

COUNSELING CENTER

THE GOAL OF THE COUNSELING CENTER IS TO PROVIDE **SUPPORT AND SERVICES** THAT WILL HELP EASE THE TRANSITION OF **MILITARY LIFE TO COLLEGE LIFE** AT JMU. CLINICIANS CAN HELP VETERANS **IDENTIFY, PRIORITIZE,** AND **IMPLEMENT STRATEGIES** TO ADDRESS THEIR SPECIFIC CONCERNS AND CHALLENGES IN A CONFIDENTIAL ENVIRONMENT.

WE OFFER:

- SPECIALIZED **TREATMENT PROGRAMS** TO ADDRESS STRESS & ANXIETY
- **WORKSHOPS** ON TIME MANAGEMENT & ADJUSTMENT TO COLLEGE LIFE
- REFERRAL RESOURCES TO OTHER JMU & **COMMUNITY-BASED PROGRAMS**
- INDIVIDUAL & GROUP COUNSELING
- **PSYCHIATRIC SERVICES**



INTERESTED IN SERVICES OR LEARNING MORE?

CONTACT THE COUNSELING CENTER (540.568.6552) OR MELINDA FOX, COORDINATOR OF VETERAN SERVICES, FOX3MM@JMU.EDU.

VETERAN SERVICES

COMMUNITY RESOURCES

THE FOLLOWING PROVIDERS PARTICIPATE WITH
TRICARE INSURANCE:

RICHARD WETTSTONE, ED.D.
356 S. MAIN ST.
HARRISONBURG, VA 22801
PHONE: (540) 434-9430

MATTHEW WIKSWO, LPC
356 S. MAIN ST.
HARRISONBURG, VA 22801
PHONE: (540) 746-0416
WIKSWOCOUNSELING.COM

JOANN HENDERSON, LPC
1820 COUNTRY CLUB RD.
HARRISONBURG, VA 22802
PHONE: (540) 491-4089
JOANNHENDERSONTHERAPY.
COM

ERICA F. CHURCH, LPC
VIRGINIA CENTER FOR FAMILY
RELATIONS
100 MACTANLY PLACE, SUITE B
STAUNTON, VA 24401
PHONE: (540) 885-3481
WWW.VCFR.US

CASSANDRA KENNEL, PSY. D.
PHONE: (540) 810-1655
ROBIN WINDSOR, LPC
PHONE: (540) 560-2902
755 MLK JR. WAY, SUITE F
HARRISONBURG, VA 22801

LOFTON ANDERSON, LPC
133 W. SPRINGBROOK RD.
BROADWAY, VA 22815
PHONE: (540) 896-7687
SPRINGBROOKCOUNSELING.
COM

RONALD BRILL, PH.D.
DR. KULEY & ASSOCIATES
40 LAMBERT ST., SUITE 222
STAUNTON, VA 24401
PHONE: (540) 524-2716 x 114

GEORGE SWIFT, LPC
481 E. MARKET ST.
HARRISONBURG, VA 22801
PHONE: (540) 246-3348

COUNSELING CENTER