Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____

Daily Step/MVPA Count Card

Name: _____ Period: _____

Pedometer #: _____ Grade: _____ Date: _____

Step Count: _____ Act. Time: _____

MVPA Time: _____