

Safety Training

Please indicate below whether or not you have been informed of the various safety practices in the laboratory, or if it is not applicable to you (NA). If there are any safety features that you are not familiar with, for your own safety you should ensure that you inform yourself about them the next time you are in the laboratory.

1. I have been instructed as to the appropriate laboratory practices and safety rules for the course and/or laboratory. Yes _____ No _____ NA _____

2. I understand that working alone with dangerous (e.g. flammable, toxic, or caustic) chemicals or procedures is strictly forbidden in the laboratory. Yes _____ No _____ NA _____

3. I understand that appropriate eye protection (safety glasses, goggles, or face shields) is required while in the laboratory. Yes _____ No _____ NA _____

4. I understand that appropriate apparel is required while in the laboratory. Appropriate apparel includes laboratory coats to protect my clothing and that closed-toed shoes are required at all times. Sandals and flip-flops are not allowed to be worn since they provide no protection from spills. Yes _____ No _____ NA _____

5. I understand that gloves should be worn when working with hazardous chemicals or glassware at extreme temperatures. I also have been instructed as to the appropriate type of gloves to be worn. Yes _____ No _____ NA _____

6. I understand that eating, drinking, and chewing gum in the laboratory are forbidden. Yes _____ No _____ NA _____

7. I understand that long hair must be tied back and clothes with baggy sleeves should not be worn in the laboratory. Yes _____ No _____ NA _____

8. I know the location of the emergency equipment in the laboratory, which includes eyewash fountain, safety shower, first aid kit, and fire extinguisher. Yes _____ No _____ NA _____

9. I have been instructed as to the proper use of the emergency equipment. Yes _____ No _____ NA _____

10. I know the location (<https://jmu.kha.com/>) of the Safety Data Sheets (SDS) in the laboratory and understand their use. Yes _____ No _____ NA _____

11. I know the location of the emergency phone numbers list in the laboratory. I know to dial 568-6911 (or 442-6911) for the Fire Department, Police, Rescue Squad, and other emergency personnel. Yes _____ No _____ NA _____

12. I understand that when transporting chemicals to never carry more chemicals than I can safely handle. I know to hold bottles securely from the top and bottom and to avoid carrying incompatible chemicals at the same time. I understand that chemicals transported between floors should be carried on carts up an elevator; never by hand on the stairs. Yes _____ No _____ NA _____

13. I know that the Biology department has a laboratory guide, "Chemical Hygiene & Laboratory Equipment Safety Plan" available on-line at www.jmu.edu/biology/safety.shtml

Yes _____ No _____ NA _____

14. I have been instructed as to the closest emergency exit and proper evacuation route should exiting the building become necessary in an emergency.

Yes _____ No _____ NA _____

15. I have been instructed as to the appropriate Biosafety Level 2 (BSL-2) laboratory practices and safety rules for this research project and/or laboratory.

Yes _____ No _____ NA _____

16. I have been instructed to inform the laboratory instructor, faculty research mentor or campus police in the case of an accident, glass breakage or spill.

Yes _____ No _____ NA _____

Agreement

I have read and understand the Standard Laboratory Practices and Safety Rules. I agree to follow the rules as stated.

Name: _____

Signature: _____

Date _____