Racial Disparities in. **Behavioral Health Recommendations** Within the Juvenile **Justice System** Makaela Parker



## Why I Chose This Topic



#### Interest in Mental

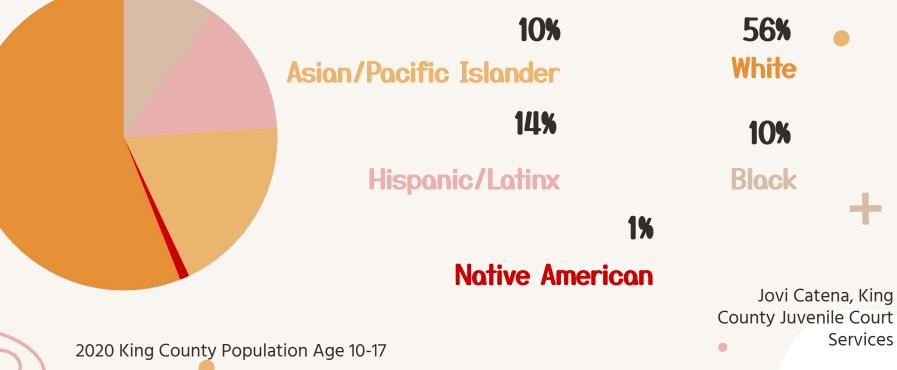
Health 65 - 70% of youth in the juvenile justice system meet the criteria for at least one diagnosable mental health disorder (Shuflet & Cocozza 2006)

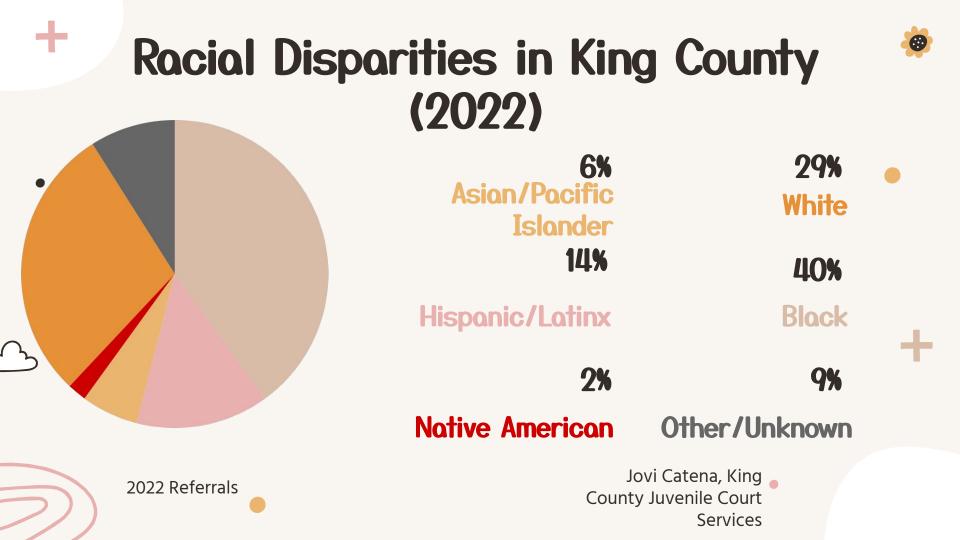


# Interest in racial disparities in the JJS

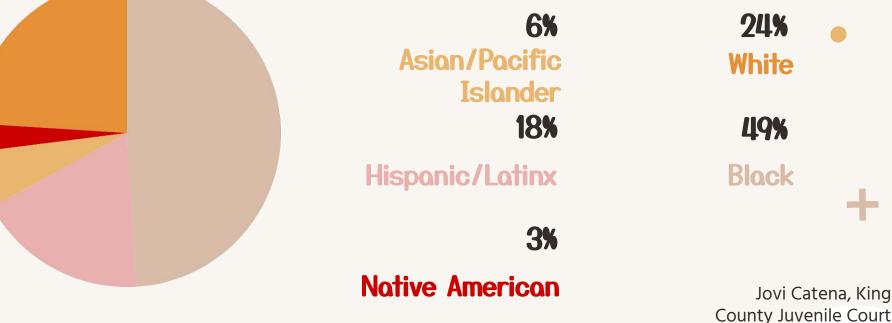
Racial disparities are a well known problem in the adult and juvenile justice systems in America

## Racial Disparities in King County (2022)





## **Racial Disparities in King County** (2022)



2022 Filings

**County Juvenile Court** Services 



Youth of Color can experience different levels of trauma often as a result of their homelife and neighborhoods

- Under-resourced environments
- Growing up in neighborhoods associated with the "hood" or the "ghetto"
- Lack of access to adequate resources
- Unhealthy family environments







# Lack of Supportive Relationships



Lack of parental supervision



Lack of nurturing relationship between parent & child



Child becomes a burden to parent



Healthy adult-child relationships

Opara et al., 2020



## **Community Trauma**





#### **Desensitization of Violence Environmental Stressors**

Youth normalizing violence becomes a problem. They see it everyday so they see it as a normal event Environmental stressors lead kids into have a particular risk of mental health disorders 04 Lack of **Referrals** to Mental Health® Services



## Lack of Referrals



#### **Systemic**

There are systemic reasons that there are less mental health referrals for kids of color in the JJS



#### **Personal Bias**

Personal bias in a large factor in why there are a lack of mental health referrals in the JJS



## JTRAC: Juvenile Therapeutic Response and Accountability Court

 The purpose of JTRAC is to improve outcomes for youth and families by connecting them with timely, appropriate interventions that build strengths, foster desistance, and reduce contact with the criminal legal system.





## **3 Critical Priorities**



Early screening support consists of screening tools and needs assessments

#### Community Centered Approach

Youth and families are connected with community support that the court has developed or supports through partnerships



Positive Youth Justice

Positive youth justice uses incentive based supervision to promote behavior change

 $\frown$ 



## Other Promising Practices in King 🧔 County



#### **Universal Screening**

All youth that enter the King County Juvenile Court are screened for behavioral health needs



#### JJAT: Juvenile Justice Assessment Team

The team that handles the longer assessments for the King County Juvenile Court

# Thanks!

Do you have any questions? <u>makaelaparker1@gmail.com</u> | (540) 519-8081

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