# **University Career Center**



## Academic Advising Assistance

First-year students who enter JMU as undeclared majors are assigned an adviser who will assistance with academic planning, class enrollment, course adjustment, major and career exploration, monitoring of academic progress, and the transition/ adjustment to college.

## Career Counseling, Development, and Planning Assistance

Our advisors offer individual career counseling sessions for all students to help with career development, resume and cover letter writing, internship and job search strategies, and graduate school research.

## Major and Career Exploration

The University Career Center, located in the Student Success Center, features various resources to help students with careerrelated topics and provides numerous opportunities for those who want to learn more about themselves or explore major and career options.

## JMU Grads Get Jobs

Ninety-Six percent of JMU graduates have full-time jobs, are in graduate school or are engaged in other career-related endeavors six months after graduation.

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Visit *jmu.edu/career* for more info about programs and events offered by the University Career Center.

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### Major and Career Resources

#### Career and Academic Planning Course (UNST 102):

a one-credit, block course that provides a structured, group format for exploring majors and careers.

#### FOCUS:

provides a self-paced, online format for determining career preferences and compatibilities such as interests, work values, and skill. Available online at *jmu.edu/career/tools/focus* 

#### The Career Guide to JMU Majors:

a reference available online at *jmu.edu/career/careerguide* that helps students explore academic majors at JMU and career options for those majors.

#### The Job Search

Once students have a strong understanding of the major and the career fields they want to pursue, the following programs may help prepare them for an internship or job:

**Resume Writing and Review Workshops**: Writing workshops are offered regularly during the fall and spring semesters as a one-hour introduction to resume writing. Review workshops are available through individual appointments or weekly walk-in times.

Practice Interviews: provide an opportunity for students to meet with an employer to gain valuable experience interviewing.

**On-Campus Recruiting Program**: approximately 100 employers visit JMU each year to interview students on campus for jobs and internships.

Handshake: an online platform available to students from every major that provides access to jobs and internships from over 200,000 employers

## **Special Events and Fairs**

- InterviewPREP
- Internship 101
- Interview 101
- LinkedIn 101
- Resume 101
- Meet the Firms
- Creative Career Week

- Salary Negotiation 101
- Fall and Spring Career and Internship Fairs
- Nursing Recruitment Day
- Teacher Recruitment Day
- Graduate School 101 and 102
- Graduate and Professional School Fair

5 - 2023

For more information, contact University Career Center Student Success Center, Room 3250 540–568–6555 • jmu.edu/career

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