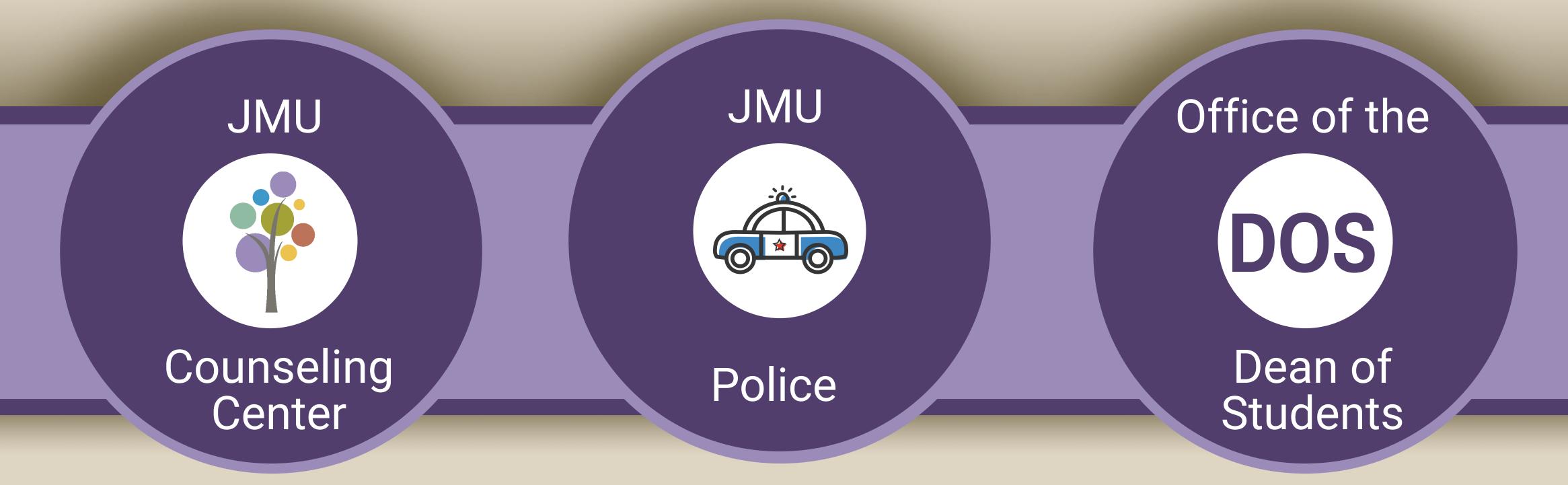
Who should call?



Sometimes calling the Counseling Center is the best place to start. However, sometimes another office is more relevant. Review the information below to see which office has the resources you need.



Call the CC first...

When the concern is solely about mental health issues.

For specific questions about CC services. Much of that information is on our website.



When there is a release of information on file to consult about a specific CC client.





Why should I contact another office? Why can't the CC share the information?

You have firsthand knowledge of the situation. The conversation should take place directly between you and the office that coordinates those services. They can answer specific questions and may need information we wouldn't even ask about. Plus, CC information is confidential and can't be shared, except under certain circumstances.



Request one if you are concerned about a student's immediate safety (e.g. A student sends you a text threatening suicide and then turns off their phone.). Call JMU Office of Public Safety. They will gather information and send an officer out to make sure they are safe. If Harrisonburg Police need to be involved, JMU Police will instruct you how to proceed.

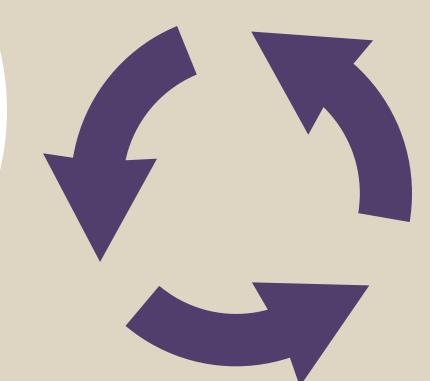
When to call



Emergency: 540-568-6911 Non Emergency: 540-568-6912

Blood

If there is an injury, medical attention is a priority. Counseling can come later. This includes self-injury.



Booze

If the individual is intoxicated, safety is a priority. Counseling can occur when they are sober.

Bizarre

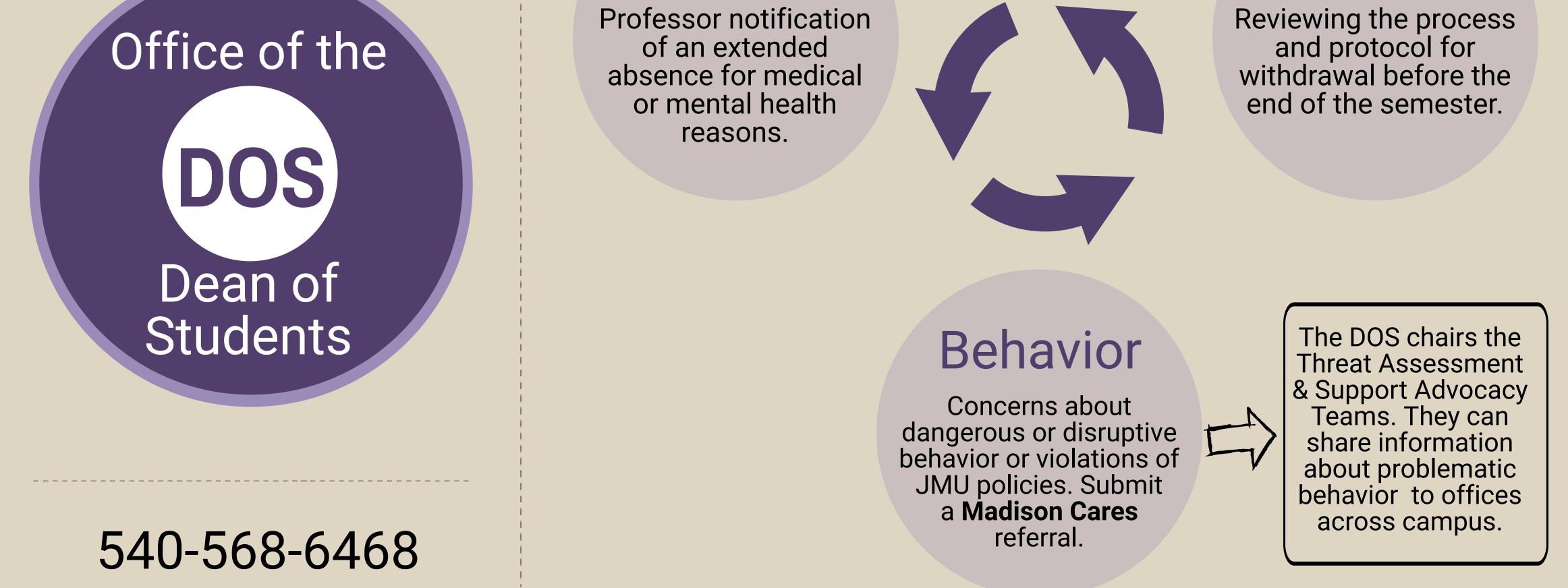
If the individual is displaying bizarre, disturbed thinking, like hallucinations, they need a level of care beyond what the CC can provide.

JMU Police can conduct a welfare check when there is concern about safety. See below for more info.

When to call



of an extended



Withdrawal

Other Helpful JMU Resources

OSARP	Review disciplinary cases, conflict resolutions, or rights violations	540-568-6218
ODS	Access to academic accommodations & academic coaching	540-568-6705
Learning Centers	Peer assisted study sessions, tutors, and the University Writing Center	540-568-2932
ORL		Contact ORL