



COUNSELING CENTER

Thank you for visiting our Counseling Center to share your concerns about a student or some other member of the campus community. Mental health professionals are not normally the first people that individuals turn to when they have problems, and our Center relies on caring people in our campus community to keep JMU a safe and healthy place for everyone.

● Consultation

When you meet with a Counseling Center clinician today, the appointment will be structured to provide you with an opportunity to share and clarify your concerns and to develop a plan for assisting the person of concern. One of the goals will be to help you gain information and skills that will enable you to assist the person in a way that is healthy for both of you.

● Safety

If it becomes clear that professional assistance is necessary, we will work with you to develop a plan to secure mental health services for the person of concern either at our Counseling Center or an off-campus provider. If our discussion results in the conclusion that someone else on campus needs to be aware of your concerns, for example the Dean of Students who is the main portal for any reports of students of concern, we will inform you how to make that notification.

● Confidential

It is important to point out that, even if you feel confident that the person that you are concerned about is a past or current client of our Center, confidentiality laws demand that we neither confirm nor deny that our Center has a professional relationship with the person.

● Privacy

We want you to know how the information that you provide will be used. At the end of this consultation meeting, the clinician will write a note of the discussion for our records. If the person that you discussed is a current client of our Center or becomes a client at some future point, the concerns that you shared may be shared with the person if it is deemed clinically relevant.

Therefore, the information that you provide cannot be guaranteed to be held in confidence, but we will make an effort to not share your identity as the source of the information. During your consultation meeting, you and the clinician will decide whether sharing the name of the person of concern is necessary.

If you have any questions about this or any Counseling Center service or policy, please discuss them with the clinician who will be meeting with you.