

JMU DIETETICS ADVISING CHECKLIST – PRE-PROFESSIONAL NUTRITION & HEALTH CONCENTRATION

Courses taken out of sequence may result in an extended program completion time.

- Denotes program prerequisite; student must earn ≥ C-

Fall 1 16 credits	<ul style="list-style-type: none"> CHEM 131 General Chemistry I (3) 	Spring 1 16 Credits	<ul style="list-style-type: none"> CHEM 132 General Chemistry II (3)
	<ul style="list-style-type: none"> CHEM 131L General Chemistry I Lab (1) 		<ul style="list-style-type: none"> CHEM 132L General Chemistry II Lab (1)
	Human Communication (3):		Human Questions & Contexts (3):
	Critical Thinking (3):		WRTC 103 Rhetorical Reading and Writing (3)
	Wellness Domain (3):		Sociocultural Domain (3):
	MATH 220 Quantitative Reasoning (3)		Quantitative Math Requirement (3): MATH 105 will satisfy this requirement if taken as a prerequisite for MATH 220. If MATH 105 is not needed as a prerequisite for MATH 220, then another MATH course must be completed, ex. MATH 103, 107, 321, 324, 325, or 327.

Fall 2 15 credits	BIO 290 Anatomy (3)	Spring 2 14 credits	<ul style="list-style-type: none"> BIO 270 Human Physiology (3)
	BIO 290L Anatomy Lab (1)		<ul style="list-style-type: none"> BIO 270L Human Physiology Lab (1)
	<ul style="list-style-type: none"> HTH 210 Medical Terminology (3) 		<ul style="list-style-type: none"> NUTR 280 Nutrition for Wellness (3)
	<ul style="list-style-type: none"> NUTR 295 Foundations of Nutrition Practice (2) 		The American Experience (4):
	Visual & Performing Arts (3):		Arts & Humanities: Literature (3):
	The Global Experience (3):		

Term:	Term:	Term:	Term:	Term:

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Nutrition Electives (course prerequisites apply): Students must complete 3 of the following NUTR electives: 363 - Quantity Food Production, 380 – Global Nutrition, 382 – Sports Nutrition, 394 – Culinary Nutrition Therapy, 455 – Exercise and Nutrition in Chronic Disease, 460 – Management in Dietetics, 484 – Clinical Nutrition II, 485 – Community Nutrition, 486 – Counseling Skills in Dietetics, 495 – Senior Seminar

Fall 3 15-16 credits	NUTR 385 Nutrition through the Life Cycle (3)			Spring 3 15-16 credits	NUTR 384 Clinical Nutrition I (3)				
	NUTR 340 Science and Culture of Food (3)				NUTR 350 Emerging Research in Nutrition and Dietetics (3)				
	HTH 354 U.S. & Global Health Care System (3)				NUTR Elective:				
	NUTR Elective:				Elective:				
	Elective:				Elective:				
Fall 4 15-16 credits	NUTR 482 Nutrition & Metabolism (3)			Spring 4 15-16 credits	Elective:				
	IPE 415 Healthcare Ethics: Interprofessional Approach (1)				Elective:				
	NUTR Elective:				Elective:				
	Elective:				Elective:				
	Elective:				Elective:				
	Elective:				Elective:				
Term:		Term:		Term:		Term:		Term:	

Note: Students applying to the MS in Applied Nutrition Program must take Biochemistry, Organic Chemistry, and Microbiology lectures.

This document is provided as an advising resource only. Official curriculum requirements are listed in the JMU Undergraduate Catalog. In the case of discrepancies, the University Catalog is the official curriculum students must follow. This document was reviewed by Dr. Jennifer Walsh, Dietetics Program Director and Dr. Kirk Armstrong, Health Professions Academic Unit Head on August 8, 2024. *Updated August 2024*