

Current University Role and Contributions

Assistant Professor-Department of Health Sciences: 2022-present

James Madison University, Harrisonburg, VA

- Current Teaching
 - **Personal Wellness (HTH 100):** This class emphasizes lifestyle behaviors contributing to health promotion and disease prevention. General areas affecting health status are identified. Suggestions are made as to how health-related behaviors, self-care and individual decisions contribute to health and influence dimensions of wellness.
 - **Statistical Methods for Health Science Research (HTH 320):** This course reviews statistical concepts and techniques with special reference to health science applications and issues. It also reinforces the logic of statistical decision making for health and medical research concerns.
 - **Health Research Methods (HTH 408):** This course provides an overview of research methods within public health, emphasizing the steps involved in the research process. Methodological issues covered include the ethics of health studies research, qualitative and quantitative research designs, operationalization of concepts, measurement of variables, and techniques of sampling, data collection, and analysis.

- Current Service Activities
 - Employee Advisory Committee (University)
 - Nursing Faculty Hiring Committee Member (College)
 - Goal/Vision Committee (Departmental)
 - Professional Rescuer-Instructor Trainer (Community)
 - Mentor for Mentorship through Exercise program (University)
 - Course coordinator for HTH 320

- Current Research Projects
 - Understanding the impact of attending a 4-year university on perceived well-being.
 - HTH-100 Research Collaboration on COVID worry/Perceived Severity/Vaccine hesitancy.
 - Investigating the relationship between university expenditures and degree attainment for students at 4-year Regional Public Universities.

- Past Research Projects
 - Assessed student Emergency Medical Technician growth in “problem solving” and “teamwork” skills via adapted VALUE (AAC&U) rubrics at the application phase of employment as well as at the end of each year of employment.
 - Assessed student employee leadership development at various stages of employment (i.e., assistant, specialist, and manager levels).
 - Collated and built descriptive statistics of JMU students who do not utilize UREC facilities over the course of an academic year.
 - Financial Sustainability of College Promise Programs. I assisted in writing a publication that laid out plans for city and state policy-makers and leaders to

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implement a cost effective “Promise” program. Additional acknowledgements from the publication included being a member of the College Promise Research Network, being a reviewer of “Promises to Keep”, and being a member of the Policy and Research team at the College Promise Campaign.

Current Professional Memberships/Certifications

NIRSA: Phi Epsilon Kappa: FEMA Incident Command System (ICS) 100 for Higher Education & ICS 200: HAZCOM: American Red Cross-Instructor Trainer: Virginia Public Health Association (VPHA)