

Annual Report 2023

Summer 2022, Fall 2022, & Spring 2023

Graduate Programs at James Madison University

I. Program Name/Department/College

The official title of our Ed.S.-level program, based on the history of JMU, is School Psychology and Counselor Education: concentration in Clinical Mental Health Counseling/

II. Title/Type of Degree(s) Offered

- Master of Arts/Educational Specialist-Clinical Mental Health Counseling Concentration

III. Mission Statement of Program

As members of the Clinical Mental Health Counseling Program of James Madison University, we have formed our own special community of faculty, staff, and students. We vary in abilities, age, class, gender, ethnicity, race, religion, sexual orientation, and place of birth, but we share a common vision of achieving a vitally important mission – transforming students into successful clinical mental health counselors.

Our Clinical Mental Health Counseling alumni are dedicated to providing competent, caring, and ethical services to diverse clients in public agencies, community programs, and private practices. Putting our principles into practice, we strive to create a caring community in which we can thrive personally and grow professionally. While many of our graduates work in rural communities in Virginia's Shenandoah Valley or among the mountains of West Virginia, many more have moved on to serve in other communities throughout the mid-Atlantic region, and across the nation. We invite our students to embark on a life-long journey of exploring new possibilities, refining their skills, and staying fresh throughout their careers. We encourage them to support one another in the formidable task of facilitating the change process in individuals, couples, families, groups, and communities as licensed professional counselors. Finally, we challenge our graduates to advance the mental health counseling profession through service, research, innovation, advocacy, and training.

IV. Program Progress, APR, and Accreditation Status

Effective January 2020, the Council for the Accreditation of Counseling and Related Educational Programs (CACREP) has accredited the Clinical Mental Health Counseling concentration through January 2028. Our next self-study will need to be submitted prior to January 2027.

Major Program Accomplishments

Engagement

Community Engagement

Clinical Mental Health Counseling Ed.S. students provided over 3040 direct service hours, as well as 6000 hours of support and consultation in providing mental health counseling to the Harrisonburg, Staunton, and Rockingham and Augusta County areas.

Engaged Learning

Clinical Mental Health Counseling Ed.S. students facilitated Building Cultural Humility workshops during the Spring 2023 semester.

Clinical Mental Health Counseling Ed.S. students helped a Counseling and Supervision Ph.D. student facilitate the Clothesline Project during the Spring 2023 semester.

Clinical Mental Health Counseling 1st year Ed.S. students completed the Collaborative Assessment and Management of Suicidality training as well as Case Conceptualization training session with local counselors in order to enhance their diagnostic and conceptualization skills (March 2023).

Clinical Mental Health Counseling and School Counseling Ed.S. students participated in a Dialectical Behavior Therapy (DBT) workshop near the end of the Spring 2023 semester.

Access, Inclusion, Diversity

Clinical Mental Health Counseling faculty served as consultants with the Virginia Telehealth Network to expand supervision for interns and counseling residents working with minoritized and underserved population groups.

Efficiencies (i.e. any way we have streamlined or saved resources)

The Clinical Mental Health Counseling program was in need of an elective to offer Ed.S. students. The Counseling and Supervision program worked to fulfill this need. First, Dr. Debbie Sturm implemented a class project in the PSYC 863 Counselor Education course in which C&S doctoral students developed the curriculum for a PSYC 601 Human Sexuality elective course. A C&S doctoral student, Karli Fleitas, then taught the elective course to Ed.S. students in the spring semester.

Comprehensive Campaign

One of the ways we currently engage with alumni is through faculty's involvement with the Central Valley Counselors Association. A large number of our local alumni are involved in CVCA and CVCA functions. We also include alumni in our newsletter distributions and FaceBook groups. The Clinical Mental Health Counseling faculty also work with our external advisory board to explore training trends and opportunities.

Other Noteworthy Accomplishments

Individual Faculty/Staff Honors and Accomplishments

Rankings & Recognitions

Positions of leadership in national and international organizations

- Item-Writer. National Board of Certified Counselors (2017-2023), Amanda Evans.
- Committee Member, American Counseling Association's Human Rights Committee (2021-23), Amanda Evans.
- President of the Virginia Counselors Association Foundation, 2023, Renee Staton.
- Governing Council Representative, American Counseling Association, Amanda Evans.
- Journal Reviewer, Counseling & Values, Joe LeBlanc.
- Journal Reviewer, Journal of Counseling & Development, Amanda Evans.
- Journal Reviewer, Counseling & Values, Kenson Hiatt.

National or international awards received by faculty/staff/students

2023. Award Recipient. Past Presidents Award. Association for Humanistic Counseling (Amanda Evans).

2023. Award Recipient. Outstanding Teaching Award. Yorkville University. (Amanda Evans).

2022. Award Recipient. Graduate Psychology Distinguished Scholar. James Madison University. (Amanda Evans).

2022. Award Recipient. Graduate Psychology Distinguished Teacher. James Madison University. (Renee Staton).

Other rankings and recognitions of faculty/staff/students

Eight Clinical Mental Health Counseling students are RISE UP Fellows.

Students participated in the following presentations:

de Blois, A., & Hughes, K. (*proposal accepted*). Deeper than dysmorphia: Addressing motives for disordered eating among gender non-conforming young adults. Association for Humanistic Counseling, Denver, Colorado.

Evans, A. M., Conner, C., Haskins, R., **de Blois, A., & Hughes, K.** (2022). HEAL interventions to use in counseling to address race-based trauma. Association for Humanistic Counseling, Nashville, Tennessee.

Evans, A. M., Gaines, B., Haskins, R., **Hughes, K. & Oginz-Wilson, A.** (*proposal accepted*). Humanism, positive psychology, and liberation: Conceptualizing oppression. Association for Humanistic Counseling, Denver, Colorado.

Hughes, K. & Oginz-Wilson, A. (*proposal accepted*). What's shame got to do with it? A humanistic approach to sexual temperament and desire to combat shame. Association for Humanistic Counseling, Denver, Colorado.

Jarrett, H., deBlois, A., & Staton, A. R. (2022). Affirming Interventions with LGBTQIA+ Youth: Expressive Arts with a Feminist Trauma-Informed Lens. Virginia Counselors Association, Williamsburg, Virginia.

Publications

Acheson, K., Bhuyan, D., Burgess, J., Dirx, J., Grande, S., Kapadia, S., Kenny, Al, Kouweenaar, K., Lovat, T., Ma, J., Ma, W., Nakamura, T., Nielsen, T., Nishitani, H., Pang, G., Raab, C., Shealy, C., **Staton, A. R.**, Sternberger, L., Still, I., Style, J., Toomey, R., & Wiley, J. (in press). Demonstrating the value of values-based education: What We've Learned about Learning from the Beliefs, Events, and Values Inventory (BEVI). In T. Novak, R. Toomey, & N. Clement, International Research Handbook on Values Education and Student Wellbeing, 2nd ed. Springer

Attia, M., **Staton, R., Evans, A. M., & Tang, S.** (2023). School counselor's perspectives regarding advocacy with students who are immigrants. *Journal of Child and Adolescent Counseling*, 9(1). <https://www.tandfonline.com/doi/full/10.1080/23727810.2023.2168361>

Evans, A. M. (2023). *Rural communities and mental health*. Counseling Today. American Counseling Association.

Evans, A. M., Staton, R., & Attia, M. (2022). Bicultural Individuals: A Content Analysis of Counseling Journals, 2000 to 2020. Pennsylvania Counseling Association Journal. http://www.pacounseling.org/aws/PACA/asset_manager/get_file/765027?ver=1

Hiatt, K. (2022). Compassion-supported development: A humanistic approach to counseling supervision. *Journal of Humanistic Counseling*.

Kielty, M. L., & Staton, A. R. & LeBlanc, J. (2023). Leading K-12 Community Responsiveness to Cyber Threats via Education of School Community. Submitted to Journal of Cybersecurity Education, Research and Practice

Ramsay-Seaner, K., **Evans, A. M.**, Born, S., & East, C. (*accepted for publication*). Multiracial Americans experiences with racial microaggressions: An ethnographic content analysis on an on-line forum. *Journal of Multicultural Counseling and Development*.

Staton, A. R., & Kielty, M. L. (2023). A lurking threat: Counselor practices to guard against cyber threats. *Journal of Mental Health Counseling*, 45(1), 20–33.
<https://doi.org/10.17744/mehc.45.1.02>.

White, D., Green, D., Jarrett, J., & **Evans, A. M.** (*revise and resubmit*). Race-based trauma in counselor education: A proposed course curriculum. *Journal for Humanistic Counseling*.

Presentations

Evans, A. M., Arbogast, C., de Blois, D., & Atwood, K. (2022). Sibling rivalry or abuse? Counseling considerations for sibling violence. *Virginia Counseling Association Annual Conference*, Williamsburg, VA.

Evans, A. M., Conner, C., & Jarrett, H. (2023). Stages of racial identity development and race-based trauma. *American Counseling Association*. Toronto: Canada.

Evans, A. M., Gaines, B., Haskins, R., & Oginsz Wilson, A. (*proposal accepted*). Humanism, positive psychology, and liberation: Conceptualizing oppression. Association for Humanistic Counseling, Denver, Colorado.

Evans, A. M., Sommers-Flanagan, J., & **Hiatt, K.** (2023). Wellness and social justice: A positive, liberation-oriented approach. *American Counseling Association*. Toronto: Canada.

Gaines, B., **Kielty, M.**, **Meixner, C.**, & **Evans, A. M.**, (*proposal accepted*). Black girl magic: Exploring the black mother-daughter relationship. *Association for Humanistic Counseling*, Denver, Colorado.

Hiatt, K. (*proposal accepted*). Compassion-supported developmental supervision: A collaborative, humanistic approach. *Association for Humanistic Counseling*, Denver, Colorado.

Kielty, M.L., Gilligan, T.D. & **Staton, A. R.** (2023, May). Cross-Cultural Mindfulness: Integrating Cross-Cultural Experiences and Mindfulness. Association for Humanistic Counseling, *Association for Humanistic Counseling*, Denver, Colorado.

Kielty, M. L., Staton, A. R., & Gilligan, T. D. (2022, October). Study Abroad Cross-Cultural Mindfulness: Working with Students in Higher Education to Understand and Value Cross-Cultural Experiences with Mindfulness and Contemplative Practices. Poster session presented at the *European Branch of the American Counseling Association Conference*, Athens, Greece.

Pellegrino Jarrett, H., deBlois, A., & **Staton, A. R.** (2022, November). Affirming Interventions with LGBTQIA+ Youth: Expressive Arts with a Feminist Trauma-Informed Lens. Poster presented at the *Virginia Counselors Association Conference*, Williamsburg, VA.

Staton, A. R., Kielty, M. L., & Gilligan, T. D., (2022, October). Supportive School Counseling Services in Rural Schools. Session presented at the *European Branch of the American Counseling Association Conference*, Athens, Greece.

Staton, A. R., & Campbell, C. (2022, November). Preparing Graduate Students for Emergency Services Settings. Poster presented at the *Southern Association for Counselor Education and Supervision Biannual Conference*, Baltimore, MD.

Staton, A. R., & Apperson, J. (2022, November). Counselor Educators: An Invitation for Information Sharing. Session presented at the annual meeting of the *Virginia Counselors Association*, virtual.

Invited Presentations/Workshops

Evans, A. M. (2023). Keynote address. Spring Symposium, Graduate Psychology, James Madison University, Harrisonburg, Virginia.

Grants

Evans, A. M. (PI), Atwood, K., Gilligan, T., & **Kielty, M. L.** (2023). *Rural interdisciplinary services and education: Unlimited potential (RISE-UP)*. (\$1,635,822). Behavioral Health Workforce Education and Training for Professionals (HRSA-21-089).

Sturm, D., & Staton, A. R. (2022). Nature Pedagogy, Climate Change, and Mental Health. College of Health and Behavioral Studies Teaching Grant, JMU, \$4500.