

CURRICULUM VITAE

JENNIFER R. WALSH, PhD, RDN

walsh5jr@jmu.edu

EDUCATION

- 2012 PhD, Food and Nutrition Sciences, University of Maine
Dissertation: *Using a community-based participatory approach to prevent excessive weight gain among a low-income, young adult population*
- 2006 MS, Food Science and Human Nutrition, University of Maine
Thesis: *Motivators and barriers to maintaining healthy weight in young adult college males*
- 2004 BS, Food Science and Human Nutrition, University of Maine

PROFESSIONAL EXPERIENCE

- 2016 – Present James Madison University, Department of Health Sciences
Assistant Professor
Didactic Program in Dietetics Director, July 2018-Present
- 2011- 2016 University of Florida, Family, Youth and Community Sciences
Non-Tenure Faculty (Assistant In) and Nutrition Education Coordinator for the Expanded Food and Nutrition Education Program and Family Nutrition Program
- 2014-2015 University of North Florida, Nutrition and Dietetics
Adjunct Faculty
- 2011 Harvard College, Harvard School of Public Health Nutrition
Education Intervention Consultant
- 2006-2011 University of Maine, Food Science and Human Nutrition
Research Assistant
- 2006 Eastern Maine Medical Center, Bangor, Maine
Clinical Cardiac Dietitian and Outpatient Consultant Dietitian

PUBLICATIONS

Fuller SM, Phelps JA, Baker S, **Walsh J**. Qualitative Analysis of the Expanded Food and Nutrition Education Program's 24-hour Dietary Recall. *J Extension*. Accepted October, 2022.

McRoy JA, Akers LH, Edwards ES, **Walsh JR**, Akers JD. The Effects of Exercise on Breastmilk Composition and Supply: A Brief Literature Review. *Clinical Lactation*. 2022. 13(1):39-53. doi: 10.1891/CL.2021-0012

Olfert MD, Hagedorn-Hatfield RL, Houghtaling B, Esquivel MK, Hood LB, MacNell L, Soldavini J, Berner M, Savoie Roskos MR, Hingle MD, Mann GR, Waity JF, Knol LL, **Walsh J**, Kern-Lyons V, Paul C, Pearson K, Goetz JR, Spence M, Anderson-Steeves E, Wall-Bassett ED, Lillis JP, Kelly EB, Hege A, Fontenot MC, Coleman P. Struggling with the basics: food and housing insecurity among college students across twenty-two colleges and universities. *J Am Coll Health*. 2021. doi:[10.1080/07448481.2021.1978456](https://doi.org/10.1080/07448481.2021.1978456)

Hagedorn RL, Olfert MD, MacNell L, Houghtaling B, Hood LB, Savoie Roskos MR, Goetz JR, Kerns-Lyons V, Knol LL, Mann GR, Esquivel MK, Hege A, **Walsh J**, Person K, Berner M, Soldavini J, Anderson-Reeves E, Spence M, Paul C, Waity JF, Wall-Bassett ED, Hingle MD, Kelly EB, Lillis JP, Coleman P, Fontenot, M. College Student Sleep Quality and Mental and Physical Health are Associated with Food Insecurity in a Multi-Campus Study. *Public Health Nutrition*. 2021:1-23. doi:10.1017/S1368980021001191

Murray EK, Auld G, Baker SS, Barale K, Franck K, Khan T, Palmer-Keenan D, and **Walsh J**. Methodology for Developing a New EFNEP Food and Physical Activity Behaviors Questionnaire *J Nutr Educ Behav*. 2017;49(9):777-783. <http://dx.doi.org/10.1016/j.jneb.2017.05.341>

Messiah SE, Lebron C, Moises R, Mathew MS, Sardinias K, Chang C, Palenzuela J, **Walsh J**, Shelnutt KP, Spector R, Altare F, and Natale R. Health caregivers-healthy children (HC2) phase 2: Integrating culturally sensitive childhood obesity prevention strategies into childcare center policies. *Contemporary Clinical Trials*. 2017;53:60-67.

Walsh J, Kattelman K, and White A. Stage-based healthy lifestyles program for non-college young adults. *Health Education*. 2017;117.

Lindsay AC, Greaney M, Salkeld JA, **Walsh J**. Global Perspectives of WIC Staff Regarding Physical Activity Levels and Behaviors of Latino Preschool Children. *Int J Child Health Nutr*. 2015;4:194-202.

Walsh J, White A, Kattelman K. Using PRECEED to develop a weight management program for disadvantaged young adults. *J Nutr Educ Behav*. 2014; 46:S1-S9.

Walsh JR, Hebert A, Byrd-Bredbenner C, Carey G, Colby S, Esters O, Greene G, Hoerr S, Horacek T, Kattelman K, Kidd T, Koenings M, Nitzke S, Phillips B, Shelnut KP, White AA. The development and preliminary validation of the Behavior, Environment, and Changeability Survey (BECS). *J Nutr Educ Behav*. 2012;44:409-499.

Horacek TM, Erdman MB, Byrd-Bredbenner C, Carey G, Colby SM, Green GW, Guo W, Kattelman KK, Olfert M, **Walsh J**, White, AA. Assessment of the dining environment on and near the campuses of fifteen postsecondary institutions. *Pub Health Nutr*;16:2012.

Byrd-Bredbenner C, Horacek T, Hoerr SL, Johnson M, Colby S, **Walsh J**, Greene G, Phillips B, Kidd T. Sweet & Salty: An assessment of the snacks and beverages sold in vending machine on U.S. post-secondary institution campuses. *Appetite*. 2012;58:1143-1151.

Walsh JR, White AA, Greaney ML. Using focus groups to identify factors affecting healthy weight maintenance in college men. *Nutr Res*. 2009;29:371-378.

Greaney ML, Lees FD, White AA, Dayton SF, Riebe D, Blissmer B, Shoff S, **Walsh JR**, Greene GW. College students' barriers and enablers for healthful weight management: a qualitative study. *J Nutr Educ Behav*. 2009;41:281-286.

BOOK CHAPTER

Schubert C, **Walsh, J**. "Using Professional Expectations to Improve Research and Reading Behaviors with Pre-Professional Health Students" Chapter accepted in *Teaching Critical Reading Skills: Strategies for Academic Librarians*. Association of College & Research Librarians Press. 2023.

Walsh JR, White, AA. (2010) "Barriers and Food Behavior" In: *Food Behavior: Why We Eat What We Eat*, 2nd edition by S. Colby, Dubuque, IA: Kendall Hunt Publishing Company, pp 1-19.

PEER-REVIEWED ABSTRACTS

Walsh, J, Thomas T, Fee J, Bartley J. A Mixed Methods, Multilingual Evaluation of the Neighborhood Produce Market Participant Experience. *J Nutr Educ Behav*. 52(7); S49:2020.

Thomas, T., **Walsh, J.**, & Bartley, J. Assessing the benefits and feasibility of a mobile food pantry serving culturally and linguistically diverse neighborhoods, Society for Public Health Education 71st Annual Conference, Atlanta, Georgia. (Conference canceled; rescheduled for August 6, 2020, virtual roundtable)

Schwartz A, Pierantoni J, **Walsh JR**. Vegetable Preferences, Preparation, and Purchasing Practices Following a Community-Based Program. Virginia Academy of Nutrition and Dietetics. March 2020. [meeting cancelled]

Kiser T, Maiewski S, Akerson E, **Walsh J**. "Interprofessional practice experiences in an emergency shelter: Development of a student-engaged clinic." *Am Pub Health Assoc*. Accepted for November 2019.

Kiser T, Maiewski S, Akerson E, **Walsh J**. "An Interprofessional Approach to Community Health and Nutrition at an Emergency Shelter" Omega Zeta Chapter of Sigma Theta Tau International Honor Society of Nursing Research Day. April 2019.

Kraft K, Lepecha L, **Walsh J**. "Increasing Food Security: Developing and Testing a Nutrition Education Curriculum for a Mobile Food Pantry." Virginia Academy of Nutrition and Dietetics. April 2019.

Walsh JR, Wu T, Burch E, Brown L. "Outcomes of Community-Based Vegetable Workshops Following Post-Bariatric Surgery" *Obes Society*. November 2018.

Walsh JR, DeVries-Navarro D, Owens N, Shelnutt KP. "Nutrition Driven: Improving Fruit and Vegetable Intake through the EFNEP and Palm Beach County Food Bank Partnership." *J Nutr Educ Behav*. July 2018.

Walsh JR, Wu T, Burch E, Brown L. Outcomes of Community-Based Vegetable Workshops Following Post-Bariatric Surgery. Obesity Society Meeting. Nashville; November, 2018. Accepted abstract.

- Walsh JR**, DeVries-Navarro D, Owens N, Shelnutt KP. Nutrition Driven: Improving Vegetable and Fruit Intake through the EFNEP and Palm Beach County Food Bank Partnership. *J Nutr Educ Behav*. 2018;50(7):S66. [Abstract]
- Rasmussen E, Divittorio K, **Walsh J**, Hesse M. Development and Validation of a Commodity Supplemental Food Program (CSFP) Survey To Evaluate Client Use of CSFP Foods. Virginia Academy of Nutrition and Dietetics. Richmond; April, 2018.
- Wu T, Brown L, Shehane E, **Walsh JR**. Mindful Eating Among Post-Bariatric Surgery Patients Following a Vegetable Workshop Pilot Study. Virginia Academy of Nutrition and Dietetics. Richmond; April, 2018.
- Walsh J**, DeVries-Navarro D, Shelnutt K. Food Security and Food Resource Management Outcomes of Haitian EFNEP Participants. *J Nutr Educ Behav*. 2017;49:S55-56.
- Franck, K, Khan T, **Walsh J**. The Importance of Cognitive Interviews as a Face Validity Method for Nutrition Education Surveys for Limited-Resource Audiences. *J Nutr Educ Behav*. 2016;48:S92.
- Walsh J**, Shelnutt KP, Johns T, Scicchitano M, Waite B. Assessing the Feasibility of A Mobile Fresh Food Market. *J Nutr Educ Behav*. 2015;47:S56.
- Walsh J**, Byrd-Bredbenner C, Morrell JS, Colby S, Brown-Esters ON, Greene G, Hoerr S, Horacek T, Kattelman K, Kidd T, Koenings M, Phillips B, Shelnutt KP, Olfert M, White AA. Examining Differences in Anthropometric Measures and Dietary Intake of Young Adults Attending College or Vocational Programs. *J Nutr Educ Behav*. 2013;45:S57-S58.
- Walsh J**, Mathews D, Maia A, Kattelman, K, White A. Perceptions of Weight and Self-Reported Behavior among Low-Income Young Adults. *J Nutr Educ Behav*. 2011;43:S32.
- Horacek T, Szklany K, White A, **Walsh J**, Erdman M, Byrd-Bredbenner C, Esters O, Shelnutt KP, Morrell J, Kattelman K. Development and Testing of a Healthy Campus Environmental Audit and the LEAN Index. *J Nutr Educ Behav*. 2011;43:S22.
- Quick V, **Walsh J**, Byrd-Bredbenner C. Styles and Surrounding Survey (SSS): Examination of Young Adults' Lifestyle Behaviors and Their Environmental Surroundings Affecting Weight Management. *J Acad Nutr Diet*. 2011;111:A23.
- Walsh J**, White A, Byrd-Bredbenner C, Colby S, Esters O, Greene G, Hoerr S, Horacek T, Kattelman K, Kidd T, Nitzke S, Phillips B. Use of a multi-phase community assessment model to identify behavioral and environmental influences of obesity for young adults. *J Am Diet Assoc*. 2010;110:A28.
- Horacek TM, Grimwade A, Bergen-Cico B, Decker E, **Walsh J**. Participatory Research with College Students Identifies Quality of Life and Stress as Key Issues for Obesity Prevention. *J Am Diet Assoc*. 2010;110:A30.
- Walsh J**, Byrd-Bredbenner C, Carey G, Greene G, Hoerr S, Esters O, Kattelman K, Morrell J, Nitzke S, Phillips B, Shelnutt K, White A. Eating behavior, perceptions, and Body Mass Index (BMI) of college students in two stages of readiness to eat fruit and vegetables. *J Nutr Educ Behav*. 2010;42:S105-106.
- Horacek T, Byrd-Bredbenner C, Colby S, Hoerr S, Johnson M, Kidd T, Phillips B, **Walsh J**. Healthy Vending Snacks on 10 College Campuses: A Comparison of Nutrient Density Scores. *FASEB J*. 2010;24:746.7.

ORAL PRESENTATIONS

Abad-Jorge, A. & **Walsh, J.** Implementing an Innovative Online Education Approach in an Undergraduate Nutrition and Dietetics Field Experience. Nutrition and Dietetics Educators & Preceptors Spring Conference Presentation, April 2021.

Walsh JR, Shehane E. Community-Based Vegetable Workshops with Post-Bariatric Surgery Patients: A Pilot Study. Blue Ridge Area Academy of Nutrition and Dietetics Spring Conference. Fishersville, Virginia. April 2018.

Hinkle A, **Walsh, J.** (2015) “Exploring Quality of Life of EFNEP Participants.” Extension Professional Association of Florida Annual Conference. Naples, Florida.

Baker S, Barale K, Franck K, Khan T, **Walsh J.** (2015) “EFNEP Evaluation: Reaching for the Gold.” Expanded Food and Nutrition Education Program National Coordinators’ Conference. Arlington, Virginia.

Walsh J, White AA, Yerxa K. (2009) “A community-based participatory research approach at Penobscot Job Corps Academy.” Maine Nutrition Council Quarterly Meeting. Orono, Maine.

GRANTS

CHBS Interprofessional and/or Collaboration Grant. High Intensity Interval Training’s Impact on Human Breast Milk Composition and 24-hour Supply. 2020. Awarded \$4,970. [funding returned due to COVID-19 restrictions]

James Madison University College of Health and Behavioral Studies Interprofessional and Collaboration Project Grant Proposal “A study of the Neighborhood Produce Market participant experience.” 2019-2020. Awarded \$6397.

James Madison University College of Health and Behavioral Studies Interprofessional and Collaboration Project Grant Proposal “Wellness and Self-Care Symposium for Middle and High School Educators: Assessing burnout, self-care and lifestyle balance, mindfulness and perceived wellness and self-care.” 2018-2019. Awarded \$8,630.50.

RMH Foundation Healthy Community Grants “Improving Health Outcomes in Post-Operative Bariatric Patients Through Additional Nutrition and Exercise Support” 2018-2019. Awarded \$20,000.

James Madison University College of Health and Behavioral Studies Interprofessional and Collaboration Project Grant Proposal. Student Engaged Community Clinic. Awarded \$4,300.

IIHHS Campus-Community Connections Funding. “Enhancing Nutrition Among Reading Road Show Youth” 2017. Awarded \$1,000.

USDA Agriculture and Food Research Initiative. “Healthy Caregivers-Healthy Children Phase II: Integrating Culturally Sensitive Childhood Obesity Prevention Strategies into Policy” Subaward co-investigator, 2015-2017. Received \$67,378.

USDA Regional Nutrition Education and Obesity Prevention Center of Excellence – South. “Building Faith through Health in the Community and Online.” Subaward co-investigator, 2015-2016. Received \$40,000.

TEACHING

2016-Present	Instructor, Counseling Skills in Dietetics, Management in Dietetics, Life Cycle Nutrition, Community Nutrition, Graduate Seminar, Senior Seminar, Nutrition for Wellness, Foundations of Nutrition Practice, Interprofessional Ethical Decision-Making James Madison University
2014-2015	Online Instructor, Basic Principles of Human Nutrition University of North Florida
2012-2015	Guest Lecturer, Community Nutrition and Nutrition Education and Wellness Program Planning, Development and Evaluation Course University of Florida
2008	Guest Lecturer, Introduction to Protein Husson University
2004-2007	Teaching Assistant, Introduction to Food and Nutrition Course University of Maine

AWARDS

2022	James Madison University Provost Award for Excellence in Departmental Faculty Advising
2019	National Extension Association of Family and Consumer Sciences Awards <ul style="list-style-type: none">• Community Partnership Award category titled "Marjorie S. Fisher Nutrition Driven" selected as a 3rd Place Southern Region Winner• Snap-Ed/EFNEP Educational Program Award category titled "Marjorie S. Fisher Nutrition Driven" selected as 2nd Place National Winner and 2nd Place Southern Region Winner
2017	SNEB Early Professional Award
2015	University of Florida IFAS Superior Accomplishment Award for Academic Personnel
2011	Society for Nutrition Education Student Research Award

CERTIFICATIONS

2018	ServSafe® Certification
2015	University of Florida Human Resource Training and Organizational Development Supervisory Challenge: Managers' Cohort
2007	Registered Dietitian Certification

SELECT TRAININGS

2021	Using Standardized Patients in Athletic Training & Healthcare Education
2018	Camtasia and WebEx
2017	JMUDesign
2015	Grantsmanship Writing Workshop University of Florida Institute of Food and Agricultural Sciences
2014	Online Course Delivery University of North Florida
2013	Teacher's College Course University of Florida College of Agricultural and Life Sciences
2010	Health Literacy and Plain Language: Writing Skills for Clear Health Communication

PROFESSIONAL AND SCHOLARLY ORGANIZATIONS

2018-Present	Blue Ridge Academy of Nutrition and Dietetics Nominating Committee Chair (2022-Present) Co-President (2021-2022) Co-President-Elect (2020-2021) Scholarships and Awards Committee Chair (2019-2020) Annual Conference Planning Committee (2018-2019)
2010-Present	Society for Nutrition Education and Behavior Nominations Committee, elected position (2017-2019) Nutrition Education for Children's Division Issues and Resolutions Liaison (2017-present) Advocacy Committee for Public Policy Representative (2016-2017) Chair-Elect/Chair (2013-2014)
2004-Present	Academy of Nutrition and Dietetics Public Health Community Nutrition Practice Group Nominating Committee Member, elected position (2015-2017)
2013-2016	North Central-2169 USDA Multistate Research Team
2006-2011	Kappa Omicron Nu Honor Society Alpha Beta Chapter- President (2009-2010) Treasurer (2008-2009)