

**COUNSELING CENTER
JAMES MADISON UNIVERSITY**

TRAINING PROGRAM

CASE CONFERENCE CASE PRESENTATION FORMAT

I. Identifying Information

Age, gender, ethnic background, marital status, current occupation and/or class status and major, physical characteristics, manner of dress, number of sessions to date, other pertinent information

II. Reason for Referral

How did the client get to the CC? Who/What was the referral source?

III. Presenting Problem and History of Problem

What is the problem as seen by the client? Problem duration? Problem history? What has the previous treatment, if any, been?

IV. Background Information *(only include information pertinent to the group's understanding of the client)*

- A. Family History: What is the pertinent family background? What were the significant early events in the client's life?
- B. Interpersonal Style and Relationship History: What is the client's pertinent interpersonal and relationship history?
- C. Medical History: What is the relevant medical/psychiatric history?
- D. Religious Background: How does the client's religion or religious upbringing impact the presenting issue (if at all)?
- E. Academic History: What is the relevant information about schooling/success/difficulties?
- F. Test Results and Interpretation: What tests were given, scores, findings?

V. Conceptualization

Your integration of the cognitive, behavioral, emotional, and interpersonal aspects of the client synthesized into a comprehensive understanding of the client's current functioning. Most often guided by your particular theoretical orientation, but may be grounded in your understanding of the problem as well.

VI. Treatment Summary

What are your long and short-term goals? What has treatment consisted of thus far? What has been the progress to date (if any) and how has progress been measured? Any changes in your approach since you first began treatment with this client? What

techniques and theoretical base are you using? What has been your subjective/internal reaction to this client? How have you dealt with it (in supervision and/or with the client directly)?

VII. Future Plans

Specify your treatment plan, making sure that it meets the standards of good care for the client's issues.

VIII. Questions

What questions do you have for the case conference attendees? Where/on what issues would you like feedback? What concerns do you have about working with this client that you would like addressed in case conference?