

Christopher Matthew Smith, MEd, LAT, ATC, CES

Curriculum Vitae

Education

James Madison University

Harrisonburg, VA

Graduate Certificate in Cyber Intelligence

Area of Focused: Ransomware Attack Analysis in Health Care Industry

Spring 2021

University of Virginia

Charlottesville, VA

Master of Education in Athletic Training

Curry School of Education

August 2000

Thesis Topic- Effects of Different Warm-up Protocols on Hamstring Flexibility

California State University, Chico

Chico, CA

Bachelor of Arts in Physical Education with an Emphasis in Athletic Training

May 1998

Certifications

NATABOC Certified Athletic Trainer

Virginia Department of Health Professions - Athletic Trainer

NASM Corrective Exercise Specialist (CES) June 2013

National Provider Identifier Number: 1376880880

Graston Technique M1 Training- November 2009

James Madison University ATEP Clinical Preceptor

American Red Cross CPR / AED for the Professional Rescuer Certification- August 2023

Trigger Point Therapy- August 2015

Foundations in Dry Needling for Orthopedic Rehabilitation and Sport Performance- June 2018

Certifications Continued

Blood Flow Restriction Rehabilitation- May 2019

COVID-19 Contact Tracing- July 2020

Memberships

National Athletic Trainers' Association
Mid-Atlantic Athletic Trainers' Association
Virginia Athletic Trainers' Association

Employment History

Aug 2022-present	Lecturer College of Health and Behavioral Sciences Department of Health Sciences James Madison University Harrisonburg, VA
January 2019-Aug 2022	Assistant Director of Sports Medicine James Madison University, Department of Sports Medicine Harrisonburg, VA
August 2013-Janary 2019	Associate Athletic Trainer James Madison University, Department of Sports Medicine Harrisonburg, VA
August 2008-August 2013	Assistant Athletic Trainer James Madison University, Department of Sports Medicine Harrisonburg, VA
August 2007-May 2008	Adjunct Assistant Athletic Trainer/Instructor James Madison University, Department of Sports Medicine Harrisonburg, VA
January 2008-2013	ACES Preparatory Workshop: Instructor
August 2006-May 2007	Instructor James Madison University, Department of Health Sciences, Harrisonburg, VA Duties included: Instruction of Athletic Training Education Program courses (see Courses Taught); Assisted in athletic medical coverage for the Department of Sports Medicine; Approved Clinical Instructor of Athletic Trainer Education Program Students; Supervision of Graduate Assistants

Employment History Continued:

August 2004-June 2006	Head Athletic Trainer / Health and Physical Education Teacher Hidden Valley High School, Roanoke County Public School District, Roanoke, VA
August 2004-June 2006	Per Diem Medical Coverage (Roanoke, VA)
August 2000-July 2004	Assistant Athletic Trainer Virginia Military Institute (VMI), Lexington, VA.
August 1999-May 2000	Graduate Assistant Athletic Trainer University of Virginia, Charlottesville, VA.
August 1998-May 1999	Graduate Assistant Athletic Trainer California State University, Chico, Chico, CA

Courses Taught

James Madison University, Harrisonburg, VA:

HTH 100-Personal Wellness

HTH 150- Introduction to Health Sciences

ATEP 205: Introduction to Athletic Training (Fall 2006-Spring 2007); 30-40 students.

ATEP 306: Therapeutic Modalities (Co-Instructor) (Fall 2006- Fall 2007); 17-18 students

ATEP 307: Field Applications in Athletic Training (Co-Instructor) (Fall 2006-Fall 2007); 17-18 students

ATEP 291: Pre-Professional Practicum in Athletic Training (Co-Instructor) (Spring 2007); 17-18 students

ATEP 406: Organization and Administration of Athletic Training (Co-Instructor) (Spring 2007); 17-18 students

ATEP 495: Level V Practicum in Athletic Training (Spring 2007); 17-18 students

ATEP 355: Infectious Disease (Spring 2011); 17-18 students

Hidden Valley High School, Roanoke, VA: averaged 30 students per class

Health I (9th grade) (2004-2006)

Health II (10th grade) (2004-2006)

Physical Education (9th Grade) (2004-2006)

Strength and Conditioning (10th Grade) (2004-2005)

Guest Lecturer

James Madison University, Harrisonburg, VA:

PA 510: Physical Diagnosis: Interactive presentation of Orthopedic Evaluation techniques. (Spring semesters / some Summer sessions 2007-15)

ATEP 355: Infectious Disease Control: Methicillin Resistant Staphylococcus Aureus; What you need to know. (Spring semesters 2007-2019)

OT 640: Occupational Therapy Intervention Adult. Physical Agents- Modalities. (Spring semesters 2007-2020)

Various ATEP course lectures, example topics include Communication with Coaches and Others and Graston Techniques (2008-present)

Publications

Knudson DB; Corn R; Leick, D; **Smith CM**. Acute effects of stretching are not evident in the kinematics of the vertical jump. *Journal of Strength and Conditioning Research*. 2001; 15(1): 98-101.

Presentations

2006 James Madison CISAT Faculty Research Day. The Effects of Three Different Warm-Up Protocols on Hamstring Flexibility. **Smith, CM**, Kane, EJ, Arnold, BL.

2001 NATA Free Communications, Oral Presentation: Flexibility
The Effects of Three Different Warm-Up Protocols on Hamstring Flexibility. **Smith, CM**, Kane, EJ, Arnold, BL