

Karen A. Weeks

PRESENT POSITION

Nursing Instructor
August 2015 to 2021
Assistant Professor
August 2021 to present

James Madison University
School of Nursing
235 Martin Luther King, Jr. Way
Harrisonburg, VA 22807

CAREER GOAL

To synthesize and translate evidence-based nursing knowledge and practice, promote clinical reasoning and judgement, leadership skills, collaboration, and inclusivity to the undergraduate programs within the School of Nursing, College of Health and Behavioral Sciences and James Madison University.

LICENSURE/CERTIFICATION

VA/NJ Registered Nurse License
CCRN-K
TNCC

EDUCATION

INSTITUTION	DATE	DEGREE	HONORS
St. Luke's School of Nursing Bethlehem, PA	1996	Diploma in Nursing	Cum laude honors
Cedar Crest College Allentown, PA	2002	Bachelor of Science in Nursing	Cum laude honors
University of Phoenix Phoenix, AZ	2008	Master of Science in Nursing with specialization in health care education	3.8 GPA
James Madison University Harrisonburg, VA	2019	Doctor of Nursing Practice	3.9 GPA JMU SON Outstanding DNP Project, 2019 JMU Graduate School Outstanding Dissertation, 2020

PROFESSIONAL EXPERIENCE

INSTITUTION/ORGANIZATION	DATE	POSITION/ROLE
James Madison University Harrisonburg, VA	2021 to present	Assistant Professor – UGC&I Chair, Competency and Evaluation Committee, Chair, CBE Task Force Co-Chair, Committee member – RN -BSN, BSN, Search. NSA faculty advisor, Honor Council
Cedar Crest College Allentown, PA	2015 to 2021	Nursing Instructor – Clinical and Course– UGCC Member, RN to BSN, NSA Faculty Advisor, BSN Committee, Honor Council, Testing Coordinator
Cedar Crest College Allentown, PA	2013 to 2015	Nursing Instructor – Health Promotion III Course and Clinical Coordinator – Clinical and Course Instructor
Cedar Crest College Allentown, PA	2013 to 2014	Chair – Nursing Academic Policy Committee
Raritan Valley Community College Somerville, NJ	2010 to 2014	Adjunct Faculty
Somerset Medical Center Somerville, NJ	2008 to 2010	Skills Lab Instructor
Somerset Medical Center Somerville, NJ	2007 to 2010	Assistant Nurse Manager – Critical Care
	1996 to 2013	Staff Nurse/Charge Nurse – Critical Care

TEACHING

Undergraduate Courses:

NSG 452 Clinical Applications and Reasoning III
NSG 452L Clinical Applications and Reasoning III (Designer and Coordinator)
NSG 325 Concepts of Aging – RN to BSN Program (Course Coordinator)
NSG 490 Introduction to Perioperative Nursing (Designer)
NSG 490 Helping Persons in Pain
NSG 454 Transitions to Practice
NSG 454L Transition to Practice Clinical
NSG 356 Clinical Applications and Reasoning II
NSG 356L Clinical Applications and Reasoning II Clinical

NSG 356L Clinical Applications and Reasoning II Simulation
NSG 333 Health Assessment RN to BSN program
NSG 461 Pathophysiology RN to BSN program
NSG 352L Clinical Applications and Reasoning I Clinical
NSG 352L Clinical Applications and Reasoning I – Video grader
NSG 490 Health Taking/History Telling: Narratives of Chronic Illness and Disability

RESEARCH INTERESTS

Alarm fatigue, interprofessional collaboration, sepsis, hypothermia, heart failure and sepsis readmissions, course design, collaboration with community stakeholders, clinical judgment and critical thinking, competency, and transition to practice.

SCHOLARSHIP/RESEARCH

IRB approved from Cedar Crest College – Alarm Fatigue Study with Undergraduate BSN Students
IRB approved from James Madison University – Alarm Fatigue study with Undergraduate BSN Students
IRB JMU and SRMH approval for Implementing the Discharge Navigator on 30-day Readmissions: A Pilot Study
IRB JMU and SRMH approval for Implementing the Discharge Navigator on 30-day Readmissions for Heart Failure and Sepsis Populations
IRB JMU approved for Development of a Clinical Competency Pedagogy with Senior Nursing Student as Preparation for the Transition to Practice research study

PUBLICATIONS:

Weeks, K. (2012). IVPB. therapy in acute care: Special considerations. *Nursing* 2012, 42(12), 66-68.
Weeks, K., Kile, D. & Garber, J. (2020). Implementing a nurse discharge navigator: Reducing 30-day readmissions for heart failure and sepsis populations. *Professional Case Management*, 25(6), 343-349.
Weeks, K., Timalonis, J. & Donovan, L. (2021). Does alarm fatigue start in nursing school? *Nursing* 2021, 51(5), 59-63.
Herron, E.K. & **Weeks, K.** (2021). Development of a clinical competency pedagogy with senior nursing students as preparation for transition to practice. *Nurse Educator*, 46(6), E-137-138. doi: 10.1097/NNE.0000000000001058

PROFESSIONAL PRESENTATIONS:

Besserman, E. & **Weeks, K.** (2011). *Therapeutic Hypothermia*. Presented at Cardiac Cath Lab Conference, Somerville, NJ.
Neri, A. & **Weeks, K.** (2009). *Pressure Ulcer Initiative: An Integration of Process Improvement and Financial Outcomes*. Presented to Nursing Leadership and Board of Directors at Somerset Medical Center, Somerville, NJ.
Neri, A. & **Weeks, K.** (2012). *ICU Collaborative*. Presented at Somerset Quality Board, Somerville, NJ.
Robinson, J., Lam, C., Herron, E., Strunk, J. & **Weeks, K.** (2019) Brown Bag Discussion Series on Clinical Teaching. School of Nursing, James Madison University. Harrisonburg, VA
Weeks, K. (2008). *Restraints – Untying the Myth*. Presented at Somerset Medical Center, Somerville, NJ.
Weeks, K. (2013, November). *Donor Sabbath – Sharing Network*. Presented at Bloomsbury Methodist Church, Bloomsbury, NJ.
Weeks, K. & Timalonis, J. (2017, April). *Alarm Fatigue and the Nursing Student*. Poster session presented at GANES conference: Catalyzing Nursing Education and Scholarship for Global Health, Miami, FL.
Weeks, K. & Timalonis, J. (2017, June). *Alarm Fatigue and the Nursing Student*. Poster session presented at

- Global Nursing Conference 2017, Las Vegas, NV.
- Weeks, K.** & Timalonis, J. (2017, July). *Alarm Fatigue and the Nursing Student*. Poster session presented at VASSA Conference. Charlottesville, VA.
- Weeks, K.** & Herron, B. (2018, February). *Top 10 for New Nurses*. Podium presentation breakout session: VNSA State Conference: Where will your jouRNey lead you? Harrisonburg, VA.
- Weeks, K.** (2019, February). *Alarm Fatigue. It's Your TuRN*. VNSA State Conference. Harrisonburg, VA.
- Weeks, K.,** Timalonis, J. & Donovan, L. (2019, April). *Nursing Students Response to Alarms: Does Alarm Fatigue Start in Nursing School?* Sigma Theta Tau Research Day. Harrisonburg, VA.
- Weeks, K.,** Garber, J. & Kile, D. (2019, April). *Implementing the Discharge Navigator on 30-day Readmissions: A Pilot Study*. Sigma Theta Tau Research Day. Harrisonburg, VA.
- Weeks, K.,** Garber, J. & Kile, D. (2019, July). *Implementing the Discharge Navigator on 30-day Readmissions: Pilot Study*. Virginia Association of DNPs. Winchester, VA.
- Weeks, K.,** Donovan, L. & Timalonis, J. (2019, November). *Nursing Students Response to Alarms: Does Alarm Fatigue Start in Nursing School?* 45th Biennial Sigma Theta Tau Convention; Podium Presentation. Washington, D.C.
- Weeks, K.** (2020, February). *Misrepresentation of Nursing on Grey's Anatomy: The Real-Life Role of ICU Nursing*. Leaping into Action. VNSA State Conference. Lynchburg, VA.
- Weeks, K.** (2021, February 27). *A World of Opportunities* [Critical Care Panel]. VNSA 69th Annual Convention Virtual. <http://www.vnsa.us>
- Herron, E. & **Weeks, K.** (2021, April 24). *Development of a Clinical Competency Pedagogy with Senior Nursing Students as Preparation for Transition to Practice* [Educational Session]. Virginia League of Nursing Virtual Annual State Conference and Membership Meeting. <http://www.virginialeaguefornursing.com/Upcoming-Events.html>
- Herron, E. & **Weeks, K.** (2021, August 3). *Development of a Clinical Competency Pedagogy with Senior Nursing Students as Preparation for Transition to Practice* [Podium]. VSSA.
- Herron, E.K, Robinson, J. & **Weeks, K.** (2021, December 3). *Development of a Clinical Competency Pedagogy with Senior Nursing Student as Preparation for Transition to Practice* [Podium]. AACN Transform 2021

INVITED PRESENTATIONS:

- Herron, E.K. & **Weeks, K.** (2021, December 15). *Development of a Clinical Competency Pedagogy with Senior Nursing Students as Preparation for Transition to Practice*. Nurse Educator Podcast.

GRANTS

- Herron, E.K., Choshi, M., Defibaugh, M., Houlahan, B., Lam, C., Mullen, L., Robinson, J., & **Weeks, K.** (2020). *Achieving competency together (ACT): A framework to integrate clinical judgement in prelicensure nursing*. [Grant]. AACN Faculty Scholars Grant \$25,000 Not Funded.
- Weeks, K.** & Herron, E. (2020). *Development of a clinical competency pedagogy with senior nursing students as preparation for transition to practice*. [Grant]. JMU Faculty Senate Engagement Mini Grants \$5000 Not Funded.
- Herron, E.K & **Weeks, K.** (2021). *Development of a clinical competency pedagogy with senior nursing students as preparation for transition to practice*. [Grant]. Sigma Theta Tau International Chamberlain College of Nursing Education Research Grants. \$9863.00 Not funded.
- Weeks, K.,** Herron, E.K. & Robinson, J. (2021). *Development of a clinical competency pedagogy with senior nursing students as preparation for transition to practice*. [Grant]. AACN Faculty Scholars Grant \$25,000. Not Funded.
- Weeks, K.** (2021). *Incorporating technology in a nursing pedagogy to increase alarm fatigue awareness*. [Grant]. James Madison University Faculty Senate Engagement Mini Grants. \$5000. Funded.

SERVICE

Profession/Community:

- 2022 – Sigma Theta Tau Omega Zeta Chapter Vice President
2022 – Virginia League of Nurses Board Member

2021 – SRMH Nurse Residency Advisory Council
2021 – SRMH COVID 19 Nurse Extender
2020 – Virginia Medical Reserve Corps - volunteer

University:

2015-2016 - New Faculty Academy – Member – Pilot Group
2016 to 2022 – NSA Advisor for JMU Chapter – student organization advisor
2017 Collaborative project with JMU and Sentara RMH – advance directive awareness/planning
2021 to present – Honor Council Representative
2022 to present – NFA mentor

College:

2015, 2016, 2017 - Poverty Simulation
2015 - Building Cultural Competency
2016 – Honors project advisor
2018 to present - Faculty Guide for CHBS graduation

Departmental Service:

2016 to present – RN to BSN Nursing Advisor
2015 to present - Open House Tours

**DEPARTMENT COMMITTEES
PROFESSIONAL SERVICE**

2022 to present – UGC&I Committee – Chair (2022-2023)
2022 to present – Competency and Evaluation Committee - Chair
2021 to 2022 – CBE Taskforce Member – Co Chair
2021to present – Faculty Search
2020 to present – BSN Committee Member
2019 to present – RN to BSN Committee member
2016 to present - UGCC member – Chair (2021-2023)
2019 to 2020 – Testing Coordinator
2016 -2019 – Faculty Friends Committee
2015 -2016 - Simulation and Technology Committee
2015 -2016 - Chair – Healthy Workplace – Health
2013-2014 – Chair – Nursing Academic Policy Committee
2013-2014 – Member - Nursing Academic Policy Committee
2008-2010 – Co- Chair – ICU Collaborative – Sepsis track
2008-2010 – Member – Donor Council
2008-2010 – Member – Research Council

MEMBERSHIPS

AACN – American Association of Critical Care Nurses
NLN – National League of Nurses
VLN – Virginia League of Nurses - board member 2021- 2023 appointment
Sigma Theta Tau International Honor Society OZ Chapter – Vice President 2022 – conference planner

AWARDS

St. Luke’s School of Nursing Adult Nursing Award – 1996
Dean’s list – Cedar Crest College – 2002

Nominated ONE Aspiring Nurse Leader – 2008
Nominated Sharing Network’s Donor Advocate – 2009
Sharing Network – Most Planned DCD for Somerset Medical Center – 2009
Sharing Network – Award of Distinction for Somerset Medical Center – 2009
Provost Award for Excellence in Academic Advising – JMU- nominated – 2018
JMU SON Students’ choice for pinner – 2016, 2017, 2018, 2021, 2022,
JMU SON Students’ choice for reader – 2018, 2022
VNSA Award for Most Supportive Faculty Member – VNSA Conference – 2019
Sigma Omega Zeta Chapter Certificate of Excellence – Podium Presentation – 2019
James Madison University School of Nursing Outstanding DNP Project - 2019
Graduate Student Award 2020 for Outstanding Dissertation – 2020
Nominated for Ferrell Faculty Award teaching 2022
Nominated for JMU CHBS Distinguished Faculty Award 2022

PROFESSIONAL DEVELOPMENT

AACN – CEUs - ongoing
Certification renewal requirements – CCRN-K – last renewal 2019
CFI Training – New Faculty Academy Pilot Program - 2015
CFI Training - Qualtrics – 2017
VASSA Conference - 2017
CFI Training - JMU Design – 2018
Cardiovascular Conference Sponsored by Valley Health – 2018
Debriefing with Good Judgement – 2017
Debriefing for Clinical Faculty – 2018
National NSA Conference Faculty Breakout Sessions - 2018
ELNEC Train the Trainer Conference Sponsored by ELNEC – 2018
ACS and 12 Lead Interpretation Sponsored by Valley Health – 2019
Shock States and Sepsis Sponsored by Valley Health – 2019
Conceptual Based Curriculum (CBC) Sponsored by D. Ignatavicius – 2019
VADNP State Conference Sponsored by VADNP - 2019
Quality Matters Training for RN to BSN Program – 2019
Trauma Nurse Core Course (TNCC) – 2020
Clinical Judgement Map – 3/2021
Linda Caputi’s “think like a nurse” 1/2021
ATI – Clinical Judgement 2/2021
Elsevier – Clinical Judgment model with NEXT GEN preparation 2/2021
VASSA – the 15th Annual VASSA Conference: A Capital Focus – Assets and Resources in Simulation 8/2021
NCSBN – 2021 Virtual NCLEX Conference 9/2021, 9/2022
AACN – 2021 – Transformation 2021
DEI training – SON book clubs – 2021
AACN – National Conference – New Essentials -Dallas, Tx- 11/2021
VLN – 2022 Annual Conference and Membership Meeting – “Envisioning a New Future in Nursing Education”
JMU host school 5/2022
Sigma OZ 5th Annual Research and Scholarship Conference – planner
Trauma Nurse Core Course (TNCC) – 2023

