

ENGLISH MUFFIN PIZZA



Total Time: 10 minutes



Servings: 6

Ingredients:

3 Whole wheat English muffins

1 bag of mozzarella

1 bag of brussels sprouts

Mini pepperoni (or 1 pepperoni stick)

1 green pepper

1 zucchini

1 jar pizza sauce

Instructions:

1. Arrange the English muffin halves on a baking sheet. Toast on broil for 3 minutes.
2. Spread 1 tablespoon of pizza sauce on each half, followed by 1 - 1 ½ tablespoons of shredded cheese.
3. Arrange vegetables and pepperoni on the cheese.
4. Broil for 2-4 minutes, or until the cheese is melted and the edges of the English muffin pizza are crispy.

Recipe source:

<https://www.pinterest.com/pin/164522192633650930>