

Sexual Assault Response Services

- Individual Counseling
- Group Counseling
- Advocacy
- Consultation

To Make an Appointment

Call or visit Varner House during regular business hours.

Hours of Operation

M-F 8:00 am—5:00 pm

If you have an emergency after regular business hours, call the Office of Public Safety at (540) 568-6911 and ask to speak to the counselor on call OR contact Rockingham Memorial Hospital at (540) 689-1414.

Counseling & Student Development Center
Varner House
MSC 0801
(540) 568.6552

For more information, visit our website:
www.jmu.edu/counselingctr/Services/SAS.html



Sexual Assault Response Services



Individual Counseling

- All individual counseling is free and confidential for JMU students.
- Survivors and their counselor work together to identify goals and the direction of treatment.
- Survivors always have control over how much information they feel comfortable sharing.

Group Counseling

- Survivors meet with a group of 5-10 other JMU students who share similar experiences in a safe, confidential environment.
- Survivors are able to share experiences and work together to overcome the issues they face as a result of experienced sexual assaults.

Sexual Assault Facts

National surveys reveal that:

- At least 1 in 4 college women will be the victim of a sexual assault during her academic career.
- While victims of reported sexual assault are most commonly women, assault crosses boundaries of gender and sexuality and can impact individuals who are men and women, gay or straight.
- At least 90% of campus sexual assaults are committed by an acquaintance of the victim.
- Because many assaults are perpetrated by an acquaintance, without the use of violence, and under the influence of alcohol, many survivors have a difficult time labeling their experience as assault.
- On average, at least 50% of college students' sexual assaults are associated with alcohol use.

Barry, D. M., & Cell, P.M. (2009). *Campus Sexual Assault Response Teams: Program development and operational management*. New Jersey: Civic Research Institute.

Advocacy

- CSDC provides assistance with medical, judicial, and legal referrals for students who have experienced a sexual assault.
- Advocacy services may be obtained either along with or independently from individual and group counseling.

Consultation

- Consultation is available for students, faculty, and family members who have knowledge of another student's sexual assault experience.
- CSDC staff will answer questions and address concerns regarding how to help survivors effectively.

