

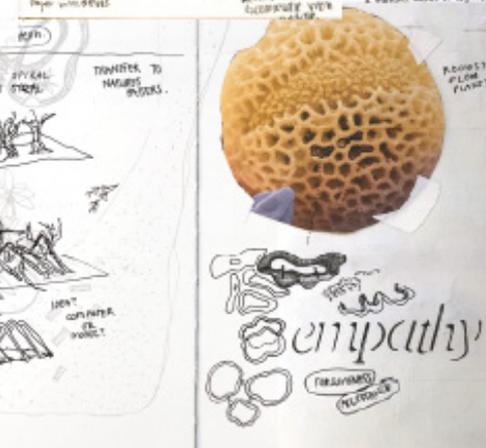
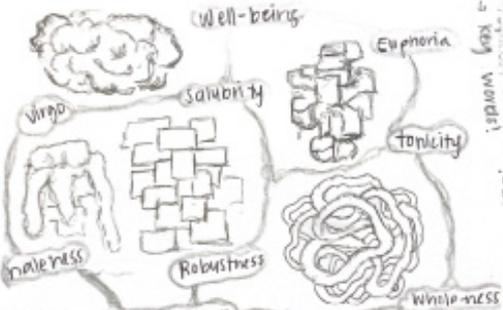
soul center

Alexandra Matute Blanco



salubrity

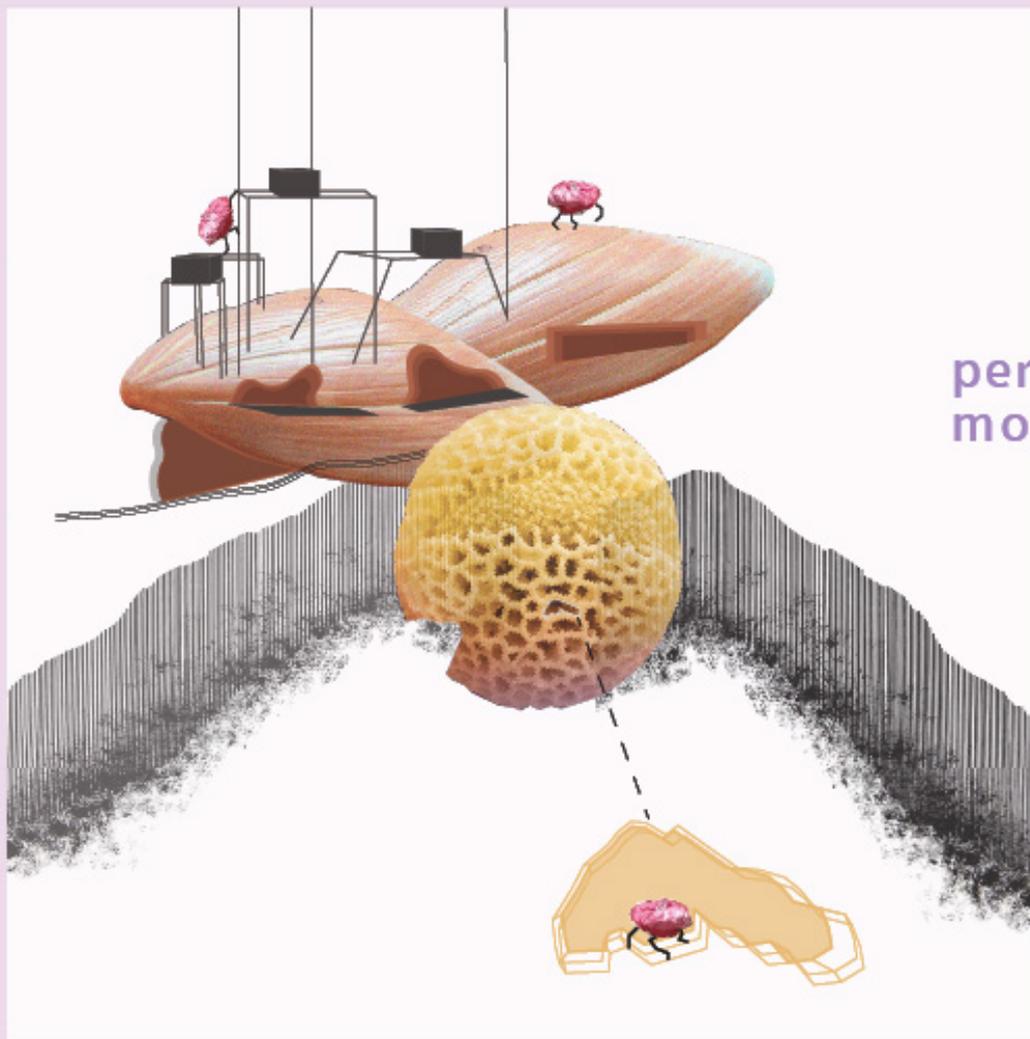
e
m
p
a
t
h
y





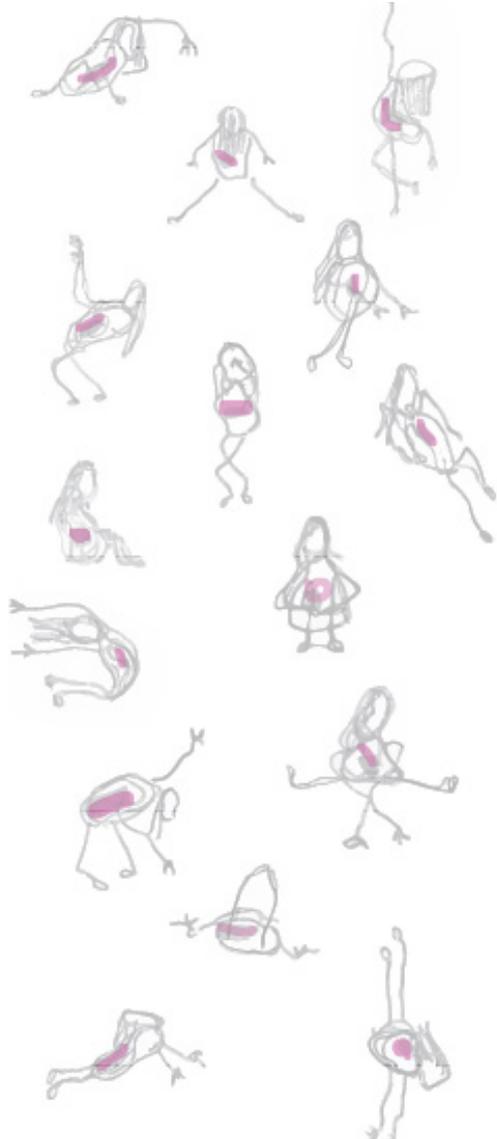
the marvelous adventures of wits

This is a story of a little character by the name of Wits who goes on a journey of life. Wits deals with the constant ups and downs of emotions. Going through faces of doubt, salubrity, tonicity, rejuvenation and finally empathy. Eventually he reaches a zone of empathy. An emotion that deserves to be resenated more frequently with humanity.



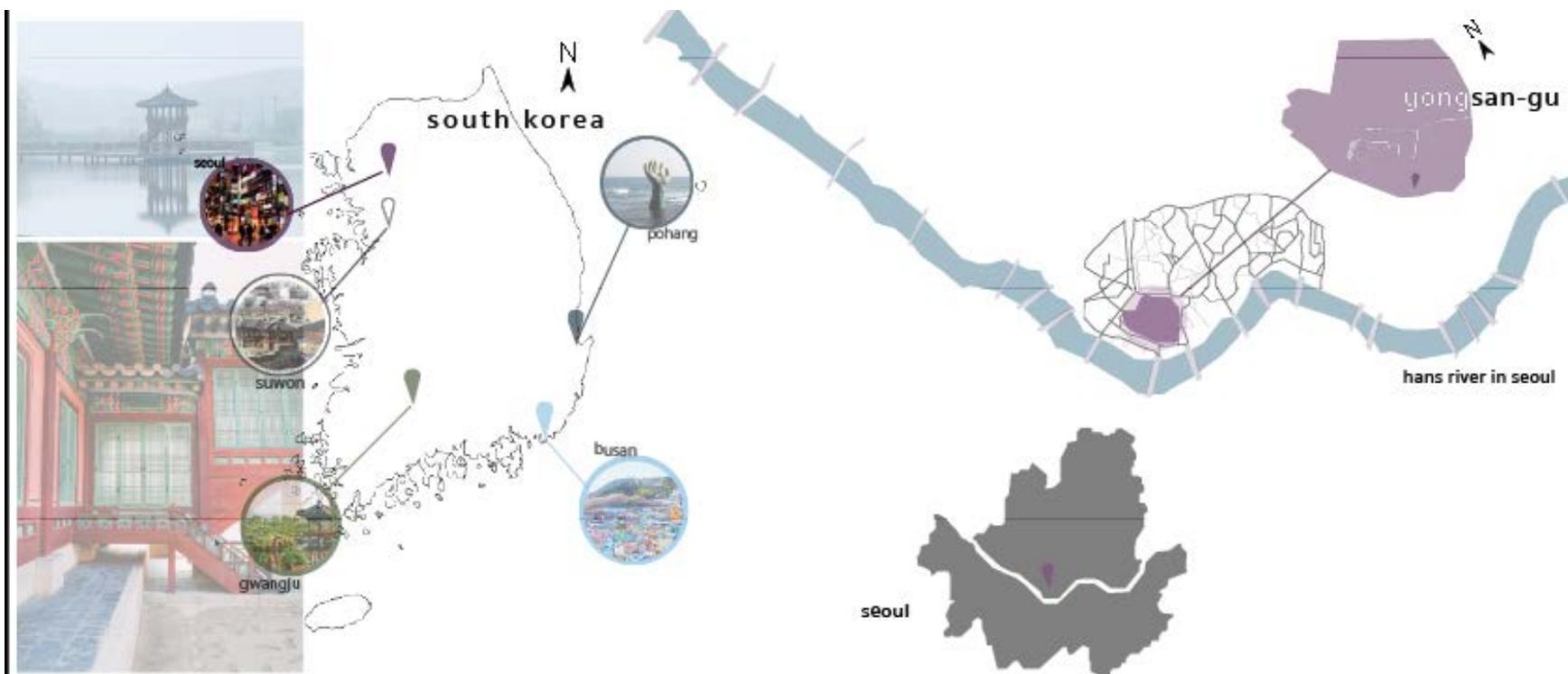
perpetuous motion

A study of how nature incorporates itself into ones mental health. I mainly focused on ways of how the body moves which includes the muscles, the heart rate and how it is affected by different emotions and lastly, how different scent/smell can trigger different emotion healing.



The sketches represent different types of emotions with a collaboration of movement and sensual dance. This turmoil video gives an insight of a girl who struggles with an internal battle with herself, but doesn't give up. She learns to cope, balance and grow. With the incorporation of movement.





mountaines



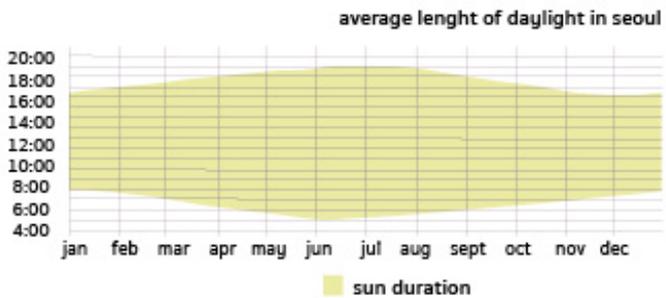
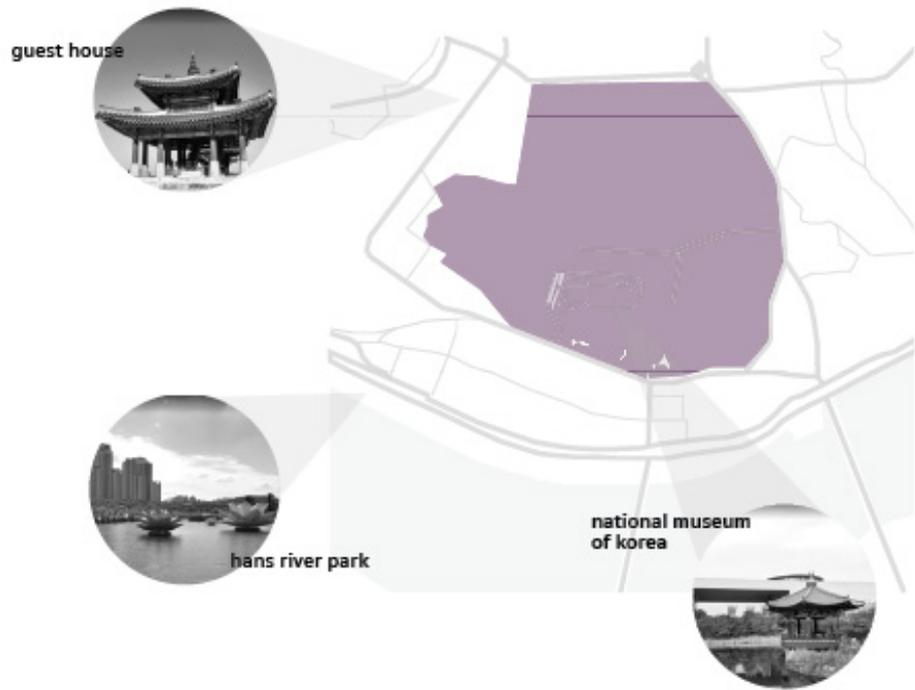
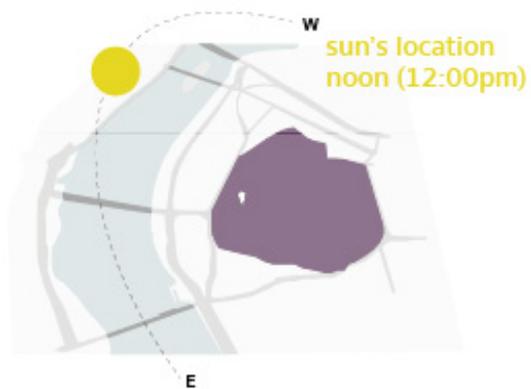
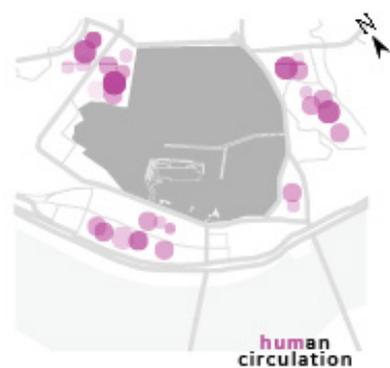
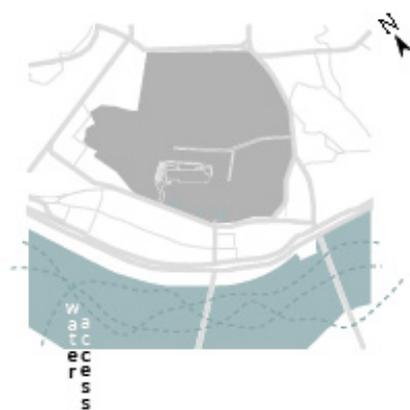
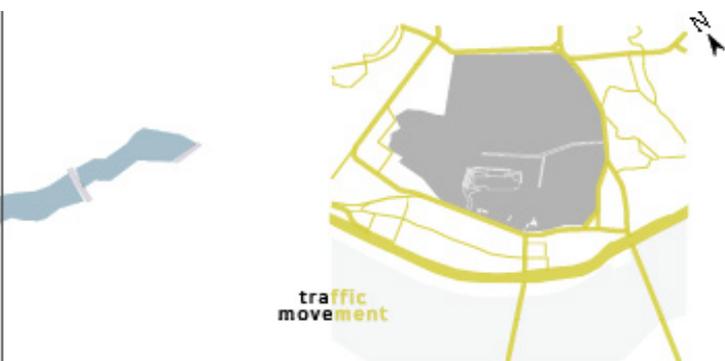
south korean population
in seoul



irreligious

site · sight · cite

By chosing South Korea the thought about the culture structure, and how limited it is to show emotion and mental stuggles has been a problem for many years. The sight chosen Yongsan-gu will be the breaking ground of a zone of a mental awakening and healing by bringing this experience face-to-face to the South Korean community.





korean soul

Exploring the site, and experiencing the heartfelt history of South Korea, it brought more of a awareness as to how sadly beautiful the site has become. This sight gives a serene and peaceful environment to make anyone feel connected with the Southern Korean culture and silent zone.



LABELS

B - Baths

S - Storage

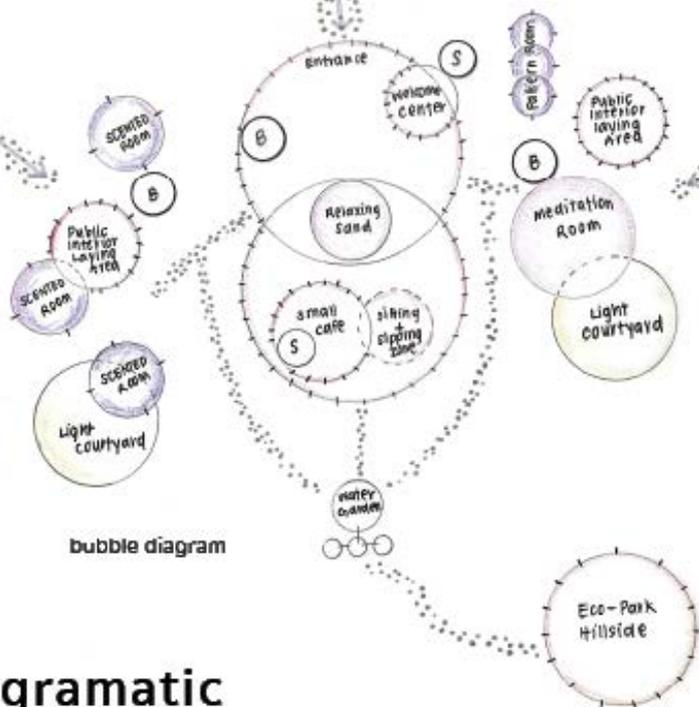
relaxing outdoor zone

dark / silent room

interactive / calming room

interactive room

Entrances paths



bubble diagram



right wing building section



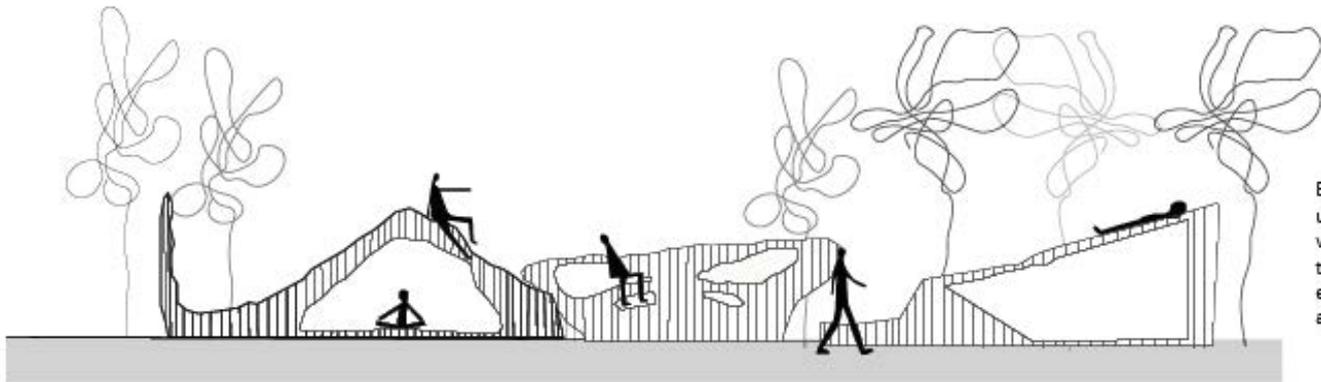
central building section

diagrammatic rhythm

The structure of movement of the building is essential to represent and understand. These diagrams represent a thoughtful process as to how the visitors will experience this building.

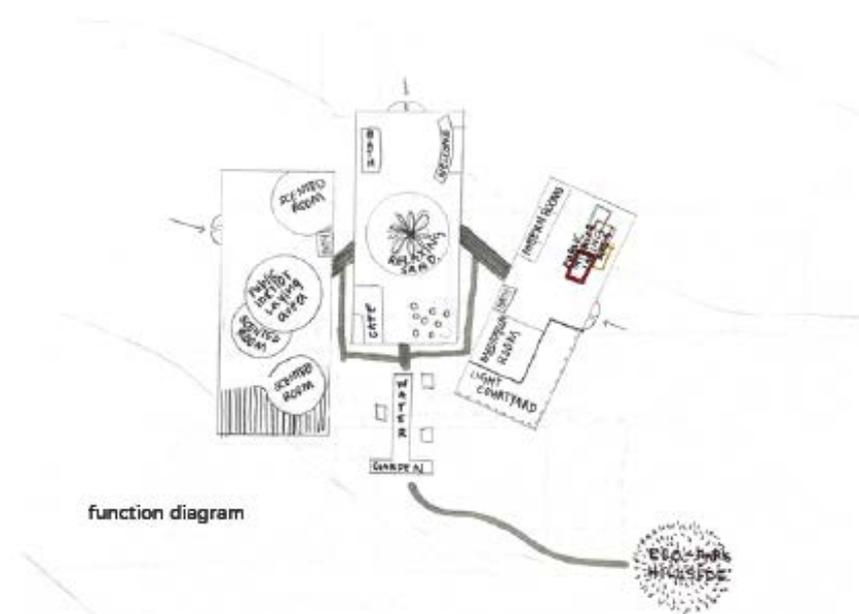


left wing building section

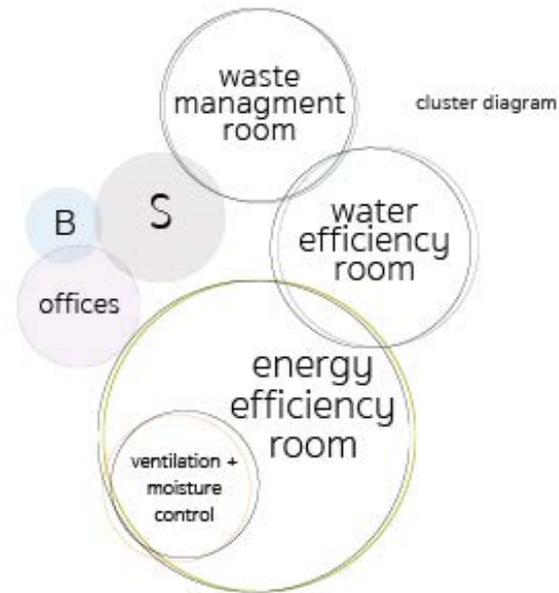


Each diagram is a fair understanding as to how the visitors will individually choose their own spot of healing from either depression, stress, anxiety and many other mental issues.

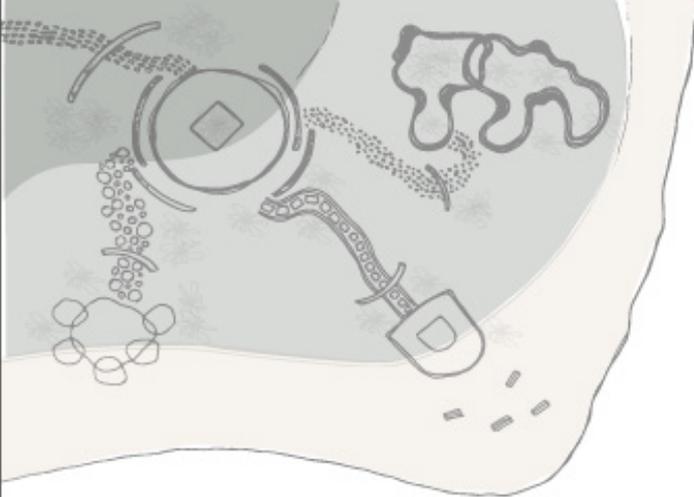
eco-park hillside section



function diagram



cluster diagram



first process model



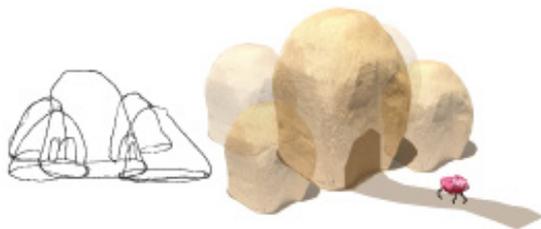
second process model

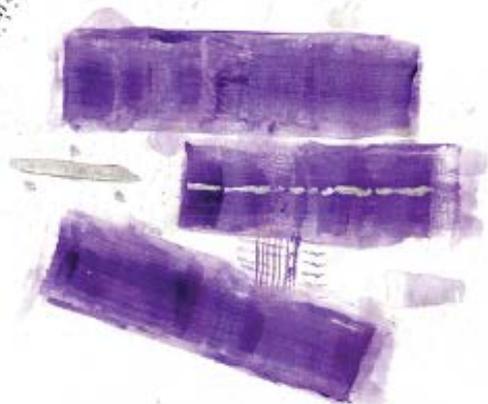
progression

Several model studies that contributes to the constant exploration of how the model will fit with the societal standards and how it will be rooted into the site.



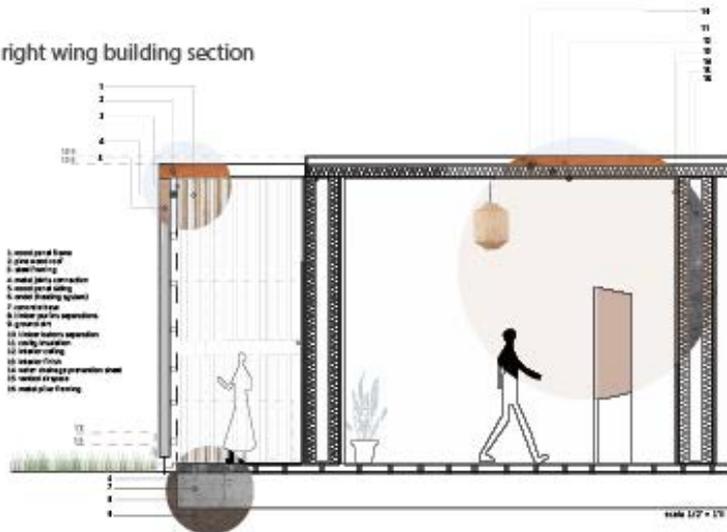
third process model





model inspiration

right wing building section



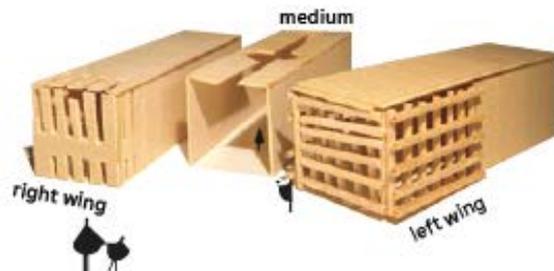
neuro-model

This model goes back to a more simplistic and harmonic feel to how it roots itself into the site and society. This model started with the thought of a neuro-architecture mindset which starts the comprehension of how architecture impacts the human brain and behavior. While also including the a playful outdoors interactive zone.



eco-park hill side models

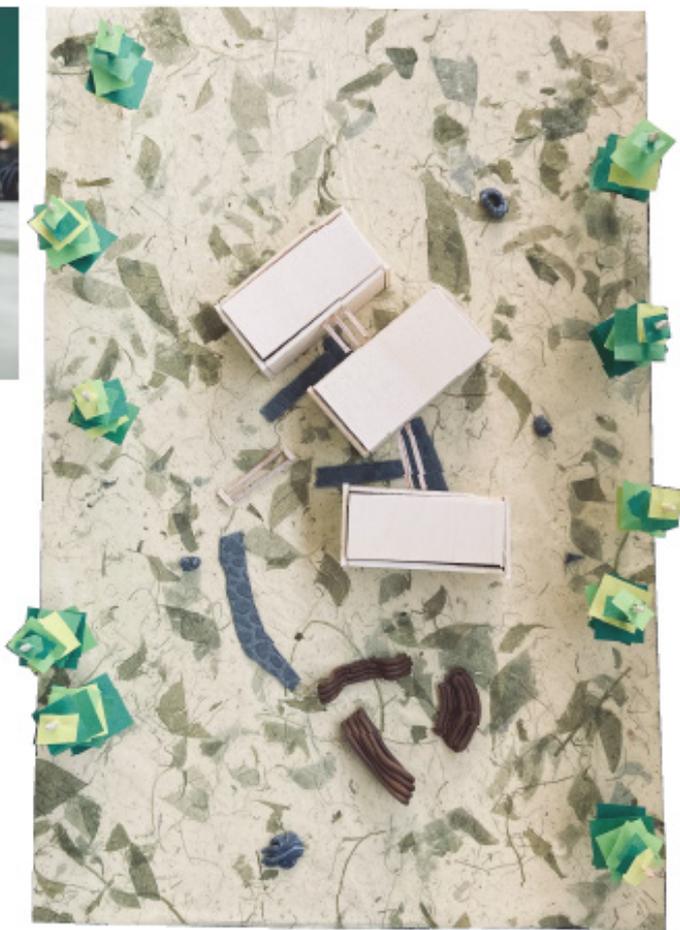
cognitive oasis model





site felt

This site model comes into play with understanding the positioning of the structures, and how one would travel around the site, by using different paths to get to each specific section.





While having to think as to how the visitors would have to move around and get to the location, hay and rock paths would be an essential asset included into the project. They develop a sense of wellness and solidarity.

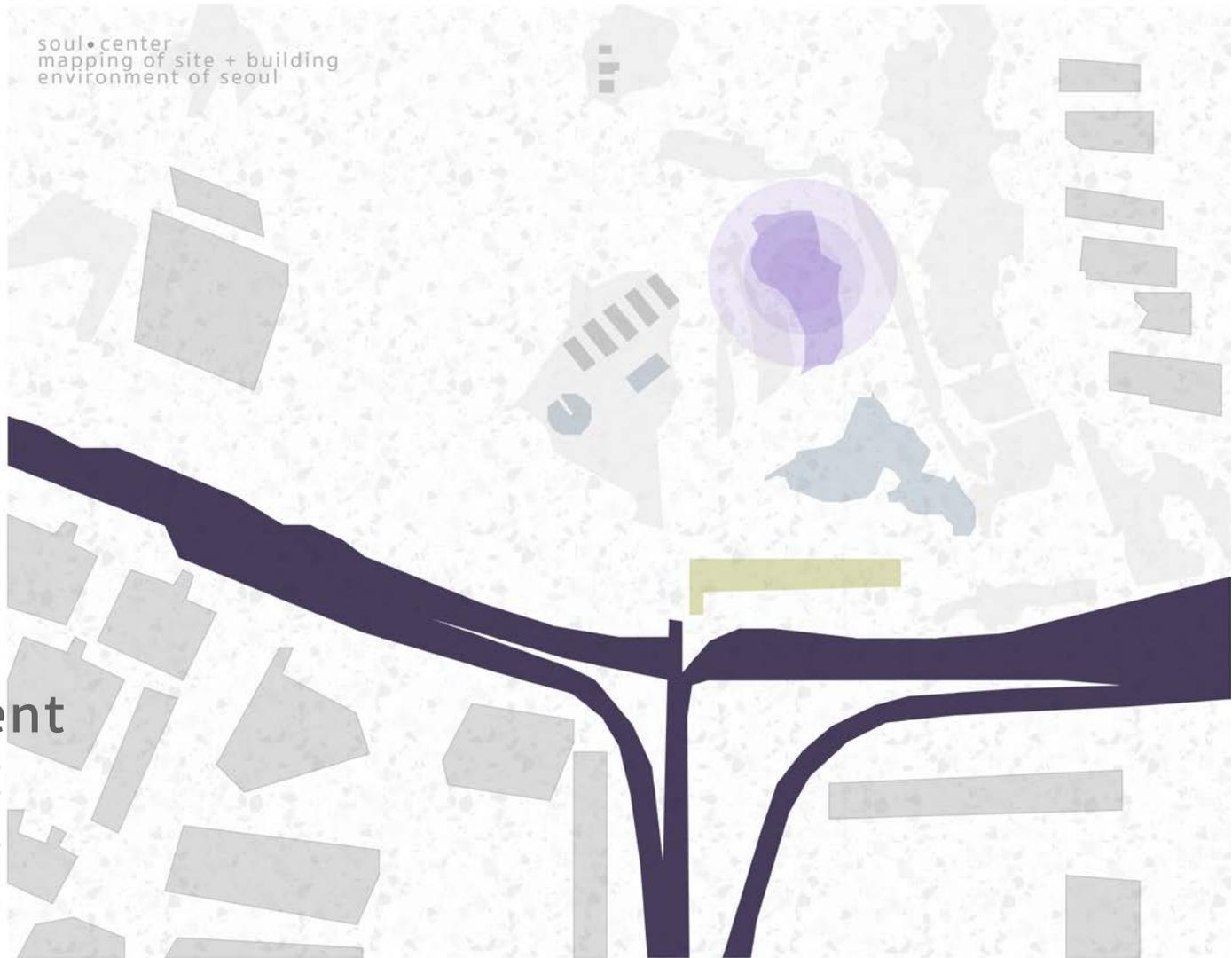
t
h
e
g
i
v
e
n
p
a
t
h





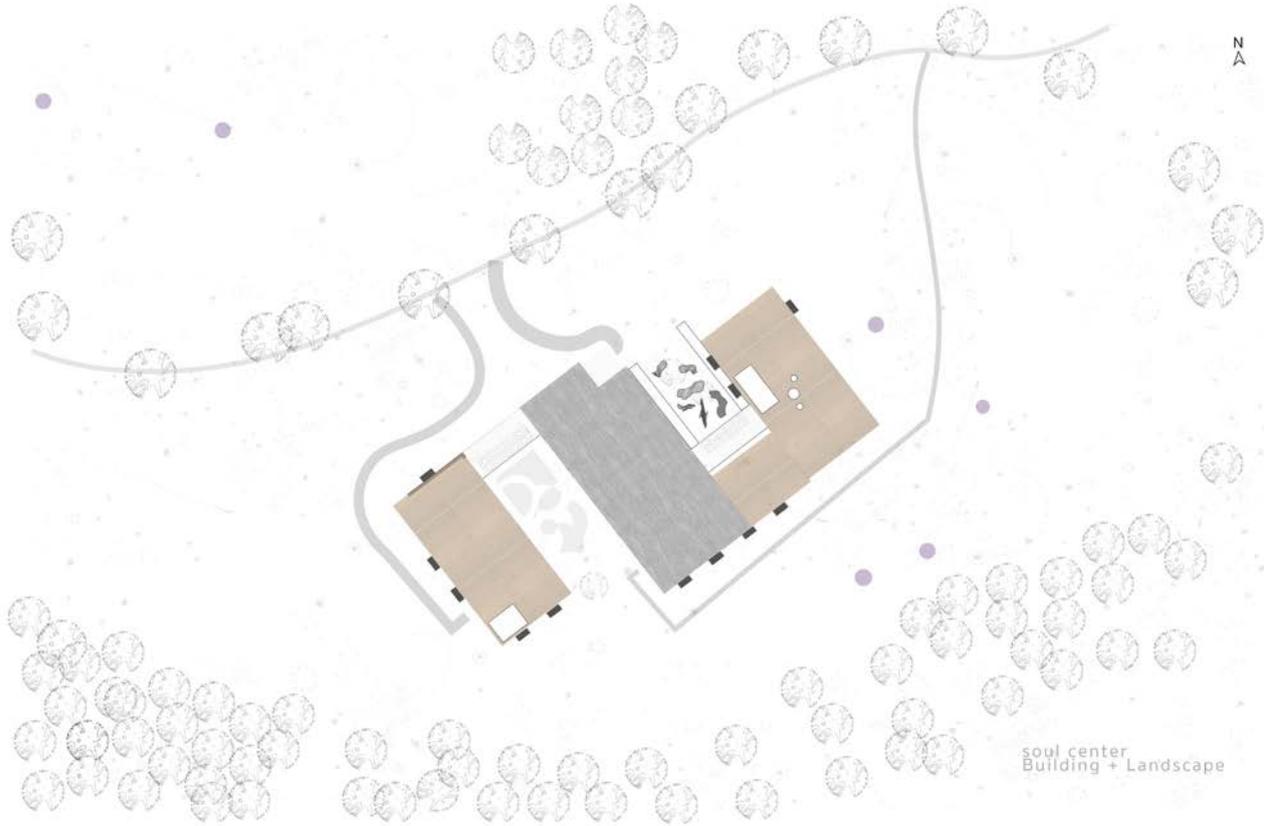
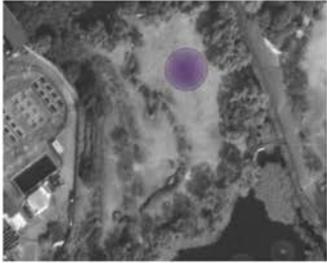
inspiration

soul • center
mapping of site + building
environment of seoul



site + environment

Understanding the surrounding of the site, while having a visualization of the work office and schools around in yongsun-gu



building + landscape

Bringing in a perspective as to the position of the building on the site, by bringing a connection with the environment and art works on the site.

soul center
Building + Landscape



right building

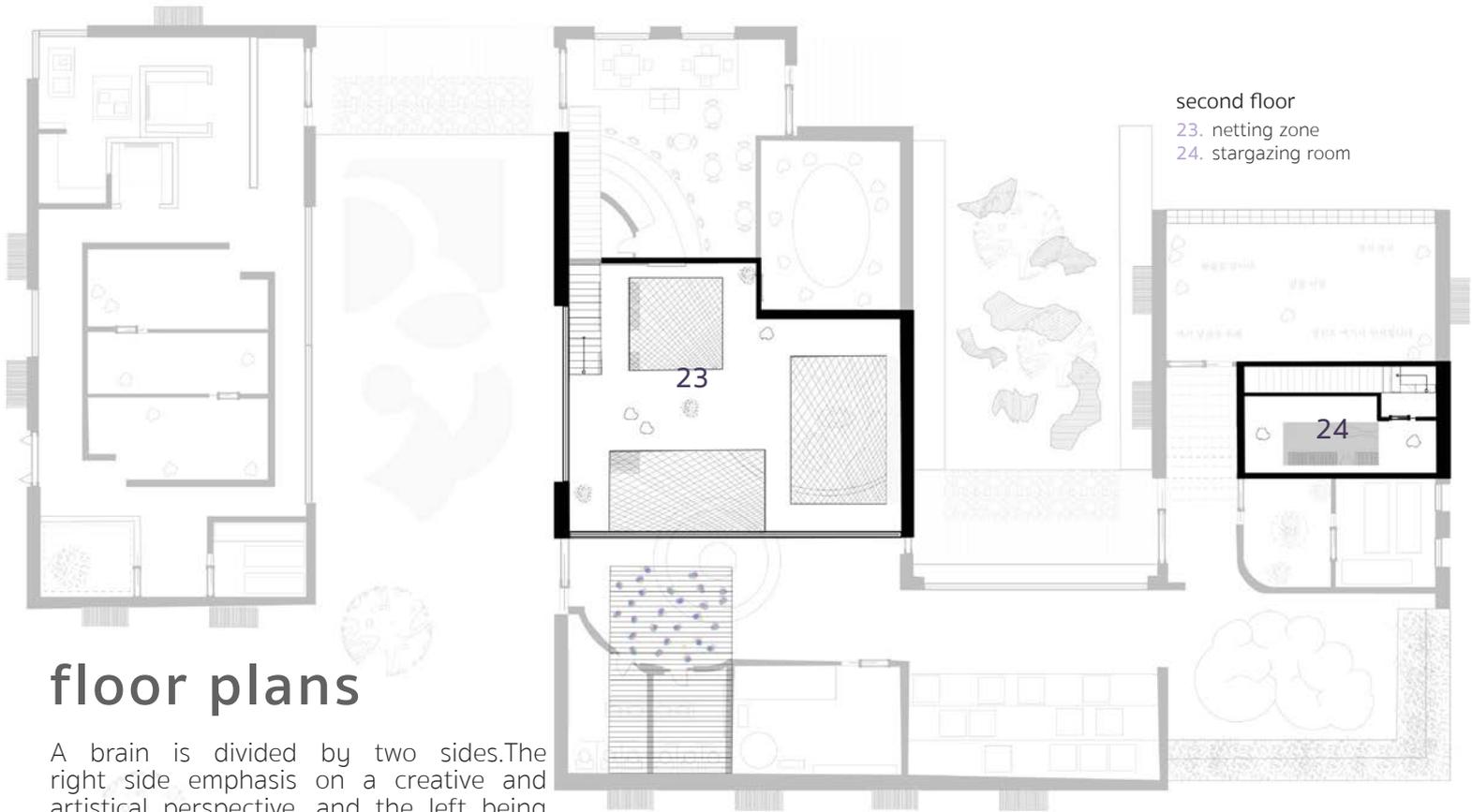
- 1. sitting zone
- 2. cubicals
- 3. pattern rooms (3)
- 4. light room
- 5. dark room
- 6. outdoor sitting
- 7. bridge connection
- 8. pond + letter light

middle building

- 9. coffee + storage
- 10. sandroom
- 11. playroom
- 12. cubical sitting
- 13. welcome center
- 14. bathroom (2)
- 15. storage
- 16. big block sitting

left building

- 17. eco hill-side park
- 18. conservation pit + bamboo scenery
- 19. scented room light play
- 20. scented room relax
- 21. scented room proactive
- 22. light + meditation room



second floor

23. netting zone

24. stargazing room

floor plans

A brain is divided by two sides. The right side emphasizes on a creative and artistic perspective, and the left being a methodical and analytical way of thinking. The middle section will become a combination of both personas. Every room and section of the building creates several ways to integrate different characteristics for everyone to feel welcomed

soul•center
Floor Plans - Second Floor
1/8" = 1'0" scale

section perspective

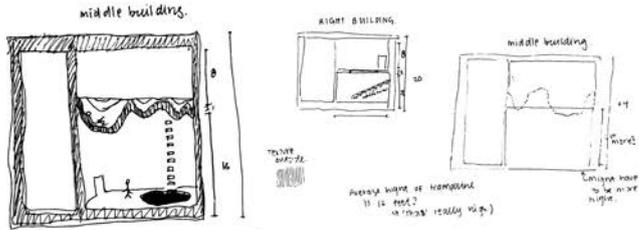
Illustration showing few of the rooms in detail, while also creating an atmosphere and sensual flow. This beginnings the awakening of different personalities.



conservation pit + scented light room



coffee shop + welcome center





soul center
Longitudinal Section Perspective
1/8" = 1'0" scale

elevation

The facade and inspiration of the materials come from a native built homes called Hanok with a prestigious wood structure and innovating but antique heating floor system. The right and left building average at high of 20 feet, while the middle building ranges at 32 feet. This starts to show a hierarchy between the three buildings.



soul center
frontal view
1/8" = 1'0" scale

N
A



soul.center
back view
1/8" = 1'0" scale



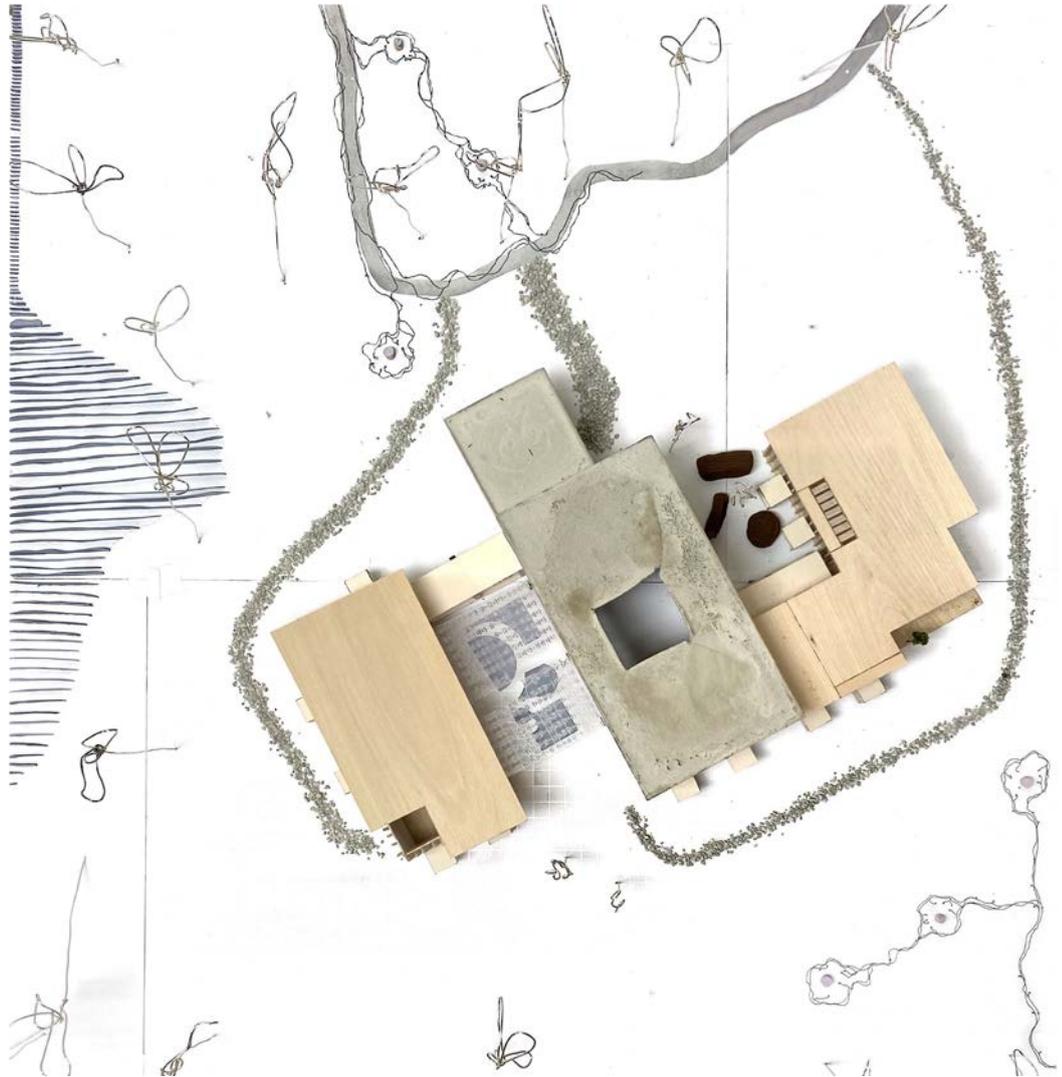
soul.center
right side view
1/8" = 1'0" scale



soul-center
left side view
1/8" = 1'0" scale

wood + concrete

The model is at a 1/8 scale with wooden and concrete details, with featured abstract objects symbolizing the landscape and artwork around the site. The focus of the model emphasizes on texture, detail, and lighting. The model starts the concept to promote wellness and empathy to be recognized for those using the facility.

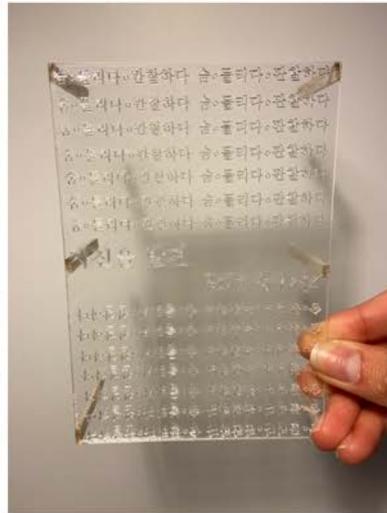
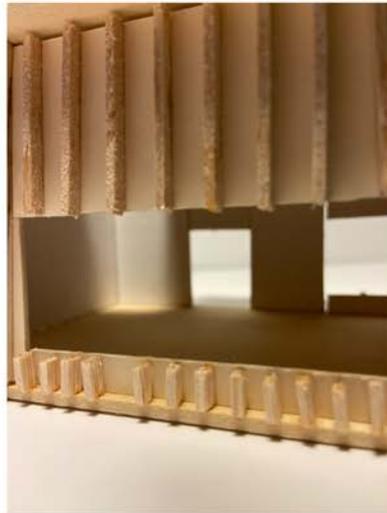
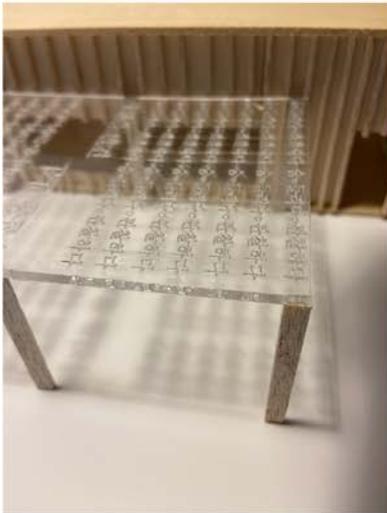






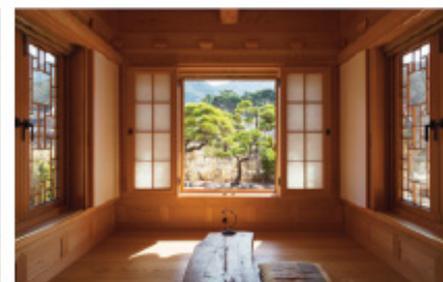
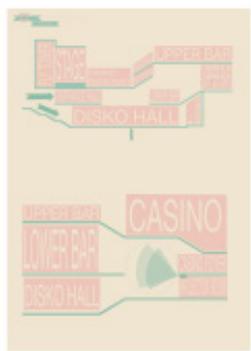
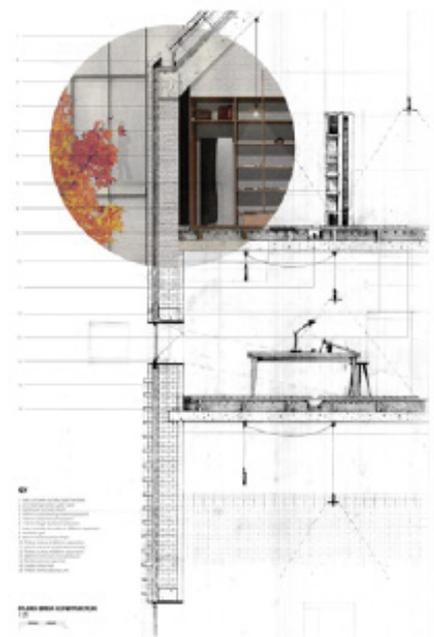
sweet spots

Pictures focusing on sweet spots around the model with light, texture, and materiality.

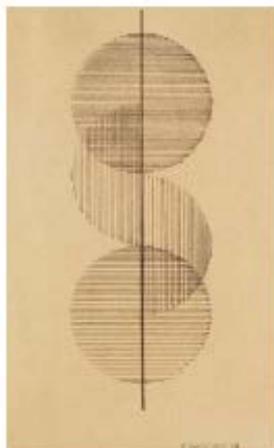


bringing
in life





pre- cedents



citation

Websites

Connell, B. "Gallery of Experimental Brick Pavilion." URL (<https://www.archdaily.com/785011/experimental-brick-pavilion-estudio-botteri-connell/5706da7ae58eceb293000014-experimental-brick-pavilion-estudio-botteri-connell-photo>)

Behance. "Concept Model of Office center." URL ([behance.net](https://www.behance.net))

"Space Diagram// Concept Section." URL (<https://www.pinterest.com/pin/291115563420246854/>)

"Circulos Marrones." URL ([freepik.es](https://www.freepik.es))

"Hillside Park." Landscape Architecture Platform. URL ([landezine.com](https://www.landezine.com))

"Gallery of Uwo." URL ([archdaily.com](https://www.archdaily.com))

"The Standing Manjushri in Nepal." Art, Architecture & Culture. URL ([tsemrinpoche.com](https://www.tsemrinpoche.com))

"Deamlike Space." URL ([trendland.com](https://www.trendland.com))

Archstudio. "Hotel Twisting Courtyard." URL ([interiordesign.net](https://www.interiordesign.net))

Borchert, E. (1928). "Curves Blue, giclee print." URL ([etsy.com](https://www.etsy.com))

OpiaDesign. "Wabi-Sabi Terraform Abstraction." URL ([creativemarket.com](https://www.creativemarket.com))

Lstiburek, J. (May 13, 2015). "BSI-086: Vitruvius Does Veneers: Drilling Into Cavities." URL (<https://www.buildingscience.com/documents/insights/bsi086-vitruvius-does-veneers>)

McPhillips, D. (Sept. 14, 2016). "U.S. Among Most Depressed Countries in the World." URL (<https://www.usnews.com/news/best-countries/articles/2016-09-14/the-10-most-depressed-countries>)

FINSA. "Neuroarchitecture: intelligently designed buildings." URL (<https://www.connectionsbyfinsa.com/neuroarchitecture/?lang=en>)

Fairly, J. (June, 9, 2018). "Neuroarchitecture: The new frontiers in architecture." URL (<http://www.rocagallery.com/the-built-environments-new-frontier>)

De Paiva, A. (Oct, 20). "Principles of NeuroArchitecture and NeuroUrbanism." URL (<https://www.neuroau.com/post/principles-of-neuroarchitecture>)

CBS. (Oct, 19, 2018). "Neuro-architecture: How to design a space that will help you stay sharp and stimulated." URL (<https://www.cbc.ca/life/thegoods/neuro-architecture-how-to-design-a-space-that-will-help-you-stay-sharp-and-stimulated-1.4624036>)

Fisher, T. (Oct. 6, 2016). "How Neuroscience Can Influence Architecture." URL (https://www.architectmagazine.com/practice/how-neuroscience-can-influence-architecture_o)

Culture Trip. (Apr. 12, 2017). "Why the traditional Hanok is the Forerunner to Eco-Architecture." URL (<https://theculturetrip.com/asia/south-korea/articles/hanok-the-forerunner-to-eco-architecture/>)

Literature

Ricci, Natalie. "The Psychological Impact of Architectural Design." Claremont McKenna College. (2018)

Videos

TED. (Aug, 6, 2013). "Design for All 5 Senses | Jinsop Lee | TED Talks." [Video] URL (<https://www.youtube.com/watch?v=N6wjC0sxD2o>)

Web Of Stories. (Jul, 14, 2017). "Gerald Edelman - Neuro Architecture (83/86)" [Video] URL (<https://www.youtube.com/watch?v=p1LoP-9W5Qng>)

Asian Boss. (Oct, 5, 2018). "What's Its Like Living In South Korea?" [Video] URL (<https://www.youtube.com/watch?v=KOJlpx5vkk8>)

Quartz. (Dec, 2, 2018). "South Koreans are checking themselves into prisons to relax." [Video] URL (<https://www.youtube.com/watch?v=LPGMY7XEr7k>)

Rt Documentary. (Nov, 25, 2019). "Gangnam Stress. South Koreans under pressure from work-life imbalance." [Video] URL (<https://www.youtube.com/watch?v=IHcgMxciz7U>)

thank you

