



HEALTH PROMOTION AND WELL-BEING

Survivor Advocacy Services - a safe, **confidential** and inclusive resource for JMU students impacted by sexual violence, relationship abuse, or stalking. These services are available to students to help navigate their options and resources. We also serve family, friends and other support persons to student survivors, including faculty who may be seeking advice on how best to support a student.

Sexual Violence Prevention - educational programs aimed at preventing sexual violence, dating violence and stalking on our campus. We also collaborate with faculty to connect prevention education to the classroom.

Alcohol and Other Drug Abuse Prevention - prevention, early intervention and outreach and support services through a harm reduction lens

Sexual Orientation, Gender Identity and Expression (SOGIE) Programming - educational programming, resource library and safe space for LGBTQ+ students

Healthy Sexuality - offers comprehensive and positive sexuality education programs and services.

STUDENT MEDICAL CARE

There is no fee for students to see a medical provider and costs for lab work and medical services are minimal. Our staff includes Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, a Pharmacist and a Registered Dietitian.

General Medicine - routine and preventative care as well as an Allergy Clinic, International Travel Clinic, Sexually Transmitted Disease Testing, Women's Health Clinic and Talk-to-a-Nurse telephone option

Urgent Care - for minor injuries such as sprains, minor fractures, allergic reactions and other care

Respiratory Clinic - for students with respiratory symptoms, to keep them separated from others

Pharmacy - prescription medications for students written by on-campus medical providers and over-the-counter medications

Specialty Medical Services - by appointment for:

- Nutrition Services
- Sentara RMH Orthopedics and Sports Medicine
- Sentara RMH X-Ray Services

FACULTY AND STAFF SERVICES

Flu Vaccine Clinic - October 5, 12 and 15, details will be publicized

Lactation Rooms - available during regular business hours

Pharmacy - over-the-counter medications are available for purchase by faculty and staff

X-Rays - plain x-rays done with a written order from doctor (no CAT scans, ultrasounds, or MRIs)

International Travel Health Consultation - Visits can be scheduled at the Health Center for any faculty or staff going on a JMU-affiliated international trip. See our [International Travel Consultation](#) web page for more information.