



At James Madison University

Children's Global Nonviolence Summer Camp: Gandhi and His Children August 16-20, 2010

Camp Objective: Prepare children and youth to appreciate the value of nonviolence, the potential of nonviolent action to address conflicts, the value of social responsibility, the interconnected nature of human experience, and the planet's natural environment.

Day 1: Gandhi and Nonviolence

Objective: To learn about Gandhi's life and his message of nonviolence.

- Person of the Day: Gandhi

Arrival 8:45-9am

Ice breaker and Introduction 9-9:15am

- Reading of the Poem "Two Kinds of Intelligence" by Mewlana Jalaluddin Rumi

Yoga 9:15-9:45am

Morning Snack 9:45-10am: Bananas

Introductory Activities 10-11am

- Eight Principles of Nonviolence and Pledge: We will discuss Gandhi's eight principles of nonviolence, and campers will then be asked to sign a pledge that they will adhere to these principles during the camp.
- Nonviolence Vocabulary, and Fair vs. Unfair Skits: We will reflect on major concepts and themes seen throughout the principles of nonviolence, while introducing campers to new terms. We will also participate in skits meant to visibly illustrate how nonviolence can be used.

Lesson 11-12pm

- The Life and Message of Mahatma Gandhi: We will watch segments of the film "Gandhi" in order to gain a better grasp on his life and message.

Lunch 12-12:30pm: Pizza

Lesson 12:30-1:15pm

- A Force More Powerful - The Salt March: We will watch this film in order to present a major event in Gandhi's life, as well as show different methods by which nonviolence can be used.

Game 1:15-1:45pm: Peacemaker

Activities related to Lesson 1:45-2:30pm

- "What would happen if . . . ?": We will present a Problem Box and a Response Box and have the campers choose what they think would be appropriate for each situation.
- Who is the Real Gandhi?: This is a simulation game where campers are presented with three different "Gandhis" and must guess which one is the real Gandhi, based on questions asked about his life.

Afternoon Snack 2:30pm: Goldfish

Craft 2:30-3pm: Creative Expressions of Gandhi's Life and Message

Sign-out 3pm

Day 2: Nonviolence to Address Conflict

Objective: To learn about nonviolence and how to use it to address conflict.

- Person of the Day: Martin Luther King, Jr.

Arrival 8:45-9am

Ice breaker and Introduction 9-9:15am

- Reading of Quotes by Dr. King

Yoga 9:15-9:45am

Morning Snack 9:45-10am: Apples

Lesson 10-11am

- The Life of Dr. Martin Luther King, Jr.: Campers will learn about the life and times of Dr. King, and how he used nonviolence to further the Civil Rights Movement. We will also learn how we can use nonviolence in our everyday lives, just like Dr. King.

Activities related to Lesson 11-12pm

- "Make Fun of Me, I'm Different!": In this exercise, we will share different actions and feelings centered around what we have done to hurt other people's feelings and what we can do to make them feel better.

- Help the Dream Come True: We will decide what we can still do to help Dr. King's vision of a peaceful world come true.

Lunch 12-12:30pm: Cheese and Veggie Quesadillas, with Salsa

Lesson 12:30-1:15pm

- A Force More Powerful - Nashville Sit-ins: We will watch this short film in order to become more familiar how nonviolence was used during the Civil Rights Movement.

Game 1:15-1:45pm: Three-legged race

Activities related to Lesson 1:45-2:30pm

- Conflict Resolution Skits: We will talk about the issue of bullying in schools and how the nonviolent message of both Gandhi and King apply to conflict resolution. Campers will perform skits about how different situations may be resolved with nonviolence.
- "On the Fringe" Skit: Campers will then watch a skit performed by counselors about bullying and Satyagraha.

Afternoon Snack 2:30pm: Pretzels

Craft 2:30-3pm: OHM Sign

Sign-out 3pm

Day 3: Social Responsibility

Objective: To learn how we are all responsible for this earth and our fellow humans.

- Person of the Day: Aung San Suu Kyi

Arrival 8:45-9am

Ice breaker and Introduction 9-9:15am

- Reading of Quotes by Aung San Suu Kyi

Yoga 9:15-9:45am

Morning Snack 9:45-10am: Celery and Peanut Butter

Lesson 10-11am

- The Life of Aung San Suu Kyi: Campers will learn about this woman's courageous struggle for political freedom and her use of nonviolence.

Activities related to Lesson 11-12pm

- Volunteering, One Mile Challenge Pledge: Campers will learn the values of volunteering, as well as how much fun it can be. We will also discuss the One Mile Challenge, which asks us to walk or bike whenever we need to travel one mile or less.
- Country Simulation: We will be leading the campers through a simulation that demonstrates the distribution of wealth among countries.

Lunch 12-12:30pm: Spaghetti and Marinara Sauce, with Rolls

Lesson 12:30-1:15pm

- Story of Stuff: We will try to better understand that wealth and happiness do not go hand and hand. We will also discuss the distribution of wealth and the global effects of materialism. Campers will become acquainted with these concepts through viewing the film "Story of Stuff."

Game 1:15-1:45pm: Elbow Tag

Activities related to Lesson 1:45-2:30pm

- World Hunger and Poverty: We will explore how hunger and poverty affect the world around us and see how the majority of the world's people actually live. We will learn that it is ultimately up to us to change that.
- Letters to Officials: Campers will choose an issue important to them and then write a state or national official to explain why they believe a certain action should be taken to create a more organized and less violent world.

Afternoon Snack 2:30pm: Chex mix

Craft 2:30-3pm: World Pledge Poster

Sign-out 3pm

Day 4: All Humans are Interconnected

Objective: To learn that throughout the world, all humans are connected and share a common experience.

- Person of the Day: Desmond Tutu

Arrival 8:45-9am

Ice breaker and Introduction 9-9:15am

- Reading of Quotes by Desmond Tutu

Yoga 9:15-9:45am

Morning Snack 9:45-10am: Oranges

Lesson 10-11am

- The Life of Desmond Tutu: We will explore the life and message of Tutu and his impact on the Anti-Apartheid movement in South Africa.

Activities related to Lesson 11-12pm

- Tie Dye Peace T-Shirts: Campers will tie-dye and decorate peace t-shirts for them to take home!
- War and Peace Poetry: Campers will participate in a cooperative poetry writing project to demonstrate the differences between war and peace.

Lunch 12-12:30pm: Nachos, with Corn and Tomato Salad

Lesson 12:30-1:15pm

- Prejudice and Discrimination: We will discuss what discrimination means, where it is found in society, and how we can use nonviolence and positive social change to eradicate it in our own backyards.
- Human Rights: Campers will work in small teams to explore the basic concepts of human rights as defined by the international community.

Game 1:15-1:45pm: Dragon Tag

Activities related to Lesson 1:45-2:30pm

- Diversity Workshop: We will show the importance of differences through this fun, interactive activity.
- Youth Declaration for the Future: Campers will analyze their place in life and see the interconnectedness between their lives while enhancing their team-building skills. Campers will have to collaborate to create a Youth Declaration for the Future.

Afternoon Snack 2:30pm: Bagels

Craft 2:30-3pm: World Family Collage

Sign-out 3pm

Day 5: The Environment

Objective: To learn about how to care for our environment.

- Person of the Day: Wangari Maathai

Arrival and Introduction 8:45-9:15am

- Reading of Poem "To Look at Any Thing" by John Moffit

Morning Snack 9:15am: Carrots

Lesson 9:15-10am

- The Life of Wangari Maathai: We will explore the life and message of Maathai and her impact on the environment in Kenya with the Green Belt Movement.

Depart for Shenandoah National Forest 10am; Arrival 10:30am

Yoga 10:45-11:15am

Activity related to Lesson 11:15-12pm

- Compost Jar: We will illustrate how the natural process reuses waste by making our own compost jars. Campers will be able to take home the jars and use the nutrient-rich soil to help start their own garden.

Lunch 12-12:30pm: PB & J Sandwiches and Fruit

Lesson 12:30-1pm

- Stewardship of the Environment and Sustainable Communities: We will explore the state of our environment and how we can better take care of it so that future generations are able to enjoy it.

Activity related to Lesson 1-1:30pm

- Nature Walk: We will explore the park and experience the beauty of nature!

Game 1:30-2pm: Moose/Elephant/Walrus

Afternoon Snack 2-2:15pm: Gummy Fruit Snacks

Depart for JMU Memorial Hall 2:15pm; Arrival 2:45pm

Sign-out 3pm: Campers will also receive their copy of the Peace Press today!