

DO NOW...
CHOPSTICK NINJA
Try To Set Your Personal Best Today!
One At A Time...You Must Catch All The Chopsticks Before You
Add Another One

DO NOW:
PRACTICE THE CROSS-BRAIN HOMEWORK...
FINGER/THUMB SWITCH
EAR/NOSE SWITCH

DO NOW...
PLAY A 3 PERSON GAME OF
HEAD, SHOULDERS, KNEES, AND CONE!
TWO PEOPLE PLAY AND THE THIRD PERSON CALLS OUT THE DIRECTIONS!
PLAY BEST OF 5 (GAMES TO 3).
THE FIRST TO GET 3 WINS STAYS AND CHALLENGES THE "CALLER."

DO NOW...
HOW MANY HOOP/BALL
STEP BACK CATCHES CAN YOU DO, IN A ROW, WITH A PARTNER?

DO NOW...
HOW MANY WAYS CAN YOU SPIN THE
HULA HOOP
ON THE FLOOR, OR AROUND YOUR BODY, OR WITH A
PARTNER, OR...YOUR CHOICE!

DO NOW...
JUGGLE WALK-
HOW MANY LAPS CAN YOU DO WHILE JUGGLING? DROPS ARE OK

DO NOW...
SHOW US YOUR BEST
INDIVIDUAL
JUMP ROPE TRICK(S)!

DO NOW
TAKE A
COMCHI CARD AND ASK
EVERYONE
YOUR QUESTION!

DO NOW...
Roll a die and ask everyone your question! How many answers can
you get?

DO NOW...
POKER RUN!
Every TIME YOU RUN A LAP...TAKE A PLAYING CARD
ONE LAP = ONE CARD

DO NOW
GATHER A GROUP OF 6 – 8 PEOPLE AND PLAY AN IMAGINARY
GAME OF
BASEBALL
BE CREATIVE...INCLUDE EVERYONE
HAVE FUN...MAKE SOME NOISE

DO NOW...
40. GET A GAME OF SELFIE TAG STARTED
3 TAGGERS...TAGGERS RULE OF 3
PLAY HARD, PLAY FAIR, PLAY SAFE

DO NOW...
GET A GROUP OF 6 TO 8 PEOPLE AND
5 SPOTS...
PLAY A GAME OF SWITCH!

DO NOW – TURNSTILE
THE ROPE IS READY...
CAN YOUR CLASS SET A NEW RECORD?
IF YOU MISS...KEEP AT IT!
REMEMBER – GRIT AND PATIENCE

DO NOW...
HOW MANY UBUNTU RUN
LAPS CAN YOU COMPLETE BEFORE WE START CLASS?

DO NOW...
PLAY TAP 21 GAMES!
HOW MANY DIFFERENT PEOPLE CAN YOU CHALLENGE?
HOW MANY GAMES CAN YOU WIN?
DO YOU HAVE A GOOD STRATEGY?

DO NOW...
WALK & TALK
QOD-WHAT IS UR FAVORITE
THEME PARK OR CARNIVAL
RIDE?

DO NOW
WALK & TALK
QOD...WHAT KIND OF MUSIC DO YOU LISTEN TO? WHO'S ON YOUR
SET LIST?

DO NOW...

HUMAN SLINGSHOT!

2 HOLDERS

1 "SLINGER"

1 CATCHER

You need a chicken, a bucket, (or hands) and an elastic band.

DO NOW...

PLAY A GAME OF BLEACHER B-BALL

KNOCK-OUT...

IF YOU SPELL O-U-T

MOVE TO A NEW GAME