

PARTICIPANTS NEEDED FOR RESEARCH



Are you currently a new user of Wegovy or Zepbound for weight management?

You may be eligible to participate in a new research study conducted by the Integrative Nutrition and Physiology Lab at James Madison University. We are exploring how **precision nutrition counseling** can improve health outcomes for individuals using weight management medications.

Participation Benefits

- Nutrition counseling with a Registered Dietitian (no financial cost)
- Body composition, cholesterol, blood sugar & more analysis
- Personalized nutrition feedback
- \$50 in fresh food tokens for the Harrisonburg Farmers Market

What's Involved

- 12-weeks of individual nutrition counseling
- Clinical tests: cholesterol, glucose, body composition, blood pressure
- Food intake records and physical activity tracking
- Follow-up testing at 6 months

All study visits held in Burruss Hall 052 at JMU

Interested?

Contact:

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