

## Curriculum Vitae

**W H I T N E Y R . S I M M O N S , M P A S , P A - C**

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James Madison University  
235 Martin Luther King, Jr. Way, MSC 4315  
Harrisonburg, VA 22807  
P: 540-568-7522  
simmo3wr@jmu.edu

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### **CURRENT APPOINTMENTS**

Principal Faculty, Graduate Physician Assistant Program July 2017-Present  
Assistant Professor, Department of Health Professions  
James Madison University

Physician Assistant (PRN)-Family Practice July 2017-Present  
Sentara Timber Way Health Center/Sentara Integrative Medicine

### **PREVIOUS APPOINTMENTS**

Physician Assistant (Full-time)-Family Practice July 2013-June 2017  
Sentara RMH Medical Group  
Timber Way Health Center-Broadway, VA

Physician Assistant (Volunteer) February 2011-June 2013  
Free Medical Clinic of the Northern Shenandoah Valley  
Winchester, VA

Physician Assistant (Full-time)-Family Practice April 2009-June 2013  
Winchester Family Practice-Winchester, VA

### **EDUCATIONAL BACKGROUND**

Shenandoah University, Winchester, VA August 2006-December 2008  
Master of Science in Physician Assistant Studies

James Madison University, Harrisonburg, VA August 2002-December 2005  
Bachelor of Science in Health Sciences  
Minor in Biology

### **TEACHING EXPERIENCE-FULL COURSES**

PA 510: Physical Diagnosis I Each Fall 2017-Present  
Physician Assistant Program-James Madison University

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PA 626: Clinical Medicine III Physician Assistant Program-James Madison University	Each Fall 2017-Present
PA 654: Managing Medical Information IV: Directed Project	Spring 2018-Present
PA 511: Physical Diagnosis II Physician Assistant Program-James Madison University	Each Summer 2018-Present
PA 624: Behavioral Medicine Physician Assistant Program-James Madison University	Each Summer 2018-Present
PA 671: Family Medicine Clinical Rotation Physician Assistant Program-James Madison University	Each Fall/Spring/Summer 2017-Present
PA 672: Primary Care Clinical Rotation Physician Assistant Program-James Madison University	Each Fall/Spring/Summer 2017-Present
ATEP 378: Assessment Skills in Athletic Training Athletic Training Program – James Madison University	Spring/Fall 2020
PA 674: Internal Medicine Clinical Rotation II James Madison University PA Program-James Madison University	Fall 2019
PA 520: Clinical Medicine I Physician Assistant Program-James Madison University	Spring 2023

#### **GRANTS (INTERNAL & EXTERNAL).** *Total career grant funds awarded: \$10,314.00*

Massey A, **Simmons W**, Clinard E. College of Health & Behavioral Studies Dean's Mini-Grant. James Madison University. "IPE Case Study Event." January 2022. Total requested: \$1000. *FUNDED*

**Simmons W**, Skelly A, Graham A, Stowell S. Innovative Efforts Award (IDEA) Grant. James Madison University. "A Transformative Approach: Equipping Healthcare Professionals to Provide Inclusive Care". January 2020. \$1,365 *FUNDED*

Blackstone S, Johnson A, **Simmons W**, Skelly A. College of Health & Behavioral Studies Collaborative Grant. James Madison University. "Assessing Burnout in Physician Assistant Students and Developing Strategies to Promote Wellness and Resilience". April 2018. Total requested: \$6,899 *FUNDED*

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Blackstone S, Johnson A, **Simmons W**, Skelly A. College of Health & Behavioral Studies Dean's Mini-Grant. James Madison University. "A Qualitative Assessment of Burnout among Physician Assistant Students". January 2019. Total requested: \$1000. *FUNDED*

#### SCHOLARLY PRESENTATIONS

Clinard E, **Simmons W**, Massey A, Lam C, Abad-Jorge A, Russel Yun A, Mullen L, Burkhart B. Simnovation Collaboration: An Immersive Simulation-enhanced IPE Experience. Nexxus Summit. September 2022. Virtual Summit. Host: National Center for Interprofessional Practice and Education.

Clinard E, **Simmons W**, Massey A. Increasing Engagement in IPE through Simulations. 2022 Virginia State Simulation Alliance (VASSA) Conference: Simulation: Bridging the Gap in Healthcare. August 2022. Herndon, VA.

Massey A, **Simmons W**, Skelly A. Fight the BURNout: Development of a Student-Guided Wellness Curriculum. JMU CFI May Symposium. May 2022. Harrisonburg, VA.

Skelly A, **Simmons W**. PA Students: Feeling the BURNout. Poster Presentation. Virginia Academy of Physician Assistants Summer CME Conference. Virginia Beach, VA. July 2020 (Accepted-Conference Canceled secondary to COVID-19)

Skelly A, **Simmons W**. Bridging the Gap: From the Classroom to the Clinic. Poster Presentation. James Madison University's Teaching and Learning with Technology Conference. Harrisonburg, VA. November 2019.

Blackstone S, Johnson A, Smith N, McCall T, **Simmons W**, Skelly A. Burnout, Emotional Distress, and Self-Reported Medical Errors within the PA Profession. Podium Presentation. American Academy of Physician Assistants National Conference. Denver, CO. May 2019.

**Simmons W**, Skelly A. Shadow Health™: Virtual to Reality. Poster Presentation. James Madison University's Teaching and Learning with Technology Conference. Harrisonburg, VA. November 2018.

**Simmons W**. Clinical Review: Medically Mending a Broken Heart: Broken Heart Syndrome. Podium Presentation. Shenandoah University Master of Physician Assistant Studies Master's Symposium. Winchester, VA. December 2008.

#### PUBLICATIONS – REFEREED JOURNALS

Blackstone S, Johnson A, Smith N, McCall T, **Simmons W**, Skelly A. Depression, Burnout, and Professional Outcomes among Physician Assistants. *Journal of the American Academy of Physician Assistants*. Sep 2021. Vol 34. Num 9.

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### W H I T N E Y R . S I M M O N S , M P A S , P A - C

Johnson A, Blackstone S, Skelly A, **Simmons W**. The Relationship between Depression, Anxiety, and Burnout among Physician Assistant Students: A Multi-Institutional Study. *Health Professions Education*. Sep 2020.

Blackstone S, Johnson A, **Simmons W**, Skelly A. Assessing Burnout and Interest in Wellness Programs in Physician Assistant Students: Result of a Multi-Institutional Study. *Journal of Physician Assistant Education*. June 2020.

Blackstone S, Johnson A, **Simmons W**, Skelly A. A Qualitative Examination of Burnout Experienced by Physician Assistant Students. *American Journal of Health Studies*. 2020 Volume 35 Number 1.

#### PROFESSIONAL ORGANIZATIONS

Physician Assistant Education Association (Member)	2017-Present
Virginia Academy of Physician Assistants (Member)	2002-Present
• VAPA Central Shenandoah Region Co-Coordinator	2018-Present
American Academy of Physician Assistants (Member)	2007-Present

#### HONORS & AWARDS (program level)

- In 2019, US News & World Report ranked the JMU PA program #46 out of 170 PA programs nationwide. This is an improvement of 24 spots from the last rankings (2017) when the program was #70.
- The PA Program was rated “exemplary” via the Annual Progress Template by the Center for Assessment and Research Studies at James Madison University, each of the following years: 2021-2022, 2020-2021, 2019-2020, 2018-19, 2017-18.
- Graduate Student Association IMPACT Award, 2018-19. The Physician Assistant Program was recognized by the JMU graduate student association for the outstanding impact this program has had on the JMU graduate student community

#### CERTIFICATIONS & LICENSURES

<u>Licensed Physician Assistant</u> Commonwealth of Virginia Department of Health Professions	February 2009-Present
<u>Certified Physician Assistant</u> National Commission on Certification of Physician Assistants	February 2009-Present
<u>Drug Enforcement Agency (DEA) License</u> US Department of Justice	February 2009-Present

## Curriculum Vitae

### WHITNEY R. SIMMONS, MPAS, PA-C

<u>Basic Life Support (BLS) Certification</u> (Professional Rescuer)	2002-2019
<u>Advanced Cardiovascular Life Support (ACLS) Certification</u> American Heart Association	2007-2011
Emergency Medical Technician	2003-2009