Theatre

LITERATURE: C2L (choose one)
ENG 221 Literature/Culture/Ideas
ENG 222 Genre(s)
ENG 235 Survey of English Literature: From Beowulf to the 18th Century
ENG 236 Survey of English Literature: 18th Century to Modern
ENG 239 Studies in World Literature
ENG 247 Survey of American Literature: From the Beginning to the Civil War
ENG 248 Survey of American Literature: From the Civil War to the Modern Period
ENG 260 Survey of African-American Literature
HUM 200 Great Works of Literature

american and global perspectives
NOTE: POSC 200 and POSC 225 cannot both be used to satisfy this area.

THE AMERICAN EXPERIENCE: C4AE (choose one)
HIST 225 U.S. History
JUST 225 Justice and American Society
POSC 225 U.S. Government

THE GLOBAL EXPERIENCE: C4GE (choose one)
AAAD 200 Introduction to African, African American and Diaspora Studies
ANTH 195 Cultural Anthropology
ECON 200 Introduction to Macroeconomics
GEOG 200 Geography: The Global Dimension
POSC 200 Global Politics
SOCI 110 Social Issues in a Global Context

the natural world
NOTE: Some Physical Principles & Natural Systems courses have labs embedded (which fulfill the Lab Experience requirement as well), and some have separate lab corequisites; see notes in parentheses for specific course requirements.

QUANTITATIVE REASONING: C3QR (choose one)
ISAT 151 Topics in Applied Calculus in ISAT
ISAT 251 Topics in Statistics in ISAT
MATH 103 The Nature of Mathematics
MATH 105 Quantitative Literacy and Reasoning
MATH 110 Math for Elementary & Middle School Teachers I
MATH 205 Introductory Calculus
MATH 220 Elementary Statistics
MATH 229 Introduction to Applied Statistics Using R
MATH 231 Calculus with Functions I
MATH 235 Calculus

PHYSICAL PRINCIPLES: C3PP (choose one)
ASTR 120 The Solar System
ASTR 121 Stars, Galaxies, and Cosmology
CHEM 120 Concepts of Chemistry
CHEM 131 General Chemistry (take with CHEM 131L)
ENVT 101 Perspectives in Envt. Science
ISAT 100 Environmental and Energy Sustainability
ISAT 112 Environmental Issues in Science and Technology (includes lab)
ISCI 101 Physics, Chemistry and the Human Experience
ISCI 172 Physical Science for Teachers (IdLS, some COE majors only)
PHYS 121 The Physical Nature of Light and Sound (includes lab)
PHYS 140 College Physics I (take with PHYS 140L)
PHYS 215 Energy and the Environment
PHYS 240 University Physics I (take with PHYS 240L)

NATURAL SYSTEMS: C3NS (choose one)
ANTH 196 Biological Anthropology (can take with ANTH 196L, but not required)
BIO 103 Contemporary Biology
BIO 140 Foundations of Biology I (take with BIO 140L)
BIO 270 Human Physiology (take with BIO 270L)
CHEM 110 Environmental Earth
CHEM 110L Physical Geology (take with GEO 110L)
CHEM 115 Earth Systems and Climate Change (take with GEO 115L)
CHEM 210 Applied Physical Geology
CHEM 211 Introduction to Oceanography
ISAT 113 Biotechnical Issues in Science & Technology (take with ISAT 113)
ISCI 171 Earth & Planetary Sciences for Teachers (IdLS, some COE majors only)

LAB EXPERIENCE: C3L (if not included in C3NS/C3PP choice)
ANTH 196L Biological Anthropology Lab (take with ANTH 196)
BIO 140L Foundations of Biology I Lab (take with BIO 140L)
BIO 270L Human Physiology Lab (take with BIO 270L)
CHEM 131L General Chemistry Lab (take with CHEM 131L)
CHEM 110L Physical Geology Lab (take with GEO 110L)
CHEM 115L Earth Systems and Climate Change Lab (take with GEO 115L)
ISAT 113L Biotechnical Issues in Science & Technology Lab (take with ISAT 113)
ISCI 104 Scientific Perspectives
ISCI 173 Life & Environmental Science for Teachers (IdLS, some COE majors only)
PHYS 140L General Physics Lab I (take with PHYS 140)
PHYS 240L University Physics Lab I (take with PHYS 240)

NOTES & RESOURCES

total number of credits needed in Gen Ed: 41

course descriptions here

experimental courses that fulfill Gen Ed requirements

how to: search for class by requirement in MyMadison

questions? contact gened@jmu.edu!

CATALOG YEAR 2023-2024 | last revised 04.24.23
WHEN SHOULD I COMPLETE GENERAL EDUCATION REQUIREMENTS?

- **Critical Thinking**
  - Human Communication
  - Writing

- **The Natural World**
  - Quantitative Reasoning
  - Physical Principles
  - Natural Systems
  - Lab Experience

- **Sociocultural and Wellness Area**
  - Wellness Domain
  - Sociocultural Domain

- **American and Global Perspectives**
  - The American Experience
  - The Global Experience

- **Arts and Humanities**
  - Human Questions and Contexts
  - Visual and Performing Arts
  - Literature

**Madison Foundations**

- By end of first year at JMU
- By end of sophomore year
- Complete at any time!