

Fast Flex Bachelor of Science in Nursing (BSN) – Full-Time Plan of Study

For detailed BSN information, visit the JMU Academic Catalog

Program Overview

This plan outlines the Fast Flex BSN full-time study sequence for students beginning in Fall 2025. The document includes required general education, nursing prerequisites, and major requirements.

Years 1–2: College Requirements and Nursing Prerequisites

- General Education Requirements include the following areas:
 - Madison Foundations – One Critical Thinking and One Communication Course (9 credits)
 - Arts and Foundation (9 credits)
 - The Natural World (10 credits)
 - American and Global Perspectives (7 credits)
 - Sociocultural and Wellness Area (6 credits)
 - Electives (7 credits)
 - Nursing Electives (2 credits)
- Nursing Prerequisites:
 - BIO 245 / 245L: General Microbiology / General Microbiology Laboratory – 3 / 1 credits
 - BIO 270 / 270L: Human Physiology / Human Physiology Laboratory – 3 / 1 credits
 - BIO 290 / 290L: Human Anatomy / Human Anatomy Laboratory – 3 / 1 credits
 - CHEM 120: Concepts of Chemistry – 3 credits
 - MATH 220: Elementary Statistics – 3 credits
 - NUTR 280: Nutrition for Wellness – 3 credits
 - PSYC 160: Life Span Human Development – 3 credits

Fast Flex BSN Major Requirements

Semester One (Summer – Evenings)

- Session 6W2:
 - NSG 340 – Nursing Identity (3 credits)
 - NSG 344 / 344L – Optimizing Wellness I + Clinical (3 / 1 credits)

- Session 8W2:
 - NSG 345 / 345L – Health Alterations I + Clinical (3 / 1 credits)
 - NSG 380 / 380L – Professional Integration I + Clinical (2 / 1 credits)

Semester Two (Fall – Evenings)

- NSG 381: The Evidence-Based Clinician (3 credits)
- NSG 382 / 382L: Optimizing Wellness II + Clinical (3 / 1 credits)
- NSG 383 / 383L: Health Alterations II + Clinical (3 / 1 credits)
- NSG 384 / 384L: Professional Integration II + Clinical (3 / 1 credits)

Semester Three (Spring – Evenings)

- NSG 440: The Team Member (3 credits)
- NSG 441 / 441L: Optimizing Wellness III + Clinical (3 / 1 credits)
- NSG 443 / 443L: Health Alterations III + Clinical (3 / 1 credits)
- NSG 444 / 444L: Professional Integration III + Clinical (3 / 1 credits)

Semester Four (Summer – Evenings)

- Session 6W1:
 - NSG 445 – Evolution as Leader (3 credits)
 - NSG 446 / 446L – Optimizing Wellness IV + Clinical (3 / 1 credits)
- Session 8W1:
 - NSG 480 / 480L – Health Alterations IV + Clinical (3 / 1 credits)
 - NSG 481 / 481L – Professional Integration IV + Clinical (3 / 1 credits)

Summary and Notes

- Total Credits: 120

*Prerequisite Courses Included in General Education “Madison Foundations”:
One Critical Thinking and One Human Communication course

**Prerequisite Courses Included in General Education “The Natural World”

***Prerequisite Course Included in General Education “Sociocultural and Wellness Area”

This document is provided as an advising resource only. Official curriculum requirements are listed in the JMU Undergraduate Catalog. In the case of discrepancies, the University Catalog is the official curriculum students must follow.

Reviewed by Dr. Melody Eaton, Director – 3/23/23

Updated 1/23/25